

Where

We Live

A publication from the City of Hurst



Fall/Holiday
2011
Recreation
Class
Schedule

*Hurst
Conference
Center
Celebrates
1 Year*

HURST CONFERENCE CENTER

What's Santa doing at the Hurst Conference Center? Look inside . . .

Santa's in Hurst a little early this year to help celebrate the conference center's one year anniversary. Santa's also getting ready for the Christmas Tree Lighting at it's new location! Mark your calendar for Nov. 29 and join in the fun!



**Santa's
Workshop
& Tree
Lighting
Tuesday, Nov. 29**

The City of Hurst will be hosting the annual Christmas Tree Lighting and Santa's Workshop from 6:00-8:00 PM, Tuesday, November 29 at the Hurst Conference Center.

There will be several new activities this year. Santa's workshop will include visits with Santa and Ms. Claus and provide hands-on crafts, cookies and a toy drive drop off. There will also be a 3-lane Snow Tubing Hill and a Kiddie Hill in addition to Rudolph's Raindeer Games. Visitors may purchase holiday decor and ornaments at San-

ta's Christmas Marketplace while enjoying the strolling entertainment and costumed characters. A reindeer display and a trolley ride from TCC to the Hurst Conference Center will also be new additions this year.

Annual activities such as a children's craft area, pony carousel, face painting, music, refreshments and enhanced fireworks show will also add to the spirit of the season. The event is free. For more information, call 817.788.7320.

Welcome to the fifteenth issue of...

Where We Live

Welcome to the fifteenth issue of **Where We Live**. We're in the pit of the summer heat in Hurst, but that's not keeping us from gearing up for our favorite time of year: the holidays. If only planning for the holiday season could bring cooler temperatures... We can keep dreaming anyway! Despite the current state of the weather, we're excited to share all of the fun things we have coming up this holiday season. We're just a few weeks away from celebrating the first anniversary of the Hurst Conference Center! It's hard to believe it's already been one year. Speaking of the Conference Center, wondering why Santa and the Mrs. are there in July? Find out why on page 2. In this issue you'll also read about our dynamic new recycle rewards program that actually rewards you for recycling. Other articles include information on how your student can join other outstanding area students involved in Youth In Government, construction updates, how you can follow your city through social media, and what's going on at the newly remodeled Hurst Public Library. Just to name a few. In the recreation section you'll get the scoop on Campfire Stories, the John Butler Memorial Senior Citizens Banquet and of course, all of the details on our revamped, larger-than-ever-Christmas Tree Lighting.

You can see why we're already looking forward to this year's fall and holiday seasons here in Hurst; they're going to be the best yet. I hope you will join us at some of these exciting events coming soon, and most importantly, I would also like to wish you and your family a safe and healthy holiday season. Now sit back and enjoy the fifteenth issue of **Where We Live**.

— **Mayor Richard Ward**

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Hurst City Council

Left to Right: Anna Holzer—Council Member, Larry Kitchens— Council Member, Henry Wilson—Council Member, Richard Ward—Mayor, Bill McLendon—Council Member, Charles Swearngen—Mayor Pro Tem, Nancy Welton— Council Member

Hurst Recreation Events



Walktober®

If walking is your favorite fitness activity, or if you'd like to start walking your way to fitness, join us at the Hurst Recreation Center for our next Healthy Hurst event, Walktober! To participate in Walktober, simply register for this FREE event at the Hurst Recreation Center and keep track of the number of days that you walk on a treadmill or on the track at the Hurst Recreation Center during the month of October. Participants will qualify for incentive awards based on their level of participation.

For more information on Walktober, contact the Hurst Recreation Center at 817.788.7325.

Patron Appreciation Week

Join us at the Hurst Recreation Center, October 17-22, as we celebrate our 11th year since the Recreation Center re-opened in October 2000. Since re-opening, more than 2.6 million patrons have participated at the Hurst Recreation Center. We'll have refreshments, and promo items all week to commemorate this special anniversary.

For more information on Patron Appreciation Week please contact the Hurst Recreation Center at 817.788.7325.

Coming January 2012

The Healthy Hurst Lose the LB's Fitness Challenge will start on January 2, 2012. Keep your eyes open for more information as the date for this event approaches.



www.txsmartscape.com

City Staff

Allan Weegar—City Manager
 Allan Heindel—Deputy City Manager
 Jeff Jones—Assistant City Manager
 John Brown—Fire Chief
 Rita Frick—City Secretary
 Ron Haynes—Director of Public Works
 Steve Moore—Police Chief
 Dale Harwell—Information Services Manager
 Mike Morgan—Director of Planning and Community Development
 Clay Caruthers—Director of Finance
 Ashleigh Whiteman—Communications Manager
 Steve Bowden—Director of Economic Development



Cranberries Pack Nutrition Punch

Scientific research is revealing how jam packed with nutrition cranberries can be. Packed with nutrients like antioxidants and other natural compounds, cranberries are great for you. They are available in a wide variety of forms including fresh or frozen, juice, sauce, and dried. Juices and sauce are available year-round. Fresh fruit is generally available from September to December. Try including more cranberries in your diet and start eating healthier today.

- **A little trivia:** The majority of cranberries are harvested between September and October. This occurs in one of two ways. The most common is wet or water harvest. The beds are flooded and the fruit is “beaten” off the vine using a specialized harvester. The floating fruit is then corralled and loaded onto trucks for delivery to a receiving station. Wet harvested fruit is used for processed cranberry products like juice and sauce. Dry harvested fruit is “combed” from the vines using a mechanized picking machine. No water is involved during this process. The fruit is loaded into bins and shipped to receiving stations where it is cleaned and packaged as fresh fruit.
- **Nutrition Bits:** Cranberries are packed with lots of nutrition like anti oxidants, fiber and vitamins. They contain 46 calories per serving, no cholesterol or fat and are low in sodium.

- **Selection tips:** When buying fresh — look for deep color and firm and full berries. When buying dried — try to find them without added sugar. When buying juice— look for 100% natural juice to get the most health benefits.
- **Storage tips:** Fresh cranberries are available in stores mid-September to December. Cranberries may be stored in the refrigerator for up to four weeks. Before using, sort and rinse cranberries in running water. Buy fresh cranberries in season, then freeze them to enjoy them all year long. To freeze fresh cranberries, double wrap them in plastic without washing. When using frozen cranberries in your recipes, no thawing is necessary. In fact, best results are obtained without thawing.
- **How to eat them:** Fresh and frozen cranberries can be used to make all kinds of dishes, smoothies, sauces and toppings. For a fun holiday treat — make cranberry syrup for your pancakes or to go over ice cream or cheese-cake. Dried cranberries can be eaten by themselves or added to muffin and bread recipes. They are also great in stuffing or on a salad. Cranberry juice can be added to your favorite punch or cocktail, frozen into ice cubes for your tea or enjoyed alone.

For more cranberry ideas visit:

www.cranberryinstitute.org

Effortless Spinach & Cranberry Salad

INGREDIENTS

8 ounces fresh spinach
 1/2 cup feta or goat cheese, crumbled
 1/4 small red onion, thinly sliced
 1/2 cup Craisins® Original Dried Cranberries
 2 tablespoons toasted sliced almonds, optional

DRESSING

1/2 cup bottled balsamic vinaigrette salad dressing
 2 tablespoons orange juice
 1 teaspoon orange zest, optional

Directions: Wash and clean spinach. Tear into bite size pieces and place in a serving bowl. Add half of the feta or goat cheese and onion; toss to combine. Combine dressing ingredients in a small mixing bowl. Pour over salad and toss to coat. Sprinkle with remaining cheese. Top with dried cranberries and almonds. Serve immediately.

Makes 4 servings.

Nutrition Facts: Per Serving: Cal. 110 Pro. 4g , Carb. 18g, Fat 3g



Fire Department Open House

What does a day of family fun look like? An up close and personal view inside of your local fire department this fall at Hurst Fire Department's Annual Open House! Join us Saturday Sept. 24 at Fire Station No. 1 located at 2100 Precinct Line Road to enjoy an exciting afternoon of getting to know an important part of your community better.

The open house will be held from 10 a.m. to 2 p.m. and will include high-angle rescue and jaws-of-life demonstrations, displays of the fire safety house and air ambulance, as well as a display of Hurst fire apparatus.

Refreshments will be served throughout the day, so make sure to stop by and spend the afternoon with your Hurst Fire Department.

— Devin Horton

Park Donation Fund

Since the passing of the Park Donation Fund by City Council in 1982, the City of Hurst has been raising funds to support the creation of recreational facilities throughout Hurst. Through your monthly water bill, you have the option of donating 75 cents to the Park Donation Fund which is used to fund Parks and Recreation projects. The majority of these projects are designed to add improvements to the parks system that are not funded in the regular budget but that also meet the following criteria: a high visibility in the community, a readily identifiable one-time enhancement, and a community-wide appeal.

Here are some of the past projects that took place due to the Park Donation Fund (some projects supplemented with other funding sources):

- Hurst Community Park Playground
- Chisholm Aquatics Pavilion
- Hurst Athletic Complex Improvements
- Fitness Center Enhancements
- Display Unit for Special Events
- Redbud Park Exercise Equipment
- Children's Inflatable Units and Games for Special Events
- Rickel Park Playground
- Special Events Stage
- Aquatics Center Shade Canopy
- Park Water Fountains with Pet Fountains
- Chisholm Park Restroom
- Chisholm Softball Bleachers Shade Structures
- Mayfair Park Pavilion



Police Department Conducts Survey

The Hurst Police Department needs your input! As part of the accreditation process, the Hurst Police Department chooses to conduct a documented survey of citizen attitudes and opinions at least once every three years. The anonymous survey will serve as a platform for organizational learning by asking specific questions about the quality of policing in the community. The results will be used to enhance policing methods and serve to direct the department as we work to provide the highest quality of service possible.

Please take a moment to help your community and answer the questions posted on www.surveymonkey.com/s/QHCM3SS or go to www.ci.hurst.tx.com and follow the link to access survey. If you have any questions about this survey, contact the Police Community Services Division at 817.788.7342.

We appreciate your support in continuing to make Hurst the best it can be and thank you for taking the time to complete this survey.



Photo by Jim Wright

**3rd Annual
Firefighter's
Steak Dinner**
 Saturday, October 8
 4:30-8:00 PM
 Fire Station One
 2100 Precinct Line Road
 \$15/per person

**Firefighter's Dinner
Raises Needed Funds**

Last year the HCFAAA raised enough funds to purchase the Hurst Fire Department a mini ambulance. This year per OSHA requirements we need to purchase 51 new fire fighter helmets which will include mounted LED lights.

Come out and enjoy a night of good food and fun and support a fire fighter; they may save your life one day.

Save the Date

TICKET SALES BEGIN SEPTEMBER 13 AT FIRE STATION ONE



Meet Gracie Compton, our Mayor for the day! Gracie, a Shady Oaks Elementary School student, served as “mayor” on June 28 after winning a silent auction at a school fundraiser. Gracie helped preside over a council meeting, officially calling the meeting to order. Thank you for serving your city Gracie!

Join Us for National Night Out

Come out and join us Tuesday, Oct. 4 at Hurst Community Park as we celebrate America’s Night Out Against Crime!

National Night Out is a free event that generates community support for anti-crime and anti-drug abuse prevention activities, as well as an opportunity to participate in your community. This event will allow you to get to know your local police officers while learning important information about ways to reduce crime, violence, and substance abuse at the community level. Bring the family and enjoy a night of fun and learning!



Cop Shops Designated in Hurst

In order to help curb crime in some apartment communities and surrounding areas, the Hurst Police Department set up two “Cop Shops”. The “Cop Shops” are located at Gables on Notting Hill (601 Brown Trail) and The Villas of Booth Calloway (200 Booth Calloway). In partnership with the Hurst Police Department, the apartment complexes have provided “rent free” apartments designated for law enforcement officers.

Police Officers now have the option of taking breaks or writing reports at a safe and secure apartment. Officers will also have

the opportunity to meet the residents and interact with the apartment community. The benefit for the apartments is a police unit parked at the complex and a reduction in response time should the need for police service arise. It is hoped individuals with the mind set to commit a crime may be deterred by the presence of a police officer at the apartment complex.

Additional “Cop Shops” are being planned at more Hurst apartment complexes.

— Devin Horton

Tree Pruning, Power Lines Helpful Facts

Due to the extreme windy weather we experienced through most of the spring and summer months, many questions have been brought up about how to deal with fallen trees and branches around power lines. Here are some helpful facts to ensure that you know how to properly take care of your trees close to the power lines:

1. Pruning trees within 10 feet of the power lines can ONLY be done by professionals authorized by Oncor according to Texas law. This includes trees on your private property!
2. The city of Hurst does not regulate tree trimming. Oncor requires access to inspect trees near its lines and schedules periodic maintenance and should be contacted with any questions/concerns.
3. Injury or even death can occur when pruning or having direct contact with trees touching power lines. Children should never climb or play in trees near power lines.
4. If you are planning on planting a tree near a power line, the tree should have a mature height of less than 25 feet. Remember, "Call before you dig" at 1.800.344.8377 to locate any buried lines before planting any trees that may be close to a power line.
5. Trees must be trimmed up from the ground to 10 feet on residential streets and 14 feet on other arterial streets. All vegetation adjacent to a public street must be maintained at two feet, and may not create a view obstruction. Residents are responsible for maintaining these trees and shrubs.
6. For more frequently asked questions and helpful information, visit www.oncor.com.

— Devin Horton

Community Powered Revitalization

On October 22, 2010 a new program, Community Powered Revitalization, kicked off in the Cities of Hurst, Euless, and Bedford that allowed all three to work together to create a better community.

