

Where

We Live

A publication from the City of Hurst



Hurst Public

Library

Summer Programs

Fourth of July

Stars & Stripes

Responding to

Severe Weather

Summer
2008
Recreation
Class
Schedule





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for information about Hurst
Stars & Stripes

Where We Live



Welcome to the second issue of...

We hope you enjoyed the spring issue of our new quarterly magazine, and more importantly, are getting all of the information you need and want to know about the City of Hurst. This issue is packed with even more important articles that matter to you – articles about our annual Good Neighbor Days, a behind-the-scenes look at what goes on before a spring storm hits the City, new summer library programs and “go green” tips – just to name a few. In the recreation section, you’ll find even more classes and programs, including an extensive catalog of aquatic programs available this summer for you and your family.

At the Town Hall Forum, held in February, Hurst residents indicated that using a multi-faceted approach to market the City’s programs and services was important or very important. In response to this feedback, we will continue to fill this magazine with valuable news to use. The City Council also realizes that it is important that we continue our commitment to offering a wide selection of new and progressive programs, along with those long-standing. It is our hope that these programs will increase citizen participation and provide more opportunities for citizens of all ages to become involved in community activities. We are all proud to call Hurst home because it is where we work, shop and play, but most importantly it is *Where We Live*.

Mark Your Calendars

11th Annual Spring Good Neighbor Program
Free Clean Up Hurst Event

As part of our ongoing “Good Neighbor” Program, the City of Hurst is once again offering a free Clean Up Hurst opportunity, and it’s coming soon. Upcoming dates include April 19 and 26 and May 3 from 7:00 AM to 12:00 PM at the Bellaire Shopping Center located at Pipeline Road and Brown Trail.

Any Hurst citizen can participate in this free event by showing a picture I.D. and proof of residency (such as a recent water bill). If you have any questions, please call us at (817) 788-7088.

Hurst City Council

First Row: Larry Kitchens–Council Member, Henry Wilson–Council Member, Bill McLendon–Council Member, Charles Swearingen–Council Member
Second Row: Nancy Welton–Council Member, Richard Ward–Mayor, Anna Holzer–Mayor Pro Tem



Separating the Real Cops From the Fake

How to know when a real police officer pulls you over.

Most police departments, including Hurst, allow only uniformed officers driving marked cars to stop motorists.

If you question the legitimacy of an officer, ask for his or her department or state photo identification card.

Motorists alone at night should seek a well-lit and populated area before pulling over. Acknowledge to the police officer you know he is back there.

You can also call 911 and stay on the line until the officer’s identity is verified or other officers arrive.

City Staff

- Allan Weegar–City Manager
- Allan Heindel–Deputy City Manager
- Jeff Jones–Assistant City Manager
- John Brown–Fire Chief
- Rita Frick–City Secretary
- Ron Haynes–Director of Public Works
- Dale Harwell–Information Services Manager
- Mike Morgan–Development Manager
- Steve Moore–Police Chief
- Anita Thetford–Director of Finance
- Ashleigh Whiteman–Communications Manager

A good example would be sticking your hand out the window and waving, then pointing ahead as you continue to a safe place. As long as the officer knows you recognize him, he will understand if you continue. If it is not an officer, he will most likely use this opportunity to leave before you get to a populated area.



On the Cover...

Because swimming is the cornerstone of summer in Hurst, we wanted to feature one of Hurst's very own swimmers on the cover. We met up with Joey Lazo, a fourth grade student at Hurst Hills Elementary, who showed us his best strokes for the shoot. Joey has lived in Hurst for 5 years and learned how to swim at the Chisholm Aquatics Center. He plays violin and is involved in the PEAK program at school. Joey also plays for Mid-Cities basketball and is a Weeblo 1 in Cub Scout Pack 320. Joey's brother Dillon and his cousin Sean Almeida, both Hurst residents, also showed off their best swimming strokes at the shoot. Sean, featured above with Joey, is a third-grader at Hurst Hills Elementary and plays basketball and soccer with HUSA. All three boys are counting down the days until the Hurst Aquatics Center's open in May.

Police Department Focuses on Priority One and Two Calls

The Hurst Police Department has five levels of priority calls, from priority one emergencies to priority five, non-critical calls. One of the strategic goals for the Police Department is to focus on the improvement of response times of priority one and two calls to best react to the City's most immediate emergencies while being well-aware that all calls are of priority to Hurst residents and the Department alike.

In 2007, the response time to priority one calls was 5 minutes and 16 seconds. The goal is to reduce this time to 5 minutes, which is the national standard for priority one calls. Patrol officers are assigned a

"beat," which is a predetermined area of the city. When a call for service is received in the communications center, the dispatcher uses a computer-aided dispatch system to identify the officer who is within the closest proximity to the call. Every effort is made to dispatch this officer in order to avoid unnecessary travel time. Response times can be affected by a wide range of factors, most significantly the number of officers available for patrol, the number of calls to which they are responding and the number of reported crimes in a given area, or beat. The Hurst Police Department is working diligently to keep response times low and service to Hurst citizens high.

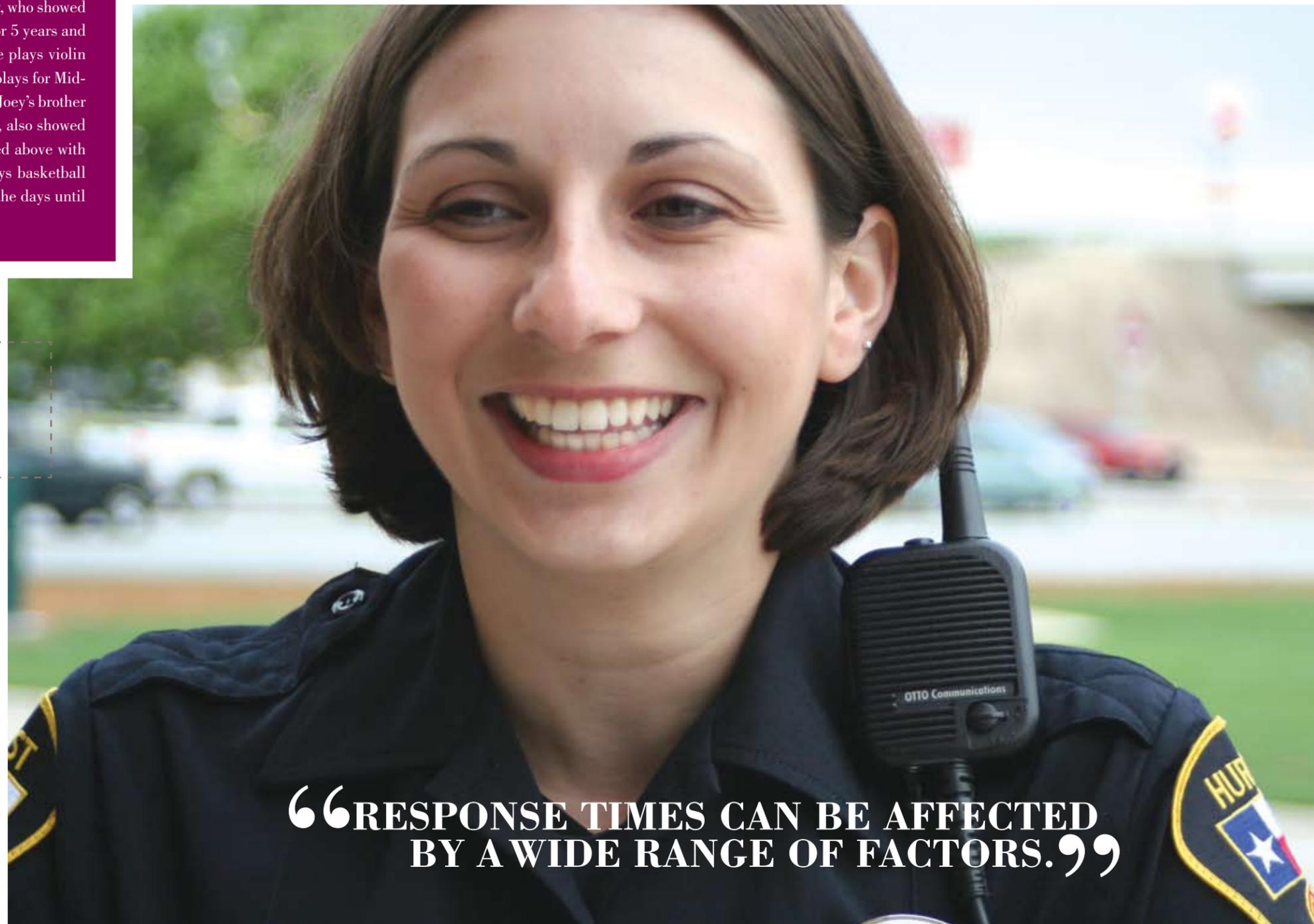
Police Department Tells of Technology Upgrade

In 2000, the Hurst Police Department initially purchased a live-scan fingerprint system allowing the department to improve its outdated, time-consuming methods of fingerprinting and identifying prisoners. The use of live-scan has helped to avoid many of the problems associated with ink prints, such as smudging, smearing and over or under inking. Another major benefit of live-scan is its processing speed. The demographic, biographic, index

data and fingerprints are computerized and transmitted electronically to the Department of Public Safety (DPS), which interfaces with the FBI, for faster processing. This system, however, reaches its end-of-life this June and will not be supported with technical maintenance or hardware.

The current live-scan system is going to be replaced with new, state-of-the-art technology

live-scan equipment. The new system's scanner has a curved surface designed to capture the full hand in a single image. This allows the scanner to capture high quality images of handprints, thus acquiring more positive IDs to solve more crimes through image integrity. The new system will also allow for quick e-filing of criminal cases with the Tarrant County District Attorney's Office.



“RESPONSE TIMES CAN BE AFFECTED BY A WIDE RANGE OF FACTORS.”

Preparing for Severe Weather:

A Behind the Scenes Look

As severe weather is forming, the City of Hurst staff is closely monitoring developments and assessing how the City may be affected. It is our goal to keep the City safe and aware without creating unnecessary panic or confusion. Here's a look at what goes on behind the scenes before a severe storm hits.

The National Weather Service and other radars are always monitored, especially during the spring storm season. Appropriate personnel are activated and utilized to monitor and coordinate emergency responses. Staff is also in communication with Hurst RACES, amateur radio operators, for any damage reports and other to-the-minute information. Hurst staff is also in constant communication with surrounding cities so that we can stay abreast of local weather conditions and/or to

request assistance. Through communication with neighboring cities, we attempt to coordinate activations of our Outdoor Warning Sirens to eliminate confusion as to which city siren is sounding. Lastly, many City departments, including Police, Public Works and Fire, communicate in advance to address potential needs and issues that may occur.

We're here to protect your safety. We welcome your comments on how we can serve you even better. Any recommendations or comments can be sent via email to emergencymanagement@ci.hurst.tx.us, or taken via telephone at (817) 788-7238.

Cracking CodeRed

So exactly what is CodeRed? The CodeRed system delivers pre-recorded emergency telephone messages to affected areas, or the entire City, at a rate of up to 30,000 calls per hour. It is best used to deliver critical information to smaller sections of the City; for example, those affected by last summer's water main break. The City of Hurst does not use this system for severe weather alerts due to the extended time required to reach all citizens. Severe weather strikes fast in Texas. Keep tabs on the weather through the local news media and/or a NOAA weather radio. To update your CodeRed information, or for more information visit the City's website.



Numbers to Know

Emergency: 911

Police Department: 817-788-7180

Public Works: 817-788-7212

Recorded information: 817-788-7001

Fire Department: 817-788-7238

Poison Control Hotline: 1-800-222-1222

Tarrant County Public Health: 817-321-4700

Battered Women Crisis Hotline: 877-701-7233

Flood Protection

We all know Texas weather is unpredictable. It comes in handy when we experience an 80 degree weekend in February, but it can be devastating when we experience extreme rainfall, winds and other natural disasters. Thousands of North Texans were dramatically affected by last summer's extreme rain, including some areas of Hurst. The City of Hurst is currently reviewing engineering designs for the affected areas and is considering which improvements need to be made so we can prevent this kind of damage from happening again in the future.

The City of Hurst participates in the National Flood Insurance Program, created in 1968 by Congress to provide homeowners flood insurance at a reasonable cost. Because the City of Hurst participates in this program, any resident can purchase flood insurance for any structure no matter its location – in a floodplain, on top of a hill, or anywhere in the City.

The City also participates in the Community Rating System Program (CRS). The City has a CRS Rating of 8, which provides a 10 percent discount on all flood insurance policies. For more information about your flood insurance policies and rates, check with your local insurance agent.

For more resources about the National Flood Insurance Program, check with the Hurst Public Works Department or visit the FEMA website at www.fema.gov.



“THIS WORK
WILL TAKE
APPROXIMATELY
18 MONTHS”

Construction Countdown

Precinct Line Construction Update

The Precinct Line Road widening project has experienced several big milestones – survey, engineering design, right-of-way purchases, and utility relocations. The final phase of this project has just begun: the culvert extensions and street widening. Texas Department of Transportation is in charge of this phase, but the City Engineering-Public Works staff is working closely with TxDOT and remains the point of contact for Hurst residents.

This work will take approximately 18 months and will include lane closures. Don't worry, your favorite businesses along Precinct Line will remain open. Their driveways will remain accessible and the city is adding more temporary signage to assist travelers looking for driveways in the construction zone. Construction is usually difficult for businesses so the city especially encourages residents to support them during this challenging period. Questions or concerns? We're happy to answer them at (817) 788-7076. If you have any questions after hours, call us at (817) 788-7212.

Hurst Goes Green

Through Water Conservation Efforts

“Going Green” is a phrase we hear a lot these days and water conservation plays a big role in reducing our environmental footprint. Water conservation, at least for now in Texas, is not about letting your lawns die; it is actually about educating consumers on how to use less water to accomplish the same results. The City of Hurst, along with the City of Fort Worth, is partnering with the Environmental Protection Agency to promote WaterSense.

Want to do something to reduce your environmental footprint? Take the WaterSense pledge to cut down on water waste! Each American uses about 100 gallons of water per day at home, considerably more than what people use in most other developed nations.

It's easy to use less water. In fact, by taking a few simple steps, you could save 30 percent of what you normally use. To get you started, here are five easy tips to save water in the kitchen, bathroom and in the yard:

1. Start simple—turn off the water while you brush your teeth or shave. That small step could save up to eight gallons per day.
2. Bring additional savings to your bathroom faucets by installing WaterSense labeled aerators. For only a few dollars each, these fixtures can drop a home's water use by more than 500 gallons annually.
3. If you have an old toilet that needs replacing, make it a WaterSense labeled model. More than 100 different models have been independently certified to use at least 20 percent less water and perform as well or better than conventional models. What's more, you could save about \$90 per year on your utility bills.
4. Make sure to wash only full loads of dishes. Eliminating one load per week can save 2,130 gallons of water annually.
5. Watering your lawn twice a week up to one inch before 10:00 AM and after 6:00 PM not only saves water, it can make your lawn healthier by allowing the roots to grow deeper. Avoid watering on windy days and adjust your sprinklers to assure the water stays on your grass, not running down the street.



