

Where

We Live

Premier
Issue!

A publication from the City of Hurst

Volunteers in
Action

Health and
Wellness

Transforming Hurst
**Heritage
Village**
Groundbreaking



Spring
2008

Recreation
Class
Schedule



See page **34**
for information
about a Healthier
Hurst



In This Issue...

<i>Council Message</i>	2
<i>Hurst Email Subscription</i>	2
<i>Your Tax Dollars at Work</i>	4
<i>Serving Our Seniors</i>	6
<i>Hurst Public Library</i>	8
<i>Citizen Police Academy</i>	12
<i>Multi-Housing Crime Program</i>	13
<i>Volunteers In Action</i>	14
<i>Healthy Hurst</i>	16

Recreation Center

<i>Pre-School Programs</i>	20
<i>Youth Programs</i>	22
<i>Gymnastics Programs</i>	24
<i>Adult Programs</i>	26
<i>Information, Leagues & Events</i>	33
<i>Hurst Tennis Center</i>	36
<i>How to Register</i>	40
<i>Parks System</i>	42

Where We Live

Welcome to the premier issue of...

It's a new year and the Hurst City Council is proud to launch our new City magazine. There are a number of new and innovative programs, initiatives and even buildings that will be introduced this year, and what better way to let our citizens know about them than with an informative magazine?

This magazine merges two familiar Hurst publications, Hurst Highlights and Hurst Happenings. Your recreation schedule and quarterly guide is included on pages 18 – 40. You'll also find valuable news and information throughout the magazine.

We kept it simple when it came to choosing a title. Hurst is where we play, shop, work, dine, drive and laugh; it's **Where We Live**. We hope that you will use this magazine as an informational tool to decide which classes to sign-up for at the recreation center, get all the details on our special events, read about what's happening in your City and discover helpful hints and tips that relate to everyday living right here in Hurst.

We hope you will enjoy this magazine and find it useful for the things that are important to you. It's a great time to live in Hurst. We hope to see you soon.

Hurst City Council

Receive news, information and event notifications from the City of Hurst by using the Hurst Email Subscription Service.

Visitors of the City's website can register to receive a variety of information via email from the City of Hurst. Subscribers are able to receive email notifications linking them to updated web pages on the City's website. The email service links subscribers to the latest information on topics, such as City Council agendas and minutes, city events, weekly crime information, employment opportunities as well as animals available for adoption. In 2007, more than 51,000 messages were sent to subscribers.

To receive City information on a regular basis or to seek more information, go to the Email Subscription page at www.ci.hurst.tx.us/WebSubscription.htm and use the Quick Subscribe link.



Hurst City Council

Back Row

Larry Kitchens–*Council Member*, Henry Wilson–*Council Member*, Bill McLendon–*Council Member*, Charles Swearengen–*Council Member*

Front Row

Nancy Welton–*Council Member*, Richard Ward–*Mayor*, Anna Holzer–*Mayor Pro Tem*



City Staff

Left to Right

Rita Frick–*City Secretary*
 John Brown–*Fire Chief*
 Jeff Jones–*Assistant City Manager*
 Tim Wallace–*Police Chief*
 Allan Weegar–*City Manager*
 Ron Haynes–*Director of Public Works*
 Allan Heindel–*Deputy City Manager*
 Mike Morgan–*Development Manager*
 Anita Thetford–*Director of Finance*
 Dale Harwell–*Information Services Manager*
 Ashleigh Whiteman–*Communications Manager*



“THE CITY OF HURST IS TRANSFORMING IN A BIG WAY.”

Your Tax Dollars At Work

Transforming Hurst Update

The City of Hurst is transforming in a big way. You heard talk of our Transforming Hurst initiatives, you approved the bond packages and now you will see these plans begin to take shape. On January 29, 2007, city and public officials broke ground on Heritage Village, one of three phases of the transforming initiative. Located on West Pipeline, this development will help revitalize an aging area of the city.

Anchored by a new Senior Center and Fire Station, Heritage Village will have the look and feel of village greens found in older communities with all the amenities of a progressive community. Features such as a nearby park, jogging trail, retail and living space and restaurants will make Heritage Village a premier location for active seniors. Your tax dollars are hard at work as the transformation continues.

On the Cover...

Our cover family is no stranger to the City of Hurst. Dad, Mike, grew up in the City, graduated from L.D. Bell High School and is the Assistant Director of Athletics for HEB ISD. He and wife Jill, 1999's Teacher of the Year at W.A. Porter Elementary, have been married for 16 years and live with their three children in Hurst. Big sister Taylor, age 14, is an honor student at Smithfield Middle School and active in volleyball, basketball, softball, cross country and track. Blaine, a fifth grade student at Porter Elementary, is also active in sports including basketball and football. The 11-year-old also has a love for music as a guitar player and a member of the school choir, Pride of the Porter Singers. The youngest member of the Fielder family, Kolbe, age 2, enjoys being outdoors and is already showing his athletic genes like his siblings. We joined the Fielders for a morning at Chisholm Park to shoot the cover.



See pages
8-11
for what's new at the
Library

SEE
page 26
for Adult
Education
Classes



Where We Serve Our Senior Citizens

Hurst Senior Activities Center Update

You've been hearing about some of the big changes happening in Hurst. For our senior population, these changes will transform not only the face of where you live, but how you live. In November 2005, a bond referendum for the construction of a new Senior Citizens Activities Center was approved by Hurst residents. The center will be located in Heritage Village, an area programmed for residential and mixed-use development on the West Pipeline Corridor as part of the Transforming Hurst initiative. The Hurst Senior Citizens Activities Center will consist

of 27,500 square feet of programming space and offer a wide variety of classes. At this time, your Senior Citizens Advisory Board is working with the City Council to develop and design a modern facility with the proactive programming needed to fit the active lifestyles of Hurst senior citizens. It is anticipated that the Hurst Senior Citizens Activities Center will open in Fall 2009.



Dinner in a Flash!

Simple & Savory Egg Scramble

- 4 eggs or 2 cups egg substitute
- ½ cup skim milk
- 1 cup frozen chopped spinach (or broccoli)
- ½ cup chopped tomato
- ¼ cup chopped onion
- ½ cup 2% Mexican blend shredded cheese
- 1 tsp minced garlic
- ½ tsp sea salt
- ½ tsp ground black pepper

Sauté spinach, onion, garlic and tomato together in a large non-stick skillet, stirring frequently. Set aside. Whip eggs, salt, pepper and milk together until well blended. Pour into skillet, add vegetables and cook. When eggs are almost finished, add cheese and stir until blended. Serve immediately with fresh salsa, whole grain toast or warm corn tortillas for a healthy and fast meal, makes 4 servings.



Hurst Public Library

901 Precinct Line Road
Phone: 817-788-7300



Read All About It!

Youth Programs

Ongoing Activities

Toddler Time

Ages 1-3 years

Mondays and Thursdays 10-10:30 a.m.

Story Time

Ages 3-6 years

Tuesdays and Wednesdays 10:45-11:15 a.m.

Chess Club

For elementary ages and up

Mondays 4-5 p.m.

Puppet People

For 4th-8th graders

Wednesday, March 19

Wednesday, April 16

Wednesday, May 21

4-5 p.m.

Calling Puppet People, old and new!

Would you like to try your hand, or hands,

at puppetry? Now's your chance! We'll be

working on shows for kids this summer.

Call 817-788-7302 to register.

Spring Tea Party

For children ages 4-11 years

Saturday, April 5 from 3-4 p.m.

You are cordially invited to attend the Hurst

Library's Annual Spring Tea Party. Enjoy

stories, refreshments, and more.

Reservations are required and will be taken

at the Youth Services Desk starting March 17.

Call 817-788-7302 to reserve your seat.

Texas Reading Jubilee

Summer Reading Club 2008

The Library invites you to celebrate reading

all summer long. With three clubs—one for

kids 6th grade and younger, one for teens in

7th through 12th grades and one for adults

of all ages—everyone has the opportunity

for reading fun, and prizes, too! This year,

we are going to the dogs... or at least to one

dog: Marley! We're encouraging everyone to

read at least one of the Marley books by John

Grogan: *Marley & Me: Life and Love with the*

World's Worst Dog (for adults); *Marley: a*

Dog Like No Other (for youth); and *Bad Dog,*

Marley! (for young pups). Registration begins

May 24th with special activities planned

from 10 a.m.-1 p.m. The clubs continue

through July 30th with special programs for

all ages to pep up the dog days of summer.

And at the tail end, on July 31st, there will

be a celebration really worth howling about!

