

*where we live*  
**HURST ★ TEXAS**

SUMMER 2015

Summer Reading Club

Water Line Warranty

Aquatics



# where we live

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## City Staff

- Allan Weegar** City Manager
- Allan Heindel** Deputy City Manager
- Jeff Jones** Assistant City Manager
- Clay Caruthers** Assistant City Manager
- Ron Haynes** Executive Director of Public Works
- Rita Frick** City Secretary
- Steve Moore** Police Chief
- John Brown** Fire Chief
- Matia Messemer** Executive Director of Human Resources
- Steve Bowden** Executive Director of Economic Development
- Ashleigh Johnson** Managing Director of Marketing and Communications



Photos shot by Stacy Luecker.



## On the Cover

Nothing quite speaks to summer in Texas like a refreshing swimming pool. Swimming pools have been a part of Hurst summers for nearly 50 years and they just keep getting better. Did you know that Hurst had one of the first municipal aquatics centers in the state? You may know that we have two in our city, one of which is currently getting a major overhaul and the other will be remodeled next summer. You'll be able to enjoy both centers this summer and we hope to see you and your family at both. Read all about our new learn to swim registration process and when Chisholm will be open for the season on pages 55-58.



## Mayor's Message

After the crazy Texas winter we just endured, I think it's safe to say we're all a little ready for summer! It's my personal opinion that this time of year is even more fun if you're a Hurst resident. We fill each summer with fun activities and events for citizens of all ages. This summer promises to be one of our very best, and I can't wait to celebrate this season with you. We're kicking things off with our Summer Blast Off family concert on May 26. Read more about this fun, annual event on page 16. The Hurst Public Library's also celebrating the season with their annual Summer Reading Club. This year's theme is all about super heroes, something we can all enjoy. The Senior Center also has a lot of fun summer activities planned, so stop by and get in the action if you're a member! And if you're not a member, you should be!

Aside from all of the fun programming, we're also working hard to keep you informed about how to best prepare for severe weather, mosquitos and water conservation. Of course we can't forget about our signature event, Hurst Stars and Stripes. We hope you'll join us on July 4 for the best fireworks display around. Check out page 54 for all of the details!

Like I mentioned earlier, we pack our summer's full of fun, and I hope you'll join us at one of our many events this year. Thank you for allowing us to serve you, and happy summer Hurst!

- Mayor Richard Ward

## City Council

**Richard Ward** Mayor  
**Nancy Welton** Mayor Pro Tem  
**David Booe** Council Member  
**Larry Kitchens** Council Member  
**Bill McLendon** Council Member  
**Anna Holzer** Council Member  
**Henry Wilson** Council Member

## The Social Media Connection

### City of Hurst

**WEBSITE:** [www.HurstTX.gov](http://www.HurstTX.gov)  
**FACEBOOK:** [www.Facebook.com/CityofHurstTX](http://www.Facebook.com/CityofHurstTX)  
**TWITTER:** @TheCityofHurst  
**INSTAGRAM:** CityofHurstTX  
**PINTEREST:** [www.Pinterest.com/CityofHurstTX](http://www.Pinterest.com/CityofHurstTX)

### Hurst Public Library

**WEBSITE:** [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)  
**FACEBOOK:** [www.Facebook.com/HurstPublicLibrary](http://www.Facebook.com/HurstPublicLibrary)  
**TWITTER:** @HurstLibrary  
**INSTAGRAM:** HurstPublicLibrary

### Hurst Police Department

**FACEBOOK:** [www.Facebook.com/CityofHurstPD](http://www.Facebook.com/CityofHurstPD)  
**TWITTER:** @HurstPoliceDept

### Hurst Conference Center

**WEBSITE:** [www.HurstCC.com](http://www.HurstCC.com)  
**FACEBOOK:** [www.Facebook.com/HurstCC](http://www.Facebook.com/HurstCC)  
**INSTAGRAM:** HurstConferenceCenter  
**PINTEREST:** [www.Pinterest.com/HurstCC](http://www.Pinterest.com/HurstCC)

### Hurst Recreation Center

**FACEBOOK:** [www.Facebook.com/HurstRecreation](http://www.Facebook.com/HurstRecreation)

### Hurst Fire Department

**TWITTER:** @HurstFireDept

### Other Websites

[www.TransformingHurst.com](http://www.TransformingHurst.com)  
[www.HurstED.com](http://www.HurstED.com)

# Hurst Public Library

901 Precinct Line Road, Hurst, TX // 817-788-7300 // [www.HurstTX.gov/Library](http://www.HurstTX.gov/Library)



## Ongoing Adult Programs

### Brown Bag Book Club

Bring your lunch and join us at noon the first Thursday of every month for book discussions in the Reading Alcove. Check the library website, Facebook page or call to find out what we're reading!

Noon // 1st Thursday

### The Writer's Club

Meets in the Reading Alcove. For writers of all ages, experience, and interests. Published or not. Bring a notebook, pen, your laptop and your imagination and enthusiasm. Come join the fun and creativity.

1:00PM // 2nd & 4th Saturday

### Trinity Writer's Workshop

A local writers group in the DFW metroplex. Meetings typically last about 2 hours, depending on the number of members reading that day.

7:00PM // T



Monday, Wednesday, Friday, Saturday: 10:00AM-6:00PM // Tuesday, Thursday: 10:00AM-9:00PM



## Ongoing Children's Programs

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### Babygarten

Babies, Birth to 18 Months, with Caregiver

Babygarten is an educational curriculum involving songs, rhymes and activities that help babies with language acquisition and preliteracy skills. Space is limited, so please register at 817-788-7302.

#### Wednesday Sessions

10:30-11:30AM // W // 6/17-7/22

#### Saturday Sessions

10:30-11:30AM // S // 6/20-7/25

### Chess Club

Elementary School Ages + // 4:00-5:00PM // M

### Story Time

3 - 6 Years // 10:45-11:15AM // T

### Toddler Time

1 - 3 Years // 10:00-10:30AM // M & TH

## Teen Zone

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### Teen Night

7<sup>th</sup> - 12<sup>th</sup> Graders

Stop by the Teen Zone to catch a program especially designed for teens! Bring a friend.

#### Art with Same the Art Man

6:00-7:00PM // TH // 6/18

#### Inside Magic with Gerald Edmundson

6:00-7:00PM // TH // 7/16

### Teen Movie Night

7<sup>th</sup> - 12<sup>th</sup> Graders

Watch a favorite Super Hero movie in the Teen Zone! Free bottled water.

6:00PM // TH // 6/4

6:00PM // TH // 7/2

# Hurst Public Library



## Programs For All Ages

### Super Hero School

For All Ages

It's time to get your hero on! With a lot of activities to test your superhero skills plus crafts, It's fun, it's free...and it's the end of the Summer Reading Club for 2015!

5:00-8:00PM // TH // 7/30

### Masked Mondays

Kindergartners and Younger

**Where the Wild Things Are** – starring Dorayne Breedlove (and you)

11:00AM // M // 6/8

**Puppet People** – Three thrilling shows

11:00AM // M // 6/22

**Let's Read with the Bookworm** by Margaret Clauder

11:00AM // M // 7/6

**Puppet People** – Three more heroic shows

11:00AM // M // 7/20

### Terrific Tuesdays

For All Ages

**Find the Hero in YOU** – We've got stuff ... bring your imagination!

7:00PM // T // 6/2

**Where's the Fire** – Fire Fighters

7:00PM // T // 6/9

**Say "Ah!"** – Nurses

7:00PM // T // 6/16

**Puppet People** – Three thrilling shows

7:00PM // T // 6/23

**Get That Dog!** – Animal rescue

7:00PM // T // 6/30

**Help! Help! Help!** – Police

7:00PM // T // 7/7

**Over There** – Military

7:00PM // T // 7/14

**Puppet People** – Three more heroic shows

7:00PM // T // 7/21

**We're on a Mission** – People helping others in many ways

7:00PM // T // 7/28

### WOW! Wednesdays

1st - 6th Graders

**Slick Juggling** by David Slick

2:00PM // W // 6/3

**Real American Heroes** by Pint Size Polkas

2:00PM // W // 6/10

**Stage Stars** with Zooniversity

2:00PM // W // 6/17

**Pecos Bill** by Sandy Shroust and puppet friends

2:00PM // W // 6/24

**Mr. Willy** starring Willy Welch

2:00PM // W // 7/1

**The League of Extraordinary Improvisers** by Move Your Tale

2:00PM // W // 7/8

**Cool, Cold-blooded Critters** with Wildlife on the Move

2:00PM // W // 7/15

**Reading is Magic** with Gerald Edmundson

2:00PM // W // 7/22

**Tony Sarg, Puppeteer!** by Dallas Puppet Theater

2:00PM // W // 7/29



## Thrilling Thursdays

For All Ages

### EVENING MasterWorks AT THE LIBRARY

For all ages and open to the public, the MasterWorks Music Series is funded by a grant from the City of Hurst Hotel/Motel Tax Fund in cooperation with Arts Council Northeast.

**Heritage Village Presents – Summer Blast Off!**  
featuring *The Space Rockers!*

7:00PM // TH // 5/28

**Blu Print**

7:00PM // TH // 6/25

**Christopher McGuire**

7:00PM // TH // 7/23

**Revolving Door**

7:00PM // TH // 8/27

## Fantastic Fridays

For All Ages

### FAMILY MOVIE MATINEES

Join us on Fridays to beat the heat indoors and watch new release DVD movies on the big screen in the library program room. Free popcorn! Drinks available for purchase in the Friends Café or bring your own.

2:00PM // F // 6/5-7/31

For All Ages

### NOON MasterWorks

**Mr. Blues Shoes** – Children's music

Noon // F // 6/12

**Texas Storybook Theater**

Noon // F // 7/10

**Jim Gill** – Children's music

Noon // F // 8/7

## Every Hero Has a Story

Summer Reading Club 2015

All Ages

Registration begins May 26

Runs through July 31

- Time to unmask your secret identity because every hero—including you—has a story...and it's time to share it! All ages are encouraged to join the Hurst Summer Reading Club to participate in the reading, the special programs, and the fun! Registration begins May 26, and reading for the club continues through July 31, with special programs for all ages starting May 28 with our Summer Blast-Off at Heritage Village featuring a concert by The Space Rockers!
- Come to the Library to register or register online at [www.hursttx.gov/library](http://www.hursttx.gov/library).



# Outdoor Life

## Tips to live healthy

Summer time is approaching and with it comes opportunities for being outdoors non-stop. This is such a fun part of our lives here in North Texas and can be some of the best memories we can make with our family and friends. But have you ever had a negative experience with being outside? Here are some helpful tips to create positive outdoor summer experiences your family will remember for years to come!

- **Plants kick out pests:** The main pests that annoy us during the summer are mosquitoes. Try planting natural insect repellent plants like citronella, lavender, marigolds, rosemary, lemon balm, lemongrass, garlic, basil, lemon thyme, catnip, mint, pyrethrum and feverfew around your home, patio or outdoor entertaining areas.
- **Oil the bugs away:** Try diffusing essential oils like lavender, cedarwood, rosemary and eucalyptus or pre-made blends and spraying down your entertaining area with all natural bug repellents with ingredients like apple cider vinegar, witch's hazel and more to help keep them away.
- **Stop being the Life of the Party:** Make safe and all natural bug repellents with essential

oil blends like Terrashield, or a mix of citronella, lavender, melaleuca, peppermint, eucalyptus, lemon, cypress and more. You can find tons of easy DIY recipes out there, just make sure to use essential oils that are pure and free of contaminants before you put them on your skin. The best part is all of these are DEET free and not full of toxic chemicals.

- **Blow baby blow.** Use a fan, air movement really helps cut down bug traffic and keep you cool!
- **Screen it in:** Take your entertaining inside the screen to help avoid those pesky bugs that want to party too.
- **Watch the Clock:** Think about when bugs are out in force and try to avoid entertaining during the peak times of early morning or dusk without preventive measures in place.
- **Smartify your Yard:** While using bug repelling plants and other preventatives can be a big help, use common sense to avoid being a bug pit stop. Make sure there are no welcoming places in



# Crisp Cucumber Salad



## Ingredients (organic recommended):

- 2 cups finely chopped, seeded peeled cucumber
- ½ cup finely chopped, seeded tomato
- ¼ cup chopped red onion
- 2 tbsp minced fresh parsley
- 1 jalapeño pepper, seeded and chopped
- 1-2 drops cilantro essential oil or 1 tsp minced fresh cilantro
- 1 garlic clove, minced or pressed
- ¼ cup reduced-fat sour cream
- 2-3 drops lemon essential oil or 1 tsp fresh lemon juice

- 2-3 drops lime essential oil or 1 tsp fresh lime juice
- ¼ tsp ground cumin
- ¼ tsp seasoned salt
- Black pepper to taste

## Directions:

In a large bowl, combine the first 7 ingredients.

In another medium bowl, combine sour cream, essential oils and spices.

Pour over cucumber mixture and toss gently to coat. Serve immediately with chips or lettuce wraps.

**Yield:** 4 servings

**Nutrition Facts:** One serving (1/4 cup) equals 112 cal, 5 g fat, 12 g carbs, 3g fiber, 3g protein

your yard like standing water, high grasses, excess plants or moisture in your entertaining environment as these can attract more unhelpful guests.

Hurst works hard to prevent excessive pests being in our city so know we are working hard to make your summer even better. And as always here in Hurst, you have lots of options for learning more about health and wellness and enjoying

safe summer entertaining. From working with a dietitian or personal trainer at the recreation or senior center, enjoying the outdoors at one of our many marvelous parks, getting some tasty recipes at the library or participating in educational and fun motivational programs offered, your possibilities are numerous! See you out there in our fantastic community this summer!

## Senior Center



### Membership Information

Monday, Tuesday, Wednesday, Friday: 7:00AM-7:00PM // Thursday: 7:00AM-9:00PM

The Hurst Senior Citizens Activities Center is open to seniors only, ages 55 and over.

- Membership is required in order to use the Senior Center amenities or participate in activities and programs. (Occasionally, we will offer special programs that are open to the general public.)
- Membership begins the day you register and ends one year from that date. For example, if you register and pay for your membership on February 1, your membership will expire on January 31 of the following year.

Fees for the Senior Center are as follows:

- Hurst Residents - \$20 per membership year. (Equivalent of about \$1.67 per month.)
- Nonresidents - \$80 per membership year. (Equivalent of about \$6.67 per month.)
- These fees include many free classes, programs and activities at the Senior Center, as well as membership to our state-of-the-art fitness room.
- Some classes, programs and activities may require additional fees to cover the cost of supplies, refreshments and/or instructor fees.

## Lunch Program

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The Senior Center offers a weekly meal program called "A Quick Bite". On Tuesdays, for only \$5, you get a cup of the soup of the day, your choice of the entrée of the day or a sandwich with a bag of chips and a pickle. All lunches come with a dessert. Grab a friend and stop by the Senior Center for "A Quick Bite"!

The lunch program policies and details are as follows:

- You must register at the front desk for lunch and complete "A Quick Bite" menu selection slip. Payment is expected at the time of registration. Registration can be made any time prior to 10 a.m. on Tuesdays. Reservations will not be accepted after 10 a.m. No exceptions.
- The kitchen staff and volunteers cannot take payments. Please pay for lunch at the front counter and obtain a receipt. The receipt is only valid for the date lunch was purchased. No refunds or rain checks for lunches will be issued.
- Quantities may be limited and may sell out before 10 a.m.
- All meals are encouraged to be consumed on the premises. Taking food home from the meal site is done at your own risk. To-go boxes are not available.
- Due to health code policies, personal food items cannot be held in the kitchen refrigerators. Lunches will be available for pick-up on Tuesdays between noon and 1 p.m. Lunches not picked up by 1 p.m. must be discarded.



## Donor Board

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Did you know that you can give to the Senior Center Donation Fund? Donations are used to purchase non-budgeted items for the Senior Center. Donations are recognized through the Donor Board located on the east side wall of the building next to the staff offices. A plaque inscribed with your choice of inscription (space limited) will be placed on the board based on the following levels of donation:

- Bronze - \$250
- Silver - \$500
- Gold - \$1,000
- Platinum - \$2,000+

For more information or to make a donation, contact the Senior Center Director Linda Rea at 817-788-7710.

# Regular Programs, Classes, Groups and Activities

## "Need to Knows"

The *Senior Pipeline* is the Center's monthly newsletter and calendar. It is full of information on Senior Center programs and activities. The *Senior Pipeline* is not distributed by postal service. The next month's edition of the *Senior Pipeline* is available after 1 p.m. on the third Thursday of the current month. You are welcome to come by anytime during operating hours to get a copy. Most programs and activities do require registration/sign up. Sign ups begin on the first business day of each month at 8 a.m. and continue throughout the month. Some classes and programs fill up fast, so we encourage you to come in early to register for your preferred activities.

### Arts & Crafts

- Glass Fusion
- Quilting
- Beading & Glass Jewelry
- Painting and Drawing
- Ceramics

### Groups

- "The Happy Hatters of Hurst" Friendship Club
- Aircraft & Helicopter Science
- Travel
- Book Club
- Grief Support
- Knot-a-Lot

### Computer Classes

- Beginning and Intermediate Users, General Overview
- Email
- File Management
- Internet
- Microsoft Word®
- Private Lessons (By Appt. \$5 for 30 minutes.)

### Fitness Programs

- Zumba™ Gold
- Tai Chi & Yoga
- Fit Start Exercise
- Line Dance, Hawaiian Dance
- Personal Training
- DVD-led group exercise classes

*The Senior Center has many monthly activities. Dances are held on the second and fourth Thursday of every month at 7 p.m. Cost is \$5 at the door, and it's open to the public for ages 55-plus. There are two opportunities for playing FREE bingo each month. Potluck Bingo is always on the first Thursday of the month. Members are asked to bring a side dish or dessert to share. Bingo in the Afternoon is on the third Wednesday of the month and features great prizes and light refreshments. We offer Breakfast Club and Movies & Munchies once a month for only \$3 per person. Space is limited and the menu varies, so check the Senior Pipeline for details.*

The Senior Center hosts several open activities, and there are no fees or sign-up required. See the *Senior Pipeline* for day and time details so you can join in on the fun!