The CPR program has experienced tremendous early success and in just one year has been able to renovate 47 homes in the HEB area. More than 980 volunteers came together from churches, schools, and private citizens to help their communities. There are several ways to be involved from painting, tree trimming, debris removal, light construction, plumbing and even electrical repairs.

For the first time, multiple jurisdictions are able to work together in the HEB area. Volunteers work together to help struggling families with necessary home repairs while simultaneously improving neighborhoods and property values.

This year the event will take place October 14-15 with the goal of repairing eight homes in each city. If you are interested in volunteering or donating, please contact Michelle Lazo at 817.788.7055.

Paving the Way

Road Construction Update

We appreciate all of our citizens' patience for Bellaire Dr. area construction and are excited to report the end is near!

1. Bellaire Dr. and Redbud Dr.
 - Redbud Dr. completed; Bellaire Dr. completion by August 1, 2011.
 - For info: www.ci.hurst.tx.us

2. Bellaire Safe Routes to School (SRTS) Project
 - Completion: Sept. 2011
 - Approximately 70% complete
 - For info: www.ci.hurst.tx.us

3. North Tarrant Express (NTE) Project on SH 183
(Texas Department of Transportation)
 - Completion: 2015
 - For info: www.dot.state.tx.us

*All completion dates and timelines are projected and could change.



Installation of new illuminated street name signs at Cannon, TCC, Harwood, and Thousand Oaks is complete.



Bellaire Safe Routes to School project nearing completion.



Valentine Storage Tank Renovation Complete

Valentine, a one million gallon elevated storage tank, was built in 1965 to serve all of Hurst. Since then, Hurst has more than doubled in size and population and has added two more elevated tanks that serve our north pressure plain. Valentine still serves the south pressure plain and has recently been renovated! In April 2011, all of the old paint was removed and the tank was re-coated with three coats of paint on the interior and exterior. The tank received new logos on the east and west sides along with HURST HOME OF THE LD BELL BLUE RAIDERS painted on the north side of the tank.

Cottonbelt Trail Connects Cities

The \$1.8 million hike and bike trail is nearly complete. The 12 foot wide trail begins near the Hurst/Colleyville border, runs parallel to the Cottonbelt Railroad, and ends near the intersection of Glade Road and Precinct Line. Upon its completion, the trail will connect several cities including Grapevine, Colleyville, North Richland Hills and Hurst, terminating in downtown Fort Worth. This project is supported by the Federal Congestion Mitigation and Air Quality (CMAQ) Fund with the Federal portion set at 74 percent and the City matching at 26 percent. Hurst portion of the trail expected to be complete in early October.

HEB Transit is Expanding Service Hours

This summer, HEB Transit will increase the number of service days during the week as well as extend the hours of operation to accommodate the variety of schedules that riders have. HEB Transit will operate Monday through Saturday from 6 a.m. until midnight. Beginning in October, rides will cost \$2 each way.

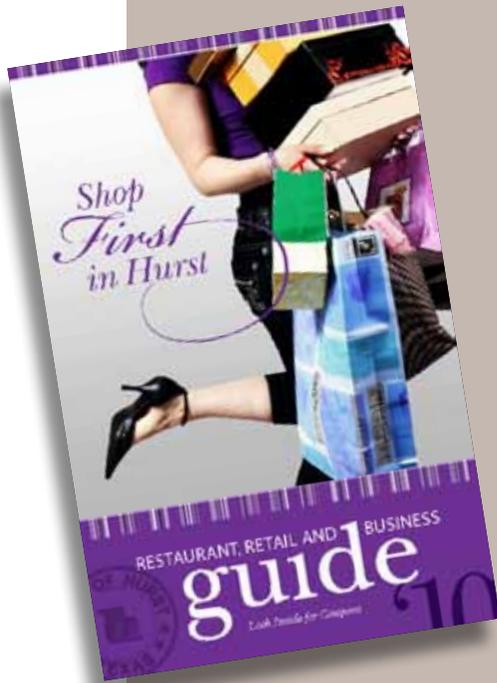
HEB Transit has been in operation since August 2006 and is a partnership between United Way of Tarrant County, multiple faith-based partners, the North Central Texas Council of Governments and the cities of Hurst, Euless and Bedford. It provides work-related rides within the HEB area, Workforce Solutions in North Richland Hills or to the Trinity Railway Express (TRE) train stations at CentrePort/DFW Airport and Hurst/Bell for expanded transportation options. This service fills in the gaps for those who would otherwise have a difficult time getting to jobs and related services, such as childcare and training.

The extended hours are largely funded by a grant from Tarrant County for the expansion of transportation options in northeast Tarrant County. Commissioner Gary Fickes said, "Transportation is the primary barrier to those looking for work or looking for a way to get to work. It is crucial that we help meet the mobility needs of this region and expand public transportation options to make the connection between residents looking for work and our businesses needing employees."

For more information, call 2-1-1 or visit www.HEBTransit.org.

Top Reasons to buy local

1. keep your money in your community
2. create local jobs
3. conserve gas—save \$\$ and help environment



Special Delivery

With the holidays around the corner, what better place to shop than just around the corner from your own home? The wide assortment of businesses in Hurst provides the perfect environment to purchase gifts for the whole family! The City of Hurst publishes the Restaurant, Retail and Business Guide each year to make it even easier to find exactly what you're looking for right here in Hurst. As always, the guide also features coupons for Hurst businesses so don't miss out on a great opportunity to save. The guide includes addresses and phone numbers of every business in Hurst and is published with no cost to the businesses. You can also find the guide online with the most up-to-date information at <http://hurst.mesh.net> or call 817.788.7025 for additional copies. Support your city and discover great new places to shop by "Shopping first in Hurst."

— Devin Horton

Are you a Hurst business owner?

Call 817.788.7092

to update your listing in this year's
Restaurant, Retail
and Business guide.

Get Connected

Stay Connected

Email subscription service

Since 2007 citizens have been able to receive a variety of information through the free email subscription service offered by the City of Hurst. Users opt into any of a variety of categories and are alerted when things change. More than 218,000 emails have been sent to subscribers in 3 years.

We're now offering a variety of topics that you want to know about. Sign-up links take individuals to a menu of the topics they can choose to receive. New topics include adult softball, aquatics centers, parks, press releases, senior services and more. Sign up today. It's easy. On the City's homepage click the red "Hurst E-mail Updates button." Log to www.ci.hurst.tx.us/WebSubscription.htm.

Want to get even more connected? We're social too.

Facebook:

www.facebook.com/CityOfHurstTX

Twitter:

www.twitter.com/TheCityofHurst

facebook



Water Bill Payments Made Easier

The City of Hurst is working with Fidelity Express to help make your life easier by creating simple options for water bill payment. Beginning in September, XPress Pay will allow those without access to a computer or checking account to pay their water bills at local grocery stores, convenience stores and gas stations by cash, check or money order. Seven convenient retailers located throughout the city will offer this service for a small \$2.00 transaction fee. The stores will not have access to your information, so be sure to bring

your water bill stub when paying. If your water is scheduled to be turned off or is already off, it is your responsibility to contact the City of Hurst with a valid proof of payment number for reconnection after making a full payment. For more information, contact the City of Hurst Utility Billing office at 817.788.7038.

Below is the complete list and locations of water bill payment stations:

Retailer	Address	Zip Code
Kroger #844	708 E. Pipeline Road	76053
HEB Food Mart	1601 Soto Grande	76053
Cavender Food Mart	401-1 Bedford Eules Road	76053
H&A Food Mart	315 E. Hurst Blvd.	76053
JSQ Mart	6500 Precinct Line Road	76054
Elrod's Cost Plus #12	372 E. Pipeline Road	76053

— Devin Horton



**Shop!
Play!
Win!**

Anyone can sign up to play with ONLY two simple steps:

- 1) Log on to ShopPlayWinHurst.com
- 2) Register with your name, address, phone and e-mail address

More than 200,000 square feet of retail space has been opened for business in the last six months in Hurst. The new retailers that call Hurst “home” provide a variety of new goods and services to our city. From the vast selection of appliances at Texas Appliances, to specialty stores such as Charming Charlie’s at North East Mall, each new business provides the finest in fashion, entertainment and specialized eateries. We welcome each of them and hope you will too! The new businesses are located throughout Hurst including more than twenty new stores in North East Mall and several large retailers occupying locations of 10,000 square feet and more.

Want more details on these and other Hurst retailers? ShopPlayWinHurst.com is your online resource for business listings and updates. This site provides the best in information, savings and store coupons.

As we welcome our new retailers, remember how important your purchasing power is in our city. Goods and services bought in Hurst provide sales tax revenue. The result is revenue that supports and enhances our city, its amenities and the services for our residents and patrons. For more information e-mail info@ShopPlayWinHurst.com.



Recycle Rewards

Q&A

How are new carts being distributed, and what should citizens do with their old recycling containers?

New carts will be delivered Aug. 8 along with instructions on how to use and place the carts. The recycle containers can either be put in the recycle cart or kept by the resident.

How exactly does Recyclebank distribute the points to the citizens?

The cart will be equipped with an RFID chip that will record that the resident had recycling out and points will be distributed based on the total tonnage from the City.

What is the point-to-pound (of recyclables) ratio?

2.5 points per pound.

How it Works

The City of Hurst has teamed up with Republic Services to bring citizens a new way to recycle and shop! This new recycling program will begin in September and will benefit all citizens that recycle.

Every household will receive a new recycling bin in August, and these new bins will be used to track which households are participating. When all the tonnage of the City of Hurst's recycling

is totaled up, it will be converted to Recyclebank points and will be equally distributed among the households that contributed.

Citizens will need to create a free account on www.recyclebank.com in order to use and receive their points. Points can be used to receive special deals and discounts on anything from home products to groceries, from local and national businesses.

Timeline



DROUGHT CONTINGENCY PLAN IN WORKS



With the extreme heat and lack of significant rainfall this summer it is likely that we will implement our drought contingency plan. This is mandated by our water supplier and is aimed at helping to conserve water for the entire city. The purpose of this plan is to conserve the available water supply for domestic water use, sanitation, and fire protection as well as protecting and preserving public health, welfare and safety.

Below are some of the restrictions that will be enforced if the drought contingency plan takes place:

- Prohibition of hosing paved areas (sidewalks, driveways, parking lots, etc.)
- Prohibition of hosing of buildings or other structures for the purpose other than fire protection or surface preparation prior to painting

- Prohibition of using water in such a manner as to allow runoff or other waste
- Prohibition of outdoor watering with sprinkler or irrigation systems between 10:00 AM and 6:00 PM.
- Limiting landscape watering with sprinkler or irrigation systems to twice per week

Hurst residents can expect to see this plan take place between late August and early September if conditions do not improve. Residents will be alerted via the city web site, email notifications, water bill inserts and local media outlets if the drought contingency plan is enacted. We appreciate your help in conserving water and doing your part!

Water Conservation Needed

Fall may be approaching, but that doesn't mean we shouldn't continue conserving water. You may have noticed the new red signs alerting citizens of the 10:00 AM-6:00 PM "no outdoor watering restriction."

We need your help Hurst! Wholesale water customers of the City of Fort Worth, (Hurst included), are following suit after Fort Worth moved to this landscape watering restriction in 2008. Like other wholesale water custom-

ers, we have seen noticeable water conservation benefits over the past years and we hope you'll join us in going green and limiting your water use this summer and fall.

**365 Days
52 Weeks
12 Months**

ONE YEAR

Hurst Conference Center Celebrates One Year Anniversary

"La Fin du Monde 2012"

**The Mid-Cities
Lone Star Ball**

December 31, 2011

Hurst Conference Center

Live Music • Horse Racing

Special Offers with Local Hotels

Tickets on Sale

November 14

It's been one year since the Hurst Conference Center opened its doors and what a year it has been. With its stunning features and unique finishes, the Hurst Conference Center has drawn tens of thousands of visitors to Hurst and the numbers continue to grow. Year number two promises to be another banner year for the conference center with a significant number of events already on the books and a special New Year's Eve event that will be open to the public. If you haven't had a chance to visit the Hurst Conference Center, we hope to see you soon. For more information or to book an event call 817.581.0044.





By the Numbers

248 events

- More than 43,000 attendees
- Generated more than 2,400 hotel room nights

Staff has set:

- **35,362 chairs**
- **2,919 round tables**
- **1,223 classroom tables**
- **120 portable screens & projectors**
- **23,101 White table napkins**

Staff has served:

- **Backyard BBQ buffet for 1,121 persons**
- **Box lunches for 4,070 persons**
- **Continental breakfast for 3,233 persons**
- **Lone Star buffet - 950 persons**
- **A Little North of the Border buffet - 869 persons**
- **1,280 Sirloin steaks served**



Note: Numbers reflect the first 10 months of operation.

Hurst Public Library

901 Precinct Line Road
Phone: 817.788.7300

library



Read All About It!

Live Homework Help @ Your Library Online

Is your math not adding up? Is your social studies project being antisocial? Does your teacher think you wrote your English paper in a different language? Never fear—Live Homework Help is here!

Just go to the Hurst Public Library website—be sure to have your library card handy—between 3 p.m. and 10 p.m., and a live tutor

can help you get your math figured, your social studies project civil, and your English paper in proper English.

They can even help with your resume. And, it doesn't matter your age: kids and adults can go to Live Homework Help for what they need to get the work done.



Healthy Hurst at the Library

Drug-Free Approach to Learning Disabilities and Health

7:00 PM

Thursday, August 18

The Foundation for Wellness Professionals, a non-profit association of Chiropractic Doctors, invite you to a free informational and wellness class on the topic of alternative approaches to learning disabilities, such as ADD/ADHD and Dyslexia.