Summer Reminders

Spring is here and Summer is quickly coming. That great time of the year when you can cool off at the pool, enjoy a meal on the patio or take a family vacation. But wait, before you do anything, read these essential tips to have a healthy and fun-filled time!

Get pool prepared

Exercise to gain health and confidence before you go. Now is the perfect time to get started so check out all the great options available to you throughout Hurst! Find a bathing suit that you like and feel good wearing. Even if you love the sun and the color it brings, wear and bring sun protection so you can save your skin for the years to come. Your skin and your body will thank you!

Think easy and cool

Choose your wardrobe for the Texas heat by picking fabrics that are light, bright and breathable. Choose meal ideas so you can avoid heating up the house with the oven and keep preparation time down to a minimum. It is the perfect time to eat lots of salads or grill outside. Have a cold refreshing treat when you get hot. Try freezing 100 percent juice in your ice cube trays, pop one out and enjoy! Grapes and other fruit frozen are cool dessert choices too.

Water

Make sure you drink lots of water daily. Aim for 64 or more ounces! Try to avoid bottled water because the bottles are hard on the environment. Instead, chill tap water in the fridge in a vented pitcher or re-usable bottle for great taste and refreshment. If you need some flavor, try adding a frozen lemon, lime

or orange wedge to your glass. Only water your lawn and plants early in the day or late in the evening to avoid water waste and promote plant health! Enjoy some of the

great area water parks, pools and lakes this summer to be refreshed and rejuvenated.

We hope that these tips are helpful and you have a fantastic summer in Hurst!



So easy, even the kids can make it!

Cuban Chicken Pizza

4 (8-inch) Whole Wheat flour or corn tortillas
Cooking spray
12 oz frozen corn
1/2 teaspoon ground cumin or seeds
2 cups diced cooked chicken breast
1 -15-oz can black beans, rinsed and drained
1 garlic clove, minced
2 tablespoons fresh lime juice
3/4 cup 2% Mexican cheese blend
4 teaspoons chopped fresh cilantro

Preheat oven to 350°.

Place tortillas on a baking sheet coated with cooking spray. Bake at 350° for 10 minutes or until edges are light brown. Remove from the oven; stack and press down to flatten.

Saute corn in a non-stick pan for 1 minute or until lightly charred. Stir in Cumin. Add chicken, black beans, and garlic; cook 5 minutes or until thoroughly heated. Remove from heat; stir in lime juice.

Place tortillas back on baking sheet. Spoon 3/4 cup bean mixture onto each tortilla; top each with 3 tablespoons of cheese. Bake at 350° for 2 minutes or until the cheese melts. Sprinkle each pizza with 1 teaspoon cilantro for color.

Try pairing this delicious personal sized pizza with a colorful salad, fresh fruit or some salsa and baked chips!

CALORIES 420; CARBOHYDRATE 54.3g; FAT 9.2g; PROTEIN 37.7g; CHOLESTEROL 78mg; SODIUM 460mg; FIBER 8.4g



Read All About It!

Texas Reading Jubilee

Summer Reading Club 2008

Dog Daze of Summer • May 24-July 3 *For all ages*

We are going to the dogs... or at least to one dog: Marley! We're encouraging everyone to read at least one of the Marley books by John Grogan: *Marley & Me: Life and Love with the World's Worst Dog* (for adults); *Marley: a Dog Like No Other* (for youth); and *Bad Dog, Marley!* (for young pups). For a doggone good time, join the Summer Reading Club! And remember: "Outside of a dog, a book is man's best friend. Inside of a dog it's too dark to read!" (Groucho Marx)

Dog Daze Kick-off

Saturday, May 24

10:00 a.m.-1:00 p.m.

Time to get out of the doghouse and come to the Library! No matter your age -- child, teen, or adult -- we have a club for you. Register and find out about the reading, the fun, and, of course, Marley! Then meet animals of the non-canine variety in the Country Critters Petting Barn.

Can't make it on opening day? No problem! You can sign-up later or even register online at www.hurst.lib.tx.us. Some other bones to chew on: Kids who register and participate may be eligible for a Ringling Bros. and Barnum & Bailey Circus ticket and perhaps a ticket to the July 13th Rangers game in celebration of the Reading Club. We'll tell you about it when you register!

The Tail End *For all ages*

Thursday, July 31

6:00-8:00 p.m.

Celebrate the reading you did this summer with a special evening of fun. Balloon animals, popcorn, games, and more—fun for the whole family. At 7:00 p.m., prepare to be amazed by magician, Dal Sanders; you'll be howling before you know it!

Tail-Wagging Tuesdays *For the whole pack...that is, family!*

June 3-July 29

7:00 p.m.

- June 3 Pet Show – Sign up for different categories such as "Owner/Pet Lookalikes" "Animal Dress-up" "Pet Tricks"
- June 10 Brett Roberts – A Celebration of Stories with comedy, magic, and puppetry
- June 17 Puppet People – Doggone good puppet shows
- June 24 Dogs Demystified – Training, care, and myth busting by MicMac Teaching for Dogs
- July 1 Explore! Mars Inside and Out – Hands-on learning about the Red Planet
- July 8 Explore! More Mars Inside and Out – More about our nearest planetary neighbor
- July 15 Strings 'n' Things – Gene and Peggy Helmick-Richardson introduce low-tech fun
- July 22 PAWS Across Texas – Therapy dogs: what they do and how they came to do it
- July 29 Puppet People – More doggone good puppet shows

Dog Day Wednesdays *For 1st-6th graders*

1:30 p.m. with a repeat program at 3:00 p.m.

- June 4 Zooniversity – Critters from other continents
- June 11 Tako the Clown – Juggling, magic, marionettes, and more
- June 18 Dallas Dog and Disc – Exciting action by dog athletes and their owners
- June 25 Whirled on a String – Yo-yo shenanigans
- July 2 Explore! Mars Inside and Out – Discover our nearest planetary neighbor
- July 9 Explore! More Mars – Find out even more about the Red Planet
- July 16 Brett Roberts – A Celebration of Stories with comedy, magic, and puppetry
- July 23 Dogs – Who they are, what they do, and how they came to be "man's best friend"
- July 30 K-9 Police Dogs – An inside look at their training by MicMac Teaching for Dogs

During the Wednesday story time, older kids can get the scoop on the 2008-2009 Bluebonnet list!

Then, during Dog Days, younger children can have a doggone good time hearing animal stories – featuring dogs, in particular!

Puppy Play Fridays *For Kindergartners & younger*

11:00 a.m.

- June 13 Puppet People – Doggone good puppet shows
- June 27 Brett Roberts – Fun Show for 3's and 4's using magic, puppets, and more
- July 11 A Slice of Rainbow – Where the Wild Things Are brought to life by YOU
- July 25 Puppet People – More doggone good puppet shows

Hurst Public Library

901 Precinct Line Road
Phone: 817-788-7300

Totally Teen

7th-12th Graders

Anime Club

Thursday, June 5

Thursday, July 3

6:00-8:00 p.m.

If you enjoy anime—watching it and talking about it—this is the place for you! Add snacks and other teens that love anime, too, just for fun!

Teen Pulse

Thursday, June 12

6:30-8:00 p.m.

Come see animals you might not see everyday! A representative from Zooniversity will conduct a hands-on workshop.

Teen Pulse-Friday Edition

Friday, June 27

5:30-8:00 p.m.

DDR, Guitar Hero, and more! Bring a friend and show off your best moves. Come show us what you've got! Snacks provided.

Teen Pulse

Thursday, July 10

6:30-8:00 p.m.

Do you think yo-yos are just for fun? Valerie Oliver of Whirled on a String will demonstrate the science side of yo-yos. She'll even show you how!

Teen Pulse-Friday Edition

Friday, July 25

5:30-8:00 p.m.

DDR, Guitar Hero, and more! Bring a friend and show off your best moves. Come show us what you've got! Snacks provided.

Youth Programs

Ongoing Activities

Toddler Time

Ages 12-36 months

Mondays and Thursdays

10:00-10:30 a.m.

Story Time

Ages 3-6

Tuesdays and Wednesdays

10:45-11:15 a.m.

Times Were...

Art Through

the Ages:



This project is supported by a grant from ARTSNET and the Texas Commission on the Arts

Freddy and the Falcons

Thursday, May 8, 7:00 p.m.

Journey to the 1950's with the Rock & Roll band, Freddy and the Falcons. Put on your dancing shoes and do the Twist at our Sock Hop.

Visit the Library Online

www.hurst.lib.tx.us

View the iBistro catalog

Place items on hold

View your own record

Renew materials online

Home access to over 60 databases for research

Download eAudiobooks and video

Readers' Night Out

Co-Sponsored by the Friends of Hurst Library

A book discussion with drinks and comfy chairs provided!

Forgery

Sabrina Murray

Thursday, May 1, 7:00 p.m.

How far will people go to make themselves into the people they wish they were?

My Life in Dog Years

by Gary Paulsen

Thursday, June 5, 7:00 p.m.

A unique biography told by a man through his relationships with his dogs.

OneBookOneCommunity

Marley & Me: Life and Love with the World's Worst Dog

by John Grogan

Thursday, July 3, 7:00 p.m.

Special Brown Bag Discussion

Friday, July 18, 12:00 p.m.

The title says it all!

Noontime Performances

E-Flat Porch Band

Friday, May 9, 12:00 p.m.

This two man band plays a variety of music from Folk to Blues to Jazz to Country Swing, the kind of music they play on their own front porch.

Evening Performances

Havana NRG

Thursday, May 22, 7:00 p.m.

Enjoy a new breed of latin orchestra band that is taking its Cuban roots to new levels in music. Outdoor event: please bring lawn chairs and blankets to sit on at the Library Park. The event will be help indoors if it rains.

Andy Follett and the Texas Connection

Thursday, June 26, 7:00 p.m.

Andy and his band members bring calm and relaxation to the end of your day while you enjoy the traditional music styles of some of Texas greatest country singers.

BluPrint

Thursday, July 24, 7:00 p.m.

Relax and listen to the strong vocal harmonies with strong influences of blues, funk, soul, R&B, and classic rock accompanied by a powerhouse rhythm section and smoking guitars!

MasterWorks at The Library

Open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with ARTSNET.

New volunteer opportunities

become available from time to time, so please contact the Community Services Department at (817) 788-7305 for more information.

Volunteer applications can be picked-up at the Community Services offices in the Hurst Public Library or accessed online through the City's website at www.ci.hurst.tx.us.

Value in Volunteering

Are you interested in giving back to your community?

Do you like animals, books or historical facts? Then join the City of Hurst's Volunteers-In-Action program! Current volunteer opportunities include:

- Shelving Assistant – Library
- Chess Practice Master – Library
- Organizational Assistant/File Clerk – Community Services
- Historical Data File Clerk – Library
- Train Maintenance Assistant - Library
- Warrant Officer Assistant – Police Department
- Kennel Assistant – Animal Control
- Filing Assistant – Police Department
- Clerical Assistant – Public Works
- Site Plans Organizer – Public Works



Recreation Division Programs

Registration Information

Walk-in registration beginning on Tuesday, May 6, is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 10. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Saturday, May 10.

Sign-up to register online:

That's right, you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your Hurst water bill, Hurst property tax statement, or Hurst apartment lease and your photo ID as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your username and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out, then you will be ready to register online the day registration begins.

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), and online (credit card payment) registration for Recreation Classes begins April 21. Walk-in registration for all classes with check, cash, or credit card payment begins **May 6 at 7:00 a.m.** Swim registration begins **May 6 – Walk-in or online only at 7:00 a.m.**

Non-Residents:

Fax and online registrations for Recreation Classes with credit card payment begins **May 10.** Walk-in registration for all classes with check, cash, or credit card payment begins **May 10 at 8:00 a.m.** Swim registration begins **May 10 – Walk-in or on-line only at 8:00 a.m.**

Supply Fees:

Supply fees are due at the first class.

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children ages 3-5 years must be toilet-trained.

Parks and Recreation Board

Alan Neace, *Chairman*
Carol Cole, *Vice Chairman*
Delbert Derrett
Pat King
Howard Shotwell

Ralph Hurd
Rod Robertson
Hank Williams

Recreation Staff

Recreation Director: Doug Kratz
Recreation Managers: Kim Mesa, Doug McDaniel,
& Chris Watson
Recreation Center Supervisor: Mary Singleton
Recreation Specialist: Kyle Gordon

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.

Pre-School Programs

Van Gogh's Two's (18 months to 2 years)

Your 2-year old could be the next Van Gogh! Come find out as they express themselves through fun art projects. (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13020-A	M	9:45-10:15 AM	4WKS	6/2	\$11
13020-B	M	4:30-5:00 PM	4WKS	6/2	\$11

Summer II:

14020-A	M	9:45-10:15 AM	4WKS	7/7	\$11
14020-B	M	4:30-5:00 PM	4WKS	7/7	\$11

Mozart's Two's (18 months to 2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13000-A	M	10:15-10:45 AM	4WKS	6/2	\$11
13000-B	M	5:00-5:30 PM	4WKS	6/2	\$11

Summer II:

14000-A	M	10:15-10:45 AM	4WKS	7/7	\$11
14000-B	M	5:00-5:30 PM	4WKS	7/7	\$11

Lunch A Bunch! (3 to 5 years)

Calling all pre-schoolers to the kitchen! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13170-A	T	10:20-11:15 AM	4WKS	6/3	\$12
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Summer II:

14170-A	T	10:20-11:15 AM	4WKS	7/8	\$12
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Creative Time For Tots (3 to 4 years)

This class is designed to teach your pre-schooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories and creative play. (\$10 supply fee)

Instructor: Barbara Johnson (Certified School Teacher)

Summer I

13040-A	MW	8:45-10:30 AM	4WKS	6/2	\$28
13040-B	TTH	8:45-10:30 AM	4WKS	6/3	\$28

Summer II:

14040-A	MW	8:45-10:30 AM	4WKS	7/7	\$28
14040-B	TTH	8:45-10:30 AM	4WKS	7/8	\$28

Pre-K Kids (4 to 5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music and play time, they will learn the alphabet, numbers and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (\$10 supply fee)

Instructor: Barbara Johnson (Certified School Teacher)

Summer I

13050-A	MW	11:00-2:30 PM	4WKS	6/2	\$49
13050-B	TTH	11:00-2:30 PM	4WKS	6/3	\$49

Summer II:

14050-A	MW	11:00-2:30 PM	4WKS	7/7	\$49
14050-B	TTH	11:00-2:30 PM	4WKS	7/8	\$49

Our Commitment to Quality

Your satisfaction is our goal. We strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational, and life-long learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Gymnastics
Classes,
pages
26-28

Yes, I Can Draw (3 to 5 years)

Yes, you can draw! This class is designed to teach your youngster the first form of communication, art. They will have a chance to let their creativity flow. (Supply List)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13010-A	T	9:00-9:30 AM	4WKS	6/3	\$11
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Summer II:

14010-A	T	9:00-9:30 AM	4WKS	7/8	\$11
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Phonics Fun (3 to 5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13030-A	T	11:15-12:00 PM	4WKS	6/3	\$12
13030-B	TH	9:30-10:15 AM	4WKS	6/5	\$12

Summer II:

14030-A	T	11:15-12:00 PM	4WKS	7/8	\$12
14030-B	TH	9:30-10:15 AM	4WKS	7/10	\$12

Phonics Fun - Step 2 (3 to 5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13035-A	M	9:00-9:45 AM	4WKS	6/2	\$12
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Summer II:

14035-A	M	9:00-9:45 AM	4WKS	7/7	\$12
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Ocean Fun (3 to 5 years)

Come learn about the animals who live in the ocean. We will learn about their habits, what they eat and why they live there. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13111-A	T	9:30-10:15 AM	4WKS	6/3	\$12
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Summer II:

14111-A	T	9:30-10:15 AM	4WKS	7/8	\$12
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Hands-On Science (3 to 5 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13120-A	TH	10:15-11:00 AM	4WKS	6/5	\$12
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Summer II:

14120-A	TH	10:15-11:00 AM	4WKS	7/10	\$12
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NEW CLASS! Fairy Fun (3-7 years)

Do you love fairies? Come create some fairy fun! (Supply Fee \$8)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

13110-A	TH	11:45-12:30 PM	4WKS	6/5	\$12
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Summer II:

14110-A	TH	11:45-12:30 AM	4WKS	7/10	\$12
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Cheerleading 101 (3-5 years)

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps and cheers. Please wear comfortable shorts, t-shirt, and tennis shoes, and wear your hair pulled back.