- Duplicate & Party Bridge
- Mah-jongg
- Nintendo Wii™ Games
- Dominoes, 42 & Chicken Foot
- Ping-pong
- Canasta
- Billiards



## Happy Hatters of Hurst

Attention Ladies! Join this "Happy" group of women that meets monthly at the Senior Center. Make friends; go on outings; do some shopping; and share food, recipes, and girl talk. It's easy to become part of the group! No special invitation is required to attend a meeting. See the *Senior Pipeline* for times, dates and details. Be sure to wear a hat!

## Business Health & Benefits Fair

On Friday, March 20, the Senior Center hosted a Business, Health and Benefits Expo. The event expanded from a healthcare expo to include businesses that provide a variety of services to seniors. Over 60 plus vendors shared information, services and products of interest. Guests participated in health screenings and benefitted from the latest innovations in one-on-one sessions with vendors.

## Senior Center Upcoming Events & Classes

Here are just a FEW of our upcoming special events. (You must be a member to participate. Sign-up and fees may be applicable.)

### Winstar World Casino Trip

Chartered deluxe motor coach will pick you up at the Senior Center at 8 a.m. and bring you back at approximately 6 p.m. Senior Center membership is not required. We should arrive in plenty of time for you to enjoy the free Senior Breakfast at the Gran Via Buffet. Registration opens April 1 and will close May 1. You must sign up in advance. No refunds unless the trip minimum is not met. **\$20 per person.**

8 a.m.-6 p.m. // 5/6

### Ladies Lock In

Ladies only! Put on your PJ's and slippers and come to the Senior Center for a fun-filled night of card games, board games, door prizes, pizza and more! Bring a snack to share and your favorite game to play. Quilters are invited to come and use Studio B to work on their quilting projects. Be sure to sign up in advance so we have enough pizza. **FREE!**

7 p.m.-Midnight // 6/5

### Men's Lock In

Men only! Come to the Senior Center for a fun-filled night of ping pong, poker and pool (and other games and activities) or sit back and relax and enjoy a great action movie. Pizza, soda, coffee and snacks provided. Sponsored by Mike Smith, Custom Insurance. **FREE!**

7 p.m.-Midnight // 6/5

### Defense Workshop with Officer Bell

Participants will be given instruction on basic protection techniques, evading techniques and escape techniques. Learn to become empowered and have the confidence to protect and defend yourself. Some physical contact with other students and the instructor may be used as part of the instruction. Please sign up in advance. **FREE!**

9:30 a.m. // 6/22

### Ice Cream Social

It's time again for this summer favorite event. A variety of area businesses will be here to tempt your taste buds with their flavor of creamy goodness. Be prepared to try your old favorites as well as test some unique new flavors. Be sure to sign up early! **FREE!**

2 p.m. // 6/26

### Frozen Friday is back!

Come to the Senior Center at 3:00 p.m. on Fridays during the months of July and August and get a **FREE** frozen treat! Low sugar alternatives available upon request. (Frozen Friday is canceled on 8/21 due to the Luau.)

3 p.m. // July-August // Fridays

### Movies & Munchies

Due to the July Fourth holiday, Movies & Munchies is coming to you later in the month! Beat the heat, come enjoy a great movie and have a hearty snack, popcorn and soda. All for only \$3.

1 p.m. // 7/17

### Summer Fun with the Grandkids

Bring the grandkids up to the Senior Center for a morning of fun. \$2 per person for all event activities.

8:30 - 9:30 a.m. Waffles & Juice

9 - 10 a.m. Photo opportunities & Craft

10 - 11 a.m. BINGO!

8:30-11 a.m. // 7/24



### Annual Luau & Member Mixer

You are invited to our 6<sup>th</sup> Annual Luau & Member Mixer. Put on your tropical attire and plan to spend the afternoon at the Senior Center enjoying a festive Hawaiian atmosphere, entertainment, food and fun! Catch up with old friends and meet some new ones. Please RSVP by August 14. **FREE!**

1-3 p.m. // 8/21



### Municipal Court Has Moved

The Municipal Court has moved to the new Justice Center located at 825-B Thousand Oaks Drive, next door to City Hall. Parking for the new Municipal Court will be on the first floor of the new parking garage located on the south west side of Thousand Oaks. For questions, please contact the Municipal Court at 817-788-7045.

## Save the Date!



**National Night Out**  
Tuesday, October, 6  
5:30 - 8 p.m.

### Hurst Community Park - 601 Precinct Line Road

Meet your neighborhood watch group captains while enjoying music and hot dogs

### Vivagene Copeland Park - 501 Pecan Drive

6 Stones Ministry will be providing a bounce house and games for children

## PALS Camp

*Hurst Police Department promotes responsibility, teamwork*

Do you have a fourth or fifth grade student? Our Police Department hosts camps for students in grades four and five each summer and applications are coming soon! The PALS Camp and Basketball Camp applications will be distributed at all Hurst Elementary schools on Monday, April 27, for students currently in fourth and fifth grades. Students must be a Hurst resident to attend. Camps are free and a lunch is provided.

Due to space limitations, only the first 60 applicants will be accepted for PALS Camp, and the first 48 applicants will be accepted for Basketball Camp.

PALS Camp will be held at Central Park, 600 Mary Drive, the

week of June 15 through June 19 from 9 a.m. to 2 p.m. each day. Basketball Camp will be held the week of July 20 through July 24 from 9 a.m. to 3 p.m. each day. The Basketball Camp's location has not been determined at this time.

Camps are designed to promote responsibility and teamwork, with the ultimate goal being to bring a better understanding between the youth of Hurst and law enforcement. The camps have proven to be an enjoyable experience remembered by all campers who attended and creates a lasting impression that police officers are their friends. We hope your camper will join in the fun this summer!



## Severe Weather Preparedness

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Being prepared for severe weather (and other emergencies) means actively preparing; how many of these items have you checked off your to do list?

- Do you have food, water and medications for three days? (And for your pets?)
- Do you have emergency supply kit?
- Do you have a plan to communicate with friends and family?
- Are you aware of the weather all the time (or does it sometimes surprise you)?
- Do you know where to go in your house during a weather emergency?
- Have you ever taken a first aid class?
- Is your property insurance (and maybe flood insurance) up to date? There are potentially up to 300 residences in Hurst that are in areas that should consider purchasing flood insurance. Call Public Works at 817-788-7076 to see if you live within the flood plain.
- Have you practiced a home fire escape drill with your family? And do you have a common meeting place for after you have escaped?
- Have you checked your smoke detector lately?

Information on how to complete this list is available on the [City of Hurst website](#) or you can call the Fire Department at 817-788-7238 for more information.



## Heritage Village Presents

Heritage Village presents is a series of FREE events held at Heritage Village Park in the spring and fall. Heritage Village Park is located in Southwest Hurst at 841 W. Pipeline Road. The City of Hurst invites you to attend our first event for Spring 2015.

For more information about the Heritage Village Presents events, contact the Hurst Public Library at 817-788-7300.

### Concert in the Park

This popular event is back at Heritage Village Park! Gather up the family, a picnic dinner and blanket or lawn chairs and take in the music of the Northeast Orchestra at Heritage Village Park. The rain date for the event is May 29. For more information, contact the Hurst Recreation Center at 817-788-7320.

7:00PM // F // 5/15

### The Summer Blast Off

Bring a lawn chair or blanket, a picnic dinner and your family and friends to celebrate the start of summer! The blast begins at 6 p.m. with free temporary tattoos and a bounce house for kids. Additionally, the City of Hurst will be providing free frozen treats. At 7 p.m., enjoy a concert by the Space Rockers, a cover band that plays hits from the 80s, 90s, and beyond. While you're taking in the music, check out the Library and Recreation booths for information on all the summer family activities they provide. For more information, contact the Hurst Public Library at 817-788-7300.

6:00PM // TH // 5/28

## General Election

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The City of Hurst will hold a General Election to elect persons to fill the offices of City Council Place 1, 2 and 6 on May 9, 2015.

The Saturday, May 9 election day polling place will be at the Hurst Public Library, 901 Precinct Line Road, Hurst, Texas, and will be open from 7 a.m.-7 p.m.

Early voting by personal appearance will begin on April 27, 2015, and will end on May 5, 2015. Hours designated for early voting by personal appearance:

April 27-30 // Monday-Thursday // 8 a.m.-5 p.m.

May 1 // Friday // 8 a.m.-5 p.m.

May 2 // Saturday // 7 a.m.-7 p.m.

May 3 // Sunday // 11 a.m.-4 p.m.

May 4-5 // Monday-Tuesday // 7 a.m.-7 p.m.

**Main Early Voting Polling Place:** Tarrant County Elections Center, 2700 Premier Street, Fort Worth, Texas 76111.

**Early voting by personal appearance within the City of Hurst:**

- Hurst Recreation Center, 700 Mary Drive

For a list of all available early voting sites and additional voting information regarding the May 9 general election, visit the Tarrant County Election website at [www.tarrantcounty.com/elections](http://www.tarrantcounty.com/elections) or contact the city secretary's office at 817-788-7043.



## Mosquito Control

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Do your part in controlling the mosquito population by eliminating potential insect breeding grounds.

Mosquitos can be a serious nuisance in the summer months, and it's important that we each do our part to eliminate potential mosquito breeding grounds. Mosquitos typically lay eggs in standing water, but "standing water" doesn't necessarily have to be a pond. Check outside your home and empty standing water from all containers.

If you own a pool, you will no doubt already be familiar with the massive amount of water treatment you have to do to keep

it clean. Here's another reason to do that. Swimming pools should have a water treatment at least once a week to keep the balance of chlorine and other chemicals sufficient to repel mosquitoes as well as other pests.

Mosquitos also love rain gutters, wading pools, flower pots, planter boxes and irrigation control boxes are also likely spots. If you've eliminated all of the above and mosquitoes are still thick in your area, remember that these voracious beasts can fly up to two miles from their place of birth, so you might want to start a mosquito awareness program with your neighbors. To report a mosquito concern please call 817-788-7055.



# #Myhurstsummer

Last summer, we ran a contest on social media asking you to share your summer pictures with us using the hash tag #myhurstsummer on Facebook, Instagram and/or Twitter for a chance to win some pretty cool prizes! Well, we are doing it all again this summer! Be sure to use the hash tag in all of your summer pictures that you post, and they could be featured in our next summer magazine! We love seeing you enjoy your summer here in Hurst, and thank you for sharing your pictures with us! Be on the lookout for posts on social media with details about our upcoming contests. You won't want to miss out!

**Facebook:**

<http://www.facebook.com/cityofhursttx>

**Instagram:**

@cityofhursttx

**Twitter:**

@TheCityofHurst



**Featured Instagram Users:**

- @purewaterhurst
- @cityofhursttx
- @texas\_lovely
- @jenz75
- @mrsmanduculp
- @lydiafaith
- @shawna\_marie64
- @spatula\_la
- @mandybethlackey
- @vivtenuta
- @chaseboyer
- @triciagilchrist



## Service Line Warranties of America

*Water line warranty helps save on costly repairs*

Did you know that the water line that runs between your home and the public utility connection is the responsibility of the homeowner and repairs to these lines are usually not covered by homeowner's insurance? These lines have been subjected to the same elements that have caused our public service lines to decay – ground shifting, root invasion and fluctuating temperatures, age and more.

As part of our continuing effort to bring programs and services to the community that we believe helps our residents achieve the highest quality of life, we would like to remind you

about the Service Line Warranties of America. This is the only water line warranty program that the City of Hurst endorses. SLWA sent out letters in March to homeowners offering water line repair protection of up to \$4,000 per incident with no additional service fees or deductibles and no annual or lifetime limits. These letters have the city logo and Mayor's signature included.

Participation in the program is optional and voluntary. Visit [www.slwofa.com](http://www.slwofa.com) to learn more about the program or call 1-866-425-6221.

## Youth in Government

*Offers students opportunity for community involvement*

We just finished up a terrific semester of our Youth In Government program. This year, we had a diverse group of students involved in band, drill team, step team, swim, basketball, National Honor Society, chess club, tennis, wrestling, golf, theatre, soccer, football and more! These students are passionate about learning how their local government works and getting involved in the community. The Hurst City Council created this dynamic program 13 years ago, and it's given a number of our high school students the opportunity to get involved in their city. It has also given students a chance to meet local officials, make new friends, learn about how local government works and participate in community service projects around the city. This program is free and open to all juniors and seniors who live in Hurst or attend a school in



one of the four districts that serve Hurst. At least one \$1,000 scholarship will be awarded to a senior at the end of the program! For more information or to apply for the next semester beginning in October 2015, visit [hursttx.gov/yig](http://hursttx.gov/yig).

## Volunteers-In-Action

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On April 15, the City of Hurst celebrated its volunteers at the Annual VIA Banquet. Thanks to the innovative thinking of the Hurst City Council the VIA program was created in 1979 and since then, the VIA program has become the model for all other municipal volunteer programs and was the first municipal volunteer organization to be officially recognized by the State of Texas.



The theme of this year's banquet was "Tropical Paradise." It featured a tropical inspired lunch by the Hurst Conference Center chef and catering team, and entertainment by the Bamboo Boat Steel Drum Band. In addition to the celebration, the City Council presented awards for 500 hours of volunteer service and every 500 hour increase of service thereafter. The awards presented included: key chains, pen sets, tote bags, and gift certificates. Twenty-seven individual volunteers and 14 volunteer groups were recognized at this year's banquet, proving that the City of Hurst has the most dedicated volunteers around. While not everyone received an award, no one left empty handed. Special themed drink ware was given to each volunteer as a token of Hurst's appreciation for their hard work and commitment to the City.

The City of Hurst is always looking for new volunteers. If you are interested in joining the VIA program, please contact the Community Services Department at 817-788-7305. Volunteer applications can be picked up at the Community Services' offices in the Hurst Public Library or accessed online through the City's website at [www.hursttx.gov](http://www.hursttx.gov).

## Fighting Drought *Water Conservation*

Despite the snowfall and rain that our area has experienced this year, the majority of Texas continues to experience moderate drought conditions. Over the past decade, North Texas has experienced water shortages that have resulted in mandatory water restrictions that allow only two days a week outside irrigation.

State water planning boards have been studying the weather patterns and population growth in the region and have determined North Texas will not have enough water to sustain our current per person demands if other water sources are not available or if water conservation measures are not taken.

One of the recommendations to help offset the shortage is continued reduction in landscape irrigation. Studies have shown home owners can maintain a healthy lawn by irrigating no more than twice a week.

It is further recommended that native, drought tolerant plants and grasses be used.

This year, the City of Hurst has partnered with the Tarrant Regional Water District and W.I.S.E. Guys to provide our residential population a "FREE" Irrigation System Evaluation. In addition, the first 100 customers that register may also be eligible for the installation of a free wind and rain sensor. Registration for this program along with other important information about watering schedules, Drought Contingency Plans, and helpful links can be found at [www.hursttx.gov/waterconservation](http://www.hursttx.gov/waterconservation).



# HURST RECREATION CENTER

Forecast for summer: Temperatures in the 100s, and 100s of opportunities for fitness and fun at the Hurst Recreation Center!

This summer you can be sure to expect temperatures in the 100's! But don't worry! The Recreation Center will be prepared with 100's of opportunities for fitness and fun in the cool indoors! Come and enjoy our activities and programs: 100's of classes, shoot some hoops with your friends, enjoy a game of racquetball, volleyball or pickleball, use the jogging/walking track to get some exercise, or work out in our state-of-the-art fitness center. Equipment for all activities are available for check out with your "Quality of Life" Rec Card at the front desk of the Recreation Center.

If fitness is your thing, there are many fitness classes to help you reach all of your fitness goals. You can schedule a session with our personal trainer to formulate a custom-designed fitness plan, and our Fitness Center has all of the equipment you will need to complete your workouts. The Cardio Room is equipped with treadmills, elliptical crosstrainers and lateral trainers, all of which have individual television screens that will allow you to watch your favorite TV show while you workout. You can also use your iPod to listen to your favorites or enjoy our new HDTVs while using not only our treadmills and ellipticals, but our bikes, stairclimbers, rowing machines

and seated crosstrainers as well. There is literally something for everyone! And any complete fitness program includes a strength training regiment, and we have an extensive selection of machined weights and plate-loaded strength equipment, as well as dumbbells and flexibility equipment. For more information on any of our activities or classes, contact the Recreation Center 817-788-7325.

## Our Commitment to Quality

Your satisfaction is our goal... we strive to provide you with quality recreation programs, and we take pride in making your recreation experience an enjoyable one. Join us this season for recreational, educational and lifelong learning opportunities. If you are not completely satisfied with your recreational experience, please call us at 817-788-7325 to share your concerns and suggestions for improvement. Thank you for choosing Hurst Parks and Recreation.

**Classes begin the week of June 8** (unless otherwise indicated)



## Hours of Operation

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Monday–Thursday // 6:30AM–10:00PM

Friday // 6:30AM–6:00PM

Saturday // 9:00AM–6:00PM

Sunday // 1:00PM–6:00PM

## Contact Information

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700 Mary Drive  
Hurst, TX 76053

817-788-7325

## Recreation Center Fees

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### Hurst Residents

Daily Pass: **\$2**

Youth Annual Pass (6-15 Years):  
**\$20 Per Year**

Adult Annual Pass (16-64 Years):  
**\$50 Per Year**

Senior Annual Pass (65+ Years):  
**\$20 Per Year**

Family Annual Pass:  
**\$125 Per Year**

Replacement Card Fee: **\$5**

### Non-Hurst Residents

Daily Pass: **\$10**

Youth Annual Pass (6-15 Years):  
**\$80 Per Year**

Adult Annual Pass (16-64 Years):  
**\$200 Per Year**

Senior Annual Pass (65+ Years):  
**\$80 Per Year**

Replacement Card Fee: **\$5**

*Help Us Help You!*

## Please Enroll Early

Help us keep your favorite classes around by enrolling early. There is a point when a class must be cancelled due to low enrollment. Help us prevent class cancellations by registering early!