Breast Health Awareness

4:30-7:30 PM

Tuesday, October 11

Learn more about breast health. October is national breast cancer awareness month, come & learn what you can do to take care for your body. JPS Health Promotions nurse, Annette Lam, will be at Hurst Public Library in the front lobby with more information. **FREE MAMMOGRAM VOUCHERS WILL BE AVAILABLE.**

Yoga for Healthy Living

7:00 PM

Thursday, October 20

This is a workshop presented by Gina Shelton, a Yoga Alliance certified Yoga Teacher and Therapist. Learn more about posture and movement patterns that lead to joint pain and arthritis; and tactics to calm your mind and entire nervous system, thereby decreasing anxiety and stress. Wear loose, comfortable clothes.

Library Hours

Monday, Wednesday, Friday, Saturday

10:00 AM-6:00 PM

Tuesday & Thursday

10:00 AM-9:00 PM

Or

VISIT THE LIBRARY ONLINE ANY TIME

Hurst Public Library
*The place to go
when you need to know!*

Youth Programs

Ongoing Activities

Toddler Time

Ages 1-3 years

Mondays and Thursdays

10:00-10:30 AM

Story Time

Ages 3-6 years

Tuesdays and Wednesdays

10:45-11:15 AM

Chess Club

For elementary ages and up

Mondays

4:00-5:00 PM

Visit the Library Online

www.hurst.lib.tx.us

View the iBistro catalog • Place items on hold
View your own record • Renew materials online
Home access to over 60 databases for research
Download eAudiobooks

Kids' Reading Club Programs

Chapter Chats

For 3rd - 6th graders

7:00 PM NEW TIME!

Tuesday, September 13

Tuesday, October 11

Tuesday, November 8

Tuesday, December 13

Do you enjoy talking about books?
Here's your chance! Share your views
with other kids who have read what you
have!

Boo Books

All ages

4:00-5:00 PM

Monday, October 31

Treat yourself to a special story time
with slightly scary and funny stories;
add to that some mildly spooky
activities and you get an afternoon of
Halloween fun! Costumes are optional
but encouraged.

Teen Reading Club Programs

Anime Club

7th - 12th graders

6:00-8:00 PM

Thursday, September 1

Thursday, October 6

Thursday, November 3

Thursday, December 1

If you enjoy anime—watching it and
talking about it—this is the place for
you! Add snacks, door prizes, and other
teens that love anime, too, just for fun!

Teen Talk

7th - 12th graders

7:00-8:00 PM

Thursday, September 8

Thursday, October 13

Thursday, November 10

Can't wait to share your thoughts on
some popular books? Here's a place to
do it! Be a part from the start for this
new teen program!

Adult & Family Programs

Brown Bag Book Club

**First Thursday of the month
Noon**

Bring your lunch and join us the first
Thursday of every month for book
discussions in the Reading Alcove.
Check the library website, Facebook
page or call to find out what we're
reading!

Patron Appreciation

5:00-7:00 PM

Thursday, December 8

Join us for an evening of activities and
entertainment on Thursday, December
8, as we show our appreciation to the
wonderful patrons of Hurst Public
Library. Come and enjoy the fun.

Family Night

All ages

7:00 PM

Thursday, September 15

Family Storytime and Make and Take Craft - We will be reading *The Biggest Thing in the Ocean* by Kevin Sherry and making our own Giant Squid to take home!

Masterworks at the Library Evening Performances

7:00 PM

Open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

Thursday, September 22

3 Fools on 3 Stools - Texas Country Music

The Fools will be performing outdoors in the library park as weather permits, so bring your lawn chairs and blankets.

Thursday, October 27

E Flat Porch Band - Traditional Country Music

Thursday, November 17

Philharmonic Winds - Classical Woodwinds

Thursday, December 22

Concert Bells of Fort Worth - Holiday Music

Thursday, September 29

Les Elgart Orchestra

Special Outdoor Masterworks Concert in Heritage Village. Bring your lawn chairs and blankets. In case of rain this concert will be moved indoors to the Hurst Public Library Program room.

Thursday, August 25

Canta - Salsa and Latin American Variety

Noon Masterworks

12:15 PM

Friday, August 12

Nana Puddin' - Children's Entertainment

Friday, September 9

KeAnuenue Polynesian Dance

Friday, October 14

Rhett Butler - Classical Guitar

Traveling Art Exhibits on Display

August

Mixed Media by Robbie Jenkins - In the Historical Gallery and the Community Gallery

September

Handmade Baskets by members of the Trinity Basket Guild - Historical Gallery Windows

Council member Charles Swearengen, right, and his wife Gwen pose with two sculptures they donated to the Hurst Public Library.



National Library Card Sign-up Month

Library Card Discounts Program

Once again this September, the City of Hurst Public Library has partnered with City of Hurst businesses to bring you library card discounts during National Library Card Sign-Up Month!

During the month of September, show your City of Hurst library card at participating businesses and receive a discount or special offer.

Visit the library, become a library fan on Facebook or check the Library website at www.hurst.lib.tx.us for details on the special offers.

What's New Online

OverDrive has arrived.

Download audiobooks and eBooks for your computer, cell phone, iPod or eBook Reader anytime, anywhere, you have access to the Internet at www.hurst.lib.tx.us.

To use this service all you need is a Hurst Public Library card.



Good Neighbor Days

Good Neighbor Cleanup event eliminates waste for residents

Fall is just around the corner and so is the 14th Annual Good Neighbor Cleanup event. As always, the event will be held at the Bellaire Shopping Center on Saturday, October 8 and Saturday, October 15.

The event runs from 7:00 AM until noon both days where you can bring your used oil, gas, antifreeze, pesticides, herbicides, old batteries, old computers, electronic devices, tree limbs, scrap metal, and just about every kind of trash or junk around the house in need of disposing (NO Pharmaceuticals). No tires, explosives, compressed gas or construction debris will be accepted.

Latex paint and stains can be safely put in the garbage for disposal at a landfill, as long as the paint is dry or solidified first.

Small amounts of latex paint should be dried out by removing the lid and exposing the paint to the air. Larger quantities should be solidified by mixing cat litter, sawdust, dirt, or shredded paper into the paint. Once the latex paint is hardened or solidified, place the can with the lid off in your garbage container. The garbage hauler needs to see that the paint has been solidified.

We are very happy to offer document shredding again this year. So protect yourself from identity theft and gather up all of those personal papers you have been meaning to destroy, and watch them being shredded to bits right before your eyes! For more information call the Environmental Services Department at 817.788.7217.

Volunteers In Action

Have you been to the newly expanded Hurst Public Library yet? If so, you've noticed all the changes including: the Friends Café, the Community Gallery, Teen Zone, Express Checkout Stations, Program Rooms, and an Automated Materials Handler.

The Library is looking for volunteers to help support these great new spaces and services. Whether you prefer to work behind the scenes or with patrons, there are volunteer positions to meet your interests.

Current Library Volunteer Opportunities include:

- Friends Café Book Sales Assistant
- Chess Practice Mentor
- Train Maintenance Assistant
- Copy Center Attendant
- Express Checkout Attendant

- Greeter
- Material Processing Attendant
- Novel Writing Club Host
- Shelving Assistant
- Special Events Assistant

If you are interested in joining the VIA program, please contact the Community Services Department at 817.788-7305. Volunteer applications can be picked up at Community Services located within the Hurst Public Library. An application form can also be accessed online through the City's website at www.ci.hurst.tx.us.



Want to Get involved?

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817.788.7305. Volunteer applications can be picked up at the Community Services' office in the Hurst Public Library or accessed online through the City's Web site at www.ci.hurst.tx.us.





Youth in Government

Students Get Executive Look at Local Government

The City of Hurst Youth in Government Program is a dynamic group created by the Hurst City Council. It was designed to give the city's youth a unique opportunity to get a behind-the-scenes look at local government by touring city departments, presentations by City Council and learning about what takes place at City Hall.

Students have the chance to build valuable friendships among

similarly interested juniors and seniors from area schools while gaining a deeper understanding of how the branches of local government work together.

Also, Members are eligible to earn college scholarships and a paid summer internship.

For more information on how to get involved call 817.788.7029

Scholarship Winners

Two of our city's Youth in Government members were recently awarded scholarships for their hard work and dedication to the program. Scholarship recipients were Michael Arnold and Ian Drury. Michael will be attending the University of Texas at Dallas in the fall and Ian will be attending Sam Houston State University.



Senior Center Hours

Open 5 days a week
 Monday-Wednesday, 8:00 AM-5:00 PM
 Thursday, 8:00 AM-9:00 PM
 Friday, 8:00 AM-5:00 PM

Senior Pipeline

Pick up a copy of *The Senior Pipeline*, the monthly newsletter, for more information on Senior Center programs and activities.

Hurst Senior Center

Membership information

The new Hurst Senior Citizens Activities Center is open to Seniors only, ages 55 and over.

- Membership is required in order to attend and participate in the Senior Center. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and pay, and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.
- Fees for the new Senior Center are as follows:
 - Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month)
 - Non-Residents - \$80 per membership year. (Equivalent of about \$6.67 per month)
- These fees include many free classes, programs, and activities at the Senior Center, and also include membership in our state-of-the-art Fitness Room.
- Some classes, programs, and activities may require additional fees to cover the cost of supplies, refreshments, and/or instructor fees.



Senior Center News

Hurst Senior Citizens Activities Center recaps summer events, previews fall

We all know it's been hot outside, but "cool" things have been happening at the Hurst Senior Citizens Activities Center all summer long!

To celebrate Memorial Day, we hosted a WatermelonFest, just to get the summer off to a great start. It was a real hit, featuring all things watermelon. We served watermelon punch, watermelon-themed cupcakes and watermelon salsa. The guests enjoyed several games including ladder golf and the most popular, the watermelon seed spitting contest. Prizes were awarded to the best spitters and golfers.

We celebrated Fried Chicken Day by eating some. We had a big crowd and

all thought it was a great new holiday to celebrate. Be sure to stop in and pick up the monthly newsletter to find out about current and upcoming events.

Below you will find a brief preview of some of our fall programs, classes, groups, activities and health related and educational seminars:

- Computer Classes
- Zumba Gold
- Tai Chi
- Yoga
- Working After Retirement Resources
- How Foods Fight Cancer
- Hawaiian Luau
- Open House and Anniversary
- Thanksgiving Dessert Buffet

The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7:00 PM. Cost is \$5 at the door and it's open to the public, ages 55+. Potluck Bingo is a FREE event and is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. We offer Breakfast Club once a month for only \$3 per person. Space is limited and the menu varies so check the Senior Pipeline for details.

The Dining Society meets once or twice a month at a local restaurant for lunch or dinner. This group makes for a great opportunity to get out, meet some new people and enjoy good food.

Events & Classes

Here are just a FEW of our Upcoming Events and Classes –
(*You must be a member to participate and sign-up may be required*)

August 19 – Hawaiian Luau and Membership Mixer

For the second year, we will be hosting our Hawaiian Luau and Member Mixer. We will be featuring lots of Hawaiian food, music and live entertainment. Wear your best tropical finery and come join the fun!

September 22 – Rock–n–Roll Dance

The sensational group “Flashback” will entertain you with hit after hit from the 1950s to the 1970s as well as some of today’s

favorites. Their music is appreciated by those that love to dance as well as those that love to listen. This is the must attend dance of the year!

September 29, 7:00 PM – Masterworks Concert

Come to Heritage Village Park for a fabulous night with the Les Elgart Orchestra.

November 11, 2:00 PM – Veteran’s Day Show

In honor of our Veterans, we have invited the group “The Sorta Sister’s” to perform their USO Tour. Reminisce as they sing songs like “Boogie Woogie Bugle Boy”, “Don’t Sit Under The Apple Tree”, “Sentimental Journey” and more.



Annual Hawaiian Luau & Member Mixer

Friday, August 19, 2:00 PM

Lots of great food
and live entertainment.

Thursday Night Dances

Now at
7:00 PM



Photo by Devin Horton

Hurst Recreation Center

Now that the summer has come and gone, and the family vacations are complete, you can get back into your regular workout routine at the Hurst Recreation Center. Whether you want to continue your fitness program, get back on track with one, or start a new one altogether, the Hurst Recreation Center can help you meet all of your fitness goals! Our state-of-the-art Fitness Center has treadmills, elliptical crosstrainers, bikes, stairclimbers, rowing machines, seated crosstrainers, and a wide variety of strength equipment (plate loaded, dumbbells, pin-selectorized). We've recently received two Technogym lateral trainers and six (6) new pieces of Cybex strength equipment. All of our treadmills, elliptical crosstrainers, and lateral trainers have 15" LCD screens so that you can watch TV while working out and they are also iPod compatible so you can listen to your favorite tunes or watch your favorite videos. If walking or jogging is your preferred fitness activity, you can use our Jogging/Walking Track and never miss a workout because of inclement weather outside. We also offer numerous fitness classes (aerobics, spinning, etc.)

that will get you into shape.

Do you have a group of friends that enjoys playing basketball? Get a team together and play in the Hurst Recreation Division's Adult Basketball League. While you are at the Recreation Center, you can also enjoy a variety of recreational activities. You can shoot some hoops, enjoy some volleyball with your friends, play racquetball, walleyball or table tennis. Equipment used to participate in these activities is available for check out, with your "Quality of Life" Rec Card, at the front desk of the Recreation Center.

If you need a little extra motivation to reach your fitness goals, the Hurst Recreation Center has personal trainers, who are available to custom-design a fitness plan that will meet your needs. For more information, contact the Front Desk at the Recreation Center 817.788.7325.