So for a doggone good time, join the Summer

Reading Club! And remember: "Outside of a

dog, a book is man's best friend. Inside of a

dog it's too dark to read!" (Groucho Marx)

Totally Teen

Anime Club

For 7th-12th graders

Thursday, March 6

Thursday, April 3

Thursday, May 1

6-8 p.m.

If you enjoy anime—watching it and talking

about it—this is the place for you! Add

snacks, door prizes and other teens that

love anime, too, just for fun!

Volunteer Opportunities for Students ages 14-18

Applications are available April 1.

Do you need volunteer hours this summer?

Have you considered volunteering at the

library? We need lots of help with the

Summer Reading Club.



Visit the Library Online

www.hurst.lib.tx.us

View the iBistro catalog

Place items on hold

View your own record

Renew materials online

Home access to over 60 databases for research

Download eAudiobooks and video

Adult Programs

Family Night

Tales My Grandmother Told Me:

Stories Of West Africa and the Caribbean

Thursday, March 20, 7:00 p.m.

Energetic percussion will fuse with dramatic, animated storytelling when percussionist, Len Barnett, and storyteller, Catherine Whiteman, perform classic West African and Caribbean folktales.

Free College at Your Fingertips

Thursday, April 17, 7:00 p.m.

Jean Burk, author and teacher, will show parents how to help their kids achieve scholarships for a college education. Parents, now is the time to start planning for your child's college future. You won't want to miss this!

Guild of Texas Paper Cutters

Thursday May 29, 7:00 p.m.

Come be amazed at the art of paper cutting. Members of the guild will show you the art of Scherenschnitte Paper Cutting and create an impressive banner for display in the library. You and your family can take part in the fun.

Times Were Art Through the Ages

This project is supported in part by a grant from ARTSNET.

The Shakespeare Man

Thursday, April 10, 7:00 p.m.

Meet and greet the Bard himself, William Shakespeare...Robert Clover-Brown is "the Shakespeare Man," bringing the man, his life, and his works alive in a vivid presentation for adults and young people ages 10 and above.

Freddy and the Falcons

Thursday, May 8, 7:00 p.m.

Journey back into the 1950's and the birth of Rock & Roll with the Doo Wop music of Freddy and the Falcons.

Readers' Night Out

Co-Sponsored by the Friends of Hurst Library

A book discussion with drinks and comfy chairs provided!

Channeling Mark Twain

by Carol Muske Dukes

Thursday, April 3, 7:00 p.m.

A young woman tries to help female inmates by teaching them to write poetry.

Forgery

by Sabrina Murray

Thursday, May 1, 7:00 p.m.

How far will people go to make themselves into the people they wish they were?



Texas Parks & Wildlife Tackle Loaner Program

When "the fish are biting," check out your gear at Hurst Public Library and see what you can catch at Hurst's Chisholm Pond.

As part of an effort by the City of Hurst and Texas Parks & Wildlife to encourage family fishing in urban areas, use your Hurst Public Library Card to check out a rod, reel and tacklebox for use at public fishing holes like Chisholm Pond. For more information, contact the Hurst Public Library at 817-788-7300. Mark your calendar for the next trout stocking date at Chisholm Pond on March 6th.



Evening Performances

Beyond the Pale

Thursday, March 27, 7:00 p.m.

This popular local Celtic band plays in a style that is fresh and out of the ordinary.

Outdoor Concert: Please bring lawn chairs and blankets and enjoy the concert in the Library Park. If it rains, the concert will be held in the

Library Meeting Room.

The Special Consensus

Thursday, April 24, 7:00 p.m.

Their musical mix of traditional and progressive Bluegrass offers a sound for every music lover.

Havana NRG

Thursday, May 22, 7:00 p.m.

A new breed of Latin orchestra band, Havana NRG is taking its Cuban roots to new levels in music.

Noontime Performances

Behan

Friday, March 14, 12:15 p.m.

You will be mesmerized by the traditional Irish pub tunes that come along with a rousing, kicked-up tune!

The Gillette Brothers

Friday, April 11, 12:15 p.m.

"East Texas Cowboy Music" explores the Celtic roots as well as the country blues influences.

E-Flat Porch Band

Friday, May 9, 12:15 p.m.

This two man band plays a variety of music from Folk to Blues to Jazz to Country Swing – the kind of music they play on their very own front porch.

MasterWorks at The Library

Open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with ARTSNET.



Sign-Up Now for the Citizen Police Academy

Applications for the 2008 sessions of the Citizen Police Academy (CPA) are now being accepted by the Hurst Police Department. The CPA is a police-instructed course designed to promote better understanding and cooperation between citizens and the police with the goal of educating citizens about the structure and activities of our police department. The CPA class is not a training class; it is an exciting education class that gives a “behind the scenes” look at the Hurst Police Department.

The 12-week course meets once a week at the Police Department for three hours. Topics covered in the class include overviews of the entire police organization and structure, such as crime prevention, criminal investigations, community policing, crime scenes, D.A.R.E., property and identification, TACT, communications center as well as a jail and records section. Upon completion of the Citizen Police Academy, the participants will hopefully have a better understanding of law enforcement’s role in the criminal justice system and have insight into the many challenges that face law enforcement in today’s complex society.

For more information, contact the Hurst Police Department at 817-788-7342.

“...AN EXCITING
EDUCATION CLASS THAT
GIVES A ‘BEHIND THE SCENES’
LOOK AT THE HURST
POLICE DEPARTMENT.”



Safety First in Hurst: *Crime Free Multi-Housing Program*

In a coordinated effort between the Hurst Police Department and apartment property owners, managers and tenants, an initiative to reduce crime within Hurst apartment complexes is under way. In 2007, the Hurst Police Department implemented the Crime Free Multi-Housing Program (CFMHP). The program was first developed by the Mesa Arizona Police Department in 1992 and over the years has spread to nearly 2,000 cities in 44 states. CFMHP is designed to help keep drugs and other illegal activity off rental property. The purpose of the program is to educate owners, managers and residents to improve the livability of the neighborhoods by reducing crime. The solution-oriented CFMHP is designed for effective and easy

implementation with the positive outcome of reduced crime on rental properties.

In 2007, the Hurst Police Department sent an officer for 24 hours of intensive training to become certified as a CFMHP instructor. This officer, in turn, has provided training to Hurst apartment properties. There are three phases to the program, of which property managers can be individually certified after training. The property itself then becomes certified upon successful completion of all three phases. This program will continue to be offered in 2008 in order to educate the community on what steps can be taken to deter the occurrence of crime.

Criminal Justice Scholarship

The City of Hurst recently announced a scholarship opportunity for local high school students interested in pursuing a career in the criminal justice arena. Named for the much revered former Hurst Police Chief, Joe Watson, the scholarship fund is a component fund of the Community Foundation of North Texas. The fund may award one or more scholarships for a minimum of \$2,000 each year to a graduating senior who is a Hurst resident, current participant in the HEBISD Criminal Justice Program or a child of a Hurst police officer. :: **All applications are due by March 1. For more information or to obtain an application, please call 817-788-7013.**



Where We Volunteer

“IN 2007, MORE THAN 120 VOLUNTEERS DONATED NEARLY 17,000 HOURS OF SERVICE.”

The City of Hurst is fortunate to have residents who are committed to making our community the best it can be. For almost 30 years Hurst residents have volunteered in numerous capacities, making our Volunteers-In-Action program a great success. Volunteers-In-Action is a citywide initiative to meet the expanding service needs of the community by enlisting the help of a volunteer workforce. In 2007, more than 120 volunteers donated nearly 17,000 hours of service. The hard work and dedication of these volunteers gave the City of Hurst more than a quarter of a million dollars in savings in 2007.

The annual VIA Holiday Coffee, which honors all of the City's volunteers, was held on December 14. Volunteers who contributed 200 hours or more, either as a full-time volunteer or a special projects volunteer, were presented with a Blue Jacket and an invitation to join the "Blue Jacket Club." This year, five volunteers achieved this honor: Michael Meriwether, Marlin Morris, Mary Nettles, John Robertson and Joyce Rovell. Congratulations to these dedicated volunteers!



Track Your Health and Fitness Goal in 2008 with Healthy Hurst

Tracking your health and fitness progress is one of the best ways to stay healthy – and staying motivated is a big part of success. Healthy Hurst, the City's community-wide wellness initiative, allows you to measure your results, track your progress and see how your diet and exercise work together. You can keep track of everything online with the PureWellness custom-designed wellness website.

The Healthy Hurst website assists participants in increasing their personal level of health, wellness and fitness. The website also offers meal plans, nutrition information, food logs, exercise programs, fitness activity logs and useful wellness and health information. The cost of the program,

which includes access to the Healthy Hurst website, is only \$10 per year.