## 3 Years and Younger Programs

## Awesome Twos

2 Years // Supply fee \$5

Let's get together and play! We will learn our shapes and colors, create crafts, and just have a blast playing and learning at the same time!

Instructor: Dottie Nicholson

## SUMMER I

13090-A

9:00-9:45AM // M // 4WKS // 6/8 // \$15

## Colors and More

2 Years // Supply fee \$5

Let's learn about all the colors and the shapes that surround us!

Instructor: Dottie Nicholson

## SUMMER II

14400-A

9:00-9:45AM // M // 4WKS // 7/13 // \$14

## Crazy Daisy Summer Fun

18 - 24 Mos // Supply fee \$5

Let's have fun while developing our fine motor skills through fun craft projects! We will complete our craft projects by using scissors, pens, paints, and pencils.

Instructor: Dottie Nicholson

## SUMMER I

13015-A

9:00-9:30AM // W // 4WKS // 6/10 // \$14

## SUMMER II

14015-A

9:00-9:30AM // W // 4WKS // 7/15 // \$14

## Happy Feet

2 Years

Let's get those feet tapping and those bodies moving! We will have fun with music and movement while working on the development of our gross motor skills.

Instructor: Dottie Nicholson

## SUMMER I

13095-A

9:00-9:30AM // F // 4WKS // 6/12 // \$14

## SUMMER II

14095-A

9:00-9:30AM // F // 4WKS // 7/17 // \$14

## Little Painters

2 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

Instructor: Dottie Nicholson

## SUMMER I

13333-A

10:00-10:30AM // M // 4WKS // 6/8 // \$14

## SUMMER II

14333-A

10:00-10:30AM // M // 4WKS // 7/13 // \$14

## Math Fun for Little Ones

2 - 3 Years // Supply fee \$5

Come create fun projects to help with number concepts. Let's learn your numbers and their value.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

## SUMMER I

13123-A

9:30-10:00AM // T // 4WKS // 6/9 // \$14

## SUMMER II

14123-A

9:30-10:00AM // T // 4WKS // 7/14 // \$14

## Mom and Me Soccer

1 - 2 Years // Tennis Shoes Required

Time to not only play with your tot, but get some exercise as well! We will learn the basics of soccer and how to make a GOOOOOOAAAAAALLLLL!

Instructor: Keely Castillo

## SUMMER I

13700-A

9:00-9:30AM // F // 4WKS // 6/12 // \$14

## SUMMER II

14700-A

9:00-9:30AM // F // 4WKS // 7/17 // \$14

## »»» Please Remember

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

## 3 Years and Younger Programs

### Music Maker – Summer Fun

18 - 24 Mos // Supply fee \$5

Music is a proven educator for children of all ages. Come learn how to march, dance, move, and groove. Music helps your fine and gross motor skills, direction and spatial concepts. We will make a new instrument each week to take home.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**

13000-A

9:30-10:00AM // W // 4WKS // 6/10 // \$14

**SUMMER II**

14000-A

9:30-10:00AM // W // 4WKS // 7/15 // \$14



**GYMNASTICS**

### Parent/Tot Tumbling

16 - 36 Mos // One Child Per Parent

A fun class for you and your child to build a growing relationship through the learning of basic motor skills, tumbling, and coordination.

**SUMMER I**

*Instructor: Tammy Slovensky*

33040-A

9:30-10:00AM // T // 4WKS // 6/9 // \$14

33040-B

11:30-Noon // T // 4WKS // 6/9 // \$14

33040-C

9:30-10:00AM // W // 4WKS // 6/10 // \$14

33040-D

9:30-10:00AM // TH // 4WKS // 6/11 // \$14

*Instructor: Miranda Slovensky*

33040-E

9:30-10:00AM // M // 4WKS // 6/8 // \$14

33040-F

5:00-5:30PM // T // 4WKS // 6/9 // \$14

33040-G

6:30-7:00PM // TH // 4WKS // 6/11 // \$14

*Instructor: Milli Slovensky*

33040-H

4:30-5:00PM // M // 4WKS // 6/8 // \$14

33040-I

4:30-5:00PM // W // 4WKS // 6/10 // \$14

**SUMMER II**

*Instructor: Tammy Slovensky*

34040-A

9:30-10:00AM // T // 4WKS // 7/14 // \$14

34040-B

11:30-Noon // T // 4WKS // 7/14 // \$14

34040-C

9:30-10:00AM // W // 4WKS // 7/15 // \$14

34040-D

9:30-10:00AM // TH // 4WKS // 7/16 // \$14

*Instructor: Miranda Slovensky*

34040-E

9:30-10:00AM // M // 4WKS // 7/13 // \$14

34040-F

5:00-5:30PM // T // 4WKS // 7/14 // \$14

34040-G

6:30-7:00PM // TH // 4WKS // 7/16 // \$14

### »»» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

3 Years and Younger Programs



Phonics Fun for Little Ones

2 - 3 Years // Supply fee \$5

Come learn your letters and sounds with fun projects. We will work together to learn our letters.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

13045-A  
9:00-9:30AM // T // 4WKS // 6/9 // \$14

SUMMER II

14045-A  
9:00-9:30AM // T // 4WKS // 7/14 // \$14

GYMNASTICS

Tiny Tykes

2.5 - 3.5 Years

Here's a class that introduces your child to the basic motor skills for tumbling and acquaints tots with the gymnastics equipment.

SUMMER I

*Instructor: Tammy Slovensky*

33030-A  
10:00-10:30AM // T // 4WKS // 6/9 // \$14

33030-B  
10:00-10:30AM // W // 4WKS // 6/10 // \$14

33030-C  
11:30-Noon // W // 4WKS // 6/10 // \$14

33030-D  
10:00-10:30AM // TH // 4WKS // 6/11 // \$14

*Instructor: Miranda Slovensky*

33030-E  
10:00-10:30AM // M // 4WKS // 6/8 // \$14

33030-F  
5:30-6:00PM // T // 4WKS // 6/9 // \$14

33030-G  
6:00-6:30PM // TH // 4WKS // 6/11 // \$14

*Instructor: Milli Slovensky*

33030-H  
4:00-4:30PM // M // 4WKS // 6/8 // \$14

33030-I  
4:00-4:30PM // W // 4WKS // 6/10 // \$14

SUMMER II

*Instructor: Tammy Slovensky*

34030-A  
10:00-10:30AM // T // 4WKS // 7/14 // \$14

34030-B  
10:00-10:30AM // W // 4WKS // 7/15 // \$14

34030-C  
11:30-Noon // W // 4WKS // 7/15 // \$14

34030-D  
10:00-10:30AM // TH // 4WKS // 7/16 // \$14

*Instructor: Miranda Slovensky*

34030-E  
10:00-10:30AM // M // 4WKS // 7/13 // \$14

34030-F  
5:30-6:00PM // T // 4WKS // 7/14 // \$14

34030-G  
6:00-6:30PM // TH // 4WKS // 7/16 // \$14



## 3 Years and Older Programs

### All Sports

5 - 6 Years // Athletic shoes required

Let's get moving and get a taste of all the sports!

Instructor: Andy Kralik

**SUMMER I**

13500-A

9:00-9:30AM // W // 4WKS // 6/10 // \$14

**SUMMER II**

14500-A

9:00-9:30AM // W // 4WKS // 7/15 // \$14

### Ballet for Tots

3 - 5 Years // Ballet Shoes Required

In this class your tot will become familiar with basic barre and center work. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts.

Instructor: LaTisha Clay

**SUMMER II**

14180-A

10:30-11:00AM // F // 4WKS // 7/17 // \$14

14180-B

11:30-Noon // F // 4WKS // 7/17 // \$14

### Bugs, Bugs, Bugs

3 - 6 Years // Supply fee \$5

Do you like watching those creepy critters in your backyard? We will learn all about insects and even conduct some live inspections of specimens.

Instructor: Dottie Nicholson

**SUMMER I**

13222-A

9:45-10:30AM // W // 4WKS // 6/10 // \$15



### Caped Crusaders

3 - 7 Years // Supply fee \$10

Do you have super powers? We will learn what it takes to be a super hero. We will play together and learn through stories, crafts, and super hero challenges.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

**SUMMER I**

13075-A

10:45-11:30AM // W // 4WKS // 6/10 // \$15

**SUMMER II**

14075-A

10:45-11:30AM // W // 4WKS // 7/15 // \$15

### Claymates

3 - 6 Years // Supply fee \$10

Does your pre-schooler need to work on those fine motor skills? Clay is a great tool for working on those skills while having fun.

Instructor: Dottie Nicholson

**SUMMER I**

13145-A

9:00-9:30AM // W // 4WKS // 6/10 // \$14

**SUMMER II**

14145-A

9:00-9:30AM // W // 4WKS // 7/15 // \$14



## 3 Years and Older Programs

## Cooking for Fun

3 - 6 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

### SUMMER I

13250-A

10:45-11:30AM // F // 4WKS // 6/12 // \$15

### SUMMER II

14250-A

10:45-11:30AM // F // 4WKS // 7/17 // \$15

## Creative Healthy Chef

3 - 5 Years // Supply fee \$10

Calling all pre-schoolers to the kitchen for some fun! Come learn how to create a healthy breakfast, lunch, and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

### SUMMER I

13170-A

11:15-Noon // M // 4WKS // 6/8 // \$15

### SUMMER II

14170-A

11:15-Noon // M // 4WKS // 7/13 // \$15

## Cut, Paint & Create Summer Projects

3 - 6 Years // Supply fee \$5

Come get ready to create fun summer projects buy using and developing our fine motor skills. We will use glue, paint, and scissors to create a new project each week.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

### SUMMER I

13055-A

10:00-10:45AM // T // 4WKS // 6/9 // \$15

### SUMMER II

14055-A

10:00-10:45AM // T // 4WKS // 7/14 // \$15

## Dinosaurs

3 - 6 Years // Supply fee \$5

If your little one "digs" dinos they will enjoy this class that explores the world of dinosaurs through stories, crafts, songs and play.

*Instructor: Dottie Nicholson*

### SUMMER I

13666-A

11:30-12:15PM // M // 4WKS // 6/8 // \$15

### SUMMER II

14666-A

11:30-12:15PM // M // 4WKS // 7/13 // \$15

## Fairy Fun

3 - 7 Years // Supply fee \$10

Do you love fairies? We will create a magic wand, tutu, headband, and jewelry while learning good manner skills. We will hae a special fairy adventure!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

### SUMMER I

13110-A

11:15-Noon // T // 4WKS // 6/9 // \$15

### SUMMER II

14110-A

11:15-Noon // T // 4WKS // 7/14 // \$15

## Hot Wheelers

3 - 6 Years // Supply fee \$5

Vroom! Vroom! Calling all car enthusiasts for a fun time playing, crafting, stories, and games all about cars!

*Instructor: Dottie Nicholson*

### SUMMER II

14140-A

9:45-10:30AM // TH // 4WKS // 7/16 // \$15

## Kitchen Science

3 - 6 Years // Supply fee \$5

Did you know there are tons to learn about science while in the kitchen? Science is all around us and we'll explore science in the kitchen!

*Instructor: Dottie Nicholson*

### SUMMER I

13120-A

9:45-10:30AM // F // 4WKS // 6/12 // \$15

## Knights 101

3 - 7 Years // Supply fee \$10

Calling all young knights! Knights are expected to fight bravely for their country. Create your armor and get ready to face the world.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

### SUMMER I

13448-A

10:00-10:45AM // W // 4WKS // 6/10 // \$15

### SUMMER II

14448-A

10:00-10:45AM // W // 4WKS // 7/15 // \$15

## Let's Paint

3 - 6 Years // Supply fee \$5

We'll create masterpieces using finger paints, stencils, sponges and even rocks!

*Instructor: Dottie Nicholson*

### SUMMER I

13115-A

9:00-9:30AM // TH // 4WKS // 6/11 // \$14

### SUMMER II

14115-A

9:00-9:30AM // TH // 4WKS // 7/16 // \$14

## 3 Years and Older Programs

### Little Tyke Basketball

4 - 6 Years // Athletic shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

*Instructor: Andy Kralik*

#### SUMMER I

13335-A

9:30-10:00AM // M // 4WKS // 6/8 // \$14

#### SUMMER II

14335-A

9:30-10:00AM // M // 4WKS // 7/13 // \$14

### Little Tyke Flag Football

4 - 6 Years // Athletic shoes required

Do you like watching football with your family? Come on out and learn the basics of flag football.

*Instructor: Andy Kralik*

#### SUMMER I

13190-A

9:30-10:00AM // W // 4WKS // 6/10 // \$14

#### SUMMER II

14190-A

9:30-10:00AM // W // 4WKS // 7/15 // \$14

### Little Tyke Soccer

3 - 5 Years // Athletic shoes required

GGG000AAALLL! You will get your feet running and learn the basics of the world's most popular sport.

*Instructor: Keely Castillo*

#### SUMMER I

13600-A : 3 - 4 Years

9:00-9:30AM // F // 4WKS // 6/12 // \$14

13600-B : 5 - 6 Years

10:00-10:30AM // F // 4WKS // 6/12 // \$14

13600-C : 5 - 6 Years

5:30-6:00PM // W // 4WKS // 6/10 // \$14

#### SUMMER II

14600-A : 3 - 4 Years

9:00-9:30AM // F // 4WKS // 7/17 // \$14

14600-B : 4 - 5 Years

10:00-10:30AM // F // 4WKS // 7/17 // \$14

14600-C : 5 - 6 Years

5:30-6:00PM // W // 4WKS // 7/15 // \$14

### Little Tyke T-Ball

4 - 6 Years // Athletic shoes required

Grab your glove and tennis shoes to give t-ball a go. We will work on the basics of t-ball.

*Instructor: Andy Kralik*

#### SUMMER I

13777-A

9:00-9:30AM // M // 4WKS // 6/8 // \$14

#### SUMMER II

14777-A

9:00-9:30AM // M // 4WKS // 7/13 // \$14

### Math Fun

3 - 5 Years // Supply fee \$5

Let's learn numbers the fun way! We will learn to add, subtract, and count. We will also use musical instruments to help us have fun while learning!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

#### SUMMER I

13205-A

9:45-10:15AM // M // 4WKS // 6/8 // \$14

#### SUMMER II

14205-A

9:45-10:15AM // M // 4WKS // 7/13 // \$14

### Messy on Purpose

3 - 6 Years // Supply fee \$5

Do you like making a mess? Let's do it together! We will make a mess with homemade clay, shaving cream, and pudding, just to name a few.

*Instructor: Dottie Nicholson*

#### SUMMER II

14195-A

10:45-11:15AM // M // 4WKS // 7/13 // \$14

### My Little Princess

3 - 6 Years // Supply fee \$5

Calling all princess of the royal kingdom! We will learn while having fun dressing up, role playing, listening to music and creating crafts.

*Instructor: Dottie Nicholson*

#### SUMMER II

14111-A

10:45-11:30AM // W // 4WKS // 7/15 // \$15

## 3 Years and Older Programs

## Phonics Fun – Step 1

3 - 5 Years // Supply fee \$5

Come one, come all to the big sounds of letters. You will learn pre-reading skills through games and activities that teach phonics.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13030-A

9:00-9:45AM // M // 4WKS // 6/8 // \$15

## SUMMER II

14030-A

9:00-9:45AM // M // 4WKS // 7/13 // \$15



## Phonics Fun – Step 2

3 - 5 Years // Supply fee \$5

Ready for some more phonics? Come take the next step of Phonics Fun and learn some more!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13035-A

10:15-11:00AM // M // 4WKS // 6/8 // \$15

## SUMMER II

14035-A

10:15-11:00AM // M // 4WKS // 7/13 // \$15

## Pirate Adventures

3 - 7 Years // Supply fee \$5

ARR! Do you like adventure? Come turn into a pirate while we have fun and develop our fine motor skills at the same time.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13888-A

11:30-Noon // W // 4WKS // 6/10 // \$14

## SUMMER II

14888-A

11:30-Noon // W // 4WKS // 7/15 // \$14

## Science Magic

3 - 6 Years // Supply fee \$5

Let's explore the magical side of science! We'll float water under a plate, pull the plastic out of glue, and more spring fun!

*Instructor: Dottie Nicholson*

## SUMMER II

14026-A

9:45-10:30AM // F // 4WKS // 7/17 // \$15

## Space Camp

3 - 6 Years // Supply fee \$10

Come see how our world has changed through the space age. We will conduct experiments that relate to space. We'll also learn about the environment and how it affects our planet. Come and explore space life and the physics of rockets!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

## SUMMER I

13025-A

9:00-9:45AM // TH // 4WKS // 6/11 // \$15

14025-A

9:00-9:45AM // TH // 4WKS // 7/16 // \$15

## Summer Crafts

3 - 6 Years

Ready to create cool projects? We'll create fun beach themed crafts!

*Instructor: Dottie Nicholson*

## SUMMER I

23335-A

10:45-11:15AM // M // 4WKS // 6/8 // \$14

## Super Heroes

3 - 6 Years // Supply fee \$5

Do you have super powers? We will learn what it takes to be a super hero. We will play together and learn through stories, crafts, and super hero challenges.