Instructor: Cassie Grieco (National Champion Cheerleader)

Summer I:

13025-A	M	4:30-5:15 PM	4WKS	6/2	\$12
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Little Tyke Basketball (4-5 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Stacie Castillo

Summer I:

13500-A	W	6:00-6:30 PM	4WKS	6/4	\$11
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Summer II:

14500-A	W	6:00-6:30 PM	4WKS	7/9	\$11
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Little Tyke Soccer (2-5 years)

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

Instructor: Stacie Castillo

Summer I: (2-3 years)

13600-A	F	10:00-10:30 AM	4WKS	6/6	\$11
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Summer I: (4-5 years)

13600-B	F	10:30-11:00 AM	4WKS	6/6	\$11
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Summer II: (2-3 years)

14600-A	F	10:00-10:30 AM	4WKS	7/11	\$11
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Summer II: (4-5 years)

14600-B	F	10:30-11:00 AM	4WKS	7/11	\$11
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Little Tyke Sports (2-5 years)

Looking for some good old-fashion fun? We'll get a little taste of soccer, basketball, running, fitness, and just plain fun.

Instructor: Stacie Castillo

Summer I: (2-3 years)

13700-A	F	9:00-9:30 AM	4WKS	6/6	\$11
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Summer I: (4-5 years)

13700-B	F	9:30-10:00 AM	4WKS	6/6	\$11
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Summer II: (2-3 years)

14700-A	F	9:00-9:30 AM	4WKS	7/11	\$11
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Summer II: (4-5 years)

14700-B	F	9:30-10:00 AM	4WKS	7/11	\$11
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Tiny Dancer I (3-5 years)

Your tiny dancer will learn tap, ballet and rhythmic movements. (Ballet and tap shoes are required.)

Instructor: Kendra Grieco

13060-A	T	10:15-11:00 AM	4WKS	6/3	\$11
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13060-B	TH	10:15-11:00 AM	4WKS	6/5	\$11
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Paints and Crafts Galore (3-5 years)

It's time for fun! We'll create our very own works of art through paints and crafts. (Supply Fee \$5)

Instructor: Tammy Slovensky

Summer I:

13090-A	W	9:30-10:00 AM	4WKS	6/4	\$11
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Summer II:

14090-A	W	9:30-10:00 AM	4WKS	7/9	\$11
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Take advantage of
our fitness facility
while your child is
in a class!

See the front desk for
membership information.

Pre-School & Youth Combination Programs

Discover The Seas (3-7 years)

We will learn about living creatures under the sea through listening about fun facts and making crafts, like ocean bottles, color pages and more! (Supply fee \$5)

Instructor: Michelle Riley

Summer I:

13005-A	F	12:30-1:30 PM	4WKS	6/6	\$15
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Summer II:

14005-A	W	10:30-11:30 AM	4WKS	7/9	\$15
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Wild About Animals (3-7 years)

Are you wild about animals? We will explore the animal kingdom through making fun crafts. (Supply fee \$5)

Instructor: Michelle Riley

Summer I:

13300-A	W	10:30-11:30 AM	4WKS	6/4	\$15
13300-B	F	9:30-10:30 AM	4WKS	6/6	\$15

Summer II:

14300-A	W	9:30-10:30 AM	4WKS	7/9	\$15
14300-B	F	10:30-11:30 AM	4WKS	7/11	\$15

Messy Crafts and Play (3-7 years)

Do you like getting messy? Do you like hands-on playing? We will dig right into crafts with play-doh, painting, gluing, and more. (Supply fee \$5)

Instructor: Michelle Riley

Summer I:

13222-A	W	9:30-10:30 AM	4WKS	6/4	\$15
13222-B	F	10:30-11:30 AM	4WKS	6/6	\$15

Summer II:

14222-A	W	11:30-12:30 PM	4WKS	7/9	\$15
14222-B	F	9:30-10:30 AM	4WKS	7/11	\$15

Lil' Traveler (4-8 years)

Come and receive your passport to the world! Explore the world by visiting different countries. We'll learn fun facts and create crafts each week. (Supply fee \$5)

Instructor: Michelle Riley

Summer I:

13400-A	W	12:30-1:30 PM	4WKS	6/4	\$15
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Summer II:

14400-A	F	12:30-1:30 PM	4WKS	7/11	\$15
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Princess Tea Party (3-10 years)

Calling all princesses! You're invited to our Princess Tea Party. We'll play dress up, make a tiara, decorate cookies, play games and have tea. (Supply fee \$6)

Instructor: Michelle Riley

Summer I:

13150-A	W	1:30-2:30 PM	1WK	6/4	\$15
13150-B	W	1:30-2:30 PM	1WK	6/18	\$15
13150-C	F	1:30-2:30 PM	1WK	6/13	\$15
13150-D	F	1:30-2:30 PM	1WK	6/27	\$15

Summer II:

14150-A	W	1:30-2:30 PM	1WK	7/9	\$15
14150-B	W	1:30-2:30 PM	1WK	7/23	\$15
14150-C	F	1:30-2:30 PM	1WK	7/18	\$15
14150-D	F	1:30-2:30 PM	1WK	8/1	\$15



NEW CLASS! Make and Take Crafts (3-8 years)

Come have fun making crafts to take home! Boys will make a race car, flag, and door hanger. Girls will make a purse, necklace, and door knocker. (Supply fee \$6)

Instructor: Michelle Riley

Summer I:

13100-A	W	1:30-2:30 PM	1WK	6/11	\$15
13100-B	W	1:30-2:30 PM	1WK	6/25	\$15

Summer II:

14100-A	W	1:30-2:30 PM	1WK	7/16	\$15
14100-B	W	1:30-2:30 PM	1WK	7/30	\$15

NEW CLASS! Lil' Baker (3-8 years)

Come and decorate your very own cake to take home with you. (Supply fee \$6)

Instructor: Michelle Riley

Summer I:

13145-A	W	2:30-3:30 PM	1WK	6/4	\$15
13145-B	W	2:30-3:30 PM	1WK	6/18	\$15
13145-C	F	2:30-3:30 PM	1WK	6/6	\$15
13145-D	F	2:30-3:30 PM	1WK	6/20	\$15

Summer II:

14145-A	W	2:30-3:30 PM	1WK	7/9	\$15
14145-B	W	2:30-3:30 PM	1WK	7/23	\$15
14145-C	F	2:30-3:30 PM	1WK	7/11	\$15
14145-D	F	2:30-3:30 PM	1WK	7/25	\$15

NEW CLASS! Jungle Safari Party (3-8 years)

Come to our safari party! We will have a bug hunt, bug throwing contest, treasure hunt and everyone will get party treats. (Supply fee \$6)

Instructor: Michelle Riley

Summer I:

13333-A	W	2:30-3:30 PM	1WK	6/11	\$15
13333-B	W	2:30-3:30 PM	1WK	6/25	\$15
13333-C	F	1:30-2:30 PM	1WK	6/6	\$15
13333-D	F	1:30-2:30 PM	1WK	6/20	\$15

Summer II:

14333-A	W	2:30-3:30 PM	1WK	7/16	\$15
14333-B	W	2:30-3:30 PM	1WK	7/30	\$15
14333-C	F	1:30-2:30 PM	1WK	7/11	\$15
14333-D	F	1:30-2:30 PM	1WK	7/25	\$15

NEW CLASS! Money, Money, Money (6-10 years)

Learn about money, checks, credit cards, how to save and how to spend. Each child will get to shop in our class store. (Supply fee \$6)

Instructor: Michelle Riley

Summer I:

13800-A	F	2:30-3:30 PM	1WK	6/13	\$15
13800-B	F	2:30-3:30 PM	1WK	6/27	\$15

Summer II:

14800-A	F	2:30-3:30 PM	1WK	7/18	\$15
14800-A	F	2:30-3:30 PM	1WK	8/1	\$15



Youth Programs

Summer Arts Camp

The City of Hurst and the Arts Council of Northeast Tarrant County (ARTSNET) present Summer with the Arts for Ages 6 to 12! This unique program brings all the arts to you, featuring a different type of art each week!

Summer I:

23600-A	M-F	10:00-12:00 PM	4WKS	6/2	\$45
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Summer II:

24600-A	M-F	10:00-12:00 PM	4WKS	7/7	\$45
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Yes, I Can Draw (6-11 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23170-A	W	10:00-10:45 AM	4WKS	6/4	\$12
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Summer II:

24170-A	W	10:00-10:45 AM	4WKS	7/9	\$12
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Water Coloring (6-11 years)

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications. (\$10 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23090-A	W	9:00-9:50 AM	4WKS	6/4	\$12
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Summer II:

24090-A	W	9:00-9:50 AM	4WKS	7/9	\$12
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Food Fun (6-12 years)

Come learn how to cook a variety of meals using the stove, oven and microwave. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23060-A	W	10:45-11:30 AM	4WKS	6/4	\$12
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Summer II:

24060-A	W	10:45-11:30 AM	4WKS	7/9	\$12
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Papier Mache (6-12 years)

Come get messy with papier mache and create your very own mask and frame. (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23100-A	M	Noon-12:50 PM	4WKS	6/2	\$12
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Summer II:

24100-A	M	Noon-12:50 PM	4WKS	7/7	\$12
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Tie Dye Fun (6-12 years)

It's time to relive the groovy times of tie dye! You create your own unique t-shirt and bandanas! (\$10 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23040-A	M	11:00-11:50 AM	4WKS	6/2	\$12
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Summer II:

24040-A	M	11:00-11:50 AM	4WKS	7/7	\$12
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Hands-On Science (6-12 years)

We'll explore the world of science through exciting experiments. Science will knock your socks off! (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23080-A	TH	11:00-11:45 AM	4WKS	6/5	\$12
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Summer II:

24080-A	TH	11:00-11:45 AM	4WKS	7/10	\$12
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Girl's Spa (6-12 years)

Like to pamper yourself? We'll learn how to make our own soap, lotions, and body scrubs! (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23130-A	T	Noon-12:45 PM	4WKS	6/3	\$12
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Summer II:

24130-A	T	Noon-12:45 PM	4WKS	7/8	\$12
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Homemade Gifts (6-12 years)

Finding the perfect gift is always a challenge. Come make unique gifts for your family and friends. (\$10 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23000-A	T	12:45-1:30 PM	4WKS	6/3	\$12
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Summer II:

24000-A	T	12:45-1:30 PM	4WKS	7/8	\$12
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NEW CLASS! Salt Dough 101 (6-12 years)

Using salt dough, we will create cool creatures from land or sea. Soon, you will create a menagerie! (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23065-A	W	11:30-12:30 PM	4WKS	6/4	\$12
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Summer II:

24065-A	W	11:30-12:30 PM	4WKS	7/9	\$12
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NEW CLASS! Reading Power (6-9 years)

Come have an adventure with the Boxcar Children. Book 1 will be needed for class. We will have fun expecting the unexpected as we venture through the book.

Instructor: Mary Cassidy (Certified School Teacher)

Summer I:

23155-A	W	12:30-1:45 PM	4WKS	6/4	\$12
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Summer II:

24155-A	W	12:30-1:45 PM	4WKS	7/9	\$12
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Cheerleading 101 (6-11 years)

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps and cheers. Please wear comfortable shorts, t-shirt, and tennis shoes, and wear your hair pulled back.

Instructor: Cassie Grieco (National Champion Cheerleader)

23180-A	M	5:15-6:00 PM	4WKS	6/2	\$12
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Guitar I (7-17 years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred.)

Instructor: Ray Wallace

Summer I:

23020-A	TH	6:00-7:00 PM	4WKS	6/5	\$15
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Summer II:

24020-A	TH	6:00-7:00 PM	4WKS	7/10	\$15
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Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Summer I:

23025-A	T	6:00-7:00 PM	4WKS	6/3	\$15
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Summer II:

24025-A	T	6:00-7:00 PM	4WKS	7/8	\$15
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Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Summer I:

23023-A	T	7:15-8:15 PM	4WKS	6/3	\$15
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Summer II:

24023-A	T	7:15-8:15 PM	4WKS	7/8	\$15
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NEW CLASS! Discover Space (8-11 years)

Come discover space as we follow the History of NASA's space program and explore the exciting realm of our Solar System using hands-on experiments and activities.

Instructor: Michael McDonald

Summer I:

23666-A	W	6:00-7:00 PM	4WKS	6/4	\$12
23666-B	S	10:00-11:00 AM	4WKS	6/7	\$12

Summer II:

24666-A	W	6:00-7:00 PM	4WKS	7/9	\$12
24666-B	S	10:00-11:00 AM	4WKS	7/12	\$12

Basketball Basics (6-10 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Stacie Castillo

Summer I:

23030-A	W	6:30-7:00 PM	4WKS	6/4	\$11
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Summer II:

24030-A	W	6:30-7:00 PM	4WKS	7/9	\$11
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NEW CLASS! Soccer Skills 101 (6-10 years)

Interested in playing soccer? Come learn the basics of the game soccer!