Our Commitment to Quality:

Your satisfaction is our goal. . . we strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational, and life-long learning opportunities. If you

are not completely satisfied with your recreational experience, please call us at 817.788.7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.

www.ci.hurst.tx.us :: ph 817.788.7325 :: fax 817.282.7081

Pre-School Programs

NEW! Silly Wiggle Wiggling Music (18 months-2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18000-A	M	5:00-5:30PM	8WKS	8/29	\$22
18000-B	W	10:00-10:30AM	8WKS	8/31	\$22
Holiday					
19000-A	M	5:00-5:30PM	5WKS	11/7	\$14
19000-B	W	10:00-10:30AM	5WKS	11/9	\$14

Mom & Me Parachute Playtime (18 months-2 years)

Let's get together and play with the parachute! We will play, dance, and have a great time!

Instructor: Dottie Nicholson

Fall

18015-A	T	9:45-10:30AM	8WKS	8/30	\$24
Holiday					
19015-A	T	9:45-10:30AM	5WKS	11/8	\$15

NEW! Crafty Squiggly (18 months-2 years)

I may be small, but I can still create beautiful pieces of artwork! We will create and have fun! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18020-A	M	4:30-5:00PM	8WKS	8/29	\$22
18020-B	W	9:30-10:00AM	8WKS	8/31	\$22
Holiday					
19020-A	M	4:30-5:00PM	5WKS	11/7	\$14
19020-B	W	9:30-10:00AM	5WKS	11/9	\$14

NEW! Little Tikes Dribble & Fun (18 months-2 years)

We will get familiar with the ball, work on rolling, tossing, and maybe even some dribbling! (Tennis shoes required.)

Instructor: Shanell Jupiter

Fall

18110-A	T	10:00-10:30AM	8WKS	8/30	\$22
Holiday					
19110-A	T	10:00-10:30AM	5WKS	11/8	\$15

Independent Two's - Let Me Be Me (2-3 years)

This class is for children who are ready to go to class without their mommies. They will create new projects each week using paint and glue and will have tons of fun! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18080-A	W	9:00-9:30AM	8WKS	8/31	\$22
Holiday					
19080-A	W	9:00-9:30AM	5WKS	11/9	\$14

Awesome Two's (2 years)

Let's get together and play! We will learn our shapes and colors, create crafts and just have a blast playing and learning at the same time! (Supply Fee \$10.)

Instructor: Dottie Nicholson

Fall

18090-A	M	9:00-9:45AM	8WKS	8/29	\$24
Holiday					
19090-A	M	9:00-9:45AM	5WKS	11/7	\$15

Mom & Me Soccer (2-3 years)

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOOAAAAAALLLLL! (Tennis shoes required.)

Instructor: Stacie Castillo

Fall

18700-A	F	9:00-9:30AM	8WKS	9/2	\$22
Holiday					
19700-A	F	9:00-9:30AM	5WKS	11/11	\$12

Happy Feet (2 years)

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

Fall

18095-A	F	9:00-9:30AM	8WKS	9/2	\$24
Holiday					
19095-A	F	9:00-9:30AM	5WKS	11/11	\$15

NEW! Colors & Shapes (2-3 years)

Let's learn about all the colors of the rainbow and the shapes that surround us! (Supply Fee \$10)

Instructor: Dottie Nicholson

Fall

18400-A	T	9:00-9:30AM	8WKS	8/30	\$22
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NEW! Things That Go (2.5-3.5 years)

Wonder what makes things go? Let's find out together! We'll have hands on fun, create crafts, and read stories. (Supply Fee \$10)

Instructor: Dottie Nicholson

Holiday

19115-A	M	11:45-12:15PM	5WKS	11/7	\$12
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NEW! 1, 2, Buckle My Shoe (2.5-3.5 years)

We will work on counting and number recognitions through songs, stories, and more! (Supply Fee \$10)

Instructor: Dottie Nicholson

Holiday

19444-A	T	9:00-9:30AM	5WKS	11/8	\$12
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NEW! Family Romp Around (2.5-3.5 years)

Calling all active pre-schoolers, grab mom or dad and bring them to Family Romp Around! We'll work on gross motor skills through warm up exercises and fun gym games. (Tennis shoes required.)

Instructor: Dottie Nicholson

Fall

18123-A	F	9:45-10:15AM	8WKS	9/2	\$22
Holiday					
19123-A	F	9:45-10:15AM	5WKS	11/11	\$12

Preschool & Youth Programs:

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children 3-5 years must be toilet trained.

Creative Time For Tots (3-4 years)

This class is designed to teach your preschooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers, and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories, and creative play. (Supply Fee \$10)

Instructor: Margaret Angel (Certified School Teacher)

Fall

18040-A	MW	8:30-10:15AM	8WKS	8/29	\$56
18040-B	TTH	8:30-10:15AM	8WKS	8/30	\$56

Holiday

19040-A	MW	8:30-10:15AM	5WKS	11/7	\$35
19040-B	TTH	8:30-10:15AM	5WKS	11/8	\$35

Movin' Groovin' (3-5 years)

Come learn to have fun while moving our bodies. "Drill Sergeant Mary" will lead the way through relays and games. We will also work on waiting in lines, following directions, and our manners.

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18100-A	T	11:30-Noon	8WKS	8/30	\$22
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Holiday

19100-A	T	11:30-Noon	5WKS	11/8	\$14
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NEW! Body Basics (3-5 years)

Head, shoulders, knees, and toes... we will learn all of our body parts using science, crafts, and music. (Supply Fee \$10)

Instructor: Dottie Nicholson

Fall

18345-A	M	10:45-11:30AM	8WKS	8/29	\$22
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NEW! Monster Bash (3-5 years)

Let's get ready for Fall! We'll play and learn about different "monsters" through crafts, stories, and songs. We'll even have monster treats at the last class! (Supply Fee \$10)

Instructor: Dottie Nicholson

Fall

18888-A	T	10:45-11:30AM	8WKS	8/30	\$24
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NEW! Pre-School Practice (3-4 years)

Are you learning your colors, numbers, letters, shapes, and more? We will have fun with activities that will help reinforce what you are learning! (Supply Fee \$3)

Instructor: Suzanne Starks

Fall

18166-A	W	9:00-9:30AM	8WKS	8/31	\$18
18166-B	TH	9:00-9:30AM	8WKS	9/1	\$18

Holiday

19166-A	W	9:00-9:30AM	5WKS	11/9	\$12
19166-B	TH	9:00-9:30AM	5WKS	11/10	\$12

Phonics Fun - Step I (3-5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18030-A	M	9:00-9:45AM	8WKS	8/29	\$24
18030-B	TH	9:00-9:45AM	8WKS	9/1	\$24

Holiday

19030-A	M	9:00-9:45AM	5WKS	11/7	\$15
19030-B	TTH	9:00-9:45AM	5WKS	11/10	\$15

Phonics Fun - Step II (3-5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18035-A	M	10:30-11:15AM	8WKS	8/29	\$24
18035-B	TH	10:30-11:15AM	8WKS	9/1	\$24

Holiday

19035-A	M	10:30-11:15AM	5WKS	11/7	\$15
19035-B	TH	10:30-11:15AM	5WKS	11/10	\$15

Hands-on-Math (3-5 years)

Let's learn numbers the fun way! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning!

(Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18205-A	M	9:45-10:30AM	8WKS	8/29	\$24
18205-B	TH	9:45-10:30AM	8WKS	9/1	\$24

Holiday

19205-A	M	9:45-10:30AM	5WKS	11/7	\$15
19205-B	TH	9:45-10:30AM	5WKS	11/10	\$15

Kooky Science Fun (3-5 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18025-A	TH	11:15-Noon	8WKS	9/1	\$24
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Holiday

19025-A	TH	11:15-Noon	5WKS	11/10	\$15
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NEW! Crazy Daisy Autumn (3-5 years)

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints, and pencils! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18777-A	T	9:30-10:20AM	8WKS	8/30	\$24
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NEW! Rocking Around the Christmas Tree (3-5 years)

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints, and pencils! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Holiday

19777-A	T	9:30-10:20AM	5WKS	11/8	\$15
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Kitchen Science (3-5 years)

Do you think about the world of science while in the kitchen? Science is all around us and we'll explore science in the kitchen! (Supply Fee \$10.)

Instructor: Dottie Nicholson

Fall

18200-A F 10:30-11:15AM 8WKS 9/2 \$24

NEW! Holiday Crafts Fun (3-6 years)

Let's get ready for the holidays! We'll create decorations and gifts for the holidays! (Supply Fee \$10)

Instructor: Dottie Nicholson

Holiday

19002-A M 10:00-10:30AM 5WKS 11/7 \$12

NEW! Treats for the Holidays (3-6 years)

Holiday cooking starts early! We'll create treats for Thanksgiving, and Christmas! (Supply Fee \$10)

Instructor: Dottie Nicholson

Holiday

19007-A F 11:30-12:15PM 5WKS 11/11 \$12

NEW! Gross Out Foods (3-6 years)

Some food looks too gross to eat, but what if you made food that looked gross on purpose? How about we make some Monster Fingers and Brains Salad? Yum! (Supply Fee \$10)

Instructor: Dottie Nicholson

Fall

18654-A F 11:30-12:15PM 8WKS 9/2 \$24

Pre-School Computers (3-4 years)

In this tech-savvy class for pre-schoolers, your child will learn the proper way to turn the computer on and off, how to use the mouse, all while having fun with Elmo and other pre-school programs.

Instructor: Vicki McMeans

Fall

(3 years)

18800-A TH 8:30-9:00AM 8WKS 9/1 \$24

(4 years)

18800-B TH 9:00-9:30AM 8WKS 9/1 \$24

Holiday

(3 years)

19800-A TH 8:30-9:00AM 5WKS 11/10 \$15

(4 years)

19800-B TH 9:00-9:30AM 5WKS 11/10 \$15

Bugs, Bugs, Bugs (3-6 years)

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens. (Supply Fee \$10.)

Instructor: Dottie Nicholson

Holiday

19222-A T 10:45-11:30AM 5WKS 11/8 \$15

You Can Do That With a Balloon? (3-6 years)

Did you know that you could do science projects and play games by using a balloon? That's exactly what we are going to do! (Supply Fee \$10.)

Instructor: Dottie Nicholson

Holiday

19555-A F 10:30-11:15AM 5WKS 11/11 \$15

Clay Fun (3-5 years)

Does your preschooler need work on those fine motor skills? Clay is a great tool for working on those fine motor skills while having fun. (Supply Fee \$10.)

Instructor: Dottie Nicholson

Fall

18190-A M 10:00-10:30AM 8WKS 8/29 \$22

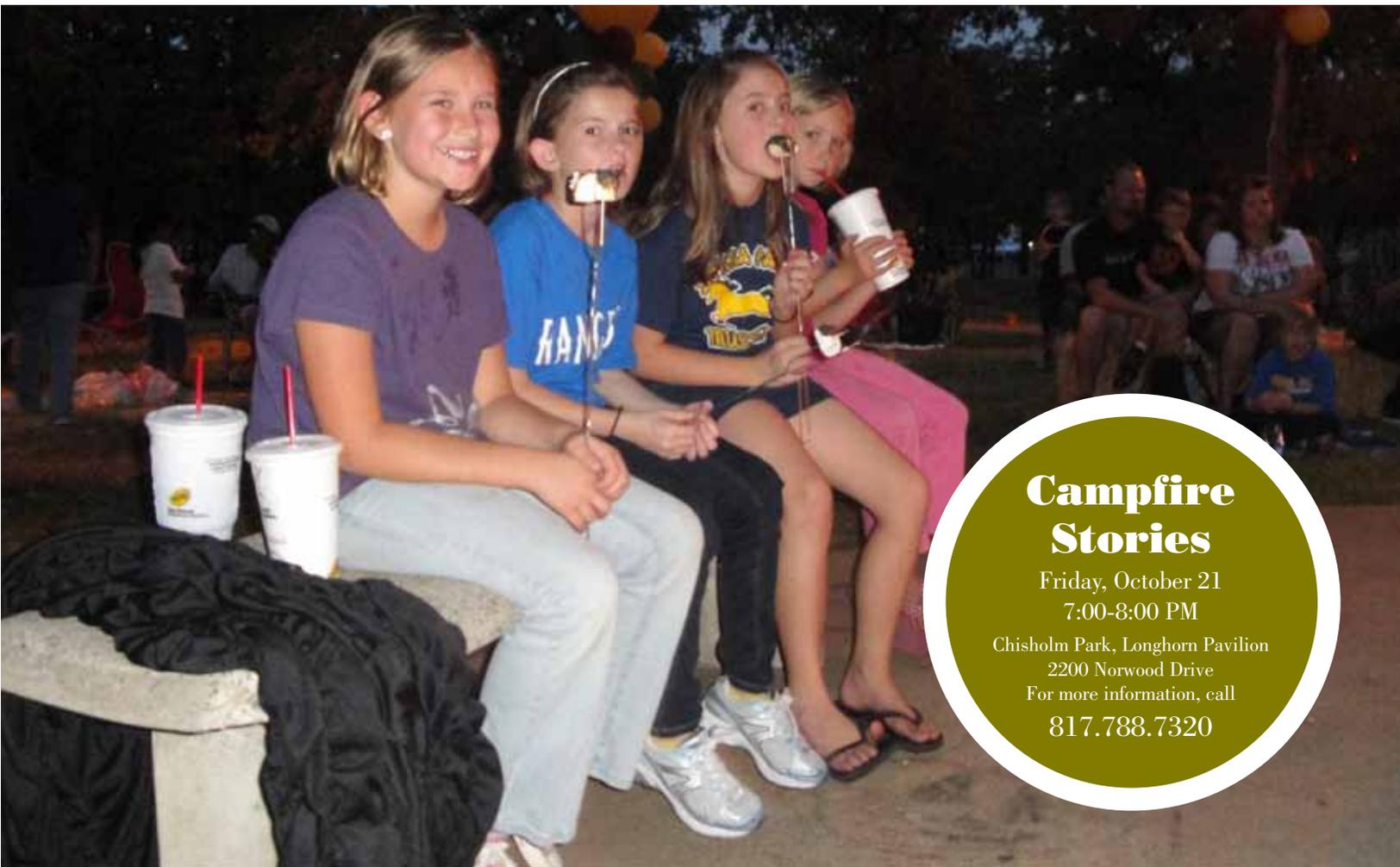
Manners (3-6 years)

Need help in the manners department? We will focus on good manners needed in different situations. (Supply Fee \$10.)