*Instructor: Dottie Nicholson*

## SUMMER I

13100-A

9:45-10:30AM // TH // 4WKS // 6/11 // \$15



## 3 Years and Older Programs

### Tap for Tots

3 - 5 Years // Tap shoes required

In this class your tot will become familiar with many of the single sound tap moves. We will also work on counting, tempo, distinguishing our right from our left, and other foundational dance concepts.

Instructor: LaTisha Clay

**SUMMER II**

14065-A

11:00-11:30AM // F // 4WKS // 7/17 // \$14



### Tiny Dancer

3 - 4 Years // Ballet and tap shoes required

Your tiny dancer will learn tap, ballet and rhythmic movements.

Instructor: Sherri Longino

**SUMMER I**

13060-A

5:15-5:45PM // TH // 4WKS // 6/11 // \$14

13060-B

9:05-9:35AM // S // 4WKS // 6/13 // \$14

**SUMMER II**

14060-A

5:15-5:45PM // TH // 4WKS // 7/16 // \$14

14060-B

9:05-9:35AM // S // 4WKS // 7/18 // \$14

### Trains

3 - 6 Years // Supply fee \$5

All Aboard! Calling all conductors to climb aboard as we play trains! We will have all kinds of fun learning about trains through play time, stories, and crafts.

Instructor: Dottie Nicholson

**SUMMER I**

13444-A

10:45-11:30AM // W // 4WKS // 6/10 // \$15

**GYMNASTICS**

### Tumbling Tots I

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

**SUMMER I**

Instructor: Tammy Slovensky

33011-A

10:30-11:00AM // T // 4WKS // 6/9 // \$14

33011-B

10:30-11:00AM // W // 4WKS // 6/10 // \$14

33011-C

10:30-11:00AM // TH // 4WKS // 6/11 // \$14

33011-D

11:30-Noon // TH // 4WKS // 6/11 // \$14

Instructor: Miranda Slovensky

33011-E

10:30-11:00AM // M // 4WKS // 6/8 // \$14

Instructor: Meredith Flint

33011-F

5:00-5:30PM // T // 4WKS // 6/9 // \$14

33011-G

5:00-5:30PM // TH // 4WKS // 6/11 // \$14

**SUMMER II**

Instructor: Tammy Slovensky

34011-A

10:30-11:00AM // T // 4WKS // 7/14 // \$14

34011-B

10:30-11:00AM // W // 4WKS // 7/15 // \$14

34011-C

10:30-11:00AM // TH // 4WKS // 7/16 // \$14

34011-D

11:30-Noon // TH // 4WKS // 7/16 // \$14

Instructor: Miranda Slovensky

34011-E

10:30-11:00AM // M // 4WKS // 7/13 // \$14

Instructor: Meredith Flint

34011-F

5:00-5:30PM // T // 4WKS // 7/14 // \$14

34011-G

5:00-5:30PM // TH // 4WKS // 7/16 // \$14

**GYMNASTICS**

### Tumbling Tots I for Boys

3 - 4 Years

Your tot will strengthen motor skills and enhance their coordination while learning tumbling skills and the use of all gymnastics equipment.

Instructor: Slaton Wright

**SUMMER I**

33080-A

4:30-5:00PM // T // 4WKS // 6/9 // \$14

33080-B

4:30-5:00PM // TH // 4WKS // 6/11 // \$14

**SUMMER II**

34080-A

4:30-5:00PM // T // 4WKS // 7/14 // \$14

34080-B

4:30-5:00PM // TH // 4WKS // 7/16 // \$14

## 3 Years and Older Programs

## GYMNASTICS

## Tumbling Tots II

## 4 - 5 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

## SUMMER I

Instructor: Tammy Slovensky

## 33022-A

11:00-11:30AM // T // 4WKS // 6/9 // \$14

## 33022-B

11:00-11:30AM // W // 4WKS // 6/10 // \$14

## 33022-C

11:00-11:30AM // TH // 4WKS // 6/11 // \$14

Instructor: Meredith Flint

## 33022-D

5:30-6:00PM // T // 4WKS // 6/9 // \$14

## 33022-E

5:30-6:00PM // TH // 4WKS // 6/11 // \$14

## SUMMER II

Instructor: Tammy Slovensky

## 34022-A

11:00-11:30AM // T // 4WKS // 7/14 // \$14

## 34022-B

11:00-11:30AM // W // 4WKS // 7/15 // \$14

## 34022-C

11:00-11:30AM // TH // 4WKS // 7/16 // \$14

Instructor: Meredith Flint

## 34022-D

5:30-6:00PM // T // 4WKS // 7/14 // \$14

## 34022-E

5:30-6:00PM // TH // 4WKS // 7/16 // \$14



## GYMNASTICS

## Tumbling Tots II for Boys

## 4 - 6 Years

Your tumbler will learn more advanced movements while mastering the skills introduced in Level I.

Instructor: Slaton Wright

## SUMMER I

## 33081-A

5:00-5:30PM // T // 4WKS // 6/9 // \$14

## 33081-B

5:00-5:30PM // TH // 4WKS // 6/11 // \$14

## SUMMER II

## 34081-A

5:00-5:30PM // T // 4WKS // 7/14 // \$14

## 34081-B

5:00-5:30PM // TH // 4WKS // 7/16 // \$14

## Yes, I Can Draw Ocean Animals

## 3 - 6 Years // Supply fee \$5

Yes, you can draw! You will develop your fine motor skills by putting your creativity to work through drawing.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

## SUMMER I

## 13895-A

10:45-11:15AM // T // 4WKS // 6/9 // \$14

## SUMMER II

## 14895-A

10:45-11:15AM // T // 4WKS // 7/14 // \$14

## »» Please Remember

In order to provide the best learning environment, children ages 3 and up must be toilet-trained.

## 3 Years and Older Programs



### Manners

3 - 6 Years

Need help in the manners department? We will focus on good manners needed in different situations.

*Instructor: Dottie Nicholson*

SUMMER II

14100-A

10:45-11:15AM // TH // 1DAY // 8/6 // \$16

### Safety First

3 - 6 Years

*Safety First! This class will go over stranger danger, fire safety, and water safety. Kids will make a safety kit to take home.*

*Instructor: Dottie Nicholson*

SUMMER I

13925-A

10:45-11:15AM // TH // 1DAY // 6/25 // \$16

### Snow Queen Party

3 - 6 Years

Imagine winter in the beginning of summer! Come dressed up, and ready to make crafts, play games, sing along, and have a snack! (Some costumes available)

*Instructor: Dottie Nicholson*

SUMMER I

13111-A

10:45-11:45AM // TH // 1DAY // 6/11 // \$16

## One-Time Preschool Classes

### Fairy Princess Party

3 - 6 Years

This party is for Fairy Princess only! We'll play, create a craft, have a snack, and tell stories about Fairies. (Dress up clothes and wings will be provided.)

*Instructor: Dottie Nicholson*

SUMMER II

14825-A

10:45-11:15AM // TH // 1DAY // 7/16 // \$16

### Fourth of July T-Shirt

3 - 6 Years // Supply fee \$5

Celebrate our nation's freedom with your custom made July 4th t-shirt!

*Instructor: Dottie Nicholson*

SUMMER II

24232-A

10:45-11:15AM // TH // 1DAY // 7/2 // \$16

### Father's Day Crafts

3 - 6 Years

It's time to celebrate Dad! We'll create gifts for Dad just in time for Father's Day!

*Instructor: Dottie Nicholson*

SUMMER I

13555-A

10:45-11:15AM // TH // 1DAY // 6/18 // \$16

## Camps



## Summer Camps

### Advanced Lego Robotics

10 - 12 Years // Supply fee \$25 due first day

Campers learn the history of robotics: literature to engineering advancements. They form teams to brainstorm and design specialized robots. Junior roboticists explore mechanical aspects like gear ratios and torque.

*Instructor: Mad Science of Dallas & Fort Worth*

23750-A

1:00-4:00PM // M-F // 1WK // 6/15-19 // \$154

### Bubbles ... Smoke ... Explosions!

6 - 10 Years

Have fun with chemistry at an exciting camp! Make a crystal garden and synthesize your own slime. Learn about our solar system, making a comet with everyday items. Have a shocking time with a Van de Graaff generator and experience lightning up close!

*Instructor: Mad Science of Dallas & Fort Worth*

23735-A

9:00AM-Noon // M-F // 1WK // 6/15-19 // \$154

### Camp Central Park

Welcome to CAMP CENTRAL PARK! This summer playground camp caters to kids aged 6-10 looking for a morning of fun. We'll spend our mornings making good 'ol fashioned fun on the playground at Central Park. Here's an example of what we'll be doing each day:

9:00-10:00AM // Free play on the playground

10:00AM // Restroom and water break

10:15-11:30AM // Structured activity - sports/games

11:30-Noon // Restroom and lunch break  
(bring a sack lunch and a drink each day)

Noon-12:45PM // Structured activity - crafts/games

12:45-1:00PM // Free play on the playground

*Instructor: Nathan and Matthew Kearney*

To ensure proper supervision, camp participation registration is limited. Be sure to register early!

Camp I

23000-A

9:00AM-1:00PM // M-TH // 2WKS // 6/22-7/2 // \$60

Camp II

23000-B

9:00AM-1:00PM // M-TH // 2WKS // 7/13-23 // \$60

Camp III

23000-C

9:00AM-1:00PM // M-TH // 2WKS // 7/27-8/6 // \$60

### Earth: The Amazing Planet

6 - 10 Years

Science is all around us; deep in the earth to high in the sky! Protect our awesome planet, make recycled paper and experiment with pollution solutions. Investigate animals and make a cast of an animal footprint to keep.

*Instructor: Mad Science of Dallas & Fort Worth*

23715-A

1:00-4:00PM // M-F // 1WK // 6/29-7/3 // \$154



## Forensic Lab

6 - 10 Years

Join in CSI style forensics in a hands-on look at crime scenes. Identify and collect evidence from fingerprints to trash! Recreate the scene of a crime using clues. Detect suspects using science in this investigation into the science of sleuthing.

*Instructor: Mad Science of Dallas & Fort Worth*

24780-A

1:00-4:00PM // M-F // 1WK // 8/10-14 // \$154

## Ingenious Inventions

6 - 10 Years

While Thomas Edison said invention is 10% inspiration and 90% perspiration, this camp is 100% fun! With a little ingenuity, campers overcome challenges using basic materials, simple machines, tips from famous inventors and most important- their MIND.

*Instructor: Mad Science of Dallas & Fort Worth*

24765-A

1:00-4:00PM // M-F // 1WK // 7/27-31 // \$154

## Lego Camp - Pre-Engineering with Lego

5 - 7 Years

Let your imagination run wild with over 100,000 pieces of LEGO! In this fun filled, creative class, kids learn building techniques that help make their ideas happen!

*Instructor: Play-Well TEKologies*

24010-A

9:00AM-Noon // M-F // 1WK // 8/17-21 // \$167

## Lego Camp - Engineering Fundamentals with Lego

8 - 12 Years

Power up your engineering skills with Play-Well TEKologies and over 100,000 pieces of LEGO! Kids apply real world concepts in physics, engineering, and architecture through projects designed by engineers. Instructors provide tools for students to take their creations further.

*Instructor: Play-Well TEKologies*

24015-A

1:00-4:00PM // M-F // 1WK // 8/17-21 // \$167

## Ready for Kindergarten Camp

3 - 5 Years // Supply fee \$15

Are you starting Kindergarten in the fall or looking to try out our popular Kindergarten Prep Program? Here's your chance with our Ready for Kindergarten Camp! The camp will feature all of the components of the year-long program, but on a half day schedule with the goal to help each child develop a love of learning in a safe and caring environment. The children will be exposed to reading, writing, math, and science.

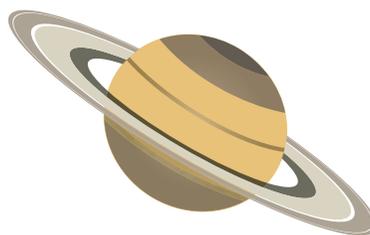
*Instructor: Anne Stokes (Experienced and Certified School Teacher - B.S. in Education in Elementary Education and a minor in Early Childhood Education and Reading.)*

14040-A: 3 - 4 Years

8:30-11:30AM // M-TH // 4WKS // 7/6 // \$185

14040-B: 4 - 5 Years

12:30-3:30AM // M-TH // 4WKS // 7/6 // \$185



## Red Hot Robots

7 - 11 Years // Supply fee \$25 due first day

Join Mad Science in a red-hot robotic explorations! Discover the inner workings of robots by experimenting with circuits, gears, sensors, and power supplies. Learn about robot programming and the different tasks robots perform in our world. Experiment with sound sensing, line tracking, and solar powered robots. Become a robot engineer as you build your very own robot throughout the week! Over the course of the camp, they will build their very own working robot to take home!

*Instructor: Mad Science of Dallas & Fort Worth*

24715-A

9:00AM-Noon // M-F // 1WK // 7/13-17 // \$154

## Rocket Ride to Space

6 - 10 Years

Discover how science moves the world around you by exploring biology, engineering and chemistry. Build bridges and other structures one day, then a camera obscura the next. Dissect owl pellets, grow crystal gardens and so much more!

*Instructor: Mad Science of Dallas & Fort Worth*

24755-A

9:00AM-Noon // M-F // 1WK // 8/10-14 // \$154

## Science in Motion

6 - 10 Years

Discover how science moves the world around you by exploring biology, engineering and chemistry. Build bridges and other structures one day, then a camera obscura the next. Dissect owl pellets, grow crystal gardens and so much more!

*Instructor: Mad Science of Dallas & Fort Worth*

24760-A

9:00AM-Noon // M-F // 1WK // 7/27-31 // \$154

## Spy Academy

6 - 10 Years

Learn to spy- oh my! James Bond? MacGyver? Do you have what it takes to discover "who done it?" If so, this camp is for you! Explore secret communications, detective crime science, inner workings of our cells, and cool chemistry.

*Instructor: Mad Science of Dallas & Fort Worth*

24730-A

1:00-4:00PM // M-F // 1WK // 7/13-17 // \$154

## Stem Genius - Engineering and Math

6 - 10 Years

Are you smart and curious? HAVE FUN digging into STEM and even smarter when you go back to school in the Fall. You'll love discovering more about Engineering (applying knowledge to design solutions) and Math (study of patterns and relationships).

*Instructor: Mad Science of Dallas & Fort Worth*

23745-A

9:00AM-Noon // M-F // 1WK // 6/29-7/3 // \$154

## Summer Arts Council Camp

6 - 12 Years

The City of Hurst and the Arts Council of Northeast Tarrant County (ARTSNET) present Summer with the Arts for Ages 6 to 12! This unique program brings all the arts to you, featuring a different type of art each week. (Featured arts may be a fine art such as painting, acting, or event music.)

*Instructor: provided by ARTS Council Northeast*

SUMMER I

23600-A 6 - 8 Years

9:00AM-Noon // M-F // 4WKS // 6/8 // \$55

23600-B 9 - 12 Years

1:00-4:00PM // M-F // 4WKS // 6/8 // \$55



Youth Programs



### 3-In-1 Dance Combo Class

13+ Years // Ballet, Tap & Jazz shoes required  
 Are you looking for a class that has it all? You will get a taste of ballet, tap, and jazz all in the same class!

Instructor: Dottie Nicholson

SUMMER I  
 23300-A  
 11:20AM-12:20PM // S // 4WKS // 6/13 // \$16

SUMMER II  
 24300-B  
 11:20AM-12:20PM // S // 4WKS // 7/18 // \$16

**GYMNASTICS**

### Advanced Beginner Gymnastics

7 - 10 Years  
 If you have taken Beginning Gymnastics and have mastered the basics, it's time to move into the more advanced levels.

Instructor: Meredith Flint

SUMMER I  
 33062-A  
 6:00-7:00PM // T // 4WKS // 6/9 // \$16  
 33062-B  
 6:00-7:00PM // TH // 4WKS // 6/11 // \$16

SUMMER II  
 34062-A  
 6:00-7:00PM // T // 4WKS // 7/14 // \$16  
 34062-B  
 6:00-7:00PM // TH // 4WKS // 7/16 // \$16

### Ballet II

5 - 8 Years // Ballet slippers required. Must have completed 2 sessions of Ballet and Tap I)  
 Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Ballet.

Instructor: Sherri Longino

SUMMER I  
 23125-A  
 10:15-10:45AM // S // 4WKS // 6/13 // \$14

SUMMER II  
 24125-A  
 10:15-10:45AM // S // 4WKS // 7/18 // \$14

### Ballet & Tap I

5 - 8 Years // Ballet, Tap shoes required  
 You will learn tap, ballet, and rhythmic movements.

Instructor: Sherri Longino

SUMMER I  
 23120-A  
 6:15-6:45PM // TH // 4WKS // 6/11 // \$14  
 23120-B  
 9:40-10:10AM // S // 4WKS // 6/13 // \$14

SUMMER II  
 24120-A  
 6:15-6:45PM // TH // 4WKS // 7/16 // \$14  
 24120-B  
 9:40-10:10AM // S // 4WKS // 7/18 // \$14

### Baseball Fundamentals

7 - 10 Years // Athletic shoes and gloves required  
 Never played baseball, but want to give it a try? Or do you want to sharpen your current skills? We will learn basic ball handling, developing a proper batting stance and swing, base running, basic rules of the game, and more.

Instructor: Andy Kralik

SUMMER I  
 23410-A  
 10:30-11:00AM // M // 4WKS // 6/8 // \$14

SUMMER II  
 24410-A  
 10:30-11:00AM // M // 4WKS // 7/13 // \$14

### Basic Art

7 - 12 Years // Supply fee \$5  
 Explore different art projects from drawing to shading, sculpting, water coloring and much more!

Instructor: Keely Castillo

SUMMER I  
 23050-A  
 5:00-5:30PM // W // 4WKS // 6/10 // \$14

SUMMER II  
 24050-A  
 5:00-5:30PM // W // 4WKS // 7/15 // \$14

## Youth Programs

## Basketball 101

7 - 12 Years // Athletic shoes required

Dribbling, passing, and shooting are all part of the basics of basketball. Let's give it a try!