Instructor: Stacie Castillo

Summer I:

23035-A	F	11:00-11:30 AM	4WKS	6/6	\$11
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Summer II:

24035-A	F	11:00-11:30 AM	4WKS	7/11	\$11
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Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

Summer I: (5-7 years)

23111-A	M/W	4:00-5:00 PM	4WKS	6/2	\$17
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Summer I: (8-15 years)

23111-B	M/W	5:00-6:00 PM	4WKS	6/2	\$17
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Summer II: (5-7 years)

24111-A	M/W	4:00-5:00 PM	4WKS	7/7	\$17
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Summer II: (8-15 years)

24111-B	M/W	5:00-6:00 PM	4WKS	7/7	\$17
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TF – Tae Kwon Do (4-15 years)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Summer I:

23700-A	S	3:00-4:00 PM	4WKS	6/7	\$28
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Summer II:

24700-A	S	3:00-4:00 PM	4WKS	7/12	\$28
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Legends Martial Arts (5-11 years)

A Korean martial art, this class is for all ages. You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malhiot

WHITE BELTS: (All beginners start in this class.)

May:

22500-B	TH	5:00-5:30 PM	4WKS	5/1	\$38
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June:

23500-A	TH	5:00-5:30 PM	4WKS	6/5	\$38
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July:

23500-B	TH	5:00-5:30 PM	4WKS	7/3	\$38
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August:

23500-C	TH	5:00-5:30 PM	4WKS	8/7	\$38
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REGULAR CLASS:**May:**

22500-E	Th	5:30-7:00 PM	4WKS	5/1	\$38
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June:

23500-D	Th	5:30-7:00 PM	4WKS	6/5	\$38
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July:

23500-E	Th	5:30-7:00 PM	4WKS	7/3	\$38
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August:

23500-F	Th	5:30-7:00 PM	4WKS	8/7	\$38
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Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (4th degree black belt)

May:

22900-B	M	6:00-7:00 PM	4WKS	5/3	\$32
	S	9:05-10:05 AM			

June:

23900-A	M	6:00-7:00 PM	4WKS	6/2	\$32
	S	9:05-10:05 AM			

July:

23900-B	M	6:00-7:00 PM	4WKS	7/7	\$32
	S	9:05-10:05 AM			

August:

23900-C	M	6:00-7:00 PM	4WKS	8/2	\$32
	S	9:05-10:05 AM			

NEW CLASS! Yoga For Kids (6-12 years)

Come work on your flexibility and balance while learning fun yoga poses like the cobra, eagle and cat. (Please bring a blanket to class.)

Instructor: Julie Harper

Summer I:

23400-A	W	11:00-11:45 AM	4WKS	6/4	\$16
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Summer II:

24400-A	W	11:00-11:45 AM	4WKS	7/9	\$16
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Beginning Jazz and Tap (5-7 years)

Here is your chance to get a taste of both tap and jazz in one class. You will learn the basic tap and jazz steps to today's modern music. (Tap and Jazz shoes required.)

Instructor: Kendra Grieco

23120-A	T	11:00-12:00 PM	4WKS	6/3	\$13
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23120-B	TH	11:00-12:00 PM	4WKS	6/5	\$13
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Adult
Martial
Arts Classes,
pages

31-33

Recreation Center Information:

700 Mary Drive :: (817) 788-7325

Hours of Operation:

Mon. - Thur.	6:30 a.m. – 10:00 p.m.
Friday	6:30 a.m. – 6:00 p.m.
Saturday	9:00 a.m. – 6:00 p.m.
Sunday	1:00 p.m. – 6:00 p.m.

NEW CLASS! Career Coaching For Students (15-18 years)

Are you wondering which career you would enjoy the most? This is a practical program to understand your strengths, identify high potential career options, choose an educational strategy, and ensure future success and satisfaction. Parents are also encouraged to attend.

Instructor: Joel Boggess, CPBA, CPVA

Summer I:

23999-A	TH	1:00-3:30 PM	3WKS	6/5	\$299
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Summer II:

24999-A	T	1:00-3:30 PM	3WKS	7/8	\$299
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Gymnastics Programs

Parent/Tot Tumbling (16-36 months)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination. One child per parent.

Summer I: Instructor: Lauren Cassidy

33040-A	T	9:00-9:30 AM	4WKS	6/3	\$11
33040-B	TH	9:00-9:30 AM	4WKS	6/5	\$11
33040-C	F	9:30-10:00 AM	4WKS	6/6	\$11

Summer I: Instructor: Tammy Slovensky

33040-D	M	9:30-10:00 AM	4WKS	6/2	\$11
33040-E	W	10:00-10:30 AM	4WKS	6/4	\$11

Summer II: Instructor: Lauren Cassidy

34040-A	T	9:00-9:30 AM	4WKS	7/8	\$11
34040-B	TH	9:00-9:30 AM	4WKS	7/10	\$11
34040-C	F	9:30-10:00 AM	4WKS	7/11	\$11

Summer II: Instructor: Tammy Slovensky

34040-D	M	9:30-10:00 AM	4WKS	7/7	\$11
34040-E	W	10:00-10:30 AM	4WKS	7/9	\$11

Tiny Tykes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Summer I: Instructor: Lauren Cassidy

33030-A	T	9:30-10:00 AM	4WKS	6/3	\$11
33030-B	TH	9:30-10:00 AM	4WKS	6/5	\$11
33030-C	F	10:00-10:30 AM	4WKS	6/6	\$11

Summer I: Instructor: Tammy Slovensky

33030-D	M	10:00-10:30 AM	4WKS	6/2	\$11
33030-E	W	10:30-11:00 AM	4WKS	6/4	\$11

Summer II: Instructor: Lauren Cassidy

34030-A	T	9:30-10:00 AM	4WKS	7/8	\$11
34030-B	TH	9:30-10:00 AM	4WKS	7/10	\$11
34030-C	F	10:00-10:30 AM	4WKS	7/11	\$11

Summer II: Instructor: Tammy Slovensky

34030-D	M	10:00-10:30 AM	4WKS	7/7	\$11
34030-E	W	10:30-11:00 AM	4WKS	7/9	\$11



Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance his/her coordination while learning tumbling skills and the use of all gymnastics equipment.

Summer I: Instructor: Lauren Cassidy

33011-A	T	10:00-10:30 AM	4WKS	6/3	\$11
33011-B	TH	10:00-10:30 AM	4WKS	6/5	\$11
33011-C	F	10:30-11:00 AM	4WKS	6/6	\$11
33011-D	T	5:00-5:30 PM	4WKS	6/3	\$11
33011-E	TH	5:00-5:30 PM	4WKS	6/5	\$11

Summer I: Instructor: Tammy Slovensky

33011-F	M	5:30-6:00 PM	4WKS	6/2	\$11
33011-G	M	10:30-11:00 AM	4WKS	6/2	\$11
33011-H	W	11:00-11:30 AM	4WKS	6/4	\$11

Summer II: Instructor: Lauren Cassidy

34011-A	T	10:00-10:30 AM	4WKS	7/8	\$11
34011-B	TH	10:00-10:30 AM	4WKS	7/10	\$11
34011-C	F	10:30-11:00 AM	4WKS	7/11	\$11
34011-D	T	5:00-5:30 PM	4WKS	7/8	\$11
34011-E	TH	5:00-5:30 PM	4WKS	7/10	\$11

Summer II: Instructor: Tammy Slovensky

34011-F	M	5:30-6:00 PM	4WKS	7/7	\$11
34011-G	M	10:30-11:00 AM	4WKS	7/7	\$11
34011-H	W	11:00-11:30 AM	4WKS	7/9	\$11

Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Summer I: Instructor: Lauren Cassidy

33022-A	T	10:30-11:00 AM	4WKS	6/3	\$11
33022-B	T	5:30-6:00 PM	4WKS	6/3	\$11
33022-C	TH	10:30-11:00 AM	4WKS	6/5	\$11
33022-D	TH	5:30-6:00 PM	4WKS	6/5	\$11
33022-E	F	11:00-11:30 AM	4WKS	6/6	\$11

Summer I: Instructor: Tammy Slovensky

33022-F	W	11:30-12:00 PM	4WKS	6/4	\$11
33022-G	W	5:30-6:00 PM	4WKS	6/4	\$11

Summer II: Instructor: Lauren Cassidy

34022-A	T	10:30-11:00 AM	4WKS	7/8	\$11
34022-B	T	5:30-6:00 PM	4WKS	7/8	\$11
34022-C	TH	10:30-11:00 AM	4WKS	7/10	\$11
34022-D	TH	5:30-6:00 PM	4WKS	7/10	\$11
34022-E	F	11:00-11:30 AM	4WKS	7/11	\$11

Summer II: Instructor: Tammy Slovensky

34022-F	W	11:30-12:00 PM	4WKS	7/9	\$11
34022-G	W	5:30-6:00 PM	4WKS	7/9	\$11



Beginner Gymnastics (6-11 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Summer I: Instructor: Lauren Cassidy

33051-A	T	4:00-5:00 PM	4WKS	6/3	\$13
33051-B	TH	4:00-5:00 PM	4WKS	6/5	\$13

Summer I: Instructor: Tammy Slovensky

33051-C	M	11:00-12:00 PM	4WKS	6/2	\$13
33051-D	M	6:00-7:00 PM	4WKS	6/2	\$13
33051-E	W	6:00-7:00 PM	4WKS	6/4	\$13

Summer II: Instructor: Lauren Cassidy

34051-A	T	4:00-5:00 PM	4WKS	7/8	\$13
34051-B	TH	4:00-5:00 PM	4WKS	7/10	\$13

Summer II: Instructor: Tammy Slovensky

34051-C	M	11:00-12:00 PM	4WKS	7/7	\$13
34051-D	M	6:00-7:00 PM	4WKS	7/7	\$13
34051-E	W	6:00-7:00 PM	4WKS	7/9	\$13

Boys Gymnastics (6-11 years)

Here's a class just for the boys! You will learn basic tumbling while working on strength, fine motor skills, and coordination.

Instructor: Scotty Cottle

Summer I:

33080-A	T	6:00-6:30 PM	4WKS	6/3	\$11
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Summer II:

34080-A	T	6:00-6:30 PM	4WKS	7/8	\$11
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Advanced Beginner Boys Gymnastics (6-11 years)

With your experience in beginning gymnastics under your belt, it is time to move to the advanced beginner class. You will continue to improve your skills and add new ones.

Instructor: Scotty Cottle

Summer I:

33082-A	T	6:30-7:30 PM	4WKS	6/3	\$13
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Summer II:

34082-A	T	6:30-7:30 PM	4WKS	7/8	\$13
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Recreation Center Information:

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Saturday 9:00 a.m. – 6:00 p.m.

Sunday 1:00 p.m. – 6:00 p.m.



Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

Instructors: Stacy Saljoughi (Certified Personal Trainer)

and Michelle Lada (Certified Personal Trainer)

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

Instructors: Stacy Saljoughi (Certified Personal Trainer)

and Michelle Lada (Certified Personal Trainer)

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders, and general wellness. A one-hour session is \$52 or a series of 3 sessions is \$117. All evaluations are done by appointment.

Instructor: Esther White, MS, RD, LD

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$142 for the 4 sessions. All evaluations are done by appointment.

Instructor: Esther White, MS, RD, LD, Stacy Saljoughi (Certified Personal Trainer),

and Michelle Lada (Certified Personal Trainer)

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

Summer I:

43010-A	MWThF	8:30-9:15 AM	4WKS	6/2	\$14
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Summer II:

44010-A	MW ThF	8:30-9:15 AM	4WKS	7/7	\$14
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Low Impact Aerobics

Join the fun and trim your buns with a variety of low impact work-outs. Classes are designed to motivate and energize you while building your strength and stamina.

Instructor: Behka Hartmann (Certified Fitness Instructor)

Summer I:

43040-A	MWF	9:15-10:15 AM	4WKS	6/2	\$18
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Summer II:

44040-A	MWF	9:15-10:15 AM	4WKS	7/7	\$18
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Turbo Kick

Looking for a fun, full body work-out? Turbo Kick incorporates kickboxing skills and principles to really get fit. Come join the fun!

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

Summer I:

43050-A	MW	6:30-7:15 PM	4WKS	6/2	\$14
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Summer II:

44050-A	MF	6:30-7:15 PM	4WKS	7/7	\$14
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Cardio Mix

Let's mix it up and keep your body challenged. We'll vary our workout of cardio exercises from step aerobics, interval training, and boot-camp style workouts to keep your body guessing so you keep seeing positive results.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

Summer I:

43020-A	TTH	5:30-6:10 PM	4WKS	6/3	\$14
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Summer II:

44020-A	TTH	5:30-6:10 PM	4WKS	7/8	\$14
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PiYo

Looking for a change of pace? PiYo is a non-traditional combination of various styles of Pilates and Yoga that encompasses constant movement and flow to improve flexibility, strength, and balance while lowering stress.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

Summer I:

43060-A	MW	7:15-8:00 PM	4WKS	6/2	\$14
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Summer II:

44060-A	MW	7:15-8:00 PM	4WKS	7/7	\$14
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Zumba

Zumba is a cardio-based workout with a fusion of latin and international music and dance themes that mix fast and slow rhythms to tone and sculpt your body.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

Summer I:

43065-A	TTH	6:15-7:00 PM	4WKS	6/3	\$14
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Summer II:

44065-A	TTH	6:15-7:00 PM	4WKS	7/8	\$14
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NEW CLASS! Hip Hop Hustle

So, you think you can't dance? Anyone can burn calories with this fun, easy to follow aerobic workout.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

Summer I:

43075-A	S	10:30-11:15 AM	4WKS	6/7	\$14
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Summer II:

44075-A	S	10:30-11:15 AM	4WKS	7/12	\$14
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Slim It Out, Tone It Up

Do you want to be sleek and slim? Join this class for a great mix of strengthening and toning exercises to reinvent your body.

You will get a total body workout and focus on your core to create a strong and healthy look. This class will challenge and encourage you to meet your goals!

Instructor: Esther White, MS, RD, LD

Summer I:

43015-A	TTH	6:40-7:30 AM	4WKS	6/3	\$14
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Summer II:

44015-A	TTH	6:40-7:30 AM	4WKS	7/8	\$14
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Body Sculpting

Here's the total body muscle strengthening class you've been looking for! We'll work on our total body strength using stability balls, tubing, dumbbells and steps.

Instructor: Michelle Lada (Certified Aerobics Instructor)

Summer I:

43555-A	S	9:15AM-10:15 AM	4WKS	6/7	\$18
43555-B	W	5:30-6:25 PM	4WKS	6/4	\$13

Summer II:

44555-A	S	9:15AM-10:15 AM	4WKS	7/12	\$18
44555-B	W	5:30-6:25 PM	4WKS	7/9	\$13

Cycle & Core

Challenge yourself with a great combo cardio and strength class. Come prepared to spin, sweat and strengthen for a total body workout. Bring water, bike shorts or padded seat cover, and determination!

Instructor: Esther Allen-White, MS, RD, LD

Summer I:

43300-A	T	5:15-6:35 PM	4WKS	6/3	\$11
43300-B	T	6:00-7:00 PM	4WKS	6/3	\$10

Summer II:

44300-A	T	5:15-6:35 PM	4WKS	7/8	\$11
44300-B	T	6:00-7:00 PM	4WKS	7/8	\$10

Spin & Sweat

Join us for the latest in fitness craze: Spinning! Spinning turns the basics of cycling into a great cardio workout. Get ready to work hard and sweat like crazy.