Instructor: Dottie Nicholson

Holiday

19190-A M 10:45-11:30AM 5WKS 11/7 \$15



Campfire Stories
 Friday, October 21
 7:00-8:00 PM
 Chisholm Park, Longhorn Pavilion
 2200 Norwood Drive
 For more information, call
 817.788.7320

When Dinosaurs Roamed (3-6 years)

Do you LOVE dinosaurs? Come learn about all of the different dinosaurs that roamed the earth. We will have a great time learning through games, crafts, and stories. (Supply Fee \$10.)

Instructor: Dottie Nicholson

Fall

18666-A	M	11:45-12:15PM	8WKS	8/29	\$22
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Yes, I Can Draw (3-5 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18010-A	T	9:00-9:30AM	8WKS	8/30	\$22
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Holiday

19010-A	T	9:00-9:30AM	5WKS	11/8	\$14
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NEW! Healthy Yummie in My Tummy (3-5 years)

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch, and dinner. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

18170-A	T	10:30-11:15AM	8WKS	8/30	\$24
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Holiday

19170-A	T	10:30-11:15AM	5WKS	11/8	\$15
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Ballet for Tots (3-5 years)

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts. (Ballet shoes required.)

Instructor: LaTisha Clay

Fall

18180-A	T	10:30-11:00AM	8WKS	8/30	\$22
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18180-B	TH	10:30-11:00AM	8WKS	9/1	\$22
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Holiday

19180-A	T	10:30-11:00AM	5WKS	11/8	\$14
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19180-B	TH	10:30-11:00AM	5WKS	11/10	\$14
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Tiny Dancer I (3-5 years)

Your tiny dancer will learn tap, ballet, and rhythmic movements. (Ballet and tap shoes are required.)

Fall

Instructor: LaTisha Clay

18060-A	T	11:00-11:45AM	8WKS	8/30	\$24
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18060-B	TH	11:00-11:45AM	8WKS	9/1	\$24
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Instructor: Caitlin Sommen

18060-C	S	9:15-10:00AM	8WKS	9/3	\$24
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Holiday

Instructor: LaTisha Clay

19060-A	T	11:00-11:45AM	5WKS	11/8	\$15
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19060-B	TH	11:00-11:45AM	5WKS	11/10	\$15
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Instructor: Caitlin Sommen

19060-C	S	9:15-10:00AM	5WKS	11/12	\$15
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Tiny Dancer II

(3-5 years with at least one session of experience in Tiny Dancer I)

Your tiny dancer will learn tap, ballet, and rhythmic movements. (Ballet and tap shoes are required.)

Fall

Instructor: LaTisha Clay

18070-A	T	11:45-12:30PM	8WKS	8/30	\$24
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18070-B	TH	11:45-12:30PM	8WKS	9/1	\$24
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Instructor: Caitlin Sommen

18070-C	S	10:00-10:45AM	8WKS	9/3	\$24
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Holiday

Instructor: LaTisha Clay

19070-A	T	11:45-12:30PM	5WKS	11/8	\$15
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19070-B	TH	11:45-12:30PM	5WKS	11/10	\$15
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Instructor: Caitlin Sommen

19070-C	S	10:00-10:45AM	5WKS	11/12	\$15
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Beginner Reader Book Club (3-9 years)

Do you like to hear a good story? Come listen to a different book each week. We will play games, create crafts, and do other activities inspired by our book of the week. We will also keep a Bookworm log of all of the great books that we read together. (Supply Fee \$3)

Instructor: Suzanne Starks

Fall

18150-A	W	9:30-10:00AM	8WKS	8/31	\$18
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18150-B	TH	9:30-10:00AM	8WKS	9/1	\$18
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Holiday

19150-A	W	9:30-10:00AM	5WKS	11/9	\$12
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19150-B	TH	9:30-10:00AM	5WKS	11/10	\$12
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NEW! Scrapbooking Basics (4-8 years)

We will work on the basics of scrapbooking and also create some fun crafts. (Supply Fee \$10)

Instructor: Shanell Jupiter

Fall

18440-A	S	2:30-3:30PM	8WKS	9/3	\$25
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Holiday

19440-A	S	2:30-3:30PM	5WKS	11/12	\$15
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All Kinds of Arts & Crafts (4-8 years)

Are you ready to roll up your sleeves and create? We will craft a new project each week and learn about all types of arts and crafts! (Supply Fall Fee \$10 and Holiday Fee \$6)

Instructor: Suzanne Starks

Fall

18987-A	W	9:45-10:35AM	8WKS	8/31	\$22
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18987-B	TH	10:45-11:30AM	8WKS	9/1	\$22
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Holiday

19987-A	W	9:45-10:35AM	5WKS	11/9	\$15
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19987-B	TH	10:45-11:30AM	5WKS	11/10	\$15
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NEW! Fitness Fun (4-12 years)

Fun exercises and games with friends will help keep your body feeling good and healthy! (Tennis shoes are required. Girls will need to wear shorts under dresses or skirts.)

Instructor: Suzanne Starks

Fall

(4-9 years)

18999-A	W	10:00-10:30AM	8WKS	8/31	\$18
18999-B	TH	10:00-10:30AM	8WKS	9/1	\$18

(6-12 years)

28999-A	W	4:00-4:30PM	8WKS	8/31	\$18
28999-B	W	4:30-5:00PM	8WKS	8/31	\$18
28999-C	TH	4:30-5:00PM	8WKS	9/1	\$18

Holiday

(4-9 years)

19999-A	W	10:00-10:30AM	5WKS	11/9	\$12
19999-B	TH	10:00-10:30AM	5WKS	11/10	\$12

(6-12 years)

29999-A	W	4:00-4:30PM	5WKS	11/9	\$12
29999-B	W	4:30-5:00PM	5WKS	11/9	\$12
29999-C	TH	4:30-5:00PM	5WKS	11/10	\$12

Passport to the World (5-9 years)

Grab your backpack and passport as we "travel" around the world to new and exciting places as well visiting some old favorites. We'll learn about cultures and people of other lands and famous natural and man-made landmarks and collect some neat "souvenirs" along the way! (Supply Fall Fee \$10 and Holiday Fee \$6)

Instructor: Suzanne Starks

Fall

18130-A	W	11:30-12:15PM	8WKS	8/31	\$22
18130-B	TH	11:30-12:15PM	8WKS	9/1	\$22

Holiday

19130-A	W	11:30-12:15PM	5WKS	11/9	\$15
19130-B	TH	11:30-12:15PM	5WKS	11/10	\$15

Little Tyke Basketball (4-6 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Staci Castillo

Fall

18500-A	F	10:00-10:30AM	8WKS	9/2	\$22
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Holiday

19500-A	F	10:30-11:00AM	5WKS	11/11	\$12
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Little Tyke Soccer (4-6 years)

GGGOOOAAALLL! You will get your feet running and learn the basics of the world's most popular sport. (Athletic shoes required)

Fall

Instructor: Staci Castillo

(4-6 years)

18600-A	F	9:30-10:00AM	8WKS	9/2	\$22
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Instructor: Kourtnee Castillo

(4-6 years)

18600-B	W	5:30-6:00PM	8WKS	8/31	\$22
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Holiday

Instructor: Staci Castillo

(3-4 years)

19600-A	F	9:30-10:00AM	5WKS	11/11	\$12
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(4-6 years)

19600-A	F	10:00-10:30AM	5WKS	11/11	\$12
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Instructor: Kourtnee Castillo

(4-6 years)

19600-B	W	5:30-6:00PM	5WKS	11/9	\$12
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Pre-K Kids (4-5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music, and play time, they will learn the alphabet, numbers, and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (Supply Fee \$10)

Instructor: Margaret Angel (Certified School Teacher)

Fall

18050-A	MW	10:30-2:00PM	8WKS	8/29	\$98
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18050-B	TTH	10:30-2:00PM	8WKS	8/30	\$98
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Holiday

19050-A	MW	10:30-2:00PM	5WKS	11/7	\$61
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19050-B	TTH	10:30-2:00PM	5WKS	11/8	\$61
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Kidprov (4-12 years)

Calling all Elementary students!! Here's a great class to show your creative talents! We will learn about improv-style acting using imaginary, real props, and costumes. We will use story telling, public speaking, and teamwork to tell our story, along with brown boxes and chalk to create rotating props. Fun times await you and your creative juices!

Instructor: Sonja DeSouza

Fall

(4-7 years)

18017-A	TH	4:00-4:45PM	8WKS	9/1	\$24
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(8-12 years)

28123-A	TH	5:00-5:45PM	8WKS	9/1	\$24
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Holiday

(4-7 years)

19017-A	TH	4:00-4:45PM	5WKS	11/10	\$15
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(8-12 years)

29123-A	TH	5:00-5:45PM	5WKS	11/10	\$15
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Youth Programs

Ballet and Tap (4-6 years)

Here's a dance class that combines the two most common dance styles: ballet and tap. You will have the chance to do BOTH in this basic class. (Ballet and tap shoes required.)

Instructor: Caitlin Sonnen

Fall

28120-A	S	10:45-11:45AM	8WKS	9/3	\$26
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Holiday

29120-A	S	10:45-11:45AM	5WKS	11/12	\$16
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3-in-1 Dance Combo Class - Part I & II

(5-12 years)

Are you looking for a class that has it all? You will get a taste of ballet, tap, and jazz all in the same class! (Ballet, tap, and jazz shoes required.)

Instructor: LaTisha Clay

Fall**Part I: (5-10 years)**

28300-A	T	4:00-5:15PM	8WKS	8/30	\$28
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Part II: (7-12 years)

28300-B	W	4:45-6:00PM	8WKS	8/31	\$28
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Holiday**Part I: (5-10 years)**

29300-A	T	4:00-5:15PM	5WKS	11/8	\$18
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Part II: (7-12 years)

29300-B	W	4:45-6:00PM	5WKS	11/9	\$18
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Hip-Hop Dance - Part I & II (5-12 years)

In this class you will learn the basics of hip-hop dancing. We will also work on technique, phrasing, timing, and other foundational dance concepts. (Sneakers required)

Instructor: LaTisha Clay

Fall**Part I: (5-10 years)**

28070-A	W	4:00-4:45PM	8WKS	8/31	\$24
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Part II: (7-12 years)

28070-B	M	4:15-5:00PM	8WKS	8/29	\$24
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Holiday**Part I: (5-10 years)**

29070-A	W	4:00-4:45PM	5WKS	11/9	\$18
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Part II: (7-12 years)

29070-B	M	4:15-5:00PM	5WKS	11/7	\$18
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Please Remember

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

Show Me Some Science (5-10 years)

Insects, weather, animals, water... science is all around us! Explore, experiment, and examine things more closely to see how our world works. (Supply Fall Fee \$10 and Holiday Fee \$6)

Instructor: Suzanne Starks

Fall

28222-A	W	12:15-1:00PM	8WKS	8/31	\$22
28222-B	TH	12:15-1:00PM	8WKS	9/1	\$22
28222-C	TH	5:10-6:00PM	8WKS	9/1	\$22

Holiday

29222-A	W	12:15-1:00PM	5WKS	11/9	\$15
29222-B	TH	12:15-1:00PM	5WKS	11/10	\$15
29222-C	TH	5:10-6:00PM	5WKS	11/10	\$15

Basketball Fundamentals

(5-10 years)

Do you want to learn proper basketball techniques? We will work on the fundamentals of basketball such as: proper techniques for passing, dribbling, and shooting the basketball. We will also work on techniques for playing defense and basic rules.

Instructor: Drew Briggs

Fall

(5-7 years)

28101-A	M	4:00-4:50PM	8WKS	8/29	\$40
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(8-10 years)

28101-B	M	5:00-5:50PM	8WKS	8/29	\$40
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Holiday

(5-7 years)

29101-A	M	4:00-4:50PM	5WKS	11/7	\$25
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(8-10 years)

29101-B	M	5:00-5:50PM	5WKS	11/7	\$25
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Kindergarten Computers (5-6 years)

Let's jump on the computer and have some fun! This class will build familiarity with use of the computer while enforcing and building Kindergarten skills. We will be using the "Jump Start Kindergarten" software.

Instructor: Vickie McMeans

Fall

28112-A	TH	9:30-10:00AM	8WKS	9/1	\$24
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Holiday

29112-A	TH	9:30-10:00AM	5WKS	11/10	\$15
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Sewing Club (7-12 years)

Get those creative juices flowing! We will learn basic sewing techniques by hand and by machines. We will also learn how to select and sew by using a pattern. (Supply Fee \$25 and includes all supplies except for scissors.)