### SUMMER I

Instructor: Andy Kralik

23101-A

10:00-10:30AM // M // 4WKS // 6/8 // \$14

Instructor: Keely Castillo

23101-B

6:30-7:00PM // W // 4WKS // 6/10 // \$14

### SUMMER II

Instructor: Andy Kralik

24101-A

10:00-10:30AM // M // 4WKS // 7/13 // \$14

Instructor: Keely Castillo

24101-B

6:30-7:00PM // W // 4WKS // 7/15 // \$14

## Beading Fun

6 - 12 Years // Supply fee \$15

All of your supplies will be provided, you just have to show up! We'll use beads to create awesome projects!

Instructor: Dottie Nicholson

### SUMMER II

24510-A

4:00-5:00PM // T // 4WKS // 7/14 // \$20

### GYMNASTICS

## Beginner Gymnastics!

5 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars, and vault.

### SUMMER I

Instructor: Miranda Slovensky

33051-A

6:00-7:00PM // T // 4WKS // 6/9 // \$16

33051-B

5:00-6:00PM // TH // 4WKS // 6/11 // \$16

Instructor: Meredith Flint

33051-C

4:00-5:00PM // T // 4WKS // 6/9 // \$16

33051-D

4:00-5:00PM // TH // 4WKS // 6/11 // \$16

### SUMMER II

Instructor: Miranda Slovensky

34051-A

6:00-7:00PM // T // 4WKS // 7/14 // \$16

34051-B

5:00-6:00PM // TH // 4WKS // 7/16 // \$16

Instructor: Meredith Flint

34051-C

4:00-5:00PM // T // 4WKS // 7/14 // \$16

34051-D

4:00-5:00PM // TH // 4WKS // 7/16 // \$16

## Beginning Music Theory

6 - 8 Years // Supply fee \$7

Music is something that brings great pleasure. It will enable your child to gain self-confidence. It will help your child in music class at school and get a head start on learning to play a musical instrument. *Each student will receive a music theory workbook.*

Instructor: Velda Sterns

### SUMMER I

23666-A

1:00-2:00PM // M // 4WKS // 6/8 // \$25

### GYMNASTICS

## Boys Beginner Gymnastics

6 - 10 Years

You will learn body control while performing the basic fundamentals of gymnastics and dance on the floor, beam, bars, and vault.

Instructor: Slaton Wright

### SUMMER I

33083-A

5:30-6:30PM // T // 4WKS // 6/9 // \$16

33083-B

5:30-6:30PM // TH // 4WKS // 6/11 // \$16

### SUMMER II

34083-A

5:30-6:30PM // T // 4WKS // 7/14 // \$16

34083-B

5:30-6:30PM // TH // 4WKS // 7/16 // \$16



Youth Programs

**Candy Fun 101**

5 - 12 Years // Supply fee \$10

Come learn to create fun different types of favorite old fashion candy recipes at home. We will make favorite mouth watering chocolate candies, old fashion vintage candy and more.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**

23040-A

1:00-1:45PM // M // 4WKS // 6/8 // \$15

**SUMMER II**

24040-A

1:00-1:45PM // M // 4WKS // 7/13 // \$15

**Chemistry Fun 101**

5 - 12 Years // Supply fee \$5

We will use common household items to create chemical reactions.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

**SUMMER I**

23811-A

9:45-10:30AM // TH // 4WKS // 6/11 // \$15

**SUMMER II**

24811-A

9:45-10:30AM // TH // 4WKS // 7/16 // \$15

**Clay Shapes**

6 - 8 Years // Supply fee \$10

Clay shapes for older kids. We will use several different clays to create masterpieces.

*Instructor: Dottie Nicholson*

**SUMMER II**

24200-A

9:45-10:30AM // W // 4WKS // 7/15 // \$15



**Please Remember**

With your child's best interest in mind, we ask that parents do not remain in the classroom after the class begins. Our instructors have found that their quality of instruction is effected by parental distractions and interruptions. Parents may sit in the lobby or lounge areas. Please do not sit in the hallway.

## Youth Programs

## Cooking for Fun

7 - 12 Years // Supply fee \$10

Let's learn about different foods and how to prepare them for us to enjoy!

*Instructor: Dottie Nicholson*

SUMMER II

24250-A

11:30AM-12:15PM // F // 4WKS // 7/17 // \$15

## Creative Healthy Chef

5 - 12 Years // Supply fee \$10

Come learn how to create a healthy breakfast, lunch and dinner.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23060-A

12:15-1:00PM // M // 4WKS // 6/8 // \$15

SUMMER II

24060-A

12:15-1:00PM // M // 4WKS // 7/13 // \$15

*new class!*

## DIY Crafts

7 - 12 Years // Supply fee \$5

Do it yourself crafts from Pinterest. Create a fun craft every week!

*Instructor: Keely Castillo*

SUMMER I

23400-A

11:30AM-Noon // F // 4WKS // 6/12 // \$14

SUMMER II

24400-A

11:30AM-Noon // F // 4WKS // 7/17 // \$14

## Flag Football

7 - 12 Years // Athletic shoes required

Do you like watching football with your family? Come on out and learn the basics of flag football.

*Instructor: Andy Kralik*

SUMMER I

23113-A

10:00-10:30AM // W // 4WKS // 6/10 // \$14

SUMMER II

24113-A

10:00-10:30AM // W // 4WKS // 7/15 // \$14

## Girl's Volleyball Beginners Basics

7 - 12 Years // Athletic shoes required

Do you have an interest in playing volleyball? We will learn the basics to get you started.

*Instructor: Keely Castillo*

SUMMER I

23035-A

7:00-7:30PM // W // 4WKS // 6/10 // \$14

23035-B

11:00-11:30AM // F // 4WKS // 6/12 // \$14

SUMMER II

24035-A

7:00-7:30PM // W // 4WKS // 7/15 // \$14

24035-B

11:00-11:30AM // F // 4WKS // 7/17 // \$14

## Guitar Prep

5 - 8 Years // 1/2 size guitar and parent participation required

We will practice basic muscle memory, pitch and rhythm exercises laying the groundwork for good guitar technique. You will learn basic songs.

*Instructor: Jan Ryberg*

SUMMER I

23020-A

3:45-4:30PM // M // 4WKS // 6/8 // \$35

SUMMER II

24020-A

3:45-4:30PM // M // 4WKS // 7/13 // \$35

## Guitar for Youth

9 - 12 Years // Appropriate size guitar required and parents are welcome to participate

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. *Electronic clip-on tuners are suggested.*

*Instructor: Jan Ryberg*

SUMMER I

23020-B

4:30-5:15PM // M // 4WKS // 6/8 // \$35

SUMMER II

24020-B

4:30-5:15PM // M // 4WKS // 7/13 // \$35

## Happy Snacking for Homeschoolers

7 - 10 Years // Supply fee \$10

Recipes will include simple foods you can make yourself using minimal supplies.

*Instructor: Dottie Nicholson*

SUMMER I

23555-A

11:30AM-12:15PM // F // 4WKS // 6/12 // \$15

## Youth Programs

### Hippity-Hop Dance

5 - 8 Years

Interested in hip-hop dance? We will keep it fun and creative while learning basics.

#### SUMMER I

Instructor: Sherri Longono

23333-A

5:45-6:15PM // TH // 4WKS // 6/11 // \$14

#### SUMMER II

Instructor: Sherri Longono

24333-A

5:45-6:15PM // TH // 4WKS // 7/16 // \$14

### Intermediate Music Theory

6 - 12 Years // Supply fee \$7

Learning music theory teaches you a great deal of information regarding rhythm and musical terms. Your child will learn to identify lines and spaces, value of notes, time signatures, intervals, sharps and flats, treble and bass clefs and more. One year of piano required. *Each student will receive a music theory workbook.*

Instructor: Dottie Nicholson

#### SUMMER I

23667-A

2:00-3:00PM // M // 4WKS // 6/8 // \$25

### ITF - Tae Kwon Do

5+ Years

ITF-Tae Kwon Do is the only original and traditional Korean Tae Kwon Do in D/FW. You will increase your flexibility, physical fitness, self-defense, self-control, discipline, stress relief, self-esteem, and concentration.

Instructor: : Jonathan Nguyen/Bart Powell (member of ITF-Unified and Grandmaster Van Binh)

#### SUMMER I

(White & Yellow Belts)

23700-A

9:05-10:05AM // S // 4WKS // 6/13 // \$28

(Advanced Belts)

23700-B

10:05-11:05AM // S // 4WKS // 6/13 // \$28

#### SUMMER II

(White & Yellow Belts)

24700-A

9:05-10:05AM // S // 4WKS // 7/18 // \$28

(Advanced Belts)

23700-B

10:05-11:05AM // S // 4WKS // 7/18 // \$28

### Karate / Self-Defense

5 - 15 Years

Several forms of martial arts have been blended into a practical system of self-defense designed to combat various situations. You will learn how to handle situations both physically and mentally. Fees for belt testing and uniforms are paid to the instructor.

Instructor: Bob Klavitter

#### SUMMER I

23111-A : Beginner, 8 - 15 Years

6:00-8:00PM // M // 4WKS // 6/8 // \$20

23111-B : Beginner, 5 - 7 Years :

4:00-5:00PM // MW // 4WKS // 6/8 // \$20

23111-C : Advanced, 8 - 15 Years

5:00-6:00PM // MW // 4WKS // 6/8 // \$20

#### SUMMER II

24111-A : Beginner, 8 - 15 Years

6:00-8:00PM // M // 4WKS // 7/13 // \$20

24111-B : Beginner, 5 - 7 Years :

4:00-5:00PM // MW // 4WKS // 7/13 // \$20

24111-C : Advanced, 8 - 15 Years

5:00-6:00PM // MW // 4WKS // 7/13 // \$20

### Medieval Drawing 101

5 - 12 Years // Supply list

Yes, you can draw! You will draw castles, knights, and even dragons using drawing pencils, colors and paper.

Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)

#### SUMMER I

23005-A

11:15PM-Noon // TH // 4WKS // 6/11 // \$14

#### SUMMER II

24005-A

11:15PM-Noon // TH // 4WKS // 7/16 // \$14



## Youth Programs

## Olympic Sport of Judo

6 - 12 Years

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from an 11-time National medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. Judo involves throwing and grappling techniques. This is an on-going monthly class with new students starting on the first Monday of the month.

*Instructor: Kim Mesa (5th degree black belt and certified USA Judo International Coach)*

22900-C : May

6:00-7:00PM // MW // 4WKS // 5/4 // \$40

23900-A : June

6:00-7:00PM // MW // 4WKS // 6/1 // \$40

23900-B : July

6:00-7:00PM // MW // 4WKS // 7/6 // \$40

23900-C : August

6:00-7:00PM // MW // 4WKS // 8/3 // \$40

## Salt Dough 101

4 - 10 Years // Supply fee \$6

Using salt dough, we will create sea creatures from land or sea. Soon, you will create a menagerie!

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23065-A

12:15-1:00PM // W // 4WKS // 6/10 // \$14

SUMMER II

24065-A

12:15-1:00PM // W // 4WKS // 7/15 // \$14



## Sewing Club I &amp; II

7 - 12 Years // Supply fee \$15, and includes all supplies except for scissors

We will learn basic sewing techniques by hand and by machines. We will also learn how to select and sew by using a pattern.

*Instructor: Dottie Nicholson*

SUMMER I:

23420-A: Club I Beginner

1:30-2:30PM // T // 4WKS // 6/9 // \$16

23420-B: Club II Intermediate

2:45-3:45PM // T // 4WKS // 6/9 // \$16

SUMMER II

24420-A: Club I Beginner

1:30-2:30PM // T // 4WKS // 7/14 // \$16

24420-B: Club II Intermediate

2:45-3:45PM // T // 4WKS // 7/14 // \$16

## Soccer Skills

7 - 12 Years // Athletic shoes required

Are you looking to improve your soccer skills? Grab your athletic shoes and ball, and let's get started! We will go over your basic skills and begin working on more advanced skills.

*Instructor: Keely Castillo*

SUMMER I:

23500-A

6:00-6:30PM // W // 4WKS // 6/10 // \$14

SUMMER II

24500-A

6:00-6:30PM // W // 4WKS // 7/15 // \$14

## Spa Fun

5 - 12 Years // Supply fee \$10

Come learn how to create your own home spa. We will make homemade spa recipes to create your own spa.

*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I

23130-A

1:45-2:30PM // M // 4WKS // 6/8 // \$15

SUMMER II

24130-A

1:45-2:30PM // M // 4WKS // 7/13 // \$15

## Summer Creations

6 - 8 Years // Supply fee \$10

Make a summer tote, T-shirt, jewelry and 4th of July decorations. Please bring a clean white T-shirt for second class.

*Instructor: Dottie Nicholson*

SUMMER I

23425-A

4:00-5:00PM // T // 4WKS // 6/9 // \$16

## Tap II

5 - 8 Years // Tap shoes required. Must have completed 2 sessions of Ballet and Tap I.

Have you taken Ballet & Tap I and are ready to learn more? Here is your chance to take your skills to the next level, focusing on Tap.

*Instructor: Sherri Longino*

SUMMER I

23165-A

10:50-11:20AM // S // 4WKS // 6/13 // \$14

SUMMER II

24165-A

10:50-11:20AM // S // 4WKS // 7/18 // \$14

Youth Programs



### Volleyball

8 - 13 Years // Athletic shoes required  
 Beginners fundamentals focusing on basic position work, serving and general ball handling.  
*Instructor: Milli Slovensky (Current varsity player with 5 years club experience.)*

SUMMER I  
 23025-A  
 5:00-5:30PM // W // 4WKS // 6/10 // \$14  
 23025-B  
 5:00-5:30PM // W // 4WKS // 6/10 // \$14

### Yes, I Can Draw! Ocean Animals

5 - 12 Years // Supply fee \$5  
 Yes, you can draw! You will learn how to draw using drawing pencils, colors, and paper.  
*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I  
 23118-A  
 1:00-1:45PM // T // 4WKS // 6/9 // \$15  
 SUMMER II  
 24118-A  
 1:00-1:45PM // T // 4WKS // 7/14 // \$15



### Water Coloring Ocean Animals

5 - 12 Years // Supply fee \$10  
 Calling all kids! Come explore your creative side by creating your very own watercolors. You will learn about color combinations and different applications.  
*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I  
 23090-A  
 10:30-11:15AM // TH // 4WKS // 6/11 // \$15  
 SUMMER II  
 24090-A  
 10:30-11:15AM // TH // 4WKS // 7/16 // \$15

## One-Time Youth Classes

### Ceramics

6 - 12 Years // Supply fee \$10  
 We'll skip the greenware and move straight to the bisque stage. You will choose from several pieces to paint through dry brushing.  
*Instructor: Dottie Nicholson*

SUMMER II  
 24190-A  
 10:45-11:15AM // TH // 2WKS // 7/23 // \$20

### Fourth of July T-Shirt

4 - 7 Years // Supply fee \$5  
 Celebrate our nation's freedom with your custom made July 4th t-shirt!  
*Instructor: Dottie Nicholson*

SUMMER II  
 24232-A  
 10:45-11:15AM // TH // 1DAY // 7/2 // \$16

### Things that Fly

5 - 12 Years // Supply fee \$10  
 The sky is no longer the limit. Learn science by creating flying projects. We will use physics and chemistry to create projects that fly.  
*Instructor: Mary Cassidy (Certified Early Childhood and All Level Teacher)*

SUMMER I  
 23955-A  
 1:45-2:30PM // T // 4WKS // 6/9 // \$15  
 SUMMER II  
 24955-A  
 1:45-2:30PM // T // 4WKS // 7/14 // \$15

## Adult Programs



## Adult Water Aerobics – Central Aquatics Center

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Ages 16 and up.

*Instructor: Behka Hartmann, Certified Personal Trainer and Fitness Instructor*

73200-A  
7:35-8:15AM // MWF // 2WKS // 6/8 // \$28  
73200-B  
7:35-8:15AM // MWF // 2WKS // 6/22 // \$28  
73200-C  
7:35-8:15AM // MWF // 2WKS // 7/6 // \$28  
73200-D  
7:35-8:15AM // MWF // 2WKS // 7/20 // \$28

## Belly Dance – Step 1 I.T.S. Foundations

Adults and Teens 13+

Whether you have been dancing all your life and taken other belly dance classes, or are just starting out in dance, this class is for you! In this class you will learn the basics of Improv Tribal Style belly dance (ITS) with an introduction to the fundamentals of tribal movement, partner work, isolations, strength-building and drills for muscle memory. Geared toward the new student, but vital to continuing students for refinement, this class establishes a strong foundation for every dancer and is instrumental in familiarizing students specifically with the Tribal Evolution troupe format. This is a low-impact dance class suitable for all body types and ages.