Instructor: Esther Allen-White, MS, RD, LD

Summer I:

43444-A	TH	5:15-6:15 PM	4WKS	6/5	\$11
43444-B	TH	6:15-7:00 PM	4WKS	6/5	\$10

Summer II:

44444-A	TH	5:15-6:15 PM	4WKS	7/10	\$11
44444-B	TH	6:15-7:00 PM	4WKS	7/10	\$10

Hurst Hustlers Running Club

Come join runners of all levels and abilities for a workout. We will accomplish speed, distance, and fun! Perfect way to make friends and meet your summer running goals!

Instructor: Esther Allen-White, MS, RD, LD

Summer I:

43001-A	M	7:00-8:00 PM	4WKS	6/2	\$15
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Summer II:

44001-A	M	7:00-8:00 PM	4WKS	7/7	\$15
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Hatha Yoga - Kripalu Style

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility, balance, and tone your body.

Discover the technique of breath control, centering and meditation. (Eat nothing 2 hours prior to class and bring a lap blanket.)

Instructor: Deaine Matthys (Certified and registered with KYTA)

Summer I:

43100-A	T	9:15-10:15 AM	4WKS	6/3	\$16
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Instructor: Behka Hartmann

43100-B	F	10:15-11:15 AM	4WKS	6/6	\$16
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Summer II:

Instructor: Deaine Matthys (Certified and registered with KYTA)

44100-A	T	9:15-10:15 AM	4WKS	7/8	\$16
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Instructor: Behka Hartmann

44100-B	F	10:15-11:15 AM	4WKS	7/11	\$16
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Scaravelli Yoga

Relax and renew with Scaravelli-style yoga. This user-friendly style of yoga emphasizes the use of breath and gravity to lengthen the spine allowing yoga poses to unfold naturally and comfortably. (Please bring a blanket to class.)

Instructor: Julie Harper (Certified and registered with Yoga Alliance)

Summer I:

43100-C	W	8:15-9:15 PM	4WKS	6/4	\$16
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Summer II:

44100-C	W	8:15-9:15 PM	4WKS	7/9	\$16
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ITF - Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, and stress relief while building self-esteem and concentration.

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

Summer I:

43700-A	S	4:00-5:00 PM	4WKS	6/7	\$28
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Summer II:

44700-A	S	4:00-5:00 PM	4WKS	7/12	\$28
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Women's Judo

Like many women in today's world, you may have always wanted to take a martial art class but might have been somewhat intimidated. Here's your chance to learn judo with others just like you from a female instructor with 30+ years of experience! This class will give you a taste of judo in a relaxed atmosphere. Wear comfortable sweat pants and shirt.

Instructor: Kim Mesa (4th degree black belt)

May:

42888-B	W	7:00-8:00 PM	4WKS	5/7	\$17
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June:

43888-A	W	7:00-8:00 PM	4WKS	6/4	\$17
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July:

43888-B	W	7:00-8:00 PM	4WKS	7/9	\$17
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August:

43888-C	W	7:00-8:00 PM	4WKS	8/6	\$17
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Olympic Sport Of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (4th degree Black Belt)

May:

42800-B	M	7:00-8:30 PM	4WKS	5/5	\$32
42800-B	W	8:00-9:30 PM	4WKS	5/5	\$32
42800-B	S	10:05-11:30 AM	4WKS	5/5	\$32

June:

43800-A	M	7:00-8:30 PM	4WKS	6/2	\$32
43800-A	W	8:00-9:30 PM	4WKS	6/2	\$32
43800-A	S	10:05-11:30 AM	4WKS	6/2	\$32

July:

43800-B	M	7:00-8:30 PM	4WKS	7/7	\$32
43800-B	W	8:00-9:30 PM	4WKS	7/7	\$32
43800-B	S	10:05-11:30 AM	4WKS	7/7	\$32

August:

43800-C	M	7:00-8:30 PM	4WKS	8/4	\$32
43800-C	W	8:00-9:30 PM	4WKS	8/4	\$32
43800-C	S	10:05-11:30 AM	4WKS	8/4	\$32

Legends Martial Arts

You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being.

Instructor: Chris Malliot

White belts: (All beginners start in this class.)

May:

22500-B	TH	5:00-5:30 PM	4WKS	5/1	\$38
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June:

23500-A	TH	5:00-5:30 PM	4WKS	6/5	\$38
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July:

23500-B	TH	5:00-5:30 PM	4WKS	7/3	\$38
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August:

23500-C	TH	5:00-5:30 PM	4WKS	8/7	\$38
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Regular Class:

May:

42128-B	TH	7:00-9:00 PM	4WKS	5/1	\$38
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June:

43128-A	TH	7:00-9:00 PM	4WKS	6/5	\$38
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July:

43128-B	TH	7:00-9:00 PM	4WKS	7/3	\$38
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August:

43128-C	TH	7:00-9:00 PM	4WKS	8/7	\$38
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Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

May:

42070-B	TH	7:30-8:45 PM	4WKS	5/1	\$37
	S	9:05-10:30 AM			

June:

43070-A	TH	7:30-8:45 PM	4WKS	6/5	\$37
	S	9:05-10:30 AM			

July:

43070-B	TH	7:30-8:45 PM	4WKS	7/3	\$37
	S	9:05-10:30 AM			

August:

43070-C	TH	7:30-8:45 PM	4WKS	8/7	\$37
	S	9:05-10:30 AM			

Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Pavalina

Summer I:

43200-A	T	7:00-8:00 PM	4WKS	6/3	\$20
43200-B	TH	7:00-8:00 PM	4WKS	6/5	\$20

Summer II:

44200-A	T	7:00-8:00 PM	4WKS	7/8	\$20
44200-B	TH	7:00-8:00 PM	4WKS	7/10	\$20

Intermediate Belly Dance

This class will cover transitions and combinations of belly dance techniques and introduce Zills (finger symbols).

Instructor: Pavalina

Summer I:

43225-A	T	8:00-9:00 PM	4WKS	6/3	\$20
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Summer II:

44225-A	T	8:00-9:00 PM	4WKS	7/8	\$20
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Advanced Belly Dance

This class will take you to the next step in belly dance. You will learn to use props and proper staging.

Instructor: Pavalina

Summer I:

43227-A	T	9:00-9:45 PM	4WKS	6/3	\$20
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Summer II:

44227-A	T	9:00-9:45 PM	4WKS	7/8	\$20
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Tribal Evolution

This class will cover Tribal Fusion performance preparation.

Instructor: Pavalina

Summer I:

43226-A	TH	8:45-9:45 PM	4WKS	6/5	\$20
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Summer II:

44226-A	TH	8:45-9:45 PM	4WKS	7/10	\$20
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Exploring Water Color

If you have always wanted to learn how to paint, then why not start with watercolors? This introductory class consists of basic techniques, color harmony, and composition. (Supply list)

Instructor: Lesley Talty

43120-A	M	9:30-12:00 PM	5WKS	6/2	\$32
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Brush & Palette

Express your talent through the art of oil painting! Basic strokes, color mixing, and application will be covered. (Supply list)

Instructor: Elaine Roosz

Summer I:

43110-A	T	9:00-12:00 PM	4WKS	6/3	\$25
43110-B	T	6:30-9:00 PM	4WKS	6/3	\$25

Summer II:

44110-A	T	9:00-12:00 PM	4WKS	7/8	\$25
44110-B	T	6:30-9:00 PM	4WKS	7/8	\$25

Guitar I

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred).

Instructor: Ray Wallace

Summer I:

43500-A	TH	7:15-8:15 PM	4WKS	6/5	\$15
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Summer II:

44500-A	TH	7:15-8:15 PM	4WKS	7/10	\$15
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Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

Summer I:

23025-A	T	6:00-7:00 PM	4WKS	6/3	\$15
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Summer II:

24025-A	T	6:00-7:00 PM	4WKS	7/8	\$15
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Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

Summer I:

23023-A	T	7:15-8:15 PM	4WKS	6/3	\$15
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Summer II:

24023-A	T	7:15-8:15 PM	4WKS	7/8	\$15
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NEW CLASS! Interview Basics

Are you uncomfortable interviewing? We will teach you pre-interview qualifications, how to enter with confidence, how to build value, handling interviewers and follow-up strategies. (\$25 for additional family member sharing materials.)

Instructor: Joel Boggess, CPBA, CPVA

Summer I:

43025-A	W	3:00-5:30 PM	1WK	6/11	\$49
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Summer II:

44025-A	TH	2:00-4:30 PM	1WK	7/10	\$49
44025-B	TH	6:30-9:00 PM	1WK	8/7	\$49

NEW CLASS! Resume Bootcamp

Are you new to the job market and need to create a resume, or maybe a seasoned professional needing to freshen up an existing resume? Your resume is a sales point. There is a small window to capture potential employer's attention. We will review the resume process and make your resume shine! (\$25 for additional family member sharing materials.)

Instructor: Joel Boggess, CPBA, CPVA

Summer I:

43045-A	W	11:00-1:30 PM	1WK	6/11	\$49
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Summer II:

44045-A	F	9:00-11:30 AM	1WK	7/11	\$49
44045-B	TH	2:00-4:30 PM	1WK	8/7	\$49

**NEW CLASS! 48 Days To The Work You Love**

This concept was formulated by nationally known speaker and author, Dan Miller. The program is designed for people of all ages, academic background, and work experience. You will learn your strengths, marketable assets, and develop a clear plan of action. (\$99 for additional family member sharing materials.)

Instructor: Joel Boggess, CPBA, CPVA

Summer I:

43400-A	TH	6:30-8:30 PM	6WKS	6/5	\$399
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Wedding/Party Dance – The Foxtrot Part I & II

Come and learn the social dance that is danced at most weddings, parties, cruise ships, and “just fun” type gatherings: the Foxtrot! Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Part I:

43165-A	M	6:30-7:15 PM	4WKS	6/2	\$30
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Part II:

44165-A	M	7:30-8:15 PM	4WKS	7/7	\$30
44165-B	W	7:30-8:15 PM	4WKS	8/6	\$30

Cha Cha - Beginner

Enjoy this fun, flirty, playful dance through Cuban motion and syncopated steps. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

43160-A	W	6:30-7:15 PM	4WKS	6/4	\$30
44160-A	W	8:30-9:15 PM	4WKS	8/6	\$30

Country & Western: 2-Step/3-Step Beginner

YEEHAW! Come and learn to 2-step/3-step your way across the dance floor. We'll learn basic Texas, old country and western, and the progressive 2-step dances. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

43140-A	W	8:30-9:15 PM	4WKS	6/4	\$30
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Salsa – Part I & II

We will cover all the basics including cross over, right side pass, left side pass, turns, free style, and more! Leading for the men and following for the ladies will be taught. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Part I:

43175-A	M	8:30-9:15 PM	4WKS	6/2	\$30
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Part II:

44175-A	M	8:30-9:15 PM	4WKS	8/4	\$30
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Wedding And Party Dancing – East Coast Swing – Part I & II

This stylized Swing dance is currently popular with many Swing dancers across the country. It is danced to a wide variety of music including rhythm-and-blues, top 40 hits, slow-to-medium Swing, or Disco music. East Coast Swing is a very interpretive and fun dance. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Part I:

43130-A	M	7:30-8:15 PM	4WKS	6/2	\$30
44130-A	M	7:30-8:15 PM	4WKS	8/4	\$30

Part II:

44130-B	M	8:30-9:15 PM	4WKS	7/7	\$30
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Salsa Intermediate

Pre-requisite: Salsa Beginner a must. A body/hip rhythmic dance with crossovers and under-arm turns, five-position step, break-aways, cross-body leads and Cuban motion. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

44150-A	W	7:30-8:15 PM	4WKS	7/9	\$28
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West Coast Swing – Part I & II

We will learn one of the most popular forms of swing which originated on the west coast. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Part I:

43170-A	W	6:30-7:15 PM	4WKS	6/2	\$26
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Part II:

44170-A	M	6:30-7:15 PM	4WKS	7/7	\$26
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Waltz Intermediate

Must have taken beginner waltz or have good knowledge of frame, timing and the waltz basics. We will be doing an assortment of patterns, some that will be easy and others more challenging. Come on and let your dancing passion grow. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

43125-A	W	6:30-7:15 PM	4WKS	8/6	\$30
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Fort Worth Shuffle – Part I & II

If you are going to dance in Fort Worth or Dallas, you have to come learn this dance! The Fort Worth Shuffle is smoother than the 3-step and has its own unique raps and turns. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

Part I:

43180-A	W	7:30-8:15 PM	4WKS	6/4	\$30
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Part II:

44180-A	W	8:30-9:15 PM	4WKS	7/9	\$30
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NEW CLASS! Mexican Cultural Dances - Tejano & Cumbia

These two Mexican cultural dances are danced at most Quincienra, Bodas (weddings) and just fun to learn. Easy steps and relaxed frames, turns, and raps are included in the lesson. Come learn and enjoy to dance the dances of fiestas and parties of the Hispanic community. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

44190-A	M	6:30-7:15 PM	4WKS	8/4	\$30
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Recreation Center Fees:

	<i>Hurst Residents</i>	<i>Non-Hurst Residents</i>
Daily Pass	\$1.00	\$5.00
Annual Pass <i>Youth (6 – 15 years)</i>	\$10.00 per year	\$40.00 per year
Annual Pass <i>Adult (16 – 64 years)</i>	\$25.00 per year	\$100.00 per year
Annual Pass <i>Senior (65+ years)</i>	\$10.00 per year	\$40.00 per year
Annual Family Pass	\$65.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00

Adult Summer Softball Leagues

Registration for Returning Teams:

May 5 - 6: 9:00 a.m. - 5:00 p.m.
Hurst Recreations Center (700 Mary Drive)
(Teams playing in Hurst in 2007 and 2008.)

Open Registration:

May 7 - 23: 9:00 a.m.-5:00 p.m. (Mon. - Fri.)
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$325 for 10 Games (no summer league playoffs)

League Begins:

Monday, June 2.

League Nights:

Monday - Friday

Schedules Available:

Schedules will be available on the City's website 24 hours a day or in person at the Recreation Center beginning May 28. For more information, call: 817-788-7320.

Adult Fall Softball Leagues

Registration for Returning Teams:

August 4 - 5: 9:00 a.m. - 5:00 p.m.
Hurst Recreations Center (700 Mary Drive)
(Teams playing in Hurst in 2007 and 2008.)

Open Registration:

August 6 - 22: 9:00 a.m.-5:00 p.m. (Mon. - Fri.)
Hurst Recreation Center (700 Mary Drive)

Entry Fee:

\$300 for 8 Games (no fall league playoffs)

League Begins:

Tuesday, September 2.

League Nights:

Monday - Friday

Schedules Available:

Schedules will be available on the City's website 24 hours a day or in person at the Recreation Center beginning August 26. For more information, call: 817-788-7320.