Instructor: Dottie Nicholson

Fall

28420-A	T	4:00-5:00PM	8WKS	8/30	\$24
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Holiday

29420-A	T	4:00-5:00PM	5WKS	11/8	\$15
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Yes, I Can Draw (6-12 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

28170-A	T	4:30-5:20PM	8WKS	8/30	\$24
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Holiday

29170-A	T	4:30-5:20PM	5WKS	11/8	\$15
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Water Coloring (6-12 years)

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

28090-A	M	5:30-6:20PM	8WKS	8/29	\$24
Holiday					
29090-A	M	5:30-6:20PM	5WKS	11/7	\$15

Healthy Creative Chefs (6-12 years)

Calling all hungry kids to the kitchen for some fun! Come learn how to create a healthy lunch, dinner, and breakfast. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

28060-A	W	11:30-12:20PM	8WKS	8/31	\$24
Holiday					
29060-A	W	11:30-12:20PM	5WKS	11/9	\$15

Guitar - Beginner and Advanced Beginner (7-11 years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar. Fee includes textbook.

Instructor: Dallas Kaemmerling

Fall

Beginner

28020-A	TH	5:00-5:45PM	8WKS	9/1	\$44
Advanced Beginner					
28020-B	TH	6:00-6:45PM	8WKS	9/1	\$44
Holiday					
29020-A	TH	5:00-5:45PM	5WKS	11/10	\$28
Advanced Beginner					
29020-B	TH	6:00-6:45PM	5WKS	11/10	\$28

Beginner Violin (9-12 years)

This class will introduce you to your violin. You will learn to read and play basic music in a group setting. (Students must provide their own violin.)

Instructor: Amanda Flores

Fall

28050-A	M	6:00-6:45PM	8WKS	8/29	\$60
28050-B	S	10:00-10:45AM	8WKS	9/3	\$60
Holiday					
29050-A	M	6:00-6:45PM	5WKS	11/7	\$38
29050-B	S	10:00-10:45AM	5WKS	11/12	\$38

Homeschool Art (6-12 years)

Art is all around us. You will learn about different kinds of art, including painting, drawing, and sculpting. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Fall

28040-A	W	12:30-1:30PM	8WKS	8/31	\$24
Holiday					
29040-A	W	12:30-1:30PM	5WKS	11/9	\$15

Soccer Skills (8-12 years)

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills. (Athletic shoes required.)

Instructor: Kourtnee Castillo

Fall

28500-A	W	6:00-6:30PM	8WKS	8/31	\$22
Holiday					
29500-A	W	6:00-6:30PM	5WKS	11/9	\$14

Basketball Basics (7-12 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started. (Athletic shoes required.)

Instructor: Kourtnee Castillo

Fall

28030-A	W	6:30-7:00PM	8WKS	8/31	\$22
Holiday					
29030-A	W	6:30-7:00PM	5WKS	11/9	\$14

Girls Volleyball Beginners Basics (8-12 years)

Do you have an interest in playing volleyball? We will learn the basics to get you started. (Tennis shoes required.)

Instructor: Kourtnee Castillo

Fall

28035-A	W	7:15-8:00PM	8WKS	8/31	\$24
Instructor: Shanell Jupiter					
28035-B	S	10:30-11:00AM	8WKS	9/2	\$22
Holiday					
29035-A	W	7:15-8:00PM	5WKS	11/9	\$15
Instructor: Shanell Jupiter					
29035-B	S	10:30-11:00AM	5WKS	11/12	\$14

Tae Kwon Do and Jujutsu for Kids (6-12 years)

This class will teach basic and advanced Tae Kwon Do techniques as well as self defense techniques of escapes, take downs and disabling from jujutsu.

Instructor: Paul Kearney (3rd degree black belt in Tae Kwon Do, 1st degree black belt in Judo and Aikijujutsu, and a blue belt in Brazilian Jujitsu.)

September

28200-A	TH	6:00-7:00PM	4WKS	9/1	\$40
October					
28200-B	TH	6:00-7:00PM	4WKS	10/6	\$40
November					
28200-C	TH	6:00-7:00PM	4WKS	11/3	\$40
December					
28200-D	TH	6:00-7:00PM	4WKS	12/1	\$40

ITF - Tae Kwon Do (5+ years)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self esteem, and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Fall

(White Belts)

28700-A	S	9:05-10:05AM	8WKS	9/3	\$56
(Color Belts)					
28700-B	S	10:10-11:10AM	8WKS	9/3	\$56
Holiday					
(White Belts)					
29700-A	S	9:05-10:05AM	5WKS	11/12	\$35
(Color Belts)					
29700-B	S	10:10-11:10AM	5WKS	11/12	\$35

Tri-Cities Promenadors:

Did you know that the Tri-Cities Promenadors offer Square Dance lessons at the Brookside Center on Tuesday nights from 7:30-9:30 p.m.?

Drop by and give it a try!

Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 9-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an on-going monthly class. No new students after the first class.

Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)

September

28900-A	M	6:00-7:00 PM	4WKS	9/12	\$35
	S	9:05-10:05AM			

October

28900-B	M	6:00-7:00 PM	4WKS	10/3	\$35
	S	9:05-10:05AM			

November

28900-C	M	6:00-7:00 PM	4WKS	10/3	\$35
	S	9:05-10:05AM			

December

28900-D	M	6:00-7:00 PM	4WKS	12/5	\$35
	S	9:05-10:05AM			

Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Fall**Beginner: (8-15 years)**

28111-A	M	6:00-8:00PM	8WKS	8/29	\$34
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Beginner: (5-7 years)

28111-B	MW	4:00-5:00PM	8WKS	8/29	\$34
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Advanced: (8-15 years)

28111-C	MW	5:00-6:00PM	8WKS	8/29	\$34
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Holiday**Beginner: (8-15 years)**

29111-A	M	6:00-8:00PM	5WKS	11/7	\$21
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Beginner: (5-7 years)

29111-B	MW	4:00-5:00PM	5WKS	11/7	\$21
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Advanced: (8-15 years)

29111-C	MW	5:00-6:00PM	5WKS	11/7	\$21
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One Time Classes

NEW! Fall Costume Party (4-10 years)

Let's get dressed up in your favorite costume (optional) and celebrate Fall with a little Halloween fun! There will be lots of activities including games, prizes, crafts, and a creepy snack

Instructor: Suzanne Starks

28600-A	T	10:00-11:30AM	1WK	10/18	\$15
28600-B	T	12:30-2:00PM	1WK	10/18	\$15
28600-C	T	4:30-6:00PM	1WK	10/18	\$15

NEW! Winter Festival (4-10 years)

Looking for something fun to do? Come in from the cold and celebrate the holiday season with games, prizes, crafts, and snacks. Fun for the kids while mom and dad get a little extra shopping time!

Instructor: Suzanne Starks

29876-A	T	9:30-11:30AM	1WK	12/6	\$15
29876-B	T	Noon-2:00PM	1WK	12/6	\$15
29876-C	T	4:30-6:30PM	1WK	12/6	\$15

NEW! Recycled Couture Gift Making Class (4-10 years)

Is the heat outside making you wish it was Christmas time? We'll escape the heat for an hour and create Christmas ornaments you can put on the tree in December.

Instructor: Sonja DeSouza

29333-A	TH	4:00-5:30PM	1WK	12/8	\$10
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Candy Workshop (3-12 years)

Let's get ready for the holidays and make some wonderful candy treats! (Supply fee \$15)

Instructor: Mary Cassidy

(3-6 years)

19333-A	S	10:00-Noon	1WK	12/10	\$15
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(7-12 years)

19333-B	S	1:00-3:30PM	1WK	12/10	\$17
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Gymnastics Programs

Parent/Tot Tumbling (16-36 mos)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination. **One child per parent.**

Fall

Instructor: Tammy Slovensky

38040-A	M	9:30-10:00AM	8WKS	8/29	\$22
38040-B	M	11:30-Noon	8WKS	8/29	\$22
38040-C	T	9:30-10:00AM	8WKS	8/30	\$22
38040-D	W	9:30-10:00AM	8WKS	8/31	\$22
38040-E	TH	9:30-10:00AM	8WKS	9/1	\$22
38040-F	TH	11:30-Noon	8WKS	9/1	\$22

Instructor: Miranda Slovensky

38040-G	T	5:00-5:30PM	8WKS	8/30	\$22
38040-H	W	5:30-6:00PM	8WKS	8/31	\$22

Holiday

Instructor: Tammy Slovensky

39040-A	M	9:30-10:00AM	5WKS	11/7	\$14
39040-B	M	11:30-Noon	5WKS	11/7	\$14
39040-C	T	9:30-10:00AM	5WKS	11/8	\$14
39040-D	W	9:30-10:00AM	5WKS	11/9	\$14
39040-E	TH	9:30-10:00AM	5WKS	11/10	\$14
39040-F	TH	11:30-Noon	5WKS	11/10	\$14

Instructor: Miranda Slovensky

39040-G	T	5:00-5:30PM	5WKS	11/8	\$14
39040-H	W	5:30-6:00PM	5WKS	11/9	\$14

Tiny Tikes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Fall**Instructor: Tammy Slovinsky**

38030-A	M	10:00-10:30AM	8WKS	8/29	\$22
38030-B	T	10:00-10:30AM	8WKS	8/30	\$22
38030-C	W	10:00-10:30AM	8WKS	8/31	\$22
38030-D	TH	10:00-10:30AM	8WKS	9/1	\$22

Instructor: Kathryn Cassidy

38030-E	T	9:00-9:30AM	8WKS	8/30	\$22
38030-F	TH	9:00-9:30AM	8WKS	9/1	\$22

Holiday**Instructor: Tammy Slovinsky**

39030-A	M	10:00-10:30AM	5WKS	11/7	\$14
39030-B	T	10:00-10:30AM	5WKS	11/8	\$14
39030-C	W	10:00-10:30AM	5WKS	11/9	\$14
39030-D	TH	10:00-10:30AM	5WKS	11/10	\$14

Instructor: Kathryn Cassidy

39030-E	T	9:00-9:30AM	5WKS	11/8	\$14
39030-F	TH	9:00-9:30AM	5WKS	11/10	\$14

Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Fall**Instructor: Tammy Slovinsky**

38011-A	M	10:30-11:00AM	8WKS	8/29	\$22
38011-B	T	10:30-11:00AM	8WKS	8/30	\$22
38011-C	W	10:30-11:00AM	8WKS	8/31	\$22
38011-D	TH	10:30-11:00AM	8WKS	9/1	\$22

Instructor: Kathryn Cassidy

38011-E	T	9:30-10:00AM	8WKS	8/30	\$22
38011-F	W	3:00-3:30PM	8WKS	8/31	\$22
38011-G	TH	9:30-10:00AM	8WKS	9/1	\$22

Holiday**Instructor: Tammy Slovinsky**

39011-A	M	10:30-11:00AM	5WKS	11/7	\$14
39011-B	T	10:30-11:00AM	5WKS	11/8	\$14
39011-C	W	10:30-11:00AM	5WKS	11/9	\$14
39011-D	TH	10:30-11:00AM	5WKS	11/10	\$14

Instructor: Kathryn Cassidy

39011-E	T	9:30-10:00AM	5WKS	11/8	\$14
39011-F	W	3:00-3:30PM	5WKS	11/9	\$14
39011-G	TH	9:30-10:00AM	5WKS	11/10	\$14

Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Fall**Instructor: Tammy Slovinsky**

38022-A	M	11:00-11:30AM	8WKS	8/29	\$22
38022-B	T	11:00-11:30AM	8WKS	8/30	\$22
38022-C	W	11:00-11:30AM	8WKS	8/31	\$22
38022-D	TH	11:00-11:30AM	8WKS	9/1	\$22

Instructor: Miranda Slovinsky

38022-E	T	5:30-6:00PM	8WKS	8/30	\$22
38022-F	W	5:00-5:30PM	8WKS	8/31	\$22

Instructor: Kathryn Cassidy

38022-G	T	10:00-10:30AM	8WKS	8/30	\$22
38022-H	W	3:30-4:00PM	8WKS	8/31	\$22
38022-I	TH	10:00-10:30AM	8WKS	9/1	\$22

Holiday**Instructor: Tammy Slovinsky**

39022-A	M	11:00-11:30AM	5WKS	11/7	\$14
39022-B	T	11:00-11:30AM	5WKS	11/8	\$14
39022-C	W	11:00-11:30AM	5WKS	11/9	\$14
39022-D	TH	11:00-11:30AM	5WKS	11/10	\$14

Instructor: Miranda Slovinsky

39022-E	T	5:30-6:00PM	5WKS	11/8	\$14
39022-F	W	5:00-5:30PM	5WKS	11/9	\$14

Instructor: Kathryn Cassidy

39022-G	T	10:00-10:30AM	5WKS	11/8	\$14
39022-H	W	3:30-4:00PM	5WKS	11/9	\$14
39022-I	TH	10:00-10:30AM	5WKS	11/10	\$14

Tumbling Tots III (4-6 years)

This class is designed for tumblers who have already taken Tumbling Tots I and Tumbling Tots II. Your child must be able to do a forward roll and a cartwheel.

Fall**Instructor: Miranda Slovinsky**

38033-A	T	6:00-6:30PM	8WKS	8/30	\$22
38033-B	W	6:00-6:30PM	8WKS	8/31	\$22
38033-C	T	10:30-11:00AM	8WKS	8/30	\$22
38033-D	W	4:00-4:30PM	8WKS	8/31	\$22
38033-E	TH	10:30-11:00AM	8WKS	9/1	\$22

Holiday**Instructor: Miranda Slovinsky**

39033-A	T	6:00-6:30PM	5WKS	11/8	\$14
39033-B	W	6:00-6:30PM	5WKS	11/9	\$14
39033-C	T	10:30-11:00AM	5WKS	11/8	\$14
39033-D	W	4:00-4:30PM	5WKS	11/9	\$14
39033-E	TH	10:30-11:00AM	5WKS	11/10	\$14

Instructor: Kathryn Cassidy**NEW! Homeschool Beginner Gymnastics****(6-11 years)**

We will learn all of the typical skills learned in the Beginner Gymnastics, but is offered during the day to better suit your home school schedule. (Supply Fee \$10)

Instructor: Kathryn Cassidy**Fall**

38062-A	T	11:00-Noon	8WKS	8/30	\$22
39062-A	T	11:00-Noon	5WKS	11/8	\$14

Beginner Gymnastics (5-11 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars, and vault.