The Healthy Hurst program is open to all Hurst residents. Non-residents who have purchased a Hurst Recreation Center Annual Pass may also participate. If you

are interested in joining the Healthy Hurst program, you may register for the program at the Hurst Recreation Center located at 700 Mary Drive. For more information on the Healthy Hurst program, please call 817-788-7325.



The program only costs \$10 per year!

Where We Get Healthy

New Year's Day has come and gone and you probably made some remarkable resolutions, especially about your wellness for 2008. As the weeks have gone by, have you found yourself falling back into old habits and struggling to stay motivated? What can you do to fight off failure?

Here are some quick tips to carry you through:

- 1) Create manageable and measurable goals:** Determine to lose 10 pounds as your first step. Start exercising 2-3 days a week.
- 2) Ask for accountability:** Join a group, take a class, get a personal trainer or find a buddy to keep you accountable to your goals. Looking outside of yourself for help often gives you the most success.

- 3) Avoid black and white thinking:** Set your goals, aim to meet them but don't get stuck in the mental game of all or nothing. If you have a brownie at lunch, eat a smaller dinner instead of eating two more brownies because you have blown your diet for the day.
- 4) Let go:** Give yourself some room for mistakes or splurges and you will find that your cravings, binges and bad habits seem less appealing. You eliminate the problems by letting yourself have more flexibility.
- 5) Change your perspective:** You can lose motivation when you get consumed with your own struggles. Instead of being focused on you, look at others' struggles and how they find success to stay motivated.
- 6) Have fun:** Make your goals incorporate into what you enjoy. Do you love to eat? Take a healthy cooking class that teaches you how to make new foods. Do you love to read? Walk to the library to get a great book or hop on the treadmill to move while you read.

Esther White Wellness Coordinator

Esther White MS, RD, LD is the employee wellness coordinator for the City of Hurst. She is a registered dietitian and fitness professional with a passion for helping others find success and joy in their health! She is happy to live and work in the City of Hurst and hopes to make it a healthier place to be.



Tennis
Classes
pages
36-39

Recreation Division Programs

Parks and Recreation Board

Alan Neace, *Chairman*
Carol Cole, *Vice Chairman*
Delbert Derrett
Ralph Hurd
Pat King
Rod Robertson
Howard Shotwell
Hank Williams

Recreation Staff

Recreation Director:
Doug Kratz
Recreation Managers:
Kim Mesa, Doug McDaniel,
& Chris Watson
Recreation Center Supervisor:
Mary Singleton
Recreation Specialist:
Kyle Gordon

Recreation Attendants

Courtney Andrews, Ron Beall,
Randy Cook, Rudy Garcia, Nikki Green,
Travis Hiser, Amber McMeans, Vickie Scire,
Cheryl Thompson, & Kendall Thornton

Senior Secretary:

Jeanne Coons

Recreation Receptionists:

Pam Bolsins & Katie Kraul

Facility Maintenance:

Wasil Hajasad & Judy Arellano

Mission Statement

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities, and services that encourage life-long learning, fitness and fun.



Registration Information

Walk-in registration beginning on Wednesday, March 4 is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless, whose mail is delivered to a Hurst address are not eligible to register until March 8. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on Saturday, March 8.

Sign-up to register online:

That's right, you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your *Hurst Water Bill, Hurst property tax statement, or Hurst apartment lease and your photo ID* as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your username and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your username and password. Go ahead and do it the next time you are at the Recreation Center working out or at your current class. You will be ready to register online the day registration starts!

Hurst Residents:

Mail-in (check or credit card payment), fax (credit card payment), and online (credit card payment) registration for Recreation Classes, begins February 18. Walk-in registration for all classes with check, cash, or credit card payment begins **March 4 at 7:00 a.m.**

Non-Residents:

Fax and online registrations for Recreation Classes with credit card payment begins **March 8.**

Walk-in registration for all classes with check, cash, or credit card payment begins **March 8 at 8:00 a.m.**

Pre-School Programs:

Supply fees are due at the first class.

Just a couple of reminders...

With your child's best interest in mind, we ask that parents not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is affected by parental distractions and interruptions.

In order to provide the best learning environment, children ages 3-5 years must be toilet-trained.

Our Commitment to Quality

Your satisfaction is our goal. We strive to provide you with quality recreation programs and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and life-long learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

Pre-School Programs

Van Gogh's Two's (18 months to 2 years)

Your 2-year old could be the next Van Gogh! Come find out as they express themselves through fun art projects. (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

12020-A	M	4:30-5:00 PM	8WKS	3/17	\$22
12020-B	W	10:00-10:30 AM	8WKS	3/19	\$22

Mozart's Two's (18 months to 2 years)

Can you imagine the beautiful music your 2-year old and their new friends will create with musical instruments? They will play musical instruments and games. (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

12000-A	M	5:00-5:30 PM	8WKS	3/17	\$22
12000-B	W	10:30-11:00 AM	8WKS	3/19	\$22

Lunch A Bunch! (3 to 5 years)

Call pre-schoolers to the kitchen for some fun! Come learn how to create a healthy lunch. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

12170-A	T	10:30-11:15 AM	8WKS	3/18	\$24
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Creative Time For Tots (3 to 4 years)

This class is designed to teach your pre-schooler important social skills through interaction with others. Your child will prepare for Pre-K through an introduction to letters, numbers, and colors. In a structured, yet fun, environment, your child will learn through crafts, music, stories, and creative play.

Instructor: Barbara Johnson (Certified School Teacher)

12040-A	MW	8:45-10:30 AM	8WKS	3/17	\$56
12040-B	TTH	8:45-10:30 AM	8WKS	3/18	\$56

Pre-K Kids (4 to 5 years)

This class is designed to prepare your child for Kindergarten. Through crafts, stories, music and play time, they will learn the alphabet, numbers, and colors in a structured, yet fun, environment. Your child will develop improved social skills through their interaction with other students. Be sure to bring a sack lunch. (\$10 Supply Fee)

Instructor: Barbara Johnson (Certified School Teacher)

12050-A	MW	11:00-2:30 PM	8WKS	3/17	\$98
12050-B	TTH	11:00-2:30 PM	8WKS	3/18	\$98

Yes, I Can Draw (3 to 5 years)

Yes, you can draw! This class is designed to teach your youngster the first form of communication, art. They will have a chance to let their creativity flow. (Supply List)

Instructor: Mary Cassidy (Certified School Teacher)

12010-A	T	9:30-9:30 AM	8WKS	3/18	\$22
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Phonics Fun (3 to 5 years)

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

12030-A	M	9:00-9:45 AM	8WKS	3/17	\$24
12030-B	TH	9:00-9:45 AM	8WKS	3/20	\$24
12030-C	TH	5:00-5:45 PM	8WKS	3/20	\$24

Phonics Fun - Step 2 (3 to 5 years)

Ready for more phonics? Come take the next step of Phonics Fun and learn some more! (\$5 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

12035-A	M	10:30-11:15 PM	8WKS	3/17	\$24
12035-B	W	9:00-9:45 PM	8WKS	3/18	\$24

Crafty Motor Skills (3-5 years)

Let's have fun developing our fine motor skills through fun craft projects! By completing the crafts using scissors, pens, and pencils, you will help develop the fine motor skills required to complete these tasks. (\$5 supply fee)

Instructor: Mary Cassidy (Certified School Teacher)

12120-A	T	9:30-10:20 AM	8WKS	3/18	\$24
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Forest Fun (3-5 years)

Come learn about the animals who live in the forest. We will learn about their habits, what they eat, and why they live there. (Supply Fee \$5)

Instructor: Mary Cassidy (Certified School Teacher)

12111-A	TH	9:45-10:30 AM	8WKS	3/20	\$24
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Cheerleading 101 (3-5 years)

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps, and cheers. Please wear comfortable shorts, t-shirt, and tennis shoes, and wear your hair pulled back.

Instructor: Cassie Grieco (National Champion Cheerleader)

12025-A	M	4:30-5:15 PM	8WKS	3/17	\$24
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Little Tyke Basketball (3-5 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Jason Slovensky

12500-A	W	6:00-6:30 PM	8WKS	3/19	\$22
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Nursery Rhyme Classics (3-5 years)

Come learn the classic nursery rhymes! We will learn the fun rhymes and create crafts. (Supply Fee \$5)

Instructor: Tammy Slovensky

12115-A	T	10:00-10:30 AM	8WKS	3/18	\$22
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Computer Tots (3-5 years)

Come and learn about computers through the Elmo's Pre-School and Jump Start Kindergarten programs!