*Instructor: Tiffany Skalberg*

SUMMER I  
43200-A  
7:00-8:00PM // T // 4WKS // 6/9 // \$28  
  
SUMMER II  
44200-A  
7:00-8:00PM // T // 4WKS // 7/14 // \$28

## Belly Dance – Step 2 More I.T.S.

Adults and Teens 13+

Take your newfound belly dance skills and challenge yourself at this next step in your dance explorations. In this class the emphasis is on refinement. We will cover more complex drills and improv combinations, building on what you have learned in the Foundations class. We will use live music for this class, affording you the opportunity to also learn to use percussion instruments (in the form of zills) to dance. *This class is best used in combination with Step 1 ITS Foundations as there is no breakdown of the foundation steps. Please complete at least one session of Step 1 before registering for Step 2.*

*Instructor: Tiffany Skalberg*

SUMMER I  
43224-A  
8:00-9:00PM // T // 4WKS // 6/9 // \$28  
  
SUMMER II  
44224-A  
8:00-9:00PM // T // 4WKS // 7/14 // \$28

Adult Programs



### Belly Dance – Step 3 Take It to the Stage

Adults and Teens 13+

Now that you have perfected your dance skills in Step 1 and Step 2, you are ready to create a performance. This class will focus on taking your ITS vocabulary and making it show-worthy by adding props, staging, and interaction with a band. You will also learn to use props such as the veil, skirt, sword, and zills. *Please complete at least one session of Step 1 and 2 before registering for Step 3.*

Instructor: Tiffany Skalberg

SUMMER I

43222-A

9:00-9:45PM // T // 4WKS // 6/9 // \$20

SUMMER II

44222-A

9:00-9:45PM // T // 4WKS // 7/14 // \$20

### Belly Dance - Tribal Evolution

This class covers the unique Improv Tribal Style of Tribal Evolution Belly Dance Company. This class is a professional performance-level class that will teach you to include props, musical interpretation, musician interaction, staging, and show layout.

*Instructor approval required.*

Instructor: Tiffany Skalberg

SUMMER I

43226-A

7:30-9:00PM // TH // 4WKS // 6/11 // \$23

SUMMER II

44226-A

7:30-9:00PM // TH // 4WKS // 7/16 // \$23

### Boot Camp

13+ Years

Today's the day to achieve the goal you have been putting off. Come early and then have your whole day to be proud of what you accomplished that morning. Boot camp is for everyone. You will get help getting past those plateaus, achieve your goals and get to be a fitter YOU! Come tone and tighten with a variety of workouts including core strength, stability ball, weights, steps, circuits, interval training, and much more. Decide today that YOU ARE WORTH IT!

Instructor: Behka Hartmann (Certified Fitness Instructor)

42420-B : May

6:35-7:30AM // MW // 4WKS // 5/4 // \$25

43420-A : June

6:35-7:30AM // MW // 4WKS // 6/1 // \$25

43420-B : July

6:35-7:30AM // MW // 4WKS // 7/6 // \$25

43420-C : August

6:35-7:30AM // MW // 4WKS // 8/3 // \$25

## Adult Programs

### Brush and Palette

#### Supply List

Express your talent through the art of oil painting! Basic strokes, color mixing and application will be covered.

*Instructor: Elaine Roosz*

#### SUMMER I

43110-A

6:30-9:00PM // T // 4WKS // 6/9 // \$25

#### SUMMER II

44110-A

6:30-9:00PM // T // 4WKS // 7/14 // \$25



### Cardio & Tone Boot Camp

Are you struggling finding the time to fit in your cardio and strength/toning goals? Join this boot camp/circuit class to improve your cardiovascular health and muscle tone.

*Instructor: Angela Pond (Certified Personal Trainer)*

#### SUMMER I

43005-A

6:35-7:20PM // TH // 4WKS // 6/11 // \$16

#### SUMMER II

44005-A

6:35-7:20PM // TH // 4WKS // 7/16 // \$16

### Cycle Circuit

**Bring Water, Towel and Determination!**

Want to crank up your workout, metabolism and energy? Come join us for a blend of cycle and circuit training, perfect for fitness at any level.

*Instructor: Angela Pond (Certified Personal Trainer)*

#### SUMMER I

43300-A

5:45-6:45PM // T // 4WKS // 6/9 // \$16

#### SUMMER II

44300-A

5:45-6:45PM // T // 4WKS // 7/14 // \$16

### Fitness Evaluations

Are you getting started on your fitness program and do not know where to begin? A fitness evaluation should be your first step in any fitness program. Your level of fitness is assessed in five components: cardiovascular, muscular strength, muscular endurance, flexibility, and body composition. A one hour session is \$41. All evaluations are done by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Flow and Strength

Come challenge yourself to grow in flexibility, strength, and calmness using yoga and pilates influenced movement to improve your health.

*Instructor: Esther White (MS, RD, LD)*

#### SUMMER I

43060-A

12:10-12:50PM // MW // 4WKS // 6/8 // \$18

#### SUMMER II

44060-A

12:10-12:50PM // MW // 4WKS // 7/13 // \$18

## Tri City Promenaders

Did you know that the Tri City Promenaders offers square dance lessons at Brookside Center on Tuesday nights from 7:30-9:30 p.m.? Drop by and give it a try! Email [tricitypromenaders@gmail.com](mailto:tricitypromenaders@gmail.com) for more information.

### Energize Exercise

Do you like to exercise in the morning and feel energized all day? Then this is the class for you. You will exercise at your own level of endurance. The class puts emphasis on your arms, abdomen and legs.

*Instructor: Karen Cowley*

#### SUMMER I

43010-A

8:30-9:15AM // MTThF // 4WKS // 6/8 // \$15

#### SUMMER II

44010-A

8:30-9:15AM // MTThF // 4WKS // 7/13 // \$15

## Adult Programs

### Guitar

You will learn to play songs using a number tab system and be introduced to note reading and chords. We will practice technique exercises for both hands to develop independence, agility, and strength. We will learn songs using finger-picking, flat-picking and classical techniques. (Guitar is required.)

*Instructor: Jan Ryberg*

#### SUMMER I

43888-A: Beginner

5:15-6:00PM // M // 4WKS // 6/8 // \$35

43888-B: Intermediate

6:00-6:45PM // M // 4WKS // 6/8 // \$35

#### SUMMER II

44888-A: Beginner

5:15-6:00PM // M // 4WKS // 7/13 // \$35

44888-B: Intermediate

6:00-6:45PM // M // 4WKS // 7/13 // \$35

### Hatha Yoga

Don't Eat 2 Hours Prior // Yoga Mat

Learn more about yourself from the inside out with the tools of yoga. Increase your flexibility and balance and tone your body. Discover the technique of breath control, centering and meditation.

*Instructor: Behka Hartmann, Certified Personal Trainer/Fitness Instructor*

#### SUMMER I

43100-A

10:15-11:10AM // M // 4WKS // 6/8 // \$16

43100-B

10:15-11:10AM // F // 4WKS // 6/12 // \$16

#### SUMMER II

44100-A

10:15-11:10AM // M // 4WKS // 7/13 // \$16

44100-B

10:15-11:10AM // F // 4WKS // 7/17 // \$16

### Hurst Hustlers Running Club

Come join runners, joggers, and walkers of all levels for a challenging workout using hills, speed work, distance, and drills. You will learn how to run and how to stay injury free all while having fun! This is the perfect way to make friends and meet your running goals.

*Instructor: Esther White (MS, RD, LD)*

#### SUMMER I

43001-A

6:15-7:15PM // M // 4WKS // 6/8 // \$15

#### SUMMER II

44001-A

6:15-7:15PM // M // 4WKS // 7/13 // \$15

### ITF Taekwon-Do

ITF Taekwon-Do is the only original and traditional Korean Taekwon-Do in DFW. You will increase your flexibility, physical fitness, self defense, self control, discipline, stress relief, self-esteem and concentration.

*Instructors: : Jonathan Nguyen/Bart Powell (member of ITF-Unified and Grandmaster Van Binh)*

#### SUMMER I

23700-A : White and Yellow Belts

9:05-10:05AM // S // 4WKS // 6/13 // \$28

23700-B : Advanced Belts

10:05-11:05AM // S // 4WKS // 6/13 // \$28

#### SUMMER II

24700-A : White and Yellow Belts

9:05-10:05AM // S // 4WKS // 7/18 // \$28

24700-B : Advanced Belts

10:05-11:05AM // S // 4WKS // 7/18 // \$28

### Job Quest Training

The class is extremely participatory and hands-on. It will cover all facets of job preparation and readiness for working in the marketplace. Participants will learn how to seek employment, complete applications, interviewing skills and how to develop a resume.

*Instructor: Tammy Nnamani*

#### SUMMER I

43090-A

7:00-8:30PM // TTh // 4WKS // 6/9 // \$55

#### SUMMER II

44090-A

7:00-8:30PM // TTh // 4WKS // 7/14 // \$55

### Mix-It-Up Aerobics

Come have fun getting in shape with this versatile class. We do a variety of cardio and strength work and keep the class fun, interesting and challenging. If you have never exercised before or if you have been for years, this class is for you! Come mix it up with us and have a great time achieving your goals!

*Instructor: Behka Hartmann (Certified Fitness Instructor)*

#### SUMMER I

43040-A

9:15-10:10AM // MWF // 4WKS // 6/8 // \$23

#### SUMMER II

44040-A

9:15-10:10AM // MWF // 4WKS // 7/13 // \$23

## Nutrition Counseling

One-Hour Session \$55 // Three Sessions \$130

Can't get rid of that extra weight? Need nutrition assistance for your sports training? Have a medical condition that would benefit from nutrition assistance? Individual nutrition counseling is available for your every need, including expertise in weight loss and weight management, disease management, sports nutrition, eating disorders and general wellness. Sessions are set by appointment.

*Instructor: Esther White (MS, RD, LD)*

## Olympic Sport of Judo

Judo has been an Olympic sport since 1964. Here is your chance to learn the sport of Judo from a nine-time national medal winner. Judo will not only increase your fitness level, but also increase your confidence and discipline. This is an ongoing monthly class.

*Instructor: Kim Mesa (5th degree Black Belt and certified USA Judo International Coach)*

42800-B : May  
7:00-8:30PM // M // 4WKS // 5/4 // \$40

43800-A : June  
7:00-8:30PM // M // 4WKS // 6/1 // \$40

43800-B : July  
7:00-8:30PM // M // 4WKS // 7/6 // \$40

43800-C : August  
7:00-8:30PM // M // 4WKS // 8/3 // \$40

## Personal Training

One-Hour Session \$41 // Five Sessions \$172

Do you need motivation to reach your fitness goals? Through personal training, you can reach your cardiovascular and strength training goals with a program tailored for you. Sessions are set by appointment.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

## Resting Metabolic Rate Test

By Appointment Only // Test Fee \$60

Are you wondering how many calories your body is actually burning? The resting metabolic rate test is a scientific test that determines how many calories your body needs at rest. The test is specific to your body and its unique needs. Knowing your resting metabolic rate can help you fine-tune your eating patterns so you can finally lose unwanted pounds or put on lean muscle mass.

*Instructor: Angela Pond (Certified Personal Trainer)*

## Scaravelli Yoga

Bring Blanket and Yoga Mat

Learn to elongate and extend comfortably into poses by using gravity and your breath. This user-friendly style of yoga will teach you how to relax.

*Instructors: Julie Vela (Certified and Registered with Yoga Alliance)*

43100-C  
8:15-9:15PM // W // 4WKS // 6/10 // \$16

## Scaravelli Yoga – Intermediate

Bring Blanket and Yoga Mat

Are you ready to deepen your yoga practice? Experience steadiness and ease while learning intermediate poses.

*Instructors: Julie Vela (Certified and Registered with Yoga Alliance)*

43100-D  
7:00-7:55PM // W // 4WKS // 6/10 // \$16

## Slim It Out, Tone It Up

Join us for a fun, challenging and fast-paced workout that uses different moves and equipment to target every muscle in your body. You will walk out with a smile on your face and a little sweat on your shirt!

*Instructor: Esther White (MS, RD, LD)*

### SUMMER I

43015-A

6:35-7:25AM // TTh // 4WKS // 6/9 // \$16

43015-B

12:10-12:50PM // TTh // 4WKS // 6/9 // \$16

### SUMMER II

44015-A

6:35-7:25AM // TTh // 4WKS // 7/14 // \$16

44015-B

12:10-12:50PM // TTh // 4WKS // 7/14 // \$16



## Adult Programs

### Spin and Sweat

Join us for spinning! Turn the basics of cycling into a great cardio workout that burns calories and fat. Get ready to work hard and sweat like crazy!

*Instructor: Angela Pond (Certified Personal Trainer)*

**SUMMER I**

43444-A

9:00-9:45AM // T // 4WKS // 6/9 // \$16

43444-B

5:30-6:15PM // TH // 4WKS // 6/11 // \$16

**SUMMER II**

44444-A

9:00-9:45AM // T // 4WKS // 7/14 // \$16

44444-B

5:30-6:15PM // TH // 4WKS // 7/16 // \$16



### Tai Chi

The Thursday evening class will focus on the basics of Tai Chi. Emphasis will be on relaxation, balance and making the mind-body connection necessary in Tai Chi. Class will study the movements of the first section of the Yang long form. The Saturday morning class is for advanced students who have a working understanding of the Yang-style 103-movement form.

*Instructor: David Roark*

**42070-B : May**

7:00-8:30PM // W // 4WKS // 5/6 // \$30

9:05-11:00AM // S // 4WKS

**43070-A : June**

7:00-8:30PM // W // 4WKS // 6/3 // \$30

9:05-11:00AM // S // 4WKS

**43070-B : July**

7:00-8:30PM // W // 4WKS // 7/1 // \$30

9:05-11:00AM // S // 4WKS

**43070-C : August**

7:00-8:30PM // W // 4WKS // 8/5 // \$30

9:05-11:00AM // S // 4WKS

### The Power Package

**By Appointment Only // Four Sessions \$145**

Join forces with the experts in nutrition and fitness for successful results! Your Power Package includes two sessions focused on nutrition with a customized diet plan and two sessions focused on fitness with an evaluation and personal exercise plan. The Power Package is \$145 for four sessions. All evaluations are done by appointment.

*Instructors: Esther White (MS, RD, LD) and Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

### Zumba

**13+ Years**

This class can only be described as FUN! If you want to party, laugh and have a great time while you lose unwanted inches, come and join us! It's the Latin-inspired, easy-to-follow, calorie-burning, dance-fitness party. Feel the music and let loose. Each class is a whole new set of dancing and fun.

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

**SUMMER I**

43065-A

6:00-6:55PM // MW // 4WKS // 6/8 // \$23

**SUMMER II**

44065-A

6:00-6:55PM // MW // 4WKS // 7/13 // \$23

### Zumba Gold Toning

Come learn the basic techniques of Zumba in this energizing fitness class by getting your groove on! This is a great way for all ages to get started in Zumba or if you need a lower intensity. We'll use the musical maraca-sounding toning sticks to bump up the workout by adding resistance. It's great for the mind, body and soul!

*Instructor: Behka Hartmann (Certified Personal Trainer/Fitness Instructor)*

**SUMMER I**

43050-A

7:30-8:25AM // TTh // 4WKS // 6/9 // \$20

**SUMMER II**

44050-A

7:30-8:25AM // TTh // 4WKS // 7/14 // \$20

## « CLASS REGISTRATION

### Registration Policy

Walk-in registration beginning on **Monday, May 4**, at **7:00 a.m.** is open only to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills and Euless whose mail is delivered to a Hurst "address" are not eligible to register until May 11 at 7:00 a.m. Residency is defined by living within the Hurst city limits, receiving a water bill from the City of Hurst and paying property taxes to the City of Hurst. Nonresidents will be able to register beginning on **Monday, May 11**. Out of fairness to all citizens of our community, you may only register the members of your household.

#### REMEMBER:

LEARN-TO-SWIM REGISTRATIONS MAY BE DONE ONLINE OR IN PERSON.  
FAXED OR MAILED IN REGISTRATIONS WILL NOT BE ACCEPTED.

### Classes begin the week of June 8

(unless otherwise indicated)

### Sign Up To Register Online

That's right – you can save time and register your entire family online! To get started, you will need to visit the Hurst Recreation Center to activate your account. If you are a Hurst resident, you will need to bring your **Hurst water bill, Hurst property tax statement or Hurst apartment lease, and your photo ID** as proof of Hurst residency to receive the Hurst resident rates. Once you have activated your account and received your user name and password, you will be able to use our online registration feature.

You do not have to wait until your appropriate registration date to activate your account and receive your user name and password. Go ahead and do it the next time you are at the Recreation Center for your current class or working out. Then you will be ready to register online the day registration starts!

### Help Us Help You! PLEASE ENROLL EARLY!

Help us keep your favorite classes around by enrolling early. There is a point when a course must be cancelled due to low enrollment. Help us prevent course cancellations by registering early!

### Walk-In Registration Times

Monday-Thursday: 7:00AM-9:00PM

Friday: 7:00AM-5:00PM

Saturday: 9:30AM-5:00PM

Sunday: 1:30PM-5:00PM

### Confirmations

When you register by mail or fax, you will receive a confirmation notice through the postal mail. You will be notified of the designated classes that are not available. If the class is not available, you may select a second choice. If you register online, you may print a copy of your receipt.

### Refund Policy

**Recreation Classes:** We depend on your participation for a successful class. If you have an unforeseen circumstance and can not attend class, we will gladly refund your fee with 72 hours notice prior to the class start date.

**Learn-to-Swim Classes:** In order to cancel and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5:00PM, prior to the start of the session. Refunds will not be given after this point. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.