Fall**Instructor: Tana Eden**

38051-A	M	4:00-5:00PM	8WKS	8/29	\$26
38051-B	M	5:00-6:00PM	8WKS	8/29	\$26
38051-C	T	4:00-5:00PM	8WKS	8/30	\$26
38051-D	T	5:00-6:00PM	8WKS	8/30	\$26
38051-E	W	4:00-5:00PM	8WKS	8/31	\$26
38051-F	W	5:00-6:00PM	8WKS	8/31	\$26
38051-G	TH	4:00-5:00PM	8WKS	9/1	\$26
38051-H	TH	5:00-6:00PM	8WKS	9/1	\$26

Instructor: Kathryn Cassidy

38051-I	W	4:30-5:30PM	8WKS	8/31	\$26
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Holiday**Instructor: Tana Eden**

39051-A	M	4:00-5:00PM	5WKS	11/7	\$16
39051-B	M	5:00-6:00PM	5WKS	11/7	\$16
39051-C	T	4:00-5:00PM	5WKS	11/8	\$16
39051-D	T	5:00-6:00PM	5WKS	11/8	\$16
39051-E	W	4:00-5:00PM	5WKS	11/9	\$16
39051-F	W	5:00-6:00PM	5WKS	11/9	\$16
39051-G	TH	4:00-5:00PM	5WKS	11/10	\$16
39051-H	TH	5:00-6:00PM	5WKS	11/10	\$16

Instructor: Kathryn Cassidy

39051-I	W	4:30-5:30PM	5WKS	11/9	\$16
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Help Us Help You!

Please enroll early!
Help us keep your favorite classes around by enrolling early. There is a point when classes must be cancelled due to low enrollment. Help us prevent course cancellations by registering early.



Photo by Devin Horton

Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

Instructors: William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructors: William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. A one-hour session is \$55 or a series of 3 sessions is \$130. All evaluations are done by appointment.

Instructor: Esther White (MS, RD, CSSD, LD)

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for the 4 sessions. All evaluations are done by appointment.

Instructors: Esther White (MS, RD, CSSD, LD); William Reed (Certified Personal Trainer) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Fall

48010-A	MWThF	8:30-9:15AM	8WKS	8/29	\$28
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Holiday

49010-A	MWThF	8:30-9:15AM	5WKS	11/7	\$18
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Mix It Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of fun cardio and strength work to keep it fun, interesting, and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

Instructor: Behka Hartmann (Certified Fitness Instructor)

Fall

48040-A	MWF	9:15-10:15AM	8WKS	8/29	\$40
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Holiday

49040-A	MWF	9:15-10:15AM	5WKS	11/7	\$25
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Cardio Dance Party

There's no better way to get in shape than doing something you enjoy and that is fun! Come dance the night away with great dance formats including ZUMBA, ZUMBA TONING, BHANGRA, BOLLYWOOD, RIGGATON, and MUCH, MUCH MORE. This class is sure to help tone and tighten – and help you lose those unwanted pounds with a great big smile on your face. Come on, let's party!

Instructor: Behka Hartmann (Certified Fitness Instructor)

Fall

48065-A MW 6:05-7:00PM 8WKS 8/29 \$40

Holiday

49065-A MW 6:05-7:00PM 5WKS 11/7 \$25

Active Independents

Attention Seniors! Are you looking for an exercise class scaled to your fitness level? This class is an all inclusive functional fitness with focus on the 10 points of fitness.

Instructor: William Reed (Certified Fitness Instructor)

September

48333-A MW 10:30-11:30AM 4WKS 9/7 \$25

October

48333-B MW 10:30-11:30AM 4WKS 10/3 \$25

November

48333-C MW 10:30-11:30AM 4WKS 11/2 \$25

December

48333-D MW 10:30-11:30AM 4WKS 12/5 \$25

Camp HRC

Do you have high blood pressure, Type II Diabetes (adult onset), low back pain (non-traumatic), feel sluggish, and just physically unconditioned? It's time to get in shape! Exercise can prevent, treat, and cure diseases associated with poor diet and sedentary lifestyle. Exercise to increase metabolism, bone density, improve body composition, increase energy levels, and more.

Instructor: Bilal Konte (B.S. Kinesiology/Master of Fitness Specialist)

September

48998-A MW 7:10-8:10 PM 4WKS 9/7 \$25

October

48998-B MW 7:10-8:10 PM 4WKS 10/3 \$25

November

48998-C MW 7:10-8:10 PM 4WKS 11/2 \$25

December

48998-D MW 7:10-8:10 PM 4WKS 12/5 \$25

Bootcamp

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training, and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Fitness Instructor)

Fall

48420-A MW 6:35-7:30AM 8WKS 8/29 \$40

Holiday

49420-A MW 6:35-7:30AM 5WKS 11/7 \$25

Extreme Fitness

This high intensity, total body workout uses functional every day movements to get you exercising. The workout and movements will be scaled to meet your personal fitness level and ability.

Instructor: William Reed (Certified Fitness Instructor, Certified Crossfit Instructor)

September

48005-A TTH 6:00-6:55PM 4WKS 9/1 \$25

October

48005-B TTH 6:00-6:55PM 4WKS 10/4 \$25

November

48005-C TTH 6:00-6:55PM 4WKS 11/1 \$25

December

48005-D TTH 6:00-6:55PM 4WKS 12/1 \$25

Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

Instructor: Esther White (MS, RD, CSSD, LD)

Fall

48015-A TTH 6:35-7:25AM 8WKS 8/30 \$36

Holiday

49015-A TTH 6:35-7:25AM 5WKS 11/8 \$22

Cycle and Core

A challenging combo class of cycling and strength to give you that total body workout to burn fat and calories! Bring water, a towel, bike shorts or a padded seat cover, and determination!

Instructor: Esther White (MS, RD, CSSD, LD)

Fall

48300-A T 5:15-6:35PM 8WKS 8/30 \$30

48300-B T 6:00-7:00PM 8WKS 8/30 \$28

Holiday

49300-A T 5:15-6:35PM 5WKS 11/8 \$19

49300-B T 6:00-7:00PM 5WKS 11/8 \$18

Spin & Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

Instructor: Angela Pond (Certified Personal Trainer)

Fall

48444-A TH 5:30-6:15PM 8WKS 9/1 \$28

Holiday

49444-A TH 5:30-6:15PM 5WKS 11/10 \$19

Flow & Strength

Come challenge yourself to grow in flexibility, strength, and calmness using yoga and pilates influenced movement to improve your health.

Instructor: Esther White (MS, RD, CSSD, LD)

Fall

48060-A M 5:10-6:00PM 8WKS 8/29 \$30

Holiday

49060-A M 5:10-6:00PM 5WKS 11/7 \$19

Hurst Hustlers Running Club

Come join runners, joggers, and walkers of all levels for a challenging workout using hills, speed work, distance, and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

Instructor: Esther White (MS, RD, CSSD, LD)

Fall

48001-A M 6:00-7:00PM 8WKS 8/29 \$30

Holiday

49001-A M 6:00-7:00PM 5WKS 11/7 \$19

Hatha Yoga I & II

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance, and tone your body. Discover the technique of breath control, centering and meditation. (Eat nothing 2 hours prior to class and bring a lap blanket.)

Fall

Hatha Yoga I:

Instructor: Jessica Copeland

48100-A T 9:15-10:15AM 8WKS 8/30 \$32

Instructor: Behka Hartmann

48100-B F 10:15-11:15AM 8WKS 9/2 \$32

Hatha Yoga II:

Instructor: Jessica Copeland

48100-C M 10:30-11:15AM 8WKS 8/29 \$32

Holiday

Hatha Yoga I:

Instructor: Jessica Copeland

49100-A T 9:15-10:15AM 5WKS 11/8 \$20

Instructor: Behka Hartmann

49100-B F 10:15-11:15AM 5WKS 11/11 \$20

Hatha Yoga II:

Instructor: Jessica Copeland

49100-C M 10:30-11:15AM 5WKS 11/7 \$20

Scaravelli Yoga

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax. Please bring a blanket to class.

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

Fall

48100-D	W	8:15-9:15PM	8WKS	8/31	\$32
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Holiday

49100-D	W	8:15-9:15PM	5WKS	11/9	\$20
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Scaravelli Yoga - Intermediate

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses. Please bring a yoga mat and a blanket to class.

Instructor: Julie Vela (Certified and registered with Yoga Alliance)

Fall

48100-E	W	7:00-8:00PM	8WKS	8/31	\$32
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Holiday

49100-E	W	7:00-8:00PM	5WKS	11/9	\$20
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ITF – Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Fall

(White Belts)

28700-A	S	9:05-10:05AM	8WKS	9/3	\$56
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(Color Belts)

28700-B	S	10:10-11:10AM	8WKS	9/3	\$56
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Holiday

(White Belts)

29700-A	S	9:05-10:05AM	5WKS	11/12	\$35
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(Color Belts)

29700-B	S	10:10-11:10AM	5WKS	11/12	\$35
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Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance, and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

September

48070-A	TH	7:00-8:30PM	4WKS	9/1	\$37
	S	9:05-11:00AM			

October

48070-B	TH	7:00-8:30PM	4WKS	10/6	\$37
	S	9:05-11:00AM			

November

48070-C	TH	7:00-8:30PM	4WKS	11/3	\$37
	S	9:05-11:00AM			

December

48070-D	TH	7:00-8:30PM	4WKS	12/1	\$37
	S	9:05-11:00AM			

Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class. No new students after the first class.

Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)

September

48800-A	M	7:00-8:30PM	4WKS	9/7	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

October

48800-B	M	7:00-8:30PM	4WKS	10/3	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

November

48800-C	M	7:00-8:30PM	4WKS	11/7	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

December

48800-D	M	7:00-8:30PM	4WKS	12/5	\$35
	W	7:00-8:30PM			
	S	10:05-11:30AM			

Clowning for Fun and Profit

Do you like clowning around? From make-up to making money, we will learn all aspects of clowning. We will have fun and learn magic, juggling, puppets, comedy, and much more.

Instructor: Andy Anderson

Fall

48190-A	W	6:30-8:30PM	8WKS	8/31	\$32
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Brush and Palette

Express your talent through the art of oil painting! Basic strokes, color mixing, and application will be covered. (Supply list)

Instructor: Elaine Roosz

Fall

48110-A	T	6:30-9:00PM	8WKS	8/30	\$50
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Holiday

49110-A	T	6:30-9:00PM	5WKS	11/8	\$31
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Rag Quilting

Through rag quilting, you can create your own beautiful quilt without quilting! Rag quilts are soft, cuddly, and very simple to complete. We will use simple cutting and sewing to create your own quilt! (Supply List)

Instructor: Vickie McMeans

Fall

48556-A	TH	1:00-3:30PM	8WKS	9/1	\$30
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Holiday

49556-A	TH	1:00-3:30PM	5WKS	11/10	\$19
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Recycled Couture

Looking for ways to recycle your water bottles, old t-shirts, and other items around the house? We will use old items and re-fashion them into new shirts, necklaces, bags, and bracelets in an effort to recycle. Beginner level sewing knowledge a plus, but not required. (Supply Fee \$10.)

Instructor: Sonja DeSouza

Fall

48085-A TH 6:00-7:15PM 4WKS 9/1 \$25

Holiday

49085-A TH 6:00-7:15PM 4WKS 11/10 \$25

NEW! Recycled Couture Gift Making Class

Create recycled gifts that your friends and family will love! Necklaces, wallets, shirts, bags, and many other make and take projects to choose from that will go home wrapped and ready to place under the Christmas tree! (Supply Fee \$10.)

Instructor: Sonja DeSouza

49090-A TH 6:00-7:30PM 1WK 12/8 \$10

Guitar - Beginner and Advanced Beginner

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (Supply fee for book is \$8. Nylon strings preferred.)

Instructor: Dallas Kaemmerling

Fall

Beginner

48888-A TH 7:00-8:00PM 8WKS 9/1 \$44

Advanced Beginner

48888-B TH 8:15-9:15PM 8WKS 9/1 \$44

Holiday

Beginner

49888-A TH 7:00-8:00PM 5WKS 11/10 \$28

Advanced Beginner

49888-B TH 8:15-9:15PM 5WKS 11/10 \$28

Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Brandy Bollin

Fall

48200-A T 7:00-8:00PM 8WKS 8/30 \$56

Holiday

49200-A T 7:00-8:00PM 5WKS 11/8 \$35

Improv Dance Drills

Take your new found belly dance skills and ramp it up a notch or two. We will cover more complex drills and improv combinations, building on what you learned in the Basics class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dances.

Instructor: Brandy Bollin

Fall

48224-A T 8:00-9:00PM 8WKS 8/30 \$56

Holiday

49224-A T 8:00-9:00PM 5WKS 11/8 \$35

Take it to the Stage: Advanced Belly Dance

Now that you have perfected your dance skills, you are ready to create a performance. This class will focus on taking your move vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword, and zills. INSTRUCTOR APPROVAL REQUIRED.

Instructor: Brandy Bollin

Fall

48222-A T 9:00-9:45PM 8WKS 8/30 \$40

Holiday

49222-A T 9:00-9:45PM 5WKS 11/8 \$25

Tribal Evolution

This class covers the unique style of Improv Tribal Style, as taught by TE founder, Brandy Bollin. This class is a professional performance level class that will teach you to include props, musical interpretation, musician interaction, staging, and show layout. INSTRUCTOR APPROVAL REQUIRED.