Instructor: Vicki McMeans

12800-A	TH	8:15-8:45 AM	8WKS	3/20	\$22
12800-B	TH	8:50-9:20 AM	8WKS	3/20	\$22

Rhythm Fun (3-5 years)

It's music time! We will have fun while learning through songs and learning to play rhythm instruments. (Supply Fee \$2)

Instructor: Mary Cassidy (Certified School Teacher)

12080-A	M	9:45-10:30 AM	8WKS	3/17	\$24
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Paints & Crafts Galore! (3-5 years)

It's time for fun! We'll create our very own works of art through paints and crafts. (Supply Fee \$5)

Instructor: Tammy Slovensky

12090-A	W	9:30-10:00 AM	8WKS	3/19	\$22
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**Gymnastics
Classes,
pages
24-25**

**Take advantage of
our fitness facility
while your child is
in a class!**

*See the front desk for
membership information.*

Youth Programs

Yes, I Can Draw (6-11 years)

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing. (Supply list)

Instructor: Mary Cassidy (Certified School Teacher)

22170-A	T	5:00-5:55 PM	8WKS	3/18	\$24
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Home School Art Fun (6-12 years)

Art is all around us. You will learn about different kinds of art, including painting, drawing, and sculpting. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

22000-A	TH	1:00-2:00 PM	8WKS	3/20	\$24
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Water Coloring (6-11 years)

Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications. (\$10 Supply Fee)

Instructor: Mary Cassidy (Certified School Teacher)

22090-A	T	6:00-6:55 PM	8WKS	3/18	\$24
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Home School Food Fun (6-12 years)

Come learn how to cook a variety of meals using the stove, oven, and microwave. (Supply Fee \$10)

Instructor: Mary Cassidy (Certified School Teacher)

22060-A	TH	Noon-1:00 PM	8WKS	3/20	\$24
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Cheerleading 101 (6-11 years)

Here's your first step in learning to be a cheerleader. You will learn basic motions, jumps, and cheers. Please wear comfortable shorts, t-shirt, and tennis shoes, and wear your hair pulled back.

Instructor: Cassie Grieco (National Champion Cheerleader)

22180-A	M	5:15-6:00 PM	8WKS	3/17	\$24
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Guitar I (9-17 years)

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred.)

Instructor: Ray Wallace

22020-A	TH	6:00-7:00 PM	8WKS	3/20	\$30
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Guitar II (All Ages)

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

22025-A	T	6:00-7:00 PM	8WKS	3/18	\$30
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Guitar III (All Ages)

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

22023-A	T	7:15-8:15 PM	8WKS	3/18	\$30
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Basketball Basics (6-10 years)

Is the NBA in your future? Come get the ball bouncing and learn the basics to get started.

Instructor: Jason Slovensky

22030-A	W	6:30-7:00 PM	8WKS	3/19	\$22
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Karate/Self-Defense (5-15 years)

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

(Beginner 5-7 years)

22111-A	M/W	4:00-5:00 PM	8WKS	3/17	\$34
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(Beginner 8-15 years)

22111-B	M/W	5:00-6:00 PM	8WKS	3/17	\$34
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ITF – Tae Kwon Do (4-15 years)

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, building self-esteem and concentration. www.nguyensitf.com

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

22700-A	S	3:00-4:00 PM	8WKS	3/22	\$46
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Legends Martial Arts (5-11 years)

A Korean martial art, this class is for all ages. You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. www.legendsmartialarts.com

Instructor: Chris Malhiot

White belts: (All beginners start in this class.)

March:

21500-C	TH	5:00-5:30 PM	4WKS	3/6	\$38
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April:

22500-A	TH	5:00-5:30 PM	4WKS	4/3	\$38
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May:

22500-B	TH	5:00-5:30 PM	4WKS	5/1	\$38
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Regular Class:

March:

21500-F	TH	5:30-7:00 PM	4WKS	3/6	\$38
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April:

22500-D	TH	5:30-7:00 PM	4WKS	4/3	\$38
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May:

22500-E	TH	5:30-7:00 PM	4WKS	5/1	\$38
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Olympic Sport of Judo (6-12 years)

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 9-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

Instructor: Kim Mesa (4th degree black belt) www.okurijudo.com

March:

21900-C	M	6:00-7:00 PM	4WKS	3/3	\$32
	S	9:05-10:05 AM			

April:

22900-A	M	6:00-7:00 PM	4WKS	4/7	\$32
	S	9:05-10:05 AM			

May:

22900-B	M	6:00-7:00 PM	4WKS	5/5	\$32
	S	9:05-10:05 PM			

Differently-Abled Judo (7+ years)

Looking for a physical activity to fit your special needs? Did you know Judo is not only an Olympic sport, but also a Special Olympic sport? We will work on motor skills, discipline, and increase your confidence. This is an on-going monthly class.

Instructor: Kim Mesa (4th degree black belt) www.okurijudo.com

March:

41777-C	W	6:00-7:00 PM	4WKS	3/5	\$20
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April:

41777-A	W	6:00-7:00 PM	4WKS	4/2	\$20
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May:

41777-B	W	6:00-7:00 PM	4WKS	5/7	\$20
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Adult
Martial
Arts Classes,
pages
28-29

Gymnastics Programs

Parent/Tot Tumbling (16-36 months)

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination. One child per parent.

Instructor: Lauren Cassidy

32040-A	M	9:00-9:30 AM	8WKS	3/17	\$22
32040-B	W	9:00-9:30 AM	8WKS	3/19	\$22
32040-C	F	9:30-10:00 AM	8WKS	3/21	\$22

Instructor: Tammy Slovensky

32040-D	M	9:30-10:00 AM	8WKS	3/17	\$22
32040-E	T	9:30-10:00 AM	8WKS	3/18	\$22
32040-F	F	10:00-10:30 AM	8WKS	3/19	\$22

Tiny Tykes (2.5-3.5 years)

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

Instructor: Lauren Cassidy

32030-A	M	9:30-10:00 AM	8WKS	3/17	\$22
32030-B	W	9:30-10:00 AM	8WKS	3/19	\$22
32030-C	F	10:00-10:30 AM	8WKS	3/21	\$22

Instructor: Tammy Slovensky

32030-D	M	10:00-10:30 AM	8WKS	3/17	\$22
32030-E	M	10:30-11:00 AM	8WKS	3/17	\$22
32030-F	W	10:30-11:00 AM	8WKS	3/19	\$22
32030-G	W	11:00-11:30 AM	8WKS	3/19	\$22

Tumbling Tots I (3-4 years)

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Lauren Cassidy

32011-A	M	10:00-10:30 AM	8WKS	3/17	\$22
32011-B	T	5:00-5:30 PM	8WKS	3/18	\$22
32011-C	W	10:00-10:30 AM	8WKS	3/19	\$22
32011-D	F	10:30-11:00 AM	8WKS	3/21	\$22

Instructor: Tammy Slovensky

32011-E	M	5:30-6:00 PM	8WKS	3/17	\$22
32011-F	M	11:00-11:30 AM	8WKS	3/17	\$22
32011-G	W	11:30-Noon	8WKS	3/19	\$22

Tumbling Tots II (4-5 years)

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Lauren Cassidy

32022-A	M	10:30-11:00 AM	8WKS	3/17	\$22
32022-B	T	5:30-6:00 PM	8WKS	3/18	\$22
32022-C	W	10:30-11:00 AM	8WKS	3/19	\$22
32022-D	F	11:00-11:30 AM	8WKS	3/21	\$22

Instructor: Tammy Slovensky

32022-E	M	11:30-Noon	8WKS	3/17	\$22
32022-F	W	5:30-6:00 PM	8WKS	3/19	\$22



Beginner Gymnastics (6-11 years)

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars and vault.

Instructor: Lauren Cassidy

32051-A	T	4:00-5:00 PM	8WKS	3/18	\$26
32051-B	TH	4:00-5:00 PM	8WKS	3/20	\$26

Instructor: Tammy Slovensky

32051-C	M	6:00-7:00 PM	8WKS	3/17	\$26
32051-D	W	6:00-7:00 PM	8WKS	3/19	\$26

Boys Gymnastics (6-11 years)

Here's a class just for the boys! You will learn basic tumbling while working on strength, fine motor skills and coordination.

Instructor: Scotty Cottle

32080-A	T	6:00-6:30 PM	8WKS	3/18	\$22
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Advanced Beginner Boys Gymnastics (6 - 11 years)

With your experience in beginning gymnastics under your belt, it is time to move to the advanced beginner class. You will continue to improve your skills and add new ones.

Instructor: Scotty Cottle

32082-A	T	6:30-7:30 PM	8WKS	3/18	\$26
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Dance Recital Information

Are you looking for our Youth Dance Classes?

Our dance students are preparing for the Spring 2008 Dance Recital! To assist our students in preparing for the Recital, new students will not be accepted in the Spring session. The dance classes will return in the Summer 2008 magazine.