Youth Sports Associations:

- Hurst Girls Softball League - (HGSL) 817-825-2198
- Tri-Cities Baseball Assn. - (TCBA) 817-285-0200
- Mid-Cities Basketball Assn. - (MCBA) 817-354-6208
- Hurst United Soccer Assn. - (HUSA) 817-282-8680
- Mid-Cities PeeWee Football & Cheerleading Assn. - 817-282-2390

Healthy Hurst:

Healthy Hurst Online Wellness Program Information

The City of Hurst is partnering with PureWellness to implement a city-wide wellness initiative for all Hurst residents. PureWellness has been providing online wellness assistance since 1997. The City of Hurst and PureWellness have created an online wellness program that will assist all participants with increasing their level of personal wellness, health, and fitness through the use of proper nutrition plans, fitness logs, and health assessments.

For only \$10 per year, participants can track their progress as they create personalized nutrition and fitness plans, and monitor their

personal health and wellness through the custom-designed Healthy Hurst website.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. All participants will receive a Healthy Hurst t-shirt when they register for the program. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst participants can use the computer kiosk located in the lobby of the



Hurst Recreation Center, or log on from the comfort of their own home to keep track of their wellness, fitness, and health using the Healthy Hurst website.

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness, and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health, and fitness goals today! For more information on the Healthy Hurst program, contact the Hurst Recreation Center (817) 788-7325 for more information.

Special Events:

Kids' All-American Fishing Derby

Saturday, June 7, 2008
Chisholm Park
2200 Norwood Drive

Calling all kids, ages 5 to 16 years! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole and tackle, and a picnic lunch to enjoy a morning of fishing fun!

The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited. Be sure to register early! For more information, call 817-788-7325

Hurst Golden Couples

Saturday, June 21, 2008
Brookside Center
1244 Brookside Drive
6:00 – 8:00 PM

In celebration of your 50+ years of matrimony, we invite you to attend the 2008 Golden Couples event. Please RSVP by June 9 to 817-788-7320. Special thanks to our event sponsors: Creative Memories, Bice's Florist, Prints Charming Photography and Balloons Fantastique. For more information, call 817-788-7320

Hurst Stars & Stripes

Friday, July 4, 2008
Hurst Community Park
5:00 – 10:00 PM

Bands:
Johnnie High's
Country Music Revue (5:30 – 6:30 PM)
LeFreak (6:45 – 7:45 PM)
Emerald City (8:00 – 9:30 PM)

Activities: Children's Spirit Parade, Children's Area featuring large inflatable activities, live music, food, and of course FIREWORKS at approximately 9:30 PM! For more information, call 817-788-7320

Hurst Stars & Stripes Children's Spirit Parade

Friday, July 4, 2008
Hurst Community Park
Judging begins at 4:15 PM
with the parade following at 5:00 PM

Come show your patriotic spirit by decorating your wagon, tricycle, scooter, or skateboard and join us for the Hurst Stars & Stripes Children's Spirit Parade. For more information, call 817-788-7320

Catfish Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with 12" channel catfish during the following weeks:

- April 21
- May 5, 19
- June 2, 16, 30
- July 14, 28
- September 1, 15, 29
- October 13, 27



Hurst Tennis Center
701 Mary Drive
(817) 788-7330

Welcome to the Hurst Tennis Center

Tennis Camps

"Home of the Team Hurst Junior Development Program"

Pee Wee Tennis Camp (Ages 6 & under.)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructor: Hurst Tennis Center Staff

81000-A	T/TH	9:45-10:30 AM	6/10 – 6/12	\$30
81000-B	T/TH	9:45-10:30 AM	6/24 – 6/26	\$30
81000-C	T/TH	9:45-10:30 AM	7/8 – 7/10	\$30
81000-D	T/TH	9:45-10:30 AM	7/15 – 7/17	\$30

Jr. Beginner Tennis & Swim Camp (Ages 7 & up.)

A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink everyday.

Instructor: Kelly Langdon, USPTA Staff

82000-A	T/TH	10:30-1:30 PM	6/9 – 6/12	\$80
82000-B	T/TH	10:30-1:30 PM	6/16 – 6/19	\$80
82000-C	T/TH	10:30-1:30 PM	6/23 – 6/26	\$80
82000-D	T/TH	10:30-1:30 PM	7/7 – 7/10	\$80
82000-E	T/TH	10:30-1:30 PM	7/14 – 7/17	\$80
82000-F	T/TH	10:30-1:30 PM	7/21 – 7/24	\$80
82000-G	T/TH	10:30-1:30 PM	7/28 – 7/31	\$80
82000-H	T/TH	10:30-1:30 PM	8/4 – 8/7	\$80
82000-I	T/TH	10:30-1:30 PM	8/11 – 8/14	\$80

Advanced Beginner/Intermediate Tennis Camp (Ages 12 & up)

Improve skills learned in Beginner Camp. Tactics, drills, & fun are stressed.

Instructor: Kelly Langdon, USPTA and Staff

84000-A	M – TH	10:30-12:00 PM	6/9 – 6/12	\$60
84000-B	M – TH	10:30-12:00 PM	6/16 – 6/19	\$60
84000-C	M – TH	10:30-12:00 PM	6/23 – 6/26	\$60
84000-D	M – TH	10:30-12:00 PM	7/7 – 7/10	\$60
84000-E	M – TH	10:30-12:00 PM	7/14 – 7/17	\$60
84000-F	M – TH	10:30-12:00 PM	7/21 – 7/24	\$60
84000-G	M – TH	10:30-12:00 PM	7/28 – 7/31	\$60
84000-H	M – TH	10:30-12:00 PM	8/4 – 8/7	\$60
84000-I	M – TH	10:30-12:00 PM	8/11 – 8/14	\$60

Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Advanced Beginner/Intermediate Tennis & Swim Camp (Ages 12 & up)
Introduction to tactics and drills. Player development and fun are stressed. Kids will eat lunch and swim at the Central Aquatics Center each day. Bring a sack lunch and drink everyday.

Instructor: Kelly Langdon, USPTA and Staff

85000-A	M – TH	10:30-1:30 PM	6/9 – 6/12	\$80
85000-B	M – TH	10:30-1:30 PM	6/16 – 6/19	\$80
85000-C	M – TH	10:30-1:30 PM	6/23 – 6/26	\$80
85000-D	M – TH	10:30-1:30 PM	7/7 – 7/10	\$80
85000-E	M – TH	10:30-1:30 PM	7/14 – 7/17	\$80
85000-F	M – TH	10:30-1:30 PM	7/21 – 7/24	\$80
85000-G	M – TH	10:30-1:30 PM	7/28 – 7/31	\$80
85000-H	M – TH	10:30-1:30 PM	8/4 – 8/7	\$80
85000-I	M – TH	10:30-1:30 PM	8/11 – 8/14	\$80

Evening Jr. Beginner Tennis & Swim Camp (Ages 7 & up)
A fun camp for beginners. Learn the forehand, backhand, serve and volley. Kids will eat dinner and swim at the Central Aquatics Center each day. Bring a sack dinner and drink everyday.

Instructor: Frank Ford, USPTA & Staff

83000-A	M – TH	4:30–7:00 PM	6/9 – 6/12	\$75
83000-B	M – TH	4:30–7:00 PM	6/16 – 6/19	\$75
83000-C	M – TH	4:30–7:00 PM	6/23 – 6/26	\$75
83000-D	M – TH	4:30–7:00 PM	7/7 – 7/10	\$75
83000-E	M – TH	4:30–7:00 PM	7/14 – 7/17	\$75
83000-F	M – TH	4:30–7:00 PM	7/21 – 7/24	\$75
83000-G	M – TH	4:30–7:00 PM	7/28 – 7/31	\$75

Jr. High Tennis Drill (Ages 12 & up)
For Junior High students that want to play High School Varsity or Jr. Varsity tennis.

Instructor: Sam Elliott, USPTA & Staff

87000-A	T/TH	9:00-10:30 AM	4WKS	6/10	\$120
87000-B	T/TH	9:00-10:30 AM	4WKS	7/8	\$120

High School Tennis Drill
For Varsity and Junior Varsity players wanting to upgrade to a higher level!

Instructor: Sam Elliott, USPTA & Staff

88000-A	T/TH	10:30-12:00 PM	4WKS	6/10	\$120
88000-B	T/TH	10:30-12:00 PM	4WKS	7/8	\$120

Hours of Operation:

Mon. – Thurs. 8:00 a.m. – 10:00 p.m.
Friday – Sun. 8:00 a.m. – 7:00 p.m.

Tennis Center Coordinator – Mike Campo, USPTA

Tennis Specialist – Kelly Langdon, USPTA

Tennis Attendants – Randy Cook, Charlie Crosswait, Mark Hargrove, Steven Lu, and Alicia Morton

Tennis Instructors – Frank Ford, USPTA, Kelly Sanders, USPTA, Greg Smith, Sam Elliott, USPTA, and Jason Brown, USPTA

Please bring one can of new, unopened, tennis balls to your first day of class.

Adult Tennis

Adult Beginner/Advanced Beginner Clinic
Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new balls to first class.

Instructor: Kelly Langdon, USPTA, Frank Ford, USPTA, & Staff

81100-A	T	7:00-8:30 PM	4WKS	6/3	\$60
81100-B	T	7:00-8:30 PM	4WKS	7/8	\$60

Adult Intermediate Clinic
This class is for adults who want to build on existing skills. You'll practice all shots and learn techniques and tactics.

Instructor: Kelly Langdon, USPTA, Frank Ford, USPTA, & Staff

81200-A	T	7:00-8:30 PM	4WKS	6/3	\$60
81200-B	T	7:00-8:30 PM	4WKS	7/8	\$60

Men's Open 4.0 Clinic
Meets each Thursday for men rated 4.0 or higher. Learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA, & Staff

88444-A	TH	7:00-8:30 PM	WKLY	6/5	\$12
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How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Specialist:

Kelly Langdon, USPTA,
or Tennis Center Coordinator, **Mike Campo, USPTA**
\$48 per hour
\$26 per half hour
\$168 per series of 4 lessons

Lessons with Tennis Instructors:

Frank Ford, USPTA, Chris Walters, USPTA, Greg Smith, Sam Elliott, USPTA, or Jason Brown, USPTA
\$47 per hour
\$25 per half hour
\$168 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$80 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages and abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- NTRP Ratings Verifiers Available
- USPTA Certified Instructors Available
- USTA Adult and Youth Leagues

Court Fees

(90 minutes)
\$1 Hurst Residents
\$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.

Upcoming Tournaments

USTA Junior Open Tournament –
May 23, 24 and 25
UTSA Hurst Open Tournament –
September 26, 27 and 28

*Do you want to practice your serve or hit a few with a friend?
CALL 817-788-7330
for a court reservation.*

*Summer Adult Leagues begin
June 2
must register by
May 30
cost is \$25/person*

Welcome to the

Hurst Aquatics Centers

Central Aquatics Center

715 Mary Drive
(817) 788-7327

Chisholm Aquatics Center

2200 Norwood Drive
(817) 788-7250

Public Swim Information:

Dates of Operation:

May 24 and 25: Central and Chisholm Aquatics Centers will be open regular hours.

May 26 and 30: Central and Chisholm Aquatics Centers will be open regular hours if local schools not in session or 4:00-8:00 p.m. if schools inclement weather make-up day is used.

May 27, 28 and 29: Central and Chisholm Aquatics Centers will be open 4:00.-8:00 p.m.

May 31-August 24: Central and Chisholm Aquatics Centers will be open regular hours.

August 30, 31 and September 1: Only Chisholm Aquatics Center will be open regular hours.

Hours of Operation:

Sunday: 1:00-6:00 p.m.
Monday-Friday: 12:00-8:00 p.m.
Saturday: 10:00 AM-6:00 p.m.

Daily Admission Fees:

Free – 12 months and younger
Free – 65 years and older
\$1.00 – Hurst residents, ages 1 - 64 yrs
Central:
\$4.00 – non-Hurst residents, ages 1-64 yrs
Chisholm:
\$5.00 – non-Hurst residents, ages 1-64 yrs

Season Passes:

\$25.00 per person for Hurst Residents
\$75.00 per person for Non-Hurst Residents

Swimwear Policy:

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the aquatics facility. An appropriate swimsuit is defined as a swim garment with an affixed/ sewn inner lining. "Thong" style swimwear and swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted. Examples of apparel NOT permitted in the water include, but are not limited to: Athletic shorts (bicycle, running, basketball, soccer, etc.), sports bras (unless a dark shirt is worn) and denim jeans.

Resident Aquatics Cards:

2008 Hurst Resident Aquatics Cards are available at the Hurst Recreation Center beginning May 6 during Summer Class Registration. This free Aquatics Card allows Hurst Residents to enter both Central and Chisholm Aquatics Centers for only \$1.00/person/day. Aquatics Cards will also be available at the Chisholm Aquatics Center throughout the 2008 Season. (Proof of Hurst Residency required)

Party Packages:

Party Packages are available and must be purchased in advance, in person, at the Recreation Division administrative office, 700 Mary Dr. The deadline for purchase is 72 hours in advance of your event.

Pavilions are available for rental by Hurst AND Non-Hurst Residents.

Registration:

Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax.

Hurst Residents: May 6 at 7:00 AM
Non-Residents: May 10 at 8:00 AM

The deadline to register, cancel, or transfer for a class is Wednesday, at 5:00 p.m., prior to the beginning of each session.

Party Package Options:

Option #1

\$25.00 Pavilion Rental
\$8.00/Person Party Passes

Option #2

\$8.00/Person Party Passes

Both Include:

Admission to Aquatics Center
Pizza or Hotdog/Chips
Cake · Drinks
Paper Goods & Condiments

For more information,
please call
(817)788-7320.

Aquatics Center Staff:

Recreation Manager

Chris Watson

Learn To Swim Coordinator

Emily Hathaway

Manager, Central Aquatics Center

Mitch Hines

Manager, Chisholm Aquatics Center

Travis Hiser



Learn To Swim Program:

Session Dates:

Session I: June 2 - June 13

Session II: June 16 - 27

Session III: June 30 - July 11 (no class July 4)

Session IV: July 14 - 25

Session V: July 28 - August 8

Registration

Walk-in registration beginning on Tuesday, May 6, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 10. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Saturday, May 10. Registration for swim classes is conducted on a walk-in or on-line basis only. No class registration will be accepted by mail or fax for Learn-to-Swim lessons.

Hurst Residents May 6 at 7:00 a.m.

Non-Residents May 10 at 8:00 a.m.

The deadline to register, cancel, or transfer a class is Wednesday, at 5:00 p.m., prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class.

Class Scheduling

Classes and their scheduled times are subject to change. When the number of participants is below the minimum, participants will be encouraged to change to another class time or session.

Hurst Residents = \$27.00

Non-Hurst Residents = \$29.00

First Day Evaluations

On the first day of each session, students will be informally evaluated to determine whether or not they are in the appropriate class. Necessary adjustments will be made during this time.

Weather Conditions

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7340 to see if classes have been cancelled. It is possible that classes will be cancelled on a class-by-class basis or for the entire morning or evening. If possible, a safety day will be conducted as this information is required for all American Red Cross classes.