Instructor: Brandy Bollin

Fall

48226-A TH 8:00-9:30PM 8WKS 9/1 \$46

Holiday

49226-A TH 8:00-9:30PM 5WKS 11/10 \$29

Adult Tap Dance - Intermediate/Advanced

Come and experience the fun of tap dancing. Regardless of if you have never tapped before or you've been tapping for years, this class has something for everyone. (Tap shoes required.)

Instructor: LaTisha Clay

Fall

48111-A TH 7:00-8:00PM 8WKS 9/1 \$30

Holiday

49111-A TH 7:00-8:00PM 5WKS 11/10 \$19

Adult Dance Combo

Come get a taste of several styles of dance in one class. As a class, we will choose one style of dance to explore in-depth, while we continue to learn more about ballet, tap, jazz, modern, and more. (Ballet and Tap shoes required.)

Instructor: LaTisha Clay

Fall

48400-A TH 8:00-9:30PM 8WKS 9/1 \$36

Holiday

49400-A TH 8:00-9:30PM 5WKS 11/10 \$22



Special Events:



Christmas Tree Lighting & Santa's Workshop

Tuesday, November 29

6:00-8:00 PM

Hurst Conference Center

Santa and Mr. Claus will be available for visits along with hands-on crafts, a toy drive and cookies. Santa's Christmas Marketplace will also be open for business along with a reindeer display and trolley ride. Face painting, music and refreshments will also be available.

FREE

For more information, call 817.788.7320.



NFL Punt, Pass & Kick Competition

Saturday, September 10

10:00 AM-12:00 PM

West Lawn, Hurst Community Park,
601 Precinct Line Road

Boys and girls ages 6-15 can test their football punt, pass and kicking skills in this event sponsored by the National Football League, Texas Amateur Athletic Federation and the City of Hurst. FREE

For more information, call 817.788.7320.

Cotton Belt Trail Dedication Event

Coming this fall!

Help us dedicate the Cotton Belt Trail in Hurst. Watch the City's website for more information www.ci.hurst.tx.us.

Campfire Stories

Friday, October 21

7:00-8:00 PM

Chisholm Park, Longhorn Pavilion, 2200 Norwood Drive
Bring the family, marshmallows for roasting, lawn chairs or blankets, and experience the magic of the campfire and storytelling for all ages. FREE

For more information, call 817.788.7320.

33rd John Butler Memorial Senior Citizens Banquet

Saturday, December 10

5:00-7:00 PM

Hurst Recreation Center

Tickets will be available for Hurst Residents on Monday, October 10. You may pick up your tickets in person at the Hurst Recreation Center, or call 817-788-7320 to have your tickets mailed to you.

There is a limit of TWO tickets per household. FREE

For more information, call 817.788.7320.

Santa's Mailbox

December 1-11

Santa wants to hear from you! Here's your chance to tell Santa your "wish list." You can write to Santa, and he will write you back!

Write your letter and drop it in one of Santa's Mailboxes from December 1-11. The mailboxes are located at the Hurst Recreation Center, Hurst Public Library, and Hurst City Hall. FREE

For more information, call 817.788.7320.

Catfish & Trout Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with 12" channel catfish. For dates and additional information check the TPWD website, Neighborhood Fishin' at www.neighborhoodfishin.org.

Recreation Division Programs

Recreation Center Fees:

Current January 1, 2010

	Hurst Residents	Non-Hurst Residents
Daily Pass	\$2.00	\$10.00
Annual Pass Youth (6 – 15 years)	\$20.00 per year	\$80.00 per year
Annual Pass Adult (16 – 64 years)	\$50.00 per year	\$200.00 per year
Annual Pass Senior (65+ years)	\$20.00 per year	\$80.00 per year
Annual Family Pass	\$125.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00

How do I know I am a Hurst resident?
Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst.

See
Page 48
 for
 registration
 information

Recreation Center Information:

700 Mary Drive: 817.788.7325

Hours of Operation:

Monday-Thursday 6:30 AM – 10:00 PM
 Friday 6:30 AM – 6:00 PM
 Saturday 9:00 AM – 6:00 PM
 Sunday 1:00 PM – 6:00 PM

Healthy Hurst:

Healthy Hurst Online Wellness Program Information

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness, and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst t-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst Program.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals! For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817.788-7325.



Adult Softball Fall League Registration

Returning Teams:

(Teams playing in Hurst in 2011)

Monday, August 1, 8:00 AM-5:00 PM

Tuesday, August 2, 8:00 AM-6:00 PM

Hurst Recreation Center (700 Mary Drive)

Open Registration:

Wednesday, August 3-19

Monday, Wednesday and Friday from 8:00 AM-5:00 PM

and Tuesday and Thursday from 8:00 AM-6:00 PM

Hurst Recreation Center (700 Mary Drive)

Adult Basketball League Registration

Registration:

Monday-Friday, September 19-30

Monday, Wednesday and Friday from 8:00 AM-5:00 PM

and Tuesday and Thursday from 8:00 AM-6:00 PM

Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$265 for a 7 game season (With playoffs for teams who qualify)

League Nights:

Tuesday

Entry Fee:

\$300 for a 8 game season (With no fall playoffs)

League Nights:

Monday - Friday

League Schedules:

Available August 24

League Begins:

August 29

**For more information,
call 817.788.7320.**

League Schedules:

Available October 4

League Begins:

October 11

**For more information,
call 817.788.7320.**

Youth Sports Associations:

Hurst Girls Softball League

(HGSL) 817.209.5409

www.eteamz.com/hurstgsl

hurstgirlssoftball@yahoo.com

Mid-Cities Basketball Assn.

(MCBA) 817.354.6208

www.midcitiesbasketball.org

Mid-Cities PeeWee Football

& Cheerleading Assn.

817.282.2390

www.midcitiespeeweefootball.org

Tri-Cities Baseball Assn.

(TCBA) 817.285.0200

www.tcbbaseball.com

Hurst United Soccer Assn.

(HUSA) 817.282.8680

www.hurstunitedsoccer.com

Welcome to the Hurst Tennis Center

Hurst Tennis Center

701 Mary Drive
817.788.7330

“Home of the Team Hurst
Junior Development Program”

Junior Tennis

Pee Wee Tennis

(Ages 6 & under)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games. Ages 6 and under.

Instructor: Austin Wynne, USPTA, and Staff

Times: 4:30-5:30 PM

Price: \$28 + one new, unopened can of tennis balls

Days: Thursdays

82601-A	Begins 9/1	(4 wks.)
82601-B	Begins 10/6	(4 wks.)
82601-C	Begins 11/3	(4 wks.)

Jr. Beginner Tennis

(Ages 7 & up)

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructor: Austin Wynne, USPTA, and Staff

Times: 5:00-6:30 PM

Price: \$72 + one new, unopened can of tennis balls

Days: Thursdays

82502-A	Begins 9/1	(4 wks.)
82502-B	Begins 10/6	(4 wks.)
82502-C	Begins 11/3	(4 wks.)

High School Drill Class (Ages 14 and up)

For High School players looking to improve their overall game. Singles and doubles, techniques and tactics.

Instructor: Austin Wynne, USPTA, and Staff

Times: 5:00-6:30 PM

Price: \$72 + one new, unopened can of tennis balls

Days: Thursdays

82504-A	Begins 9/1	(4 wks.)
82504-B	Begins 10/6	(4 wks.)
82504-CB	Begins 11/3	(4 wks.)

*Please remember
to bring a can
of new, unopened
tennis balls
to your first class.*

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Adult Programs

Adult Beginner/ Advanced Beginner Clinic

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new balls to first class.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 - 8:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Tuesdays

82505-A	Begins 8/30	(4 wks.)
82505-B	Begins 10/4	(4 wks.)
82505-C	Begins 11/1	(4 wks.)

Adult Intermediate Clinic

This class is for adults who want to build on existing skills. You'll practice all shots and learn techniques and tactics.

Instructor: Kelly Langdon, USPTA, and Staff

Times: 7:00 - 8:30PM

Price: \$72 + one new, unopened can of tennis balls

Days: Tuesdays

82506-A	Begins 8/30	(4 wks.)
82506-B	Begins 10/4	(4 wks.)
82506-C	Begins 11/1	(4 wks.)

4.0 Men's Open Clinic

Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA, and staff

Times: 7:00 - 8:30PM

Price: \$12

Days: Thursdays

88444-A	Begins 9/1	(weekly)
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How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Professionals:

Hurst Tennis Specialist, **Kelly Langdon**, USPTA, or Tennis Center Coordinator, **Mike Campo**, USPTA

- \$50 per hour
- \$26 per half hour
- \$180 per series of 4 lessons

Lessons with Tennis Instructors:

Sam Elliott, USPTA, **Greg Smith**, **Jason Brown**, USPTA, **Austin Wynne**, USPTA, and **Jared Combest**, USPTR.

- \$49 per hour
- \$26 per half hour
- \$180 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$80 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages & abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- USPTA-Certified Instructors Available
- USTA Adult Leagues

Fall/Winter Operating Hours:

Mon. – Thurs.	8:00 AM – 9:00 PM
Friday	8:00 AM – 6:00 PM
Saturday & Sunday	9:00 AM – 6:00 PM

Tennis Center Coordinator – Mike Campo, USPTA

Tennis Specialist – Kelly Langdon, USPTA

Tennis Attendants – Corey Doss, Blake Fisher, Eric Thuener, Charlie Crosswait and Jared Jordan

Tennis Instructors – Jason Brown, USPTA, Greg Smith, Sam Elliott, USPTA, Jared Combest, USPTR and Austin Wynne, USPTA

Please bring one can of new, unopened, tennis balls to your first day of class.

Court Fees

(90 minutes)

\$1 Hurst Residents

(with proof of Hurst residency)

\$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs.

We offer 24-hour turn around service and have three United States Racquet Stringer's Association stringers on staff.

Upcoming Tournaments

Fall Mid-Cities Junior Circuit —

TBA

Fall Adult Leagues begin

Oct. 4
must register by
September 16
cost is
\$25/person

Do you want to practice your serve or hit a few with a friend?

CALL
817.788.7320

for a court reservation.

Registration Easy-Options!

Walk-in registration beginning on Monday, August 1 at 7:00 AM, is open only to those participants who are Hurst residents. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address," are not eligible to register until August 8 at 7:00 AM. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Out of fairness to all citizens of our community, you may only register the members of your household.

Classes begin the week of August 29. (Unless otherwise indicated.)

Walk-In Class Registration Times

(after initial registration days)

Monday-Thursday	7:00 AM-9:00 PM	Saturday	9:30 AM-5:00 PM
Friday	7:00 AM-5:00 PM	Sunday	1:30 PM-5:00 PM

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begins August 1 at 7:00 AM.**

Non-Residents:

Fax (credit card payment), online (credit card payment), and walk-in (cash, check or credit card payment) **registration for Recreation Classes begin August 8 at 7:00 AM.**

Sign up to Register Online:

That's right, you can save time and register your entire family on-line! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst Water Bill, Hurst property tax statement, or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our on-line registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register on-line the day registration starts!

Confirmation:

When you register by mail-in or fax, you will receive a confirmation notice through the postal mail. You will be notified if the designated classes are not available. If the class is not available, you may select a second choice. If you register on-line, you may print a copy of your receipt.

Supply List and Fees:

Some of our classes require a supply list. These classes are noted in the brochure. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

Refund Policy:

When you sign up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Classes begin
the week of

**Aug.
29**

Parks and Recreation Board

Chairman: Alan Neace
Vice Chairman: Rod Robertson
Carol Cole
Ralph Hurd
Howard Shotwell
Hank Williams
Delbert Derrett
Pat King
Estelle Teague

Recreation Staff

Recreation Director: Chris Watson
Recreation Managers: Kim Mesa, Doug McDaniel,
Kristie Weaver
Recreation Center Supervisor: Mary Singleton
Recreation Specialist: Courtney Barnard
Senior Secretary: Paige Lutz

Park System

www.ci.hurst.tx.us



North ↑



Parks

1 ECHO HILLS PARK

500 Heneretta (7.1 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

2 HURST ATHLETIC COMPLEX

2104 Precinct Line Road (42.2 Acres)

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

3 CHISHOLM PARK

2200 Norwood (50 Acres)

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

4 SMITH-BARFIELD PARK

640 Pleasantview (6.9 Acres)

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

5 MAYFAIR PARK

1725 Norwood (14.4 Acres)

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Pet Water Fountain
- Youth Athletic Fields (Unlighted)

6 WINDMILL PARK

840 Cheryl (2 Acres)

- Historical Marker

7 VALENTINE PARK

610 Bedford Court West (4 Acres)

- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

575 Billie Ruth (4 Acres)

9 HURST COMMUNITY PARK

601 Precinct Line Road (44.9 Acres)

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

10 CENTRAL PARK

700 block of Mary Drive (17.5 Acres)

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

11 VIVAGENE COPELAND PARK

501 Pecan Drive (5.2 Acres)

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

12 JAYCEE BAKER PARK

500 Belmont (4.1 Acres)

- Playground
- Picnic Tables
- Restrooms
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

525 Redbud Drive (7.2 Acres)

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

15 BELLAIRE PARK

500 Pecan Drive (6.4 Acres)

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

16 WAN-KA-KANI PARK

748 Shadylane (4.1 Acres)

- Picnic Tables

17 RICKEL PARK

1001 Bluebonnet (29 Acres)

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- 2 Pet Water Fountains
- Playground

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call

817.788.7320



CITY OF HURST
1505 Precinct Line Road
Hurst, Texas 76054

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US POSTAGE
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PERMIT #21

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