Adult Programs

Personal Training

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. A one hour session is \$41 or a series of five is \$172. Sessions are set by appointment.

*Instructors: Stacy Saljoughi (Certified Personal Trainer)
and Michelle Lada (Certified Personal Trainer)*

Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility and body composition. A one hour session is \$41. All evaluations are done by appointment.

*Instructors: Stacy Saljoughi (Certified Personal Trainer)
and Michelle Lada (Certified Personal Trainer)*

Nutrition Counseling

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need. Expertise in weight loss and management, disease management, sports nutrition, eating disorders and general wellness. A one-hour session is \$52 or a series of 3 sessions is \$117. All evaluations are done by appointment.

Instructor: Esther White, MS, RD, LD

The Power Package

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes 2 sessions focused on nutrition with a customized diet plan and 2 sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$142 for the 4 sessions. All evaluations are done by appointment.

*Instructors: Esther White, MS, RD, LD, Stacy Saljoughi (Certified Personal Trainer)
and Michelle Lada (Certified Personal Trainer)*

Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

Instructor: Karen Cowley

42010-A	MWTHF	8:30-9:15 AM	8WKS	3/17	\$28
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Low Impact Aerobics

Join the fun and trim your buns with a variety of low impact workouts. Classes are designed to motivate and energize you while building your strength and stamina.

Instructor: Behka Hartmann (Certified Fitness Instructor)

42040-A	MWF	9:15-10:15 AM	8WKS	3/17	\$36
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Turbo Kick

Looking for a fun, full-body workout? Turbo Kick incorporates kickboxing skills and principles to really get fit. Come join the fun!

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

42050-A	W	7:00-7:50 PM	6WKS	4/16	\$21
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Cardio Mix

Let's mix it up and keep your body challenged. We'll vary our workout of cardio exercises from step aerobics, interval training, and boot-camp style workouts to keep your body guessing so you keep seeing positive results.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

42020-A	T	6:00-6:50 PM	6WKS	4/15	\$21
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PiYo

Looking for a change of pace? PiYo is a non-traditional combination of various styles of Pilates and Yoga that encompasses constant movement and flow to improve flexibility, strength and balance while lowering stress.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

42060-A	TH	6:00-6:50 PM	6WKS	4/17	\$21
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Zumba

Zumba is a cardio-based workout with a fusion of latin and international music and dance themes that mix fast and slow rhythms to tone and sculpt your body.

Instructor: Stacy Saljoughi (Certified Aerobics Instructor)

42065-A	M	7:00-7:50 PM	6WKS	4/14	\$21
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Slim It Out, Tone It Up

Do you want to be sleek and slim? Join this class for a great mix of strengthening and toning exercises to reinvent your body. You will get a total body workout and focus on your core to create a new healthy and strong look. This class will challenge and encourage you to meet your goals!

Instructor: Esther White, MS, RD, LD

42015-A	TTH	6:40-7:30 AM	8WKS	3/18	\$28
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Body Sculpting

Here's the total body muscle strengthening class you've been looking for! We'll work on our total body strength using stability balls, tubing, dumbbells and steps.

Instructor: Michelle Lada (Certified Aerobics Instructor)

42555-A	S	9:15AM-10:15 AM	8WKS	3/22	\$26
42555-B	M	6:00-7:00 PM	8WKS	3/17	\$26

Cycle & Core

Challenge yourself with a great combo cardio and strength class. Come prepared to spin, sweat and strengthen for a total body workout. Bring water, bike shorts or padded seat cover, and determination!

Instructor: Esther Allen-White, MS, RD, LD

42300-A	T	5:15-6:35 PM	8WKS	3/18	\$22
42300-B	T	6:00-7:00 PM	8WKS	3/18	\$20

Spin & Sweat

Join us for the latest in fitness craze, spinning! Spinning turns the basics of cycling into a great cardio workout. Get ready to work hard and sweat like crazy.

Instructor: Esther Allen-White, MS, RD, LD

42444-A	TH	5:15-6:15 PM	8WKS	3/20	\$22
42444-B	TH	6:15-7:00 PM	8WKS	3/20	\$20

Hurst Hustlers Running Club

Come join runners of all levels and abilities for a workout. We will accomplish speed, distance and fun! Perfect way to make friends and meet your spring running goals.

Instructor: Esther Allen-White, MS, RD, LD

42001-A	M	7:00-8:00 PM	8WKS	3/17	\$30
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Hatha Yoga - Kripalu Style

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance while toning your body. Discover the technique of breath control, centering and meditation. (Eat nothing 2 hours prior to class and bring a lap blanket.)

Instructor: Deaine Matthys (Certified and registered with KYTA)

42100-A	T	9:15-10:15 AM	8WKS	3/18	\$32
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Instructor: Behka Hartmann

42100-B	F	10:30-11:30 AM	8WKS	3/21	\$32
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Recreation Center Information:

700 Mary Drive :: (817) 788-7325

Hours of Operation:

Mon. - Thur. 6:30 a.m. – 10:00 p.m.
Friday 6:30 a.m. – 6:00 p.m.
Saturday 9:00 a.m. – 6:00 p.m.
Sunday 1:00 p.m. – 6:00 p.m.

Scarvelli Yoga

Relax and renew with Scarvelli-style yoga. This user friendly style of yoga emphasizes the use of breath and gravity to lengthen the spine allowing yoga poses to unfold naturally and comfortably. (Please bring a blanket to class.)

Instructor: Julie Harper (Certified and registered with Yoga Alliance)

42100-C	W	8:15-9:15 PM	8WKS	3/19	\$32
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ITF - Tae Kwon Do

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, building self esteem and concentration. www.nguyensitf.com

Instructor: Jonathan Nguyen (member of ITF-Unified and Grandmaster Van Binh)

42700-A	S	4:00-5:00 PM	8WKS	3/22	\$46
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Women's Beginning Judo

Like many women in today's world, you may have always wanted to take a martial art class but might have been somewhat intimidated. Here's your chance to learn judo with others just like you from a female instructor with 30+ years of experience! This class will give you a taste of judo in a relaxed atmosphere. Wear comfortable sweat pants and shirt. www.okurijudo.com

Instructor: Kim Mesa (4th degree black belt)

March:

41888-C	W	7:00-8:00 PM	4WKS	3/5	\$15
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April:

42888-A	W	7:00-8:00 PM	4WKS	4/2	\$17
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May:

42888-B	W	7:00-8:00 PM	4WKS	5/7	\$17
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Women's Intermediate Judo

Now that you have taken the Beginning Judo Class you've decided you want to continue learning judo. This class will take you to the next step in your judo study. Judo gi and instructor approval is required. www.okurijudo.com

Instructor: Kim Mesa (4th degree Black Belt)

March:

41900-C	W	7:00-8:00 PM	4WKS	3/5	\$17
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April:

42900-A	W	7:00-8:00 PM	4WKS	4/2	\$17
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May:

42900-B	W	7:00-8:00 PM	4WKS	5/7	\$17
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Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a 9-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class. www.okurijudo.com

Instructor: Kim Mesa (4th degree Black Belt)

March:

41800-C	M	7:00-8:30 PM	4WKS	3/3	\$32
	W	8:00-9:30 PM			
	S	10:05-11:30 AM			

April:

42800-A	M	7:00-8:30 PM	4WKS	4/2	\$32
	W	8:00-9:30 PM			
	S	10:05-11:30 AM			

May:

42800-B	M	7:00-8:30 PM	4WKS	5/7	\$32
	W	8:00-9:30 PM			
	S	10:05-11:30 AM			

**Legends Martial Arts**

You will develop flexibility, concentration, general conditioning, hand/eye coordination, balance, self-discipline, and physical/mental well-being. www.legendsmartialarts.com

Instructor: Chris Malhiot

White belts: (All beginners start in this class.)

March:

21500-C	TH	5:00-5:30 PM	4WKS	3/6	\$38
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April:

22500-A	TH	5:00-5:30 PM	4WKS	4/3	\$38
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May:

22500-B	TH	5:00-5:30 PM	4WKS	5/1	\$38
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Regular Class:

March:

41128-C	TH	7:00-9:00 PM	4WKS	3/6	\$38
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April:

42128-A	TH	7:00-9:00 PM	4WKS	4/3	\$38
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May:

42128-B	M	7:00-9:00 PM	4WKS	5/1	\$38
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Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

Instructor: Dan Streeter

March:

41070-C	TH	7:30-8:45 PM	4WKS	3/1	\$37
	S	9:05-10:30 AM			

April:

42070-A	TH	7:30-8:45 PM	4WKS	4/3	\$37
	S	9:05-10:30 AM			

May:

42070-B	TH	7:30-8:45 PM	4WKS	5/1	\$37
	S	9:05-10:30 AM			

Belly Dance Basics

Fun dance class! Come learn the basics of belly dance, American Tribal Style! A healthy, low-impact dance class suitable for all body types.