Class Cancellation

Classes may be cancelled due to situations beyond our control. The first day that classes cannot be conducted in the water, a safety day will be held. The second and third days in a session that classes cannot be conducted, they will be cancelled entirely. In the event that further classes are cancelled, one make-up class will be scheduled on Saturday. There is one Saturday make-up day scheduled per session. This policy applies to all five sessions.

Refund Policy

No refunds will be given after the first day of class. Medical reasons will be considered with a Doctor's report. The medical reason will be considered if the Doctor's report is received within 48 hours of the first absence.



Group Reservation Policy:

A "Group" is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.

Junior Lifeguard Classes

Central Aquatics Center

*No class July 4

Central Aquatics Center	Days	Times	Dates	Resident	non-Resident
73300-A	M – F	9:45-11:45 AM	6/2 – 6/13	\$52	\$57
74300-A	M – F	9:45-11:45 AM	6/16 – 6/27	\$52	\$57
75300-A	M – F	9:45-11:45 AM	6/30 – 7/11*	\$52	\$57
76300-A	M – F	9:45-11:45 AM	7/14 – 7/25	\$52	\$57

Chisholm Aquatics Center

*No class July 4

Chisholm Aquatics Center	Days	Times	Dates	Resident	non-Resident
63300-A	M – F	9:45-11:45 AM	6/2 – 6/13	\$52	\$57
64300-A	M – F	9:45-11:45 AM	6/16 – 6/27	\$52	\$57
65300-A	M – F	9:45-11:45 AM	6/30 – 7/11*	\$52	\$57
66300-A	M – F	9:45-11:45 AM	7/14 – 7/25	\$52	\$57

Junior Lifeguard Volunteer Times

Mon., Wed., Fri.
12:00-2:00 PM or
5:00-7:00 PM

Volunteer time must be scheduled in advance with an instructor, and may not exceed more than two hours/day.



Learn-To-Swim Classes

Do you need some help selecting the correct swim class for your child? Use the following table to assist you in making your selection. If you need further assistance or have any questions, please call 817-788-7325

Parent & Tot Swim (6-36 months)

With your help, this class will introduce your child to the aquatic environment. Parent/adult participation is required.

Infant's skills: water adjustment and pool exploration, supported front kick, supported front and back float, blowing bubble/submerge, alternating arms on front, turnover (front to back and back to front), introduction to lifejackets, and entering and exiting the pool.

Pre-School (3-5 years)

Your child will be introduced and adjusted to the water in this class designed for pre-school children. Participants will learn swimming readiness skills through play.

Child's skills: water adjustment and pool exploration, enter the water by steps and ladder, jumping into the water, supported front and back float/glide, supported front and back kick, blowing bubbles, opening eyes under water, perform bobs, alternating arms in the front and the back, turnover (front to back and back to front), fully submerge face, kick up to the surface, introduction to lifejackets, and entering and exiting the pool.

Level I: Water Exploration

If your child is a new or non-swimmer, this is the class for them. This class teaches: water adjustment, beginning stroke skills and safety.

Child's skills: fully submerge face for 3 seconds, 10 bobs in chest deep water with support, supported front and back float, blowing bubbles, enter and exit the pool independently, walk in chest deep water for 5 yards, supported front and back kick, walk with alternating arms for 5 yards, basic safety rules, getting emergency help, perform reaching assists, releasing a foot cramp, and use of lifejackets.

Level II: Fundamental Aquatics Skills

Does your child feel comfortable submerging their head under water? This class is designed for those who are comfortable in the water. Primary swimming skills will be taught.

Child's skills: fully submerge face for 3 seconds, retrieve object from chest deep water, explore deep water, prone and supine glide/float for 5 seconds, level off to vertical, perform 10 bobs, enter pool in deep water, exit side of pool, flutter kick on front and back, finning on back, back crawl arm action, combination front and back stroke for 5 yards, turnover (front to back and back to front), lifejacket float for 1 minute, reaching assists, and assist non-swimmer to feet.

Level III: Stroke Development

After your child has learned the beginning strokes, this class is the next step. This class includes: building upon existing skills, swimming in deep water, introduction to elementary backstroke, and safety.

Child's skills: retrieve object from chest deep water, perform 15 bobs, bob to the side of the pool, jump into deep water, kneel dive from the side, prone and supine glide—2 body lengths, front crawl and breath for 10 yards, back crawl for 10 yds, change directions while swimming an back, safe diving rules, tread water use lifejacket in deep water, H.E.L.P. and huddle positions for 1 minute, and discuss rescue breathing.

Level IV: Stroke Improvement

Your child will continue to improve their swimming strokes. They will learn: diving, increase endurance in the basic strokes, and introduction to breaststroke and sidestroke.

Child's skills: deep water bobs, floating position, rotary breathing, standing front dive, inverted scissor kick, elementary back—10 yds., sculling on back—5 yds., front crawl with rotary breathing—25 yds., back crawl—25 yds., breaststroke kick—10 yds., scissor kick—10 yds., change direction by turning at the wall, tread water for 2 minutes using any kick, demonstrate rescue breathing, become familiar with CPR, discuss aquatic safety, and perform assists.

Basic Diving (8+ years)

You will be introduced to the fundamentals of diving such as: approaches, positions, and techniques. (Pre-requisite: Level III skills)

Child's skills: feet first entry from the diving board, standing dive from the side of the pool and diving board, three step approach, hurdle, position skills: tuck, pike, and straight, hurdle with tuck, pike, straight entry, and dive off the board, standing pike and tuck dives off the side of pool and diving board.

Advanced Diving

Once you have Basic Diving mastered, it is time to move up to Advanced Diving. You will improve existing skills and be introduced to the skills of competitive diving.

Child's skills: skills from the diving board: standing back dive, standing back dive with take off, hurdle with front flip, one and a half flip, one and a half flip, back tuck, standing front and back flip, and standing back flip with a jump off.

For Class Description see page 47

Learn-To-Swim Classes

All Class Monday-Friday	Session I 6/2-6/13	Session II 6/16-7/27	Session III 6/30-7/11 <i>no class July 4</i>	Session IV 7/14-7/25	Session V 7/28-8/8
Parent Tot Swim <i>(6-36 months)</i> See page 47 for class description.	Chisholm: 63010-A 9:50-10:20 AM 63010-B 10:30-11:00 AM 63120-A 6:00-6:30 PM 63120-B 6:40-7:10 PM Central: 73010-A 9:10-9:40 AM 73010-B 9:50-10:20 AM	Chisholm: 64010-A 9:50-10:20 AM 64010-B 10:30-11:00 AM 64120-A 6:00-6:30 PM 64120-B 6:40-7:10 PM Central: 74010-A 9:10-9:40 AM 74010-B 9:50-10:20 AM	Chisholm: 65010-A 9:50-10:20 AM 65010-B 10:30-11:00 AM 65120-A 6:00-6:30 PM 65120-B 6:40-7:10 PM Central: 75010-A 9:10-9:40 AM 75010-B 9:50-10:20 AM	Chisholm: 66010-A 9:50-10:20 AM 66010-B 10:30-11:00 AM 66120-A 6:00-6:30 PM 66120-B 6:40-7:10 PM Central: 76010-A 9:10-9:40 AM 76010-B 9:50-10:20 AM	Chisholm: 67010-A 9:50-10:20 AM 67010-B 10:30-11:00 AM 67120-A 6:00-6:30 PM 67120-B 6:40-7:10 PM Central: 77010-A 9:10-9:40 AM 77010-B 9:50-10:20 AM
Pre-School <i>(3-5 years)</i> See page 47 for class description.	Chisholm: 63020-A 8:30-9:00 AM 63020-B 9:10-9:40 AM 63020-C 9:50-10:20 AM 63020-D 10:30-11:00 AM 63020-E 11:10-11:40 AM 63130-A 6:00-6:30 PM 63130-B 6:40-7:10 PM Central: 73020-A 8:30-9:00 AM 73020-B 9:10-9:40 AM 73020-C 9:50-10:20 AM 73020-D 10:30-11:00 AM 73020-E 11:10-11:40 AM	Chisholm: 64020-A 8:30-9:00 AM 64020-B 9:10-9:40 AM 64020-C 9:50-10:20 AM 64020-D 10:30-11:00 AM 64020-E 11:10-11:40 AM 64130-A 6:00-6:30 PM 64130-B 6:40-7:10 PM Central: 74020-A 8:30-9:00 AM 74020-B 9:10-9:40 AM 74020-C 9:50-10:20 AM 74020-D 10:30-11:00 AM 74020-E 11:10-11:40 AM	Chisholm: 65020-A 8:30-9:00 AM 65020-B 9:10-9:40 AM 65020-C 9:50-10:20 AM 65020-D 10:30-11:00 AM 65020-E 11:10-11:40 AM 65130-A 6:00-6:30 PM 65130-B 6:40-7:10 PM Central: 75020-A 8:30-9:00 AM 75020-B 9:10-9:40 AM 75020-C 9:50-10:20 AM 75020-D 10:30-11:00 AM 75020-E 11:10-11:40 AM	Chisholm: 66020-A 8:30-9:00 AM 66020-B 9:10-9:40 AM 66020-C 9:50-10:20 AM 66020-D 10:30-11:00 AM 66020-E 11:10-11:40 AM 66130-A 6:00-6:30 PM 66130-B 6:40-7:10 PM Central: 76020-A 8:30-9:00 AM 76020-B 9:10-9:40 AM 76020-C 9:50-10:20 AM 76020-D 10:30-11:00 AM 76020-E 11:10-11:40 AM	Chisholm: 67020-A 8:30-9:00 AM 67020-B 9:10-9:40 AM 67020-C 9:50-10:20 AM 67020-D 10:30-11:00 AM 67020-E 11:10-11:40 AM
Level I: Water Exploration See page 47 for class description.	Chisholm: 63030-A 8:30-9:00 AM 63030-B 9:10-9:40 AM 63030-C 9:50-10:20 AM 63030-D 10:30-11:00 AM 63030-E 11:10-11:40 AM 63140-A 6:00-6:30 PM 63140-B 6:40-7:10 PM Central: 73030-A 8:30-9:00 AM 73030-B 9:10-9:40 AM 73030-C 9:50-10:20 AM 73030-D 10:30-11:00 AM 73030-E 11:10-11:40 AM	Chisholm: 64030-A 8:30-9:00 AM 64030-B 9:10-9:40 AM 64030-C 9:50-10:20 AM 64030-D 10:30-11:00 AM 64030-E 11:10-11:40 AM 64140-A 6:00-6:30 PM 64140-B 6:40-7:10 PM Central: 74030-A 8:30-9:00 AM 74030-B 9:10-9:40 AM 74030-C 9:50-10:20 AM 74030-D 10:30-11:00 AM 74030-E 11:10-11:40 AM	Chisholm: 65030-A 8:30-9:00 AM 65030-B 9:10-9:40 AM 65030-C 9:50-10:20 AM 65030-D 10:30-11:00 AM 65030-E 11:10-11:40 AM 65140-A 6:00-6:30 PM 65140-B 6:40-7:10 PM Central: 75030-A 8:30-9:00 AM 75030-B 9:10-9:40 AM 75030-C 9:50-10:20 AM 75030-D 10:30-11:00 AM 75030-E 11:10-11:40 AM	Chisholm: 66030-A 8:30-9:00 AM 66030-B 9:10-9:40 AM 66030-C 9:50-10:20 AM 66030-D 10:30-11:00 AM 66030-E 11:10-11:40 AM 66140-A 6:00-6:30 PM 66140-B 6:40-7:10 PM Central: 76030-A 8:30-9:00 AM 76030-B 9:10-9:40 AM 76030-C 9:50-10:20 AM 76030-D 10:30-11:00 AM 76030-E 11:10-11:40 AM	Chisholm: 67030-A 8:30-9:00 AM 67030-B 9:10-9:40 AM 67030-C 9:50-10:20 AM 67030-D 10:30-11:00 AM 67030-E 11:10-11:40 AM
Lever II: Primary Skills See page 47 for class description.	Chisholm: 63040-A 8:30-9:00 AM 63040-B 9:10-9:40 AM 63040-C 9:50-10:20 AM 63040-D 10:30-11:00 AM 63040-E 11:10-11:40 AM 63150-A 6:40-7:10 PM 63150-B 7:20-7:50 PM Central: 73040-A 8:30-9:00 AM 73040-B 9:10-9:40 AM 73040-C 9:50-10:20 AM 73040-D 10:30-11:00 AM 73040-E 11:10-11:40 AM	Chisholm: 64040-A 8:30-9:00 AM 64040-B 9:10-9:40 AM 64040-C 9:50-10:20 AM 64040-D 10:30-11:00 AM 64040-E 11:10-11:40 AM 64150-A 6:40-7:10 PM 64150-B 7:20-7:50 PM Central: 74040-A 8:30-9:00 AM 74040-B 9:10-9:40 AM 74040-C 9:50-10:20 AM 74040-D 10:30-11:00 AM 74040-E 11:10-11:40 AM	Chisholm: 65040-A 8:30-9:00 AM 65040-B 9:10-9:40 AM 65040-C 9:50-10:20 AM 65040-D 10:30-11:00 AM 65040-E 11:10-11:40 AM 65150-A 6:40-7:10 PM 65150-B 7:20-7:50 PM Central: 75040-A 8:30-9:00 AM 75040-B 9:10-9:40 AM 75040-C 9:50-10:20 AM 75040-D 10:30-11:00 AM 75040-E 11:10-11:40 AM	Chisholm: 66040-A 8:30-9:00 AM 66040-B 9:10-9:40 AM 66040-C 9:50-10:20 AM 66040-D 10:30-11:00 AM 66040-E 11:10-11:40 AM 66150-A 6:40-7:10 PM 66150-B 7:20-7:50 PM Central: 76040-A 8:30-9:00 AM 76040-B 9:10-9:40 AM 76040-C 9:50-10:20 AM 76040-D 10:30-11:00 AM 76040-E 11:10-11:40 AM	Chisholm: 67040-A 8:30-9:00 AM 67040-B 9:10-9:40 AM 67040-C 9:50-10:20 AM 67040-D 10:30-11:00 AM 67040-E 11:10-11:40 AM