### Supply Lists

Some of our classes require a supply list. These classes are noted in this magazine. You will receive a supply list when you register. For mailed registrations, a list will be included with your confirmation letter. **Supplies should not be purchased prior to the Friday before the class starts in case of cancellation.**

# « CLASS REGISTRATION FORM

HEAD OF HOUSEHOLD		EMAIL ADDRESS	
STREET ADDRESS	APT #	CITY	STATE / ZIP
HOME PHONE		WORK PHONE	

PARTICIPANT'S NAME	DOB	GENDER	CLASS #	CLASS FEE
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
			Subtotal	\$

<b>GRAND TOTAL</b>	Non-Resident Fee of \$2 per class	_____ x \$2 # OF CLASSES	= \$ _____	+ Subtotal \$ _____ =	Total Due \$ _____
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## PAYMENT METHOD

<input type="checkbox"/> CHECK	<input type="checkbox"/> CREDIT CARD	<input type="checkbox"/> CASH
CHECK NUMBER: _____	CARD TYPE: <input type="checkbox"/> Visa <input type="checkbox"/> MasterCard <input type="checkbox"/> Discover <input type="checkbox"/> American Express	MAIL TO: Hurst Parks and Recreation Class Registration 700 Mary Drive, Hurst, TX 76053
MAKE CHECKS PAYABLE TO: City of Hurst	CARD NUMBER: _____ EXPIRATION DATE: ____ / ____	

For the valuable consideration of being allowed to participate in the City of Hurst Parks and Recreation Department's program or use the City's facilities or equipment, I recognize and acknowledge the risk of physical injury and agree to assume the full risk of any injuries, including death or damages, that may result from an injury sustained while participating in activities related to the program or from using the City's facilities or equipment. I DO FULLY RELEASE, INDEMNIFY, AND HOLD HARMLESS, THE CITY, ITS EMPLOYEES AND OFFICERS FROM THEIR OWN NEGLIGENCE FOR FAILURE TO PROPERLY DESIGN, INSPECT, OR MAINTAIN THE EQUIPMENT, OR SUPERVISE THE ACTIVITIES TO BE ENGAGED IN OR EQUIPMENT TO BE USED BY THE UNDERSIGNED, AND FOR ANY ACTS OF THIRD PARTIES. The City does not provide any medical or other insurance protection benefits for those who use the recreational equipment or engage in activities on City Premises.

BY SIGNING THE RELEASE, I ACCEPT ALL RESPONSIBILITY FOR INJURIES WHICH MAY BE INCURRED.

SIGNATURE OF PARTICIPANT	DATE
SIGNATURE OF PARENT/GUARDIAN IF USER IS UNDER 18	DATE



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### Youth Sports Associations

**Tri-Cities Baseball Association**  
 TCBA 817-285-0200  
[www.tcbaseball.com](http://www.tcbaseball.com)

**MidCities Basketball Association**  
 MCBA 817-354-6208  
[www.midcitiesbasketball.org](http://www.midcitiesbasketball.org)

**Hurst United Soccer Association**  
 HUSA 817-504-7479  
[www.hurstunited.com](http://www.hurstunited.com)

**MidCities PeeWee Football & Cheerleading Association**  
 817-282-2390  
[www.midcitiespeeweefootball.org](http://www.midcitiespeeweefootball.org)

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## Adult Sports Registration Information

Teams may register in person at the Recreation Administration Office located inside the Hurst Recreation Center, 700 Mary Drive. Hours are Monday, Wednesday and Friday from 8:00 a.m. to 5:00 p.m. and Tuesday and Thursday from 8:00 a.m. to 6:00 p.m. For more information, please call 817-788-7320. Registration information and rules are located online at [www.teamsideline.com/hurst](http://www.teamsideline.com/hurst).

### Softball

#### Summer League Registration

**Returning Team Registration: May 18-19**  
*Teams that played in Hurst in 2014 and 2015*

**Open Registration: May 20-June 12**  
*Registration and/or start dates may be adjusted to accommodate weather related delays*

**Entry Fee: \$310 for a 8-game season**  
*Shortened due to spring weather related days*

**League Schedules: Available June 17, 4:00PM**

**League Begins: Monday, June 22**

**League Nights:**  
 Monday – Men's & Women's  
 Tuesday – Men's & Co-ed  
 Wednesday – Men's & Co-ed  
 Thursday – Men's & Co-ed  
 Friday – Men's Church, Men's & Co-ed

### Basketball

#### Fall League Registration

**Returning Team Registration: August 17-18**  
*Teams that played in Hurst in 2014 and 2015*

**Open Registration: August 19-28**

**Entry Fee: \$275 for a 7-game season**  
*With playoffs for teams that qualify*

**League Schedules: Available September 2, 4:00PM**

**League Begins: Tuesday, September 8**

**League Nights:**  
 Tuesday – Men's  
 Thursday – Men's

### Softball

#### Fall League Registration

**Returning Team Registration: August 10-11**  
*Teams that played in Hurst in 2014 and 2015*

**Open Registration: August 12-28**  
*Registration and/or start dates may be adjusted to accommodate weather related delays*

**Entry Fee: \$310 for a 8-game season**  
*With no city playoffs*

**League Schedules: Available September 2, 4:00PM**

**League Begins: Tuesday, September 8**

**League Nights:**  
 Monday – Men's & Women's  
 Tuesday – Men's & Co-ed  
 Wednesday – Men's & Co-ed  
 Thursday – Men's & Co-ed  
 Friday – Men's Church, Men's & Co-ed



**Healthy Hurst  
Online Wellness Program**

Healthy Hurst is the City of Hurst's community-wide wellness initiative. With the use of the information and links that are available on the City of Hurst's Healthy Hurst webpage, participants can increase their health, wellness and fitness.

Healthy Hurst is a FREE program, and all participants receive a Healthy Hurst T-shirt at the time of registration. Participants are also encouraged to register for the various FREE events that will be offered throughout the year as part of the Healthy Hurst program.

The Healthy Hurst program is open to all Hurst residents, as well as nonresidents who have purchased a Hurst Recreation Center Annual Pass. Incentive awards are available to all participants as they track and log their fitness activities!

Healthy Hurst has a myriad of tips and information on nutrition, fitness, wellness and health. Give it a try today! Let Healthy Hurst help you get started toward your wellness, health and fitness goals. For more information on the Healthy Hurst program, contact the Hurst Recreation Center at 817-788-7325.

**Mission Statement**

*The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage lifelong learning, fitness and fun.*

**Parks and Recreation Board**

- |                                       |  |
|---------------------------------------|--|
| <i>Chairman:</i><br><b>Alan Neace</b> | <i>Vice Chair:</i><br><b>Rod Robertson</b> |
| <b>Carol Cole</b>                     | <b>Karen Spencer</b>                       |
| <b>Delbert Derrett</b>                | <b>Bob Walker</b>                          |
| <b>Ralph Hurd</b>                     |  |
| <b>Pat King</b>                       |  |

**Recreation Staff**

- |  |   |
|--|---|
| <i>Recreation Director:</i><br><b>Chris Watson</b>   | <i>Recreation Attendants:</i><br><b>Marissa Benson</b><br><b>Dakota Ford</b><br><b>Rudy Garcia</b><br><b>Vickie Gill</b><br><b>Luke Grimsley</b><br><b>Michael Kearney</b><br><b>Matt Mendez</b><br><b>Shana Sanders</b><br><b>Emily Stacey</b><br><b>Cheryl Thompson</b> |
| <i>Recreation Managers:</i><br><b>Kim Mesa</b><br><b>Amy Sisler</b><br><b>Kristie Weaver</b> |   |
| <i>Recreation Supervisor:</i><br><b>Mary Singleton</b>                                       |   |
| <i>Senior Secretary:</i><br><b>Paige Lutz</b>  | <i>Facility Maintenance:</i><br><b>Judy Arellano</b>  |
| <i>Recreation Receptionists:</i><br><b>Melanie Cox</b><br><b>Susan Derr</b>                  | <i>Recreation Specialist:</i><br><b>Lauren Ferguson</b><br><b>Aujehl Messier</b>  |



## Hurst Stars & Stripes

Saturday, July 4, 2015 // 5:00-10:00PM  
Hurst Community Park, 601 Precinct Line Road

Bands: The Sonny Burgess & Jolie Holiday (5:30 – 6:30 p.m.); Trio Grande (6:45 – 7:45 p.m.); Emerald City (8:00 – 9:30 p.m.)

Activities: Children's Area featuring large inflatable activities, live music, food, and of course FIREWORKS at approximately 9:30 p.m.!

For more information, call 817-788-7320.

## Hurst Golden Couples

Saturday, June 20, 2015  
6:00-8:00PM // Heritage Village Plaza,  
837 W. Pipeline Road

In celebration of your 50+ years of matrimony, we invite you to attend the Golden Couples event. Please RSVP by June 7 to 817-788-7320.

*Special thanks to our event sponsors: Creative Memories, Bice's Florist, Balloons Fantastique, and Prints Charming Photography.*

## Kids' All American Fishing Derby

Saturday, June 6, 2015 // Chisholm Park, 2200 Norwood Drive

Calling all kids, ages 5 to 16 years! Here is your chance to show off your fishing skills and win prizes. Bring your parents, fishing pole and tackle, and a picnic lunch to enjoy a morning of fishing fun! In-and-Out Burger will be back to provide lunch. The event is FREE, however you must pre-register at the Hurst Recreation Center, 700 Mary Drive. Space is limited. Be sure to register early! For more information, call 817-788-7325.

## Catfish Stockings at Chisholm Park

The Texas Parks and Wildlife Department will stock Chisholm Park Pond with catfish during the following weeks: 6/5, 6/19, 7/3, 7/17, 7/31, 9/4, 9/18, 10/2, 10/16 and 10/30. Please check the TPWD website, Neighborhood Fishin' at [www.neighborhoodfishin.org](http://www.neighborhoodfishin.org).





## Swimwear Policy

All swimmers must be attired in an appropriate swimsuit in order to enter and remain in the aquatic facility. Bathing suits are designed to be quick drying and generally made from smooth nylon material. They are durable and hold up to wear from contact with pool chemicals. An appropriate swimsuit is defined as a swim garment with an affixed/sewn inner lining. Swimwear with exposed zippers, buckles, rivets or metal ornamentation are not permitted on play features or slides. Examples of apparel NOT permitted in the water include, but are not limited to: Athletic shorts (bicycle, running, basketball, soccer, etc.), sports bras (unless a dark shirt is worn) and denim jeans. Lining in shorts does not constitute proper swim wear. Inappropriate attire damages our pumps, attractions, and chemicals. "Thong" bikinis or other revealing swim wear is not permitted. Any "lifeguard gear" is not allowed due to liability reasons.

## Hurst Resident Aquatics Cards

2015 Hurst Resident Aquatics Cards are available at the Hurst Recreation Center beginning May 4 during Summer Class Registration. This free Aquatics Card allows Hurst Residents to enter Central Aquatics Center for only \$2.00/person/day. (Proof of Hurst Residency required). There is a limit of TWO cards per household.

## Group Reservation Policy

A "Group" is defined as any person or entity, commercial or non-profit, who provides structured child care and/or activities. All "Groups" meeting this criteria are required to make a reservation, in person, at the Recreation Division administrative office, 700 Mary Drive, at least seven calendar days in advance of the desired date of their visit. "Groups" must comply with all components of the City of Hurst Group Reservation Policies.

\* Residents must have resident card or show proof of residency in the form of a driver's license and Hurst water bill or will be charged the non-resident rate.

### Locations

#### Central Aquatics Center

715 Mary Drive  
817-788-7327

#### Open Hours

Monday-Friday: Noon-5:00PM  
Saturday-Sunday: 10:00AM-6:00PM

#### Dates of Operation

Memorial Weekend, May 23-25  
Closed May 26-29  
Summer Opening: May 30

#### Chisholm Aquatics Center

2200 Norwood Drive  
817-788-7250

Opening date TBD due to  
construction weather delays

### Daily Admission Fees

Free - 12 months and younger  
Free - 65 years and older  
\$2 - Hurst residents \*, ages 1 - 64 years  
\$7 - non-residents, ages 1 - 64 years

### Season Passes

**Hurst residents \***  
\$25 Individual • \$100 Family Pass (family of 5)  
**Non-residents**  
\$75 Individual • \$300 Family Pass (family of 5)

### Contact Information

Recreation Manager/  
Facility Reservations  
817-788-7320  
Learn to Swim Information  
817-788-7325

## Learn-to-Swim Class Registration

Walk-in registration beginning on **Monday, May 4**, is only open to those participants who are Hurst residents and reside within the Hurst city limits. Participants who reside in Fort Worth, North Richland Hills, and Euless, whose mail is delivered to a Hurst "address" are not eligible to register until May 11. Residency is defined by: living within the Hurst city limits, receiving a water bill from the City of Hurst, and paying property taxes to the City of Hurst. Non-residents will be able to register beginning on **Monday, May 11**.

**Registration for swim classes is conducted in person at the Hurst Recreation Center or on-line only. Class registration will not be accepted by mail or fax for Learn-to-Swim lessons.**

**Registration:** Residents, May 4 - 7:00AM  
 Non-Residents, May 11 - 7:00AM

### Class Fees

\$27 - Hurst residents  
 \$29 - non-residents

### First Day Evaluations

The LTS Coordinators and Instructors are trained to recognize proper swimming technique and ability. Students are evaluated on the first day of class and grouped by the appropriate level based on their ability.

### Weather Conditions

In the event of inclement weather, please call the LTS Inclement Weather Information Line at 817-788-7340. It is possible that classes could be cancelled on a class-by-class basis, or for the entire morning or evening. If possible, a safety day is conducted as this information is required for all American Red Cross classes.

### Registration/Class Transfer Policy

The deadline to register or transfer a swimming class is Monday at 5:00pm, the week prior to the beginning of each session. Before enrolling your child in a class, please read the class descriptions thoroughly to ensure your child is in the appropriate class. Walk-in registration at the pool is not allowed.

### Inclement Weather Make-up Policy

Classes may be cancelled due to situations beyond our control. The first day that classes cannot be conducted in the water, a safety day is held. The second and third days in a session that classes cannot be conducted, they are made up on the Fridays during the session. In the event that further classes are cancelled, they are cancelled entirely. This policy applies to all five sessions.

### Cancellation/Refund Policy

In order to cancel out of and receive a refund for a Learn to Swim class, cancellations must be made by the Monday at 5:00pm, prior to the start of the session. Refunds will not be given after this point. Medical reasons will be considered with a Doctor's report. Please call 817-788-7325 for additional information.



## Learn-to-Swim Class Registration *new registration format*

Participants will register by age, session, and time. The first day of class is a testing day and staff will separate participants by ability. All classes held at Central Aquatics Center.

### STEP 1

Select your class as determined by age group.

#### Parent Tot/Swim

**6 - 36 Mos // Parent is in the water**

Class orients young children to the water and prepares them to learn to swim in the preschool course. Parent/adult participation is required. Children who are not potty trained are asked to wear swim diapers. \*Classes only offered at 9 a.m., 9:45 a.m., 6 p.m. and 6:45 p.m.

#### Pre-School

**3 - 5 Years // Parent is not in the water**

Orients children to the water and teaches basic skills to gain independence and comfort in the water. Children should be potty trained; if not, swim diapers required. Participants should be able to follow direction from instructors.

#### Elementary

**6 - 12 Years**

Orients children to skills needed to independently move in the water. Guided practice is used reinforce skills taught to the pace of the participants.

**\*\* Due to location restrictions, we cannot accommodate Level 5, Level 6 fitness or diving classes this year. \*\***



### STEP 2

Choose dates

- Session 1  
June 8-18
- Session 2  
June 22-July 2
- Session 3  
July 6-16
- Session 4  
July 20-30

### STEP 3

Choose time

MORNING	EVENING
8:15-8:50AM	5:15-5:50PM
9:00-9:35AM	6:00-6:35PM
9:45-10:20AM	6:45-7:20PM
10:30-11:05AM	7:25-8:00PM
11:15-11:50AM	

Lessons are MONDAY - THURSDAY each week, utilizing Fridays as make-up days for bad weather.





## Adult Water Aerobics Central Aquatic Center

Come splash into fitness! Water aerobics is an excellent low-impact way for men and women to get fit. Even arthritis sufferers can give this program a try! Participants will use resistance tools including buoyant water weights and swim noodles. Because it is low-impact, water aerobics is suitable for every fitness level from beginning exercisers through elite athletes. Minimal swimming skills and water comfort are required. Please bring a towel, personal water bottle and water shoes. Ages 16 and up.

*Instructor: Behka Hartmann, Certified Personal Trainer and Fitness Instructor*

- 73200-A  
7:35-8:15AM // MWF // 2WKS // 6/8 // \$28
- 73200-B  
7:35-8:15AM // MWF // 2WKS // 6/22 // \$28
- 73200-C  
7:35-8:15AM // MWF // 2WKS // 7/6 // \$28
- 73200-D  
7:35-8:15AM // MWF // 2WKS // 7/20 // \$28

## Healthy Hurst Dash & Splash 1 Mile/5K

1 Mile Walk/Run - 7:30AM • 5K Run - 7:50AM

**Saturday, June 13 // Central Park & Central Aquatics Center**

Here's your chance to do something healthy AND fun at the same time. The Healthy Hurst Dash & Splash offers Healthy Hurst participants the chance to participate in a 1 Mile or a 5K event and jump into the water at the Central Aquatics Center at the finish line.

All Dash & Splash participants will need to register for this FREE event and can do so at the Hurst Recreation Center through 5 p.m. on Friday, June 12. Race day registration begins at 7 a.m. on Saturday, June 13. (Please bring proof of residency: Driver's License, Hurst Water Bill, Hurst Property Tax Statement. Non-residents bring your Quality of Life Recreation Card).

All Dash & Splash participants are eligible to win door prizes (must be present to win). For more information, call 817-788-7325.

**Spring/Summer  
Operating Hours**

Monday-Thursday: 8:00AM-10:00PM  
Friday, Saturday & Sunday:  
8:00AM-7:00PM

**Hurst Tennis Center**

701 Mary Drive, Hurst, TX  
817-788-7330

**Hurst Tennis Center Staff**

*Tennis Attendants:*

Shelby Bartrug  
Cameron Bodily, USPTA  
Sean Burke  
Whitney Hobson  
Trent Pence

*Tennis Specialist:*

Kelly Langdon, USPTA

*Tennis Instructors:*

John Schildt, USPTA  
Michael Seybold, USPTA  
Greg Smith

*Tennis Center Coordinator:*

Austin Wynne, USPTA

**Upcoming Tournaments**

Summer Mid-Cities Circuit  
TBA

**Summer Adult Tennis Leagues**

Summer adult leagues begin June 2. Register by May 18. The cost is \$25 per person. For more information, call the Hurst Tennis Center.