Instructor: Pavalina

42200-A	T	7:00-8:00 PM	8WKS	3/18	\$40
42200-B	TH	7:00-8:00 PM	8WKS	3/20	\$40

Intermediate Belly Dance

This class will cover transitions and combinations of belly dance techniques and introduce Zills (finger symbols).

Instructor: Pavalina

42225-A	T	8:00-9:00 PM	8WKS	3/18	\$40
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Advance Belly Dance

This class will take you to the next step in belly dance. You will learn to use props and proper staging.

Instructor: Pavalina

42227-A	T	9:00-9:45 PM	8WKS	3/18	\$40
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Tribal Evolution

This class will cover Tribal Fusion performance preparation.

Instructor: Pavalina

42226-A	TH	8:45-9:45 PM	8WKS	3/20	\$40
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Water Colors

If you have always wanted to learn how to paint, then why not start with watercolors? This introductory class consists of basic techniques, color harmony and composition. (Supply list)

Instructor: Lesley Talty

42120-A	M	9:00-Noon	8WKS	3/17	\$50
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Porcelain Dolls

Learn each step of creating a beautiful and delicate porcelain doll. Firings for two dolls. (Supply list)

Instructor: Mieke Kelch

42080-A	TH	10:00-1:00 PM	8WKS	3/20	\$52
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Brush & Palette

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered. (Supply list)

Instructor: Elaine Roosz

42110-A	T	9:00-Noon	8WKS	3/18	\$50
42110-B	T	6:30-9:00 PM	8WKS	3/18	\$50

Adults on the Computer – Step 1 and Step 2

Whether you have no idea how to turn on your computer or you're ready to cruise the Internet, we have a computer class for you. In Step 1, you will learn the basics of operating your computer. In Step 2, you'll venture into word processing and spreadsheets.

Instructor: Vicki McMeans

Step 1:

42600-B	TH	11:35-1:00 PM	8WKS	3/20	\$50
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Step 2:

42600-C	TH	1:05-2:30 PM	8WKS	3/20	\$50
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The ABC's of MicroSoft Word, Excel, & Powerpoint

Now that you have learned how turn your PC on and off, let's learn how to use it! We'll explore the ABC's of MicroSoft Word, Excel, and Powerpoint.

Instructor: Vicki McMeans

42666-A	TH	9:30-10:55 AM	8WKS	3/20	\$50
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Guitar I

Sing-a-long as you learn basic chords and chord progressions in this beginner class. Students must provide their own guitar (nylon strings preferred).

Instructor: Ray Wallace

42500-A	TH	7:15-8:15 PM	8WKS	3/20	\$30
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Guitar II

Wanting to learn more about playing your guitar? In this class, you will learn music theory, sight reading, and even learn your first solo piece.

Instructor: Ray Wallace

22025-A	T	6:00-7:00 PM	8WKS	3/18	\$30
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Guitar III

Guitar III will help you further the skills you have already learned. You will learn more advanced skills and additional solo pieces of your choice. (The class will be presented in a workshop format.)

Instructor: Ray Wallace

22023-A	T	7:15-8:15 PM	8WKS	3/18	\$30
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Wedding/Party Dance – The Foxtrot

Come and learn the social dance that is danced at most weddings, parties, cruise ships, and "just fun" type gatherings: the Foxtrot! Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42165-A	M	6:30-7:15 PM	4WKS	3/17	\$28
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Cha Cha – Beginner

Enjoy this fun, flirty, playful dance through Cuban motion and syncopated steps. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42160-A	W	8:30-9:15 PM	4WKS	4/16	\$28
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Country & Western: 2-Step/3-Step Beginner

YEEHAW! Come and learn to 2-step/3-step your way across the dance floor. We'll learn basic Texas, old country and western, and the progressive 2-step dances. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42140-A	W	8:30-9:15 PM	4WKS	3/19	\$28
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Salsa – Beginner

We will cover all the basics including cross over, right side pass, left side pass, turns, free style, and more! Leading for the men and following for the ladies will be taught. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged but singles welcome. Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42175-A	M	8:30-9:15 PM	4WKS	3/17	\$28
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Rumba – Beginner

The Rumba is one of the most romantic of the rhythms of Latin dances. Come try it out! Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42145-A	M	7:30-8:15 PM	4WKS	4/14	\$28
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East Coast Swing – Beginner

This stylized Swing dance is currently popular with many Swing dancers across the country. It is danced to a wide variety of music including rhythm-and-blues, top 40 hits, slow-to-medium Swing or Disco music. East Coast Swing is a very interpretive and fun dance. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. **Prices are per person.**

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42130-A	M	7:30-8:15 PM	4WKS	3/17	\$28
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West Coast Swing – Beginner

We will learn one of the most popular forms of swing which originated on the west coast. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42170-A	W	6:30-7:15 PM	4WKS	3/19	\$28
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Fort Worth Shuffle – Beginner

If you are going to dance in Fort Worth or Dallas, you have to come learn this dance! The Fort Worth Shuffle is smoother than the 3-step and has its own unique raps and turns. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42180-A	W	7:30-8:15 PM	4WKS	3/19	\$28
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Tango – Beginner

Tango is the dance of control and passion. It is fiery and has a strength that no other style of dance can claim. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42185-A	M	6:30-7:15 PM	4WKS	4/14	\$28
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Salsa – Intermediate

Pre-requisite: Salsa Beginner a must! A body/hip rhythmic dance with crossovers and under-arm turns, five-position step, break-aways, cross-body leads and Cuban motion. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42150-A	M	8:30-9:15 PM	4WKS	4/14	\$28
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Waltz – Intermediate

Must have taken beginner waltz or have good knowledge of frame, timing and the waltz basics. We will be doing an assortment of patterns, some that will be easy and others more challenging. Come on and let your dancing passion grow. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Couples encouraged, but singles welcome. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42125-A	W	7:30-8:15 PM	4WKS	4/16	\$28
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Line Dances for Fun, Brain Twisting & Exercise

We will challenge ourselves with a great combo of cardio and fun dance movements. We will learn a variety of line dances while exercising our bodies and minds. Bring your water and dance attitude. Best yet... no partner needed. No open-toed, alligator long-toed, sliders, or sneaker-style shoes allowed. Dress comfortably and prepare to have fun while learning to dance. Class meets at the Brookside Center. Prices are per person.

Instructor: Gene Willman (Professionally Trained Dance Instructor)

42190-A	W	6:30-7:15 PM	4WKS	4/16	\$26
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Tri-Cities Promenadors:

Did you know that the Tri-Cities Promenadors offer Square Dance lessons at the Brookside Center on Tuesday nights from 7:30 p.m. - 9:30 p.m.? *Drop by and give it a try!*



Recreation Center Information:

700 Mary Drive :: (817) 788-7325

Hours of Operation:

Mon. - Thur. 6:30 a.m. – 10:00 p.m.
 Friday 6:30 a.m. – 6:00 p.m.
 Saturday 9:00 a.m. – 6:00 p.m.
 Sunday 1:00 p.m. – 6:00 p.m.



Is your personal fitness plan still going strong, or are you in need of some extra motivation to reach your fitness goal? The Hurst Recreation Center can help you achieve your fitness goals for 2008. Perhaps, you'd like to start a new fitness program, or just increase your current level of fitness. If so, the Hurst Recreation Center has all the fitness equipment necessary to assist you in the pursuit of all of your fitness goals. Our Cardio

Room has treadmills, elliptical crosstrainers, bikes, stairclimbers, rowing machines, and seated crosstrainers. There is also an extensive selection of pin-selectorized, and plate-loaded strength equipment, as well as dumbbells and flexibility equipment to round-out your total fitness program. For more information, contact the Front Desk at the Recreation Center (817) 788-7325.

The Hurst Recreation Center offers participants many recreational opportunities: basketball, volleyball, racquetball, wallyball, and table tennis. Equipment used to participate in these activities is available for check out, with your "Quality of Life" Rec Card, at the front desk of the Recreation Center.



Recreation Center Fees:

	Hurst Residents	Non-Hurst Residents
Daily Pass	\$1.00	\$5.00
Annual Pass Youth (6 – 15 years)	\$10.00 per year	\$40.00 per year
Annual Pass Adult (16 – 64 years)	\$25.00 per year	\$100.00 per year
Annual Pass Senior (65+ years)	\$10.00 per year	\$40.00 per year
Annual Family Pass	\$65.00 per year	N/A
Replacement Card Fee	\$5.00	\$5.00

Adult Summer Softball Leagues

Registration for Returning Teams:

May 5 - 6: 9:00 a.m. - 5:00 p.m. (Mon. - Fri.)
(Teams playing in Hurst in 2008.)