For Class Description see page 47

Learn-To-Swim Classes

All Class Monday-Friday	Session I 6/2-6/13	Session II 6/16-7/27	Session III 6/30-7/11 <i>no class July 4</i>	Session IV 7/14-7/25	Session V 7/28-8/8
Level III: Stroke Readiness See page 47 for class description.	Chisholm: 63050-A 9:10-9:40 AM 63050-B 9:50-10:20 AM 63050-C 10:30-11:00 AM 63050-D 11:10-11:40 AM 63160-A 7:20-7:50 PM Central: 73050-A 8:30-9:00 AM 73050-B 8:30-9:00 AM 73050-C 9:10-9:40 AM 73050-D 10:30-11:00 AM 73050-E 11:10-11:40 AM	Chisholm: 64050-A 9:10-9:40 AM 64050-B 9:50-10:20 AM 64050-C 10:30-11:00 AM 64050-D 11:10-11:40 AM 64160-A 7:20-7:50 PM Central: 74050-A 8:30-9:00 AM 74050-B 8:30-9:00 AM 74050-C 9:10-9:40 AM 74050-D 10:30-11:00 AM 74050-E 11:10-11:40 AM	Chisholm: 65050-A 9:10-9:40 AM 65050-B 9:50-10:20 AM 65050-C 10:30-11:00 AM 65050-D 11:10-11:40 AM 65160-A 7:20-7:50 PM Central: 75050-A 8:30-9:00 AM 75050-B 8:30-9:00 AM 75050-C 9:10-9:40 AM 75050-D 10:30-11:00 AM 75050-E 11:10-11:40 AM	Chisholm: 66050-A 9:10-9:40 AM 66050-B 9:50-10:20 AM 66050-C 10:30-11:00 AM 66050-D 11:10-11:40 AM 66160-A 7:20-7:50 PM Central: 76050-A 8:30-9:00 AM 76050-B 8:30-9:00 AM 76050-C 9:10-9:40 AM 76050-D 10:30-11:00 AM 76050-E 11:10-11:40 AM	Chisholm: 67050-A 9:10-9:40 AM 67050-B 9:50-10:20 AM 67050-C 10:30-11:00 AM 67050-D 11:10-11:40 AM 67160-A 7:20-7:50 PM Central: 77050-A 8:30-9:00 AM 77050-B 8:30-9:00 AM 77050-C 9:10-9:40 AM 77050-D 10:30-11:00 AM 77050-E 11:10-11:40 AM
Level IV: Stroke Readiness See page 47 for class description.	Chisholm: 63060-A 8:30-9:00 AM 63060-B 9:10-9:40 AM 63060-C 11:10-11:40 AM	Chisholm: 64060-A 8:30-9:00 AM 64060-B 9:10-9:40 AM 64060-C 11:10-11:40 AM	Chisholm: 65060-A 8:30-9:00 AM 65060-B 9:10-9:40 AM 65060-C 11:10-11:40 AM	Chisholm: 66060-A 8:30-9:00 AM 66060-B 9:10-9:40 AM 66060-C 11:10-11:40 AM	Chisholm: 67060-A 8:30-9:00 AM 67060-B 9:10-9:40 AM 67060-C 11:10-11:40 AM
Level V: Stroke Refinement See page 47 for class description.	Chisholm: 63070-A 8:30-9:00 AM 63070-B 9:10-9:40 AM	Chisholm: 64070-A 8:30-9:00 AM 64070-B 9:10-9:40 AM	Chisholm: 65070-A 8:30-9:00 AM 65070-B 9:10-9:40 AM	Chisholm: 66070-A 8:30-9:00 AM 66070-B 9:10-9:40 AM	Chisholm: 67070-A 8:30-9:00 AM 67070-B 9:10-9:40 AM
Level VI: Skill Proficiency See page 47 for class description.	Chisholm: 63080-A 8:30-9:00 AM	Chisholm: 64080-A 8:30-9:00 AM	Chisholm: 65080-A 8:30-9:00 AM	Chisholm: 66080-A 8:30-9:00 AM	Chisholm: 67080-A 8:30-9:00 AM
Level VII: Advanced Skills See page 47 for class description.	Chisholm: 63090-A 8:30-9:00 AM	Chisholm: 64090-A 8:30-9:00 AM	Chisholm: 65090-A 8:30-9:00 AM	Chisholm: 66090-A 8:30-9:00 AM	Chisholm: 67090-A 8:30-9:00 AM
Basic Diving <i>(8+ years)</i> See page 47 for class description.	Chisholm: 63100-A 9:50-10:20 AM 63100-B 10:30-11:00 AM	Chisholm: 64100-A 9:50-10:20 AM 64100-B 10:30-11:00 AM	Chisholm: 65100-A 9:50-10:20 AM 65100-B 10:30-11:00 AM	Chisholm: 66100-A 9:50-10:20 AM 66100-B 10:30-11:00 AM	Chisholm: 67100-A 9:50-10:20 AM 67100-B 10:30-11:00 AM
Advanced Diving See page 47 for class description.	Chisholm: 63110-A 11:10-11:40 AM	Chisholm: 64110-A 11:10-11:40 AM	Chisholm: 65110-A 11:10-11:40 AM	Chisholm: 66110-A 11:10-11:40 AM	Chisholm: 67110-A 11:10-11:40 AM



Registration Easy-Options!

Mail It!

Hurst Residents may mail their registration with check or credit card payment beginning **Apr. 21**.

Fax It!

Hurst Residents may fax registrations with credit card payment beginning **Apr. 21**.

Non-Residents may fax registrations to 817-282-7081 with credit card payment beginning **May 10**.

Online It!

Hurst Residents may register online with credit card payment beginning **Apr. 21**.

Non-Residents may register online with credit card payment beginning **May 10**.

Walk It!

Hurst Residents can stop by the Recreation Center, 700 Mary Drive, to register in person beginning **May 6 at 7:00 a.m.**

Non-Residents can stop by the Recreation Center, to register beginning **May 10 at 8:00 a.m.**

Classes begin the week of June 2.
(Unless otherwise indicated.)

Walk-In Class Registration Times

(after initial registration days)

Mon. – Thurs. 7 a.m. - 9 p.m.

Friday 7 a.m. - 5 p.m.

Saturday 9:30 a.m. - 5 p.m.

Sunday 1:30 p.m. - 5 p.m.

Registration Policy

Out of fairness to all citizens of our community, you may only register the members of your household.

Confirmations

When you mail-in, fax, or online register, you will receive a confirmation notice through the postal mail or e-mail. (If you want your receipt e-mailed to you, be sure to include your e-mail address on your form.) You will be notified if the designated classes are not available. If the class is not available, you may select a second choice.

Refund Policy

When you sign-up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Supply Lists

Some of our classes require a supply list. These classes are noted in the brochure. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

Help Us Help You!

Help us keep your favorite classes around by enrolling early. There is a point when courses must be cancelled due to insufficient registration, so help us prevent that by enrolling ahead of time.

Classes begin
the week of
**June
2nd**

Summer 2008 Class Registration Form



Head of Household Home Phone Work Phone E-mail Address
Street Address Apt# City State/Zip

Participant's Name	Date of Birth	Gender	Class #	Fee	
1.					
2.					
3.					
4.					
5.					
			Sub-Total	\$	
Non-Resident Fee of \$2 per class		_____ x \$2 (# of classes)	= \$ _____	+ Sub-Total of \$ _____ =	Total Due \$ _____

Payment Method:



____ Check #
____ Credit Card
____ Cash/Money Order

Checks Payable to :
City of Hurst

Mail to:
Hurst Parks and Recreation
Class Registration
700 Mary Drive
Hurst, Texas 76053

Fax to:
817-282-7081

Credit Card Payment Authorization:

____ Visa ____ Mastercard ____ Discover ____ American Express

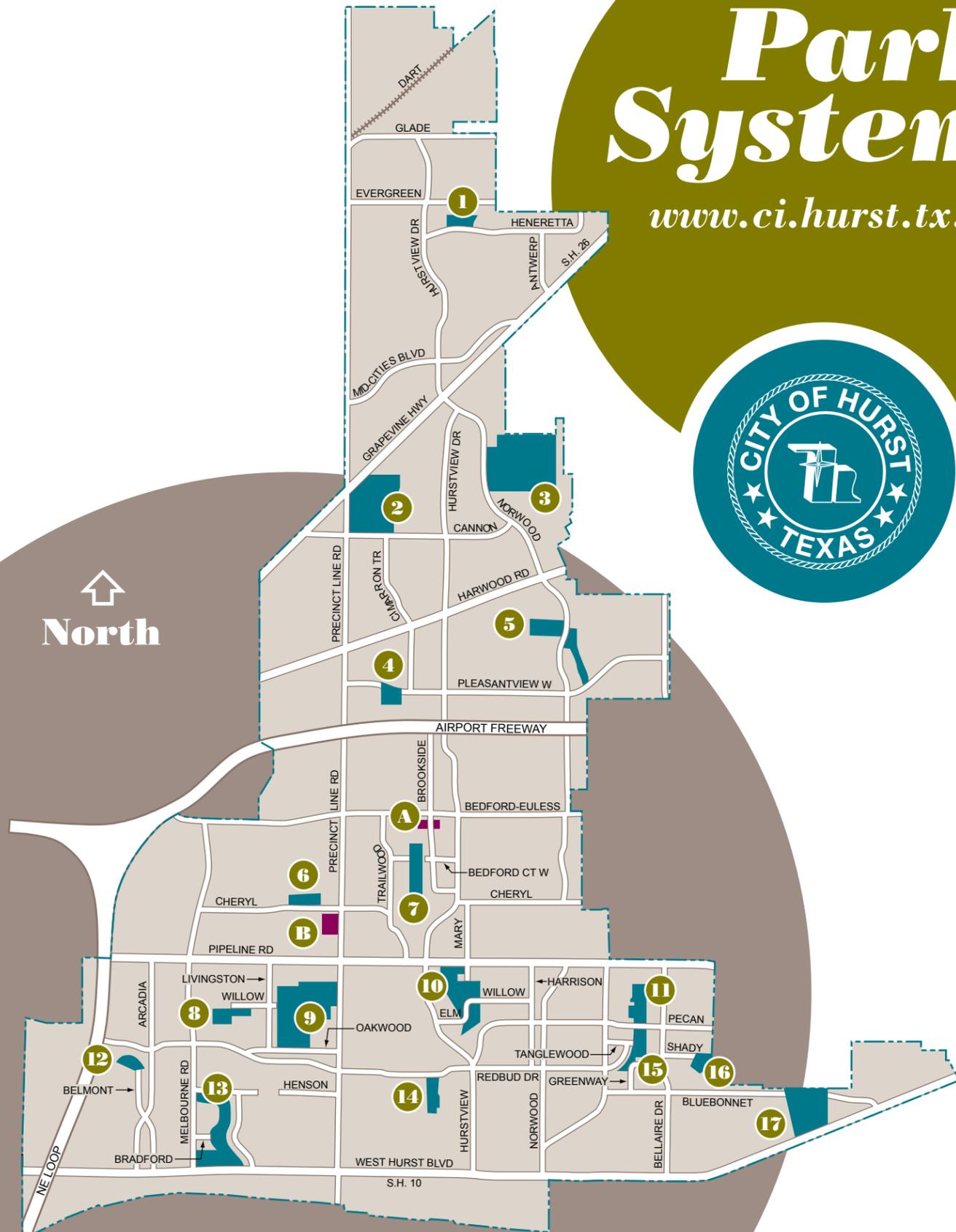
Expiration Date ____ / ____
month year

As a participant in any City of Hurst Parks and Recreation Department program or user of the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I do fully release the City, its employees and officers from their own negligence for failure to properly design, inspect, or supervise the activities to be engaged in or equipment to be used by the undersigned or the minor from whom the undersigned has signed this release. The City does not provide any medical or other insurance protection or benefits for those who use recreational equipment or engage in activities on City premises.

BY SIGNING THIS RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT/USER SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18 DATE





Park System

www.ci.hurst.tx.us



Parks

1 ECHO HILLS PARK

- 500 Heneretta (7.1 Acres)**
- Pavilion
 - Playground
 - Jogging/Walking Trail System (1/3 mile)
 - Picnic Tables
 - Youth Athletic Practice Fields (Unlighted)
 - Pet Water Fountain

2 HURST ATHLETIC COMPLEX

- 2104 Precinct Line Road (42.2 Acres)**
- 4 Adult Softball Fields (Lighted)
 - 6 Youth Soccer Fields (Lighted)
 - 4 Youth Soccer Fields (Unlighted)
 - Playground
 - 3 Group Shelters
 - 2 Concession/Restroom Buildings

3 CHISHOLM PARK

- 2200 Norwood (50 Acres)**
- Aquatics Center
 - 4 Youth Softball Fields (Lighted)
 - 2 Playgrounds
 - 3 Pavilions
 - Pond with Fishing Island
 - Picnic Tables
 - Jogging/Walking Trail System (1.5 miles)
 - Fitness Course
 - Group Shelter
 - Concession/Restroom Building
 - 2 Basketball Courts (Lighted)
 - 2 Pet Water Fountains

4 SMITH-BARFIELD PARK

- 640 Pleasantview (6.9 Acres)**
- Youth Baseball/Softball Field (Lighted)
 - 2 Tennis Courts (Lighted)
 - Youth Athletic Practice Field (Unlighted)
 - Playground
 - Picnic Tables
 - Restrooms
 - Pet Water Fountain

5 MAYFAIR PARK

- 1725 Norwood (14.4 Acres)**
- Youth Athletic Practice Fields (Unlighted)

6 WINDMILL PARK

- 840 Cheryl (2 Acres)**
- Historical Marker

7 VALENTINE PARK

- 610 Bedford Court West (4 Acres)**
- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

- 575 Billie Ruth (4 Acres)**

9 HURST COMMUNITY PARK

- 601 Precinct Line Road (44.9 Acres)**
- 4 Youth Baseball Fields (Lighted)
 - 2 Youth Soccer Fields (Lighted)
 - 2 Sand Volleyball Courts (Lighted)
 - Pavilion
 - 2 Playgrounds
 - Multi-Use Trail System (1 mile)
 - Picnic Tables
 - Wooded Natural Area
 - Open Field Play Area
 - Concession/Restroom Building
 - 2 Group Shelters
 - Pet Water Fountain

10 CENTRAL PARK

- 700 block of Mary Drive (17.5 Acres)**
- Recreation Center
 - Aquatics Center
 - Tennis Center (10 Lighted Courts)
 - 2 Pavilions
 - Playground
 - Picnic Tables
 - 2 Outdoor Basketball Courts (Lighted)

11 VIVAGENE COPELAND PARK

- 501 Pecan Drive (5.2 Acres)**
- Pavilion
 - Playground
 - Multi-Use Trail System (1/3 mile)
 - Open Field Play Area
 - 3 Outdoor Basketball Courts (Lighted)
 - Pet Water Fountain

12 JAYCEE BAKER PARK

- 500 Belmont (4.1 Acres)**
- Playground
 - Picnic Tables
 - Restrooms
 - Youth Athletic Practice Fields (Unlighted)
 - Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

- 525 Redbud Drive (7.2 Acres)**
- Soccer Field (Unlighted)
 - Playground
 - Jogging/Walking Trail System (1/3 mile)
 - Picnic Tables
 - Fitness Course
 - Pavilion
 - Pet Water Fountain

15 BELLAIRE PARK

- 500 Pecan Drive (6.4 Acres)**
- Playground
 - Youth Baseball/Softball Field (Lighted)
 - Jogging/Walking Trail System (1/3 mile)
 - Pet Water Fountain

16 WAN-KA-KANI PARK

- 748 Shadylane (4.1 Acres)**
- Picnic Tables

17 RICKEL PARK

- 1001 Bluebonnet (29 Acres)**
- 2 Pavilions
 - Picnic Tables
 - Nature Trails
 - Scenic Overlook
 - Winding Stream with 2 Bridges
 - Jogging/Walking Trail System (1/2 mile)
 - Pet Water Fountain

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$25 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call
817-788-7320