- Lessons and team drills for all ages and abilities
- 10 lighted outdoor courts
- USRSA racquet stringers
- Ball machine rental
- USPTA-certified instructors available
- USTA adult leagues

**How About A Private Lesson?**

The HTC Staff offers private lessons for those wanting more one-on-one accelerated learning.

*Lessons with City of Hurst Tennis Specialist Kelly Langdon, USPTA or Coordinator Austin Wynne, USPTA*

\$30 Per Half Hour  
\$52 Per Hour  
\$184 For Series of 4 Lessons

*Lessons with tennis instructors Greg Smith; Mike Seybold, USPTA; John Schildt*

\$26 Per Half Hour  
\$50 Per Hour  
\$180 For Series of 4 Lessons

The Tennis Center Staff also offers group lessons: \$90 for 1½ hour and \$60 for 1-hour group lessons for league teams.

**Racquet Stringing**

The Tennis Center has a large choice of strings and accessories for your racquet needs. We offer fast service and have three United States Racquet Stringer's Association certified stringers on staff.

## Youth

### Quickstart Tennis Camps

6 Years and Under // 1 Can of Unopened Balls

An introduction to the game of tennis. Emphasis is placed on motor skills in a fun learning environment. Kids will learn basic strokes and play lots of fun games.

*Instructors: Michael Seybold, USPTA and Staff*

83700-A
9:45-10:30AM // TTh // 2DAYS // 6/2 // \$28
83700-B
9:45-10:30AM // TTh // 2DAYS // 6/9 // \$28
83700-C
9:45-10:30AM // TTh // 2DAYS // 6/16 // \$28
83700-D
9:45-10:30AM // TTh // 2DAYS // 6/23 // \$28
83700-E
9:45-10:30AM // TTh // 2DAYS // 7/7 // \$28
83700-F
9:45-10:30AM // TTh // 2DAYS // 7/14 // \$28
83700-G
9:45-10:30AM // TTh // 2DAYS // 7/21 // \$28
83700-H
9:45-10:30AM // TTh // 2DAYS // 7/28 // \$28
83700-I
9:45-10:30AM // TTh // 2DAYS // 8/4 // \$28
83700-J
9:45-10:30AM // TTh // 2DAYS // 8/11 // \$28

### Junior Beginner Tennis Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. Learn the forehand, backhand and volleys. Kids will play plenty of fun games.

*Instructors: Michael Seybold, USPTA and Staff*

83710-A
10:30AM-Noon // M-Th // 4DAYS // 6/1 // \$72
83710-B
10:30AM-Noon // M-Th // 4DAYS // 6/8 // \$72
83710-C
10:30AM-Noon // M-Th // 4DAYS // 6/15 // \$72
83710-D
10:30AM-Noon // M-Th // 4DAYS // 6/22 // \$72
83710-E
10:30AM-Noon // M-Th // 4DAYS // 7/6 // \$72
83710-F
10:30AM-Noon // M-Th // 4DAYS // 7/13 // \$72
83710-G
10:30AM-Noon // M-Th // 4DAYS // 7/20 // \$72
83710-H
10:30AM-Noon // M-Th // 4DAYS // 7/27 // \$72
83710-I
10:30AM-Noon // M-Th // 4DAYS // 8/3 // \$72
83710-J
10:30AM-Noon // M-Th // 4DAYS // 8/10 // \$72

### Junior Intermediate Tennis Camp

7+ Years // 1 Can of Unopened Balls

Improve skills learned in Beginner Camp. Tactics, drills and fun are stressed.

*Instructors: Michael Seybold, USPTA and Staff*

83720-A
10:30AM-Noon // M-Th // 4DAYS // 6/1 // \$72
83720-B
10:30AM-Noon // M-Th // 4DAYS // 6/8 // \$72
83720-C
10:30AM-Noon // M-Th // 4DAYS // 6/15 // \$72
83720-D
10:30AM-Noon // M-Th // 4DAYS // 6/22 // \$72
83720-E
10:30AM-Noon // M-Th // 4DAYS // 7/6 // \$72
83720-F
10:30AM-Noon // M-Th // 4DAYS // 7/13 // \$72
83720-G
10:30AM-Noon // M-Th // 4DAYS // 7/20 // \$72
83720-H
10:30AM-Noon // M-Th // 4DAYS // 7/27 // \$72
83720-I
10:30AM-Noon // M-Th // 4DAYS // 8/3 // \$72
83720-J
10:30AM-Noon // M-Th // 4DAYS // 8/10 // \$72



### Junior Beginner Tennis & Swim Camp

7+ Years // 1 Can of Unopened Balls

A fun camp for beginners. Learn the forehand, backhand and volleys.

*Instructors: Michael Seybold, USPTA and Staff*

83810-A
10:30AM-1:30PM // M-Th // 4DAYS // 6/1 // \$88
83810-B
10:30AM-1:30PM // M-Th // 4DAYS // 6/8 // \$88
83810-C
10:30AM-1:30PM // M-Th // 4DAYS // 6/15 // \$88
83810-D
10:30AM-1:30PM // M-Th // 4DAYS // 6/22 // \$88
83810-E
10:30AM-1:30PM // M-Th // 4DAYS // 7/6 // \$88
83810-F
10:30AM-1:30PM // M-Th // 4DAYS // 7/13 // \$88
83810-G
10:30AM-1:30PM // M-Th // 4DAYS // 7/20 // \$88
83810-H
10:30AM-1:30PM // M-Th // 4DAYS // 7/27 // \$88
83810-I
10:30AM-1:30PM // M-Th // 4DAYS // 8/3 // \$88
83810-J
10:30AM-1:30PM // M-Th // 4DAYS // 8/10 // \$88

## Evening Classes

### Junior Beginner Tennis

7+ Years // 1 Can of Unopened Balls

A fun class for beginners. Learn the forehand, backhand, serve and volley. Kids will play plenty of fun games.

Instructors: Michael Seybold, USPTA and Staff

83503-A  
5:30-7:00PM // W // 4WKS // 6/3 // \$72  
83503-B  
5:30-7:00PM // W // 4WKS // 7/8 // \$72  
83503-C  
5:30-7:00PM // W // 4WKS // 8/5 // \$72

### Junior Intermediate Tennis

10+ Years // 1 Can of Unopened Balls

For players who have had prior instruction & looking to improve their overall game. Singles and doubles techniques and tactics.

Instructors: Kelly Langdon, USPTA and Staff

83507-A  
5:30-7:00PM // Th // 4WKS // 6/4 // \$72  
83507-B  
5:30-7:00PM // Th // 4WKS // 7/9 // \$72  
83507-C  
5:30-7:00PM // Th // 4WKS // 8/6 // \$72



## Adult

### Adult Beginner/ Advanced Beginner Clinic

1 Can of Unopened Balls

Just for adults! Learn basic strokes, scoring and strategy. Bring one can of new unopened balls to first class.

Instructors: Kelly Langdon, USPTA, John Schlidt and Staff

83505-A  
7:00-8:30PM // W // 4WKS // 6/3 // \$72  
82505-B  
7:00-8:30PM // W // 4WKS // 7/8 // \$72  
82505-C  
7:00-8:30PM // W // 4WKS // 8/5 // \$72  
82505-D  
9:30-11:00AM // S // 4WKS // 6/6 // \$72  
82505-E  
9:30-11:00AM // S // 4WKS // 7/11 // \$72  
82505-F  
9:30-11:00AM // S // 4WKS // 8/8 // \$72

### Adult Intermediate Clinic

1 Can of Unopened Balls

This class is for adults who want to build on existing skills. You will practice all shots and learn techniques and tactics.

Instructors: Kelly Langdon, USPTA and Staff

83506-A  
7:00-8:30PM // W // 4WKS // 6/3 // \$72  
83506-B  
7:00-8:30PM // W // 4WKS // 7/11 // \$72  
83506-C  
7:00-8:30PM // W // 4WKS // 8/8 // \$72

### Men's 4.0 & Above Drop-In Drill

1 Can of Unopened Balls

This drill class is designed to work on both singles and doubles point play situations. Get a great workout while getting ready for your next match. A minimum of three (3) players is needed for the drill to make. Please call and register no later than 24 hours in advance. Players should contact the Hurst Tennis Center on Thursday to ensure the class will meet.

Instructors: Kelly Langdon, USPTA, Austin Wynne, USPTA and Staff

83200  
7:00-8:30PM // TH // 4WKS // 6/4 // \$12

### Attention Tennis Players!

Those looking for a steady practice partner can rent the Hurst Tennis Center's ball machine. It's available for rent seven days a week. The cost is \$10 per hour or \$6 for 30 minutes (tennis balls included). Due to court availability, please reserve the ball machine at least three days in advance.

## Taking Care of City Parks

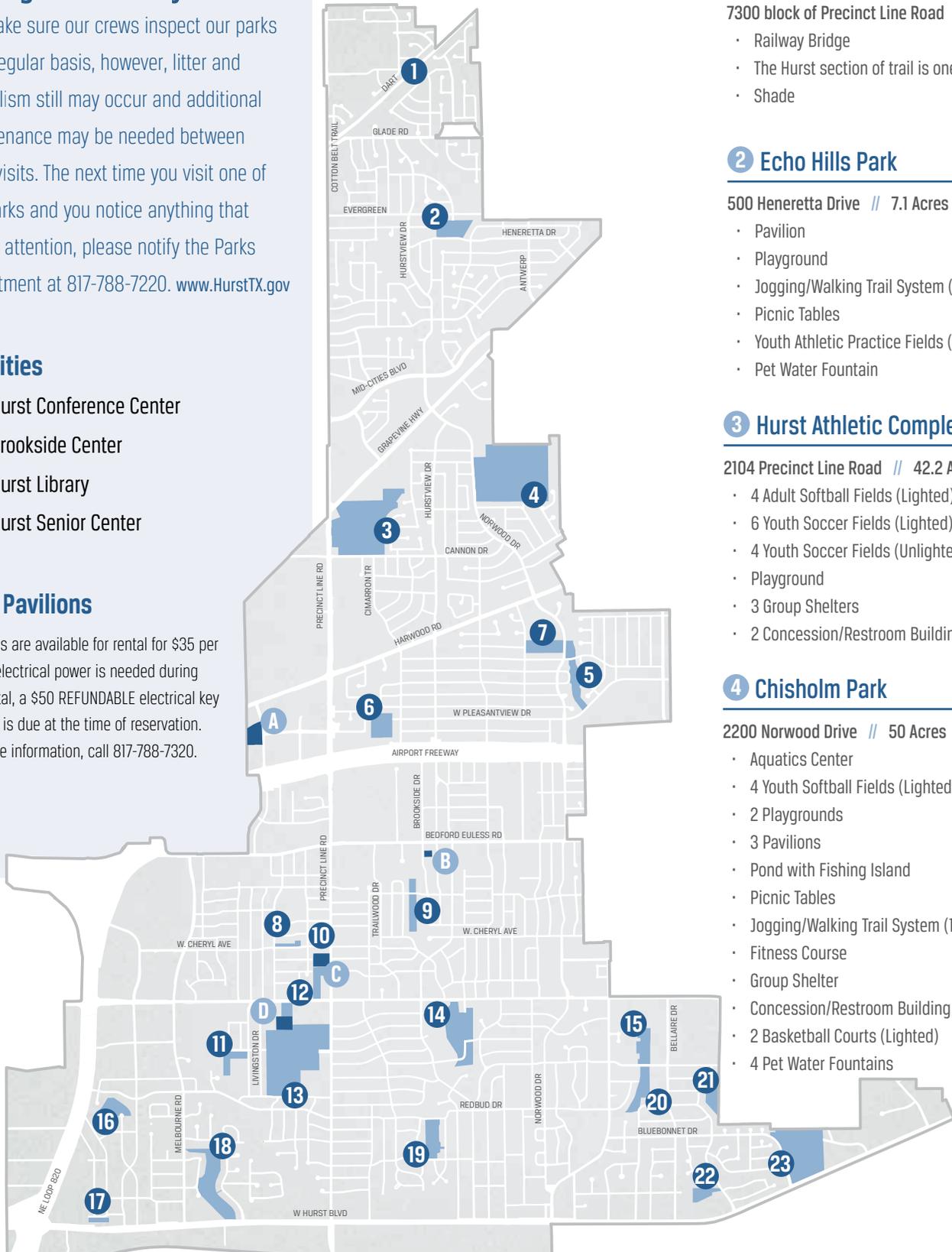
We make sure our crews inspect our parks on a regular basis, however, litter and vandalism still may occur and additional maintenance may be needed between crew visits. The next time you visit one of our parks and you notice anything that needs attention, please notify the Parks Department at 817-788-7220. [www.HurstTX.gov](http://www.HurstTX.gov)

### Facilities

- A** Hurst Conference Center
- B** Brookside Center
- C** Hurst Library
- D** Hurst Senior Center

### Park Pavilions

Pavilions are available for rental for \$35 per day. If electrical power is needed during the rental, a \$50 REFUNDABLE electrical key deposit is due at the time of reservation. For more information, call 817-788-7320.



### 1 Cotton Belt Trail

7300 block of Precinct Line Road

- Railway Bridge
- The Hurst section of trail is one mile
- Shade

### 2 Echo Hills Park

500 Heneretta Drive // 7.1 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/3 mile)
- Picnic Tables
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

### 3 Hurst Athletic Complex

2104 Precinct Line Road // 42.2 Acres

- 4 Adult Softball Fields (Lighted)
- 6 Youth Soccer Fields (Lighted)
- 4 Youth Soccer Fields (Unlighted)
- Playground
- 3 Group Shelters
- 2 Concession/Restroom Buildings

### 4 Chisholm Park

2200 Norwood Drive // 50 Acres

- Aquatics Center
- 4 Youth Softball Fields (Lighted)
- 2 Playgrounds
- 3 Pavilions
- Pond with Fishing Island
- Picnic Tables
- Jogging/Walking Trail System (1.5 miles)
- Fitness Course
- Group Shelter
- Concession/Restroom Building
- 2 Basketball Courts (Lighted)
- 4 Pet Water Fountains

## 5 Mayfair Linear Park

1725 Norwood Drive // 8.3 Acres

## 6 Smith-Barfield Park

640 Pleasantview Drive // 6.9 Acres

- Youth Baseball/Softball Field (Lighted)
- 2 Tennis Courts (Lighted)
- Youth Athletic Practice Field (Unlighted)
- Playground
- Pavilion
- Picnic Tables
- Restrooms
- 2 Pet Water Fountains

## 7 Mayfair Park

1725 Norwood Drive // 14.4 Acres

- Pavilion
- Playground
- Jogging/Walking Trail System (1/4 mile)
- Youth Athletic Fields (Unlighted)
- Pet Water Fountain

## 8 Windmill Park

840 W. Cheryl Avenue // 2 Acres

- Historical Marker

## 9 Valentine Park

610 Bedford Court West // 4 Acres

- Youth Athletic Practice Field (Unlighted)

## 10 Library Park

901 Precinct Line Road

- Pavillion

## 11 Hurst Hills Park

575 Billie Ruth Lane // 4 Acres

## 12 HERITAGE VILLAGE PARK

841 W. Pipeline Road

- Historical Plaza
- Picnic Table
- 2 Decorative Water Fountains

## 13 Hurst Community Park

601 Precinct Line Road // 44.9 Acres

- 4 Youth Baseball Fields (Lighted)
- 2 Youth Soccer Fields (Lighted)
- 2 Sand Volleyball Courts (Lighted)
- Pavilion
- 2 Playgrounds
- Multi-Use Trail System (1 mile)
- Picnic Tables
- Wooded Natural Area
- Open Field Play Area
- Concession/Restroom Building
- 2 Group Shelters
- 2 Pet Water Fountains

## 14 Central Park

700 block of Mary Drive // 17.5 Acres

- Recreation Center
- Aquatics Center
- Tennis Center (10 Lighted Courts)
- 2 Pavilions
- Playground
- Picnic Tables
- 2 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 15 Vivagene Copeland Park

501 Pecan Drive // 5.2 Acres

- Pavilion
- Playground
- Multi-Use Trail System (1/3 mile)
- Open Field Play Area
- 3 Outdoor Basketball Courts (Lighted)
- Pet Water Fountain

## 16 Jaycee-Baker Park

500 Belmont Drive // 4.1 Acres

- Playground
- Picnic Tables
- Pavilion
- Youth Athletic Practice Fields (Unlighted)
- Pet Water Fountain

## 17 Parker Cemetery

1308 Cardinal Lane

## 18 Billy Creek Park

161 Billy Creek Drive

## 19 Redbud Park

525 Redbud Drive // 7.2 Acres

- Soccer Field (Unlighted)
- Playground
- Jogging/Walking Trail System (1/3 miles)
- Picnic Tables
- Fitness Course
- Pavilion
- Pet Water Fountain

## 20 Bellaire Park

500 Pecan Drive // 6.4 Acres

- Playground
- Youth Baseball/Softball Field (Lighted)
- Jogging/Walking Trail System (1/3 mile)
- Pet Water Fountain

## 21 Wan-Ka-Kani Park

748 Shady Lane // 4.1 Acres

- Picnic Tables

## 22 Highway 10 Linear Park

188 Arwine Drive

- Hurst's undeveloped park land

## 23 Rickel Park

1001 Bluebonnet Drive // 29 Acres

- 2 Pavilions
- Picnic Tables
- Nature Trails
- Scenic Overlook
- Winding Stream with 2 Bridges
- Jogging/Walking Trail System (1/2 mile)
- Playground
- 2 Pet Water Fountains



City of Hurst  
1505 Precinct Line Rd.  
Hurst, TX 76054

PRESORTED STANDARD  
U.S. POSTAGE PAID  
HURST, TX PERMIT NO. 21

*Summer 2015*

## RECREATION CLASS SCHEDULE

The Hurst Recreation Division is dedicated to improving the quality of life for citizens of all ages by providing a variety of recreational activities, special events, facilities and services that encourage life-long learning, fitness and fun.