Open Registration:

May 7 - 23: 9:00 a.m.-5:00 p.m. (Mon. - Fri.)

Entry Fee:

\$325 for 10 Games (with City playoffs)

League Begins:

Week of June 2.

League Nights:

Monday - Friday

Schedules Available:

Schedules will be available on the City's website 24 hours a day or in person at the Recreation Center beginning May 28.

Youth Sports Associations:

Hurst Girls Softball League - (HGSL) 817-831-6921
Tri-Cities Baseball Assn. - (TCBA) 817-285-0200
Mid-Cities Basketball Assn. - (MCBA) 817-354-6208
Hurst United Soccer Assn. - (HUSA) 817-282-8680
Mid-Cities PeeWee Football & Cheerleading Assn. - 817-282-2390

Men's Spring Basketball Leagues

League Nights:

Tuesday - Men's Recreational
Thursday - Men's Recreational

Entry Fee:

\$265 per Team 7 game season with Playoffs
(for qualifying teams)

Registration:

March 24 - April 4, 2008

Leagues Begin:

April 15 and April 17, 2008



Healthy Hurst:

Healthy Hurst Online Wellness Program Information

The City of Hurst is partnering with PureWellness to implement a city-wide wellness initiative for all Hurst residents. PureWellness has been providing online wellness assistance since 1997. The City of Hurst and PureWellness have created an online wellness program that will assist all participants with increasing their level of personal wellness, health and fitness through the use of proper nutrition plans, fitness logs and health assessments.

For only \$10 per year, participants can track their progress as they create personalized nutrition and fitness plans as well as monitor

their personal health and wellness through the custom-designed Healthy Hurst website.

The Healthy Hurst program is open to all Hurst residents, as well as non-residents who have purchased a Hurst Recreation Center Annual Pass. All participants will receive a Healthy Hurst t-shirt when they register for the program. Incentive awards are also available to all participants as they track and log their fitness activities!

Healthy Hurst participants can use the computer kiosk located in the lobby of the Hurst Recreation Center, or log on from the

comfort of their own home to keep track of their wellness, fitness, and health using the Healthy Hurst website.

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health and fitness goals today! For more information on the Healthy Hurst program, contact the Hurst Recreation Center (817) 788-7325.

Special Events:

Concert in the Park with the Northeast Orchestra

Friday, April 25, 2008 (rain date Sept. 19)

Chisholm Park, 2200 Norwood 7 p.m. - 8 p.m.

Bring the whole family, blankets, lawn chairs and a picnic dinner to enjoy the sounds of the Northeast Orchestra!

For more information, call 817-788-7320.



EGGstravaganza!

Saturday, March 15, 2008

Hurst Community Park, 601 Precinct Line Road (just south of Pipeline Road)
Activities begin at 1 p.m. and Egg Hunt starts at 2 p.m.

Free Activities include: Crafts, Kettle Korn, Hurst Clown Arouns, Games and Photos with Mr. Bunny
PLEASE, NO PETS.

For more information, call 817-788-7320.



**Hurst
Tennis Center**
701 Mary Drive
(817) 788-7330

Welcome to the
**Hurst
Tennis
Center**

*“Home of the Team Hurst
Junior Development Program”*

Junior Program

Pee Wee Tennis Class (6 years & under)

Introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

Instructor: Frank Ford, USPTA, & Staff

82601-A	TH	4:45-5:30 PM	4WKS	3/6	\$36
82601-B	TH	4:45-5:30 PM	4WKS	4/3	\$36

Junior Beginner Class (7 years & up)

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructor: Frank Ford, USPTA, & Staff

82502-A	TH	5:30-7:00 PM	4WKS	3/6	\$60
82502-B	TH	5:30-7:00 PM	4WKS	4/3	\$60

Junior High Drill Class (12 years & up)

For Junior High players getting ready for the next step toward Varsity. Singles and doubles strategy and plenty of drills, techniques and tactics.

Instructor: Sam Elliott, USPTA, & Staff

82504-A	TH	5:30-7:00 PM	4WKS	3/6	\$60
82504-B	TH	5:30-7:00 PM	4WKS	4/3	\$60

High School Drill Class (15 years & up)

For High School players wanting to improve their overall game. Singles and doubles, techniques and tactics.

Instructor: Sam Elliott, USPTA, & Staff

82504-A	T	7:00-8:30 PM	4WKS	3/4	\$60
82504-B	T	7:00-8:30 PM	4WKS	4/8	\$60

Hours of Operation:

Mon. – Thurs. 8:00 a.m. – 9:00 p.m.
Friday 8:00 a.m. – 6:00 p.m.
Sat. – Sun. 9:00 a.m. - 6:00 p.m.

*Please bring one can of new, unopened,
tennis balls to your first day of class.*

Tennis Center Coordinator

Mike Campo, USPTA

Tennis Attendants

Randy Cook, Charlie Crosswait, Mark Hargrove,
Steven Lu, and Alicia Morton

Tennis Specialist

Kelly Langdon, USPTA

Tennis Instructors

Frank Ford, USPTA, Chris Walters, USPTA, Greg
Smith, Sam Elliott, USPTA, and Jason Brown, USPTA

*Do you want
to practice your
serve or hit a few
with a friend?*

**CALL
817-788-7330**
*for a court
reservation.*





How about a Private Lesson?

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

Lessons with City of Hurst Tennis Specialist:

Kelly Langdon, USPTA,
or Tennis Center Coordinator, Mike Campo, USPTA

- \$46 per hour
- \$24 per half hour
- \$160 per series of 4 lessons

Lessons with Tennis Instructors:

Frank Ford, USPTA, Chris Walters, USPTA, Greg Smith,
Sam Elliott, USPTA, or Jason Brown, USPTA

- \$45 per hour
- \$23 per half hour
- \$160 per series of 4 lessons

The Tennis Center Staff also offers:

Private and group lessons. \$72 for 90 minute group lessons for league teams.

Services and Facilities:

- Lessons for all ages and abilities
- 10 lighted outdoor courts
- USRSA Racquet Stringers
- Prince Ball Machine
- NTRP Ratings Verifiers Available
- USPTA Certified Instructors Available
- USTA Adult and Youth Leagues

Court Fees

- (90 minutes)
- \$1 Hurst Residents
- \$2 Non-Residents

Racquet Stringing

The Tennis Center has a large choice of string and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.

Upcoming Tournaments

Mid-Cities Junior Tournament—TBA
USTA Junior Open Tournament –
May 23, 24 and 25

Adult Tennis

Adult Beginner/Advanced Beginner Clinic

Just for adults! Learn basic strokes, scoring and strategy.

Instructor: Kelly Langdon, USPTA, Frank Ford, USPTA, & Staff

82505-A	T	7:00-8:30 PM	4WKS	3/4	\$60
82505-B	T	7:00-8:30 PM	4WKS	4/1	\$60

Adult Intermediate Clinic

Build on existing skills. You'll practice all shots and learn techniques and tactics.

Instructor: Kelly Langdon, USPTA, Frank Ford, USPTA, & Staff

82506-A	T	7:00-8:30 PM	4WKS	3/4	\$60
82506-B	T	7:00-8:30 PM	4WKS	4/1	\$60

Men's Open 4.0 Clinic

Each Thursday for men rated 4.0 and up to learn techniques and strategy. Must register three days in advance. Minimum of four participants.

Instructor: Kelly Langdon, USPTA

88444-A	TH	7:00-8:30 PM	WKLY	3/6	\$12
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Drop-In Drills

Ongoing drills that teach techniques and strategy. Tuesday for players rated 3.0-3.5 and Thursday for players rated 3.0 and up.

Instructor: Jason Brown, USPTA

88666-A	T	9:30-11:00 AM	WKLY	3/4	\$12
88777-A	TH	9:30-11:00 AM	WKLY	3/6	\$12



Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's Prince ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

Registration Easy-Options!

Mail It!

Hurst Residents may mail their registration with check or credit card payment beginning **Feb. 18**.

Fax It!

Hurst Residents may fax registrations with credit card payment beginning **Feb. 18**.

Non-Residents may fax registrations to 817-282-7081 with credit card payment beginning **March 8**.

Online It!

Hurst Residents may register online with credit card payment beginning **Feb. 18**.

Non-Residents may register online with credit card payment beginning **March 8**.

Walk It!

Hurst Residents can stop by the Recreation Center, 700 Mary Drive, to register in person beginning **March 4 at 7:00 a.m.**

Non-Residents can stop by the Recreation Center, to register beginning **March 8 at 8:00 a.m.**

Walk-In Class Registration Times

(after initial registration days)

Mon. – Thurs..7 a.m. - 9 p.m.

Friday 7 a.m. - 5 p.m.

Saturday 9:30 a.m. - 5 p.m.

Sunday 1:30 p.m. - 5 p.m.

Registration Policy

Out of fairness to all citizens of our community, you may only register the members of your household.

Confirmations

When you mail-in, fax, or online register, you will receive a confirmation notice through the postal mail or e-mail. (If you want your receipt e-mailed to you, be sure to include your e-mail address on your form.) You will be notified if the designated classes are not available. If the class is not available, you may select a second choice.

Refund Policy

When you sign-up for one of our classes, we depend on your participation for a successful class. If you have an unforeseen circumstance and cannot attend your class, we will gladly refund your fee with 72 hours notice prior to the class start date. Thank you for your cooperation.

Supply Lists

Some of our classes require a supply list. These classes are noted in the magazine. You will receive a supply list when you register. For those mailed, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

SPRING 2008 CLASS REGISTRATION FORM



Head of Household _____ Home Phone _____ Work Phone _____ E-mail Address _____
 Street Address _____ Apt# _____ City _____ State/Zip _____

Participant's Name	Date of Birth	Gender	Class #	Fee	
1.					
2.					
3.					
4.					
5.					
			Sub-Total	\$	
Non-Resident Fee of \$2 per class		_____ x \$2 (# of classes)	= \$ _____	+ Sub-Total of \$ _____ =	Total Due \$ _____

Payment Method:



_____ **Check #**
 _____ **Credit Card**
 _____ **Cash/Money Order**

Credit Card Payment Authorization:

___ **Visa** ___ **Mastercard** ___ **Discover** ___ **American Express**

Expiration Date ____ / ____

month year

Checks Payable to :
City of Hurst

Mail to:
Hurst Parks and Recreation
Class Registration
700 Mary Drive
Hurst, Texas 76053

Fax to:
817-282-7081

As a participant in any City of Hurst Parks and Recreation Department program or user of the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from any injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I do fully release the City, its employees and officers from their own negligence for failure to properly design, inspect, or supervise the activities to be engaged in or equipment to be used by the undersigned or the minor from whom the undersigned has signed this release. The City does not provide any medical or other insurance protection or benefits for those who use recreational equipment or engage in activities on City premises.

BY SIGNING THIS RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT/USER SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18 DATE

Classes begin
the week of
**March
17th**





Park System

www.ci.hurst.tx.us



Parks

1 ECHO HILLS PARK

- 500 Heneretta (7.1 Acres)**
- Pavilion
 - Playground
 - Jogging/Walking Trail System (1/3 mile)
 - Picnic Tables
 - Youth Athletic Practice Fields (Unlighted)
 - Pet Water Fountain

2 HURST ATHLETIC COMPLEX

- 2104 Precinct Line Road (42.2 Acres)**
- 4 Adult Softball Fields (Lighted)
 - 6 Youth Soccer Fields (Lighted)
 - 4 Youth Soccer Fields (Unlighted)
 - Playground
 - 3 Group Shelters
 - 2 Concession/Restroom Buildings

3 CHISHOLM PARK

- 2200 Norwood (50 Acres)**
- Aquatics Center
 - 4 Youth Softball Fields (Lighted)
 - 2 Playgrounds
 - 3 Pavilions
 - Pond with Fishing Island
 - Picnic Tables
 - Jogging/Walking Trail System (1.5 miles)
 - Fitness Course
 - Group Shelter
 - Concession/Restroom Building
 - 2 Basketball Courts (Lighted)
 - 2 Pet Water Fountains

4 SMITH-BARFIELD PARK

- 640 Pleasantview (6.9 Acres)**
- Youth Baseball/Softball Field (Lighted)
 - 2 Tennis Courts (Lighted)
 - Youth Athletic Practice Field (Unlighted)
 - Playground
 - Picnic Tables
 - Restrooms
 - Pet Water Fountain

5 MAYFAIR PARK

- 1725 Norwood (14.4 Acres)**
- Youth Athletic Practice Fields (Unlighted)

6 WINDMILL PARK

- 840 Cheryl (2 Acres)**
- Historical Marker

7 VALENTINE PARK

- 610 Bedford Court West (4 Acres)**
- Youth Athletic Practice Field (Unlighted)

8 HURST HILLS PARK

- 575 Billie Ruth (4 Acres)**

9 HURST COMMUNITY PARK

- 601 Precinct Line Road (44.9 Acres)**
- 4 Youth Baseball Fields (Lighted)
 - 2 Youth Soccer Fields (Lighted)
 - 2 Sand Volleyball Courts (Lighted)
 - Pavilion
 - 2 Playgrounds
 - Multi-Use Trail System (1 mile)
 - Picnic Tables
 - Wooded Natural Area
 - Open Field Play Area
 - Concession/Restroom Building
 - 2 Group Shelters
 - Pet Water Fountain

10 CENTRAL PARK

- 700 block of Mary Drive (17.5 Acres)**
- Recreation Center
 - Aquatics Center
 - Tennis Center (10 Lighted Courts)
 - 2 Pavilions
 - Playground
 - Picnic Tables
 - 2 Outdoor Basketball Courts (Lighted)

11 VIVAGENE COPELAND PARK

- 501 Pecan Drive (5.2 Acres)**
- Pavilion
 - Playground
 - Multi-Use Trail System (1/3 mile)
 - Open Field Play Area
 - 3 Outdoor Basketball Courts (Lighted)
 - Pet Water Fountain

12 JAYCEE BAKER PARK

- 500 Belmont (4.1 Acres)**
- Playground
 - Picnic Tables
 - Restrooms
 - Youth Athletic Practice Fields (Unlighted)
 - Pet Water Fountain

13 BILLY CREEK PARK

14 REDBUD PARK

- 525 Redbud Drive (7.2 Acres)**
- Soccer Field (Unlighted)
 - Playground
 - Jogging/Walking Trail System (1/3 mile)
 - Picnic Tables
 - Fitness Course
 - Pavilion
 - Pet Water Fountain

15 BELLAIRE PARK

- 500 Pecan Drive (6.4 Acres)**
- Playground
 - Youth Baseball/Softball Field (Lighted)
 - Jogging/Walking Trail System (1/3 mile)
 - Pet Water Fountain

16 WAN-KA-KANI PARK

- 748 Shadylane (4.1 Acres)**
- Picnic Tables

17 RICKEL PARK

- 1001 Bluebonnet (29 Acres)**
- 2 Pavilions
 - Picnic Tables
 - Nature Trails
 - Scenic Overlook
 - Winding Stream with 2 Bridges
 - Jogging/Walking Trail System (1/2 mile)
 - Pet Water Fountain

Facilities

A BROOKSIDE CENTER

B HURST LIBRARY

Park Pavilions

listed are available for rental for \$25 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation.

For more information, call

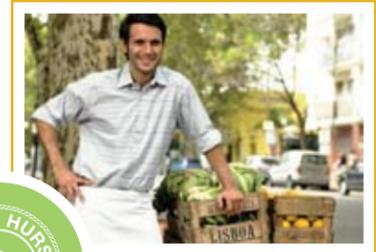
817-788-7320

What to Do When Severe Weather Strikes

Severe weather and the potential for injuries or loss of life can occur at any time of year. The City of Hurst recommends that each resident purchase a NOAA Weather alert radio with Specific Area Message Encoding (S.A.M.E.) to maintain awareness of weather events in Tarrant County. The National Weather Service does a great job of alerting citizens prior to disasters with this system. It has been shown that taking the proper actions prior to an event occurring can prevent unneeded loss of life. It is not recommend that citizens rely on Hurst's Outdoor Warning Sirens to alert them to potential disasters. Outdoor Siren Systems are designed only to alert people who are actually outside; they are not designed to alert people inside their homes.

Please remember that whenever you are alerted to potential hazards the National Weather Service will give verbal instructions on the NOAA Weather Radio System. Local TV and Radio Stations will usually have information on the potential hazards.

Please do not call 911 to gain information about the potential hazard. 911 is not an informational line, it is only to report emergencies.



11th Annual Spring

Good Neighbor Program

Free Clean Up Hurst Event

As part of our ongoing "Good Neighbor" Program, the City of Hurst is once again offering a free Clean Up Hurst opportunity. This year's dates are April 19, 26 and May 3 from 7 a.m. to noon at the Bellaire Shopping Center located at Pipeline Road and Brown Trail. Watch for an information flyer in a future water bill depicting your zone and the corresponding date for disposal.

Any Hurst citizen can participate in this free event by showing a picture I.D. and proof of residency (such as a recent water bill).

If you have any questions, please call the City of Hurst at (817) 788-7088